



**Meet Your Nutritious Friend:**  
Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

**What is a Meal?**  
Students must choose at least 3 of the 4 components available for the school breakfast price.

- Whole Grain
- Fruit/100% Juice cup
- Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

**Fruit**  
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

**Milk**  
1% white, fat-free white, fat-free chocolate, fat-free strawberry

All Breakfast in the Classroom items are PEANUT/NUT-FREE.

**NUTRI SERVE FOOD MANAGEMENT**  
GINA D'ADAMO, Food Service Director  
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**Meal Prices**  
Student Breakfast \$1.70  
Reduced Breakfast \$0.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.