

BROWN RICE



TIES

To set up account/make payments:

<https://schoolpaymentportal.com/ConsumerLogin.aspx>

For descriptions, nutritional and allergen information:

<https://www.schoolcafe.com/SwedesboroWoolwichSDNutriServe/menus>

Meet Your Nutritious Friend:
Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday	<p>ATTN: TEACHERS: Please choose Lunch #1, #2 or #3 in OnCourse</p> <p><u>Kitchen extensions:</u> Hill x2014 Clifford x3160 Stratton x1097 Harker x4015</p> <p>What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry</p>
<p>29 SCHOOLS CLOSED WINTER RECESS</p> 	<p>30 SCHOOLS CLOSED WINTER RECESS</p> 	<p>31 SCHOOLS CLOSED WINTER RECESS</p> 	<p>1 SCHOOLS CLOSED WINTER RECESS</p> 	<p>2 SCHOOLS CLOSED WINTER RECESS</p> 	
<p>5 DAY F</p> <p>#1 CHEESE LASAGNA #2 BBQ PULLED PORK SANDWICH #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GREEN BEANS BROCCOLI BITES</p>	<p>6 DAY A</p> <p>#1 WALKING BEEF TACO with DORITO BAG #2 PIZZA DIPPERS & SAUCE #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN QUESO CUCUMBER SLICES/ JUICE</p>	<p>7 DAY B</p> <p>#1 CONFETTI PANCAKES & 2 TURKEY LINKS #2 CHICKEN PATTY SANDWICH #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> EMOTICON FRIES ROASTED CHICKPEAS</p>	<p>8 DAY C</p> <p>#1 TENDERS & G.BDSTIX #2 MOZZ STICKS & SAUCE #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS CARROT STICKS/ JUICE</p>	<p>9 DAY D</p> <p>#1 STUFFED CRUST PIZZA #2 HOT DOG #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> DICED BUTTERED BEETS SPINACH SIDE SALAD</p>	
<p>12 DAY E</p> <p>#1 CHEESE RAVIOLI #2 CHICKEN PARM SANDWICH #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CREAMED SPINACH BROCCOLI BITES</p>	<p>13 DAY F</p> <p>#1 MAC & CHEESE #2 CHEESEBURGER #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> DICED BUTTERED BEETS CARROT STICKS / JUICE CUP</p>	<p>14 DAY A</p> <p>#1 PANCAKES, YOGURT & EGG PATTY #2 CHICKEN NOODLE SOUP with TEXAS TOAST #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> HASHBROWNS GREEN PEPPER STRIPS</p>	<p>15 DAY B</p> <p>#1 BUFFALO CHICKEN DIP with corn chips #2 PIZZA DIPPERS & SAUCE #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS CORN SALAD / JUICECUP</p>	<p>16 DAY C</p> <p>#1 MINI PIZZA BAGEL #2 TURKEY CHEESE WRAP #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> PEAS CHICKPEA SALAD</p>	
<p>19 SCHOOLS CLOSED MARTIN LUTHER KING DAY</p>	<p>20 DAY D</p> <p>#1 BEEF NACHO GRANDE #2 GARDEN SALAD w/Goldfish Crackers #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN ON THE COB SAVORY CHICKPEAS 100% JUICE CUP</p>	<p>21 DAY E</p> <p>#1 EGG CHEESE WAFFLE FLATBREAD #2 MOZZ. STIX w/sauce cup #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> EMOTICON FRIES CARROT STICKS</p>	<p>22 DAY F</p> <p>#1 TENDERS & G.BDSTIX #2 GARDEN SALAD w/Goldfish Crackers #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GREEN BEANS BROCCOLI BITES 100% JUICE CUP</p>	<p>23 DAY A</p> <p>#1 PIZZA CRUNCHERS #2 BBQ PULLED PORK SANDWICH #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GARLIC SPINACH CELERY STICKS</p>	
<p>26 DAY B</p> <p>#1 TURKEY & GRAVY with BISCUIT #2 EGG & CHEESE ON BAGEL #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> MASHED POTATOES CHICKPEA SALAD</p>	<p>27 DAY C</p> <p>#1 CHICKEN & CHEESE BURRITO #2 SUPER FRUIT CRAVEABLE #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN QUESO CUCUMBER SLICES 100% JUICE CUP</p>	<p>28 DAY D</p> <p>#1 FRENCH TST STIX & TURKEY LINKS #2 CHIX PATTY SANDWICH #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> HASHBROWNS CARROT STICKS</p>	<p>29 DAY E</p> <p>#1 TENDERS & GARLIC BREADSTICK #2 EGG & CHEESE ON BAGEL #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GLAZED CARROTS . GARLIC CHICK PEAS 100% JUICE CUP</p>	<p>30 DAY F</p> <p>#1 STUFFED CRUST PIZZA #2 SUPER FRUIT CRAVEABLE #3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CHEESY SPINACH SPINACH SIDE SALAD</p>	

NUTRI SERVE FOOD MANAGEMENT

GINA D'ADAMO, Food Service Director
856-241-1552 EXT 1097
GDADAMO@SWSDK6.COM ~ SWE@NSFM.COM

Meal Prices

Student Lunch \$3.35
Reduced Lunch \$0.00
Faculty Lunch \$5.00

