FREEMAN ELEMENTARY SCHOOL

Lisa Phelan
Principal/Asst. Superintendent
lphelan@freemansd.org
Mike Allen
Principal Assistant
mallen@freemansd.org

Main Line: 509-291-4791
Attendance Line: 509-291-7425
Transportation: 509-291-5555

FESOffice@freemansd.org

Brianne Wineinger, FES Secretary
bwineinger@freemansd.org
Shayla Daniel,
Student Services/FES Secretary
sdaniel@freemansd.org

SCOTTIE SCOOP

DECEMBER 12, 2025

UPCOMING DATES

Dec 15-19	Holiday Spirit Week!
Dec 15	5:30-6:30pm = K-2 Winter Concert (FHS)
Dec 19	End of Semester 1
Dec 22	10:30-12:30 = FREE Basketball Camp (FHS)
Dec 22	12:00-4:00pm = Freeman Cares 4 Kids (FHS)
Dec 22-Jan 5	Winter Break
Jan 5	Professional Development Day (No School)
Jan 6	Welcome Back! (Beginning of Semester 2)

SAVE THE DATE: K-2ND GRADE WINTER CONCERT

DECEMBER 15TH 5:30-6:30PM FHS BLUE GYM

Please look forward to more communication from Mrs. Beazer regarding the Kindergarten through 2nd grade performance details.

MS/HS Band/Choir concert will immediately follow the K-2 Concert
3rd through 5th grades will have a Spring Concert

HOLIDAY DRESS UP DAYS

MERRY MORNING MONDAY, DECEMBER 15TH: ROLL OUT OF BED READY FOR THE HOLIDAYS! WEAR YOUR FAVORITE PAJAMAS, FUZZY SOCKS, OR COZY HAT.

CANDY CANE TUESDAY, DECEMBER 16TH: TWIST IT UP WITH STRIPES! WEAR RED, WHITE, AND CANDY-CANE STRIPES FROM HEAD TO TOE.

TREE TOP WEDNESDAY, DECEMBER 17TH: TOP IT OFF WITH SOME HOLIDAY SPIRIT! FESTIVE HATS, REINDEER ANTLERS, OR ANYTHING GREEN LIKE A CHRISTMAS TREE.

WINTER WONDERLAND THUR, DECEMBER 18TH: LET IT SNOW! WEAR WHITE, SILVER—OR BLUE—OR PLAID. ADD SNOWFLAKES, SCARVES, OR MITTENS FOR EXTRA FUN.

TWINKLE & FESTIVE FRIDAY, DECEMBER 19TH: SHINE BRIGHT! WEAR SPARKLES, GLITTER, OR EVEN LIGHT-UP ACCESSORIES. WEAR YOUR UGLY CHRISTMAS SWEATER!

TREE OF SHARING

Thank you to everyone that donated to fulfill our families' Tree of Sharing wish lists! We have such a generous and thoughtful community. If you still would like to donate, we always need $25 Walmart Gift Cards and $25 Conoco Gas Cards.

If you signed up to donate gifts, please remember that the gifts are due to the FES Office on Monday, December 15, 2025.

For more information, please email Student Services Director, Stacey Rawson at srawson@freemansd.org or call (509) 291-4791.

NEW WEBSITE!!

We're excited to announce the launch of our new Freeman School District website!

The new freemansd.org website went live today, and while we're thrilled for you to explore it, we also want to let you know that we are still fine-tuning a few areas and adding final touches to ensure everything works smoothly.

Thank you for your patience as we continue making improvements and improving functionality. Our goal is to strengthen communication and make it easier for you to find the information that matters most to your family.

ROBOTICS!

Freeman Robotics Teams ROBO REX & LOST AND FOUND had strong performances at the First LEGO League Challenge, First WA District competition this past Sunday!!

Congratulations ROBO REX Team!! They placed 2nd in Robot Competition and scored high in their Innovation Project & Core Values Competition earning a spot at the FLL EASTERN WA STATE CHAMPIONSHIP January 24, 2026!

Great work to Team LOST AND FOUND! They tied for 11th in the Robot Competition and delivered a solid showing in Innovation Project & Core Values Competition!
Impressive Performances all around! GO Scotties!!

Lost and Found Team **Robo Rex Team**

NEW FES OFFICE E-MAIL

We are happy to announce that we now have an FES Office e-mail address to communicate your students' attendance, transportation changes and any questions for the FES Office. The Attendance Voicemail is still also available. We want to provide another way for you to communicate with the office where both Shayla and I get the information to best assist you.
FESOffice@freemansd.org

WE NEED YOU - PARA SUBS!

We're looking for paraeducator substitutes to join the FES team! Paraeducators play an important role in supporting our school and helping students succeed. As a substitute, you may work with small groups, support individual students, or help supervise during recess and lunch. Subbing is a great option if you're looking for a flexible schedule—you can choose the days you're available. It's also a wonderful way to get involved in our school community and work alongside our amazing staff and students.
If you or someone you know is interested, we'd love to hear from you!

Please click on this JOBS LINK to take you to the District Jobs website, where you can apply.

This is a fun way to support your school!

FES MASKED SINGER- HOLIDAY EDITION

We are finishing up the 1st Semester with some Holiday fun! Our staff is participating in the FES Masked Singer: Holiday Edition. A secret staff member(s) sings a holiday song over the intercom. With their classes' help, the teachers call in with their guess of who the singer is! If a teacher guesses the correct person, they win! If the singer(s) finish the song without the correct guess...the singer(s) wins! Ms. Counts, Mr. Allen and Mr. Isaac started us off today with some great singing!

NUTRITION SERVICES

ELEMENTARY BREAKFAST: $2.20
ADULTS: $3.20

15	16	17	18	19
Chocolate Chip Scone ---------- Cereal & Goldfish ---------- Craisins Juice Variety Chocolate Milk White Milk	Banana Bread ---------- Cereal & Goldfish ---------- Juice Variety Chocolate Milk White Milk Gala Apple	Mini Filled Bagel ---------- Cereal & Goldfish ---------- Fresh Orange Chocolate Milk White Milk	Cherry Strudel ---------- Cereal & Goldfish ---------- Fresh Orange Juice Variety Chocolate Milk White Milk	Cinnamon Roll w/Icing ---------- Cereal & Goldfish ---------- Pear Juice Variety Chocolate Milk White Milk

ELEMENTARY LUNCH: $3.60
ADULTS: $5.00

15	16	17	18	19
Nachos w/Ground Beef ---------- Alternate Lunch ---------- Chocolate Milk White Milk	Mandarin Orange Chicken ---------- Alternate Lunch ---------- Chocolate Milk White Milk	Chicken Nuggets Mashed Potatoes Dinner Roll WG ---------- Alternate Lunch ---------- Chocolate Milk White Milk	Fiestada Beef Pocket ---------- Alternate Lunch ---------- Chocolate Milk White Milk	Chicken Burger ---------- Alternate Lunch ---------- Chocolate Milk White Milk

Please click on this MENU LINK if you would like to see full menus from our website.

Just a reminder: Please do not pack any caffeinated or energy drinks in your students' lunch.

Community Food Resources and Information for the Freeman Community

The Freeman School District recognizes the challenges that many may face during the current government shutdown, and the upcoming holiday season. The Freeman School District has compiled resources below that families might find helpful during this time. Please know that Free/Reduced Price Meal Applications can be filled out at any time during the year. Applications can be downloaded from this link: APPLICATION LINK or filled out through Skyward Family Access

COMMUNITY FOOD RESOURCES: Please click on the links below for more information.

- Second Harvest LINK
- WA 211 LINK
- Hunger Free Washington LINK
- Second Harvest Bite 2 Go LINK
- Hunger Free America Hunger Hotline: 1-866-3-HUNGRY or (Spanish) 1-877-8-HAMBRE
- Healthy Choices on a Budget LINK
- Budget Smart Sample Menu LINK

FIND FOOD RESOURCES NEAR YOU

2nd HARVEST

Scan the QR code or visit 2-harvest.org/food-near-me

COUNSELING CORNER

with School Counselor
Kayleen Archibald
karchibald@freemansd.org

Giving a Sincere Apology

Everyone makes mistakes, and sometimes our mistakes hurt others' feelings. Learning to give a sincere apology is a powerful way to show we care and want to make things right. A good apology includes saying "I'm sorry," naming what you did, and saying how you will fix it.

Try This: Help your child practice making a sincere apology. You can use a scenario from a book or show and talk about how the character could have said sorry.

EXTRA CURRICULAR ACTIVITES!

See attached flyers
*Freeman Arts Booster Raffle!
*FREE Basketball Camp (K-8th)
*FBLA Freeman Cares 4 Kids Babysitting
*Winter Chess Club
*Winter Weather Notice
*Mealtime Memo

ATTENDANCE TIPS & TRICKS

We care about your students' learning and attendance, which go hand in hand.

If your child seems anxious about going to school, talk to teachers, school counselors and otherparents for advice on how to make your child feel comfortable and excited about learning.

If you have any questions or need to excuse absences, please reach out to the FES Office (509) 291-4791.

FSD TECHNOLOGY NEWS

October,2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

With Qustodio, you'll be able to:

- Manage your child's screen time
- Supervise your child's online activity
- Access expert advice via **Freeman School Districts Online Safety Hub**

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

Activate Your Free Account
On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit **Freeman School District's Online Safety Hub** for more information about Qustodio, access to expert advice and additional resources.

Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: myschool@qustodio.com

Freeman School District
Information Technology

myschool@qustodio.com https://freemansd.onlinesafetyhub.io

PRIDE | COMMITMENT | CARING

Opt-In from your mobile now!

Just send "Y" or "Yes" to 67587.

Information on SMS text messaging and Short Codes: SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See

FMS AND FHS NEWSLETTERS

Want to find out what's going on in the Middle School and/or High school? Check out their weekly newsletters as well!

Freeman Middle Scoop

FHS Friday Flyer

FREEMAN SCHOOL DISTRICT
PRIDE | COMMITMENT | CARING

WE ARE LAUNCHING DISTRICT-WIDE SURVEYS IN PARTNERSHIP WITH THE CENTER FOR EDUCATIONAL EFFECTIVENESS (CEE).

Who is participating, and when?

- Staff, October 17-29, 2025
- Students, October 20-29, 2025
- Families, Winter-2026

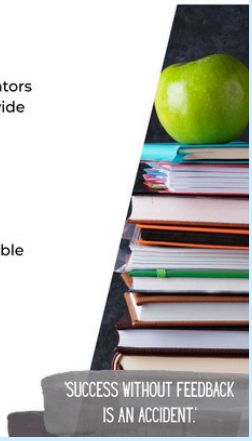
Why are we doing this?
Your feedback helps us:

- Strengthen our Strategic Plan
- Guide Professional Development for educators
- Shape the supports and resources we provide across the district

How does it work?
Surveys are confidential and take just a few minutes.

Family links will be shared by email and available on the district website.

cee
The Center for Educational Effectiveness



Linewize | Qustodio

TEAMWORK MADE EASY

App for Parents & Families

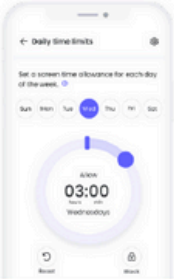
Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with Linewize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.

- **Visibility on student activity and device insights**
- **Security coverage for in and out-of-school hours**
- **Expert advice and guidance on digital threats and trends**
- **Pause button to regulate digital activity**

Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

- **Filter and block feature for content and apps**
- **Location tracking and panic button feature**
- **Visibility on browsing history, social media, and screen time**
- **Calls & messages tracking to monitor suspicious activity**
- **Time limits and screen-free schedules**
- **Tailored reports and alerts for inappropriate content**



Works on the following devices: Windows, Mac, Chromebook, Android, iPhone/iPad, Kindle

Multi-parent access and management available

Qustodio is COPPA compliant and does not share personal data with third parties.

How to get started

1. Scan the QR code or visit qustodio.com/my-school
2. Create your account using the email address your school has on file
3. Get real-time visibility

For any queries, contact us at **myschool@qustodio.com**

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)

FREEMAN ARTS BOOSTER - SUPPORT FREEMAN BAND AND CHOIR!

FAB RAFFLE FUNDRAISER

TICKETS SOLD DURING THE K-2 & BAND/CHOIR CONCERTS
DECEMBER 15, 5:30 & 7:00
OR IN PERSON AT THE ELEMENTARY OFFICE NOW THROUGH DECEMBER 15

TICKET INFORMATION:
$1 EACH OR
25 TICKETS FOR $20
CASH OR VENMO ACCEPTED!

WINNERS WILL BE DRAWN AND CONTACTED
TUESDAY, DECEMBER 16

WINNERS NEED NOT BE PRESENT TO WIN!

WIN ONE OF TWO THEMED BASKETS!

FAMILY NIGHT BASKET:

- $160 AMC MOVIE GIFTCARD!
- $135+ WORTH OF RED ROBIN GIFTCARDS!
- $40+ COLD STONE ICE CREAM GIFT CARDS!
- CANDY & POPCORN!

DATE NIGHT BASKET:

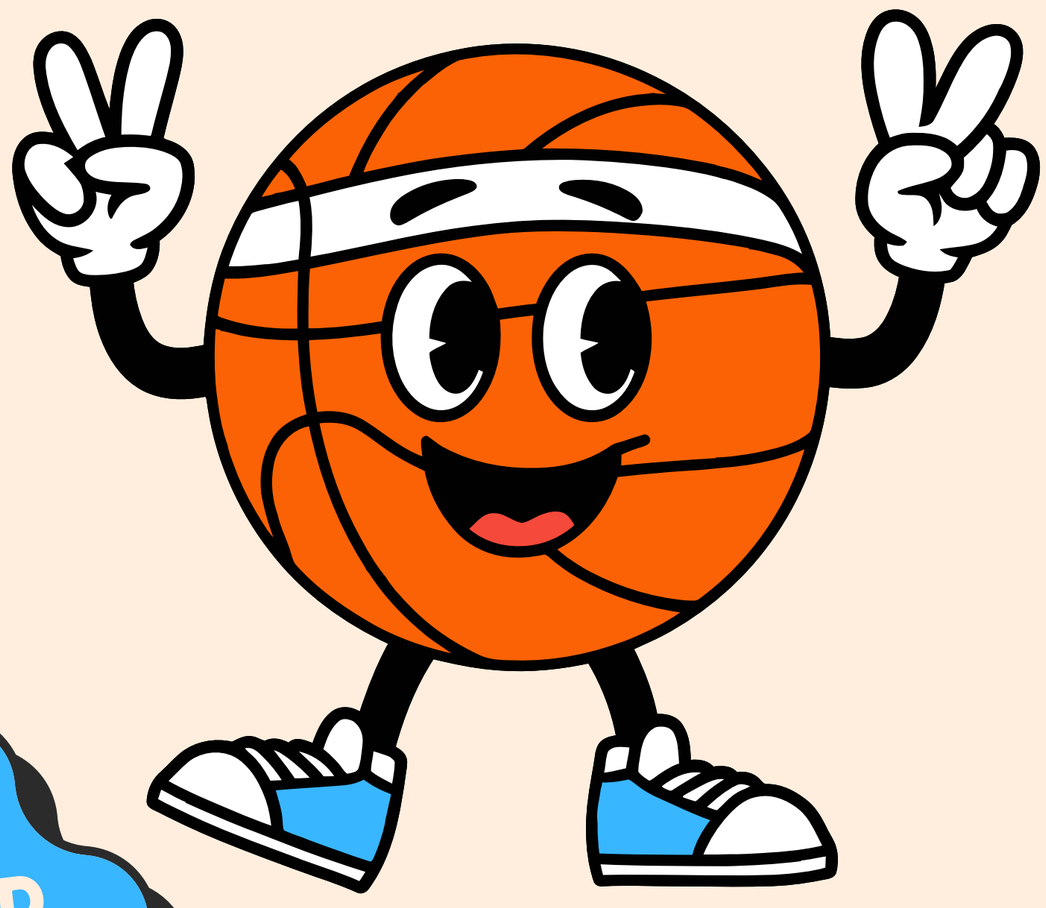
- $125 DINNER GIFT CERTIFICATE TO WOODEN CITY! YUMM!
- TWO TICKETS TO THE SPOKANE SYMPHONY AT THE FOX THEATRE ($135 VALUE)! CONCERT DATE: FEBRUARY 28

TICKET

THIS IS NOT AN ASB FUNDRAISER

FREE K-8 BOYS & GIRLS BASKETBALL CAMP

THIS CAMP IS FOR BOTH BOYS AND GIRLS K-8. RAN BY THE HIGH SCHOOL GIRLS AND BOYS BASKETBALL TEAMS.



WHEN?
DECEMBER 22, 2025
10:30AM-12:30PM

IF YOU HAVE ANY QUESTIONS PLEASE EMAIL US AT
PARKER.TEAGUE@GOSCOTTIES.COM
ADDYSYN.AGEE@GOSCOTTIES.COM

THE FREEMAN GIRLS/BOYS BASKETBALL COACHING STAFF AND CURRENT PLAYERS ARE EXCITED TO OFFER A GREAT OPPORTUNITY TO GROW THE DEVELOPMENT AND PASSION FOR THE GAME OF BASKETBALL IN OUR COMMUNITY!

THE GIRLS AND BOYS BASKETBALL TEAMS WILL BE HAVING A BASKETBALL CAMP AVAILABLE. GRADES K-8TH ARE INVITED TO COME PARTICIPATE IN THE BASKETBALL CAMP ON DECEMBER 22ND FROM 10:30-12:30 AT FREEMAN HIGH SCHOOL. YOU WILL IMPROVE SKILLS AND FUNDAMENTALS AT OUR CAMP. AND HAVE FUN!

REGISTRATION DEADLINE:DECEMBER 19TH
(CIRCLE ONE) GRADE: K 1 2 3 4 5 6 7 8
STUDENT NAME _____ PHONE _____
ADDRESS_____ STATE/CITY/ZIP_____
EMERGENCY CONTACT_____ PHONE_____
DOCTOR NAME:_____ PHONE:_____
INSURANCE COMPANY:_____ POLICY NUMBER:_____
ANY ALLERGIES (IF SO, PLEASE LIST):_____
ANY MEDICATIONS TAKEN BY STUDENT (PLEASE LIST): _____

IN CASE OF AN EMERGENCY, THE SUPERVISOR ON SITE HAS MY PERMISSION TO OBTAIN MEDICAL TREATMENT FOR MY CHILD. I UNDERSTAND THIS ACTIVITY IS VOLUNTARY AND MY CHILD'S PARTICIPATION IS NOT MANDATORY. IN CASE OF EMERGENCY, THE SUPERVISOR ON SITE HAS MY PERMISSION TO OBTAIN MEDICAL TREATMENT FOR MY STUDENT. I UNDERSTAND THE FREEMAN SCHOOL DISTRICT DOES NOT PURCHASE OR HAVE MEDICAL/DENTAL/HOSPITALIZATION INSURANCE TO COVER ANY INJURY WHILE PARTICIPATING IN THIS EVENT.

PARENT/GUARDIAN SIGNATURE _____ DATE _____
MAIL TO: FREEMAN HIGH SCHOOL 14626 S. JACKSON RD, ROCKFORD, WA 99030
OR TURN IN TO FREEMAN ELEMENTARY SCHOOL OR MIDDLE SCHOOL FRONT OFFICE.

PLEASE EMAIL ADDYSYN.AGEE@GOSCOTTIES.COM OR PARKER.TEAGUE@GOSCOTTIES.COM IF YOU HAVE ANY QUESTIONS.

FREEMAN

Cares 4 Kids

GET YOUR LAST MINUTE CHRISTMAS SHOPPING DONE

DECEMBER

MONDAY 22 12-4 PM

FREE FOR EVERYONE! (DONATIONS ONLY TOWARDS FBLA)

@ FREEMAN HIGH SCHOOL

TO SIGN UP, SCAN THE QR CODE

Freeman School
CHESS CLUB

Sign up for Winter 2026 Grades 2-8

SCHEDULE: After School, Thursdays 3:00 – 4:00 pm
8 Weeks: Jan 22, 29 Feb 5, 12, 19, 26 Mar 5, 12

Professional Chess Coach Dennis Pirello provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays (this is an optional activity). Qualifying students are encouraged to enter the WA State Elementary Chess Championship, April 25, 2026, Tacoma, WA.

TUITION ~ $90 for 8 weeks. ***Registration form below.***

Tuition pays for: **A.** coaching fees, **B.** coaching supplies, **C.** end of semester awards, **D.** insurance, coach development, and administration costs. Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Installment payments are accepted and limited scholarships are available.

Parents are encouraged to attend chess club to learn and play (free of charge).

Cut > ----------

REGISTRATION for Freeman School Chess Club ~ Winter 2026

Student's name: _____ Grade _____ New to Chess Club? _____

2nd Student's name: _____ Grade _____ New to Chess Club? _____

Chess Skill: ___ Beginner ___ Intermediate ___ Advanced Played in tournament? ___Yes ___ No

ALLERGIES and/or SPECIAL ISSUES: _____

IMPORTANT: As required by safety best practice and school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing.

Parent: _____ Phone: _____ eMail: _____
(or Guardian)
Parent: _____ Phone: _____ eMail: _____
(or Guardian)
Address: _____ City _____ WA ZIP_____

___ $90 Chess club tuition for 8 weeks. Partial payments are accepted. Scholarships are available.
___ $15 **OPTIONAL** Tournament style chess set for study and play a home.
___ $18 **OPTIONAL** Annual subscription to www.chesskid.com a child safe study and play website.
___ $22 **OPTIONAL** Annual subscription to Chess Magnet School, a child safe study website.

Total: $ _____ Make check payable to Inland Chess Academy. Mail registration to Inland Chess Academy, leave them with the school office, or bring them to first day of Chess Club.

Inland Chess Academy ~
920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800
chess@inlandchess.org www.inlandchess.org facebook.com/inlandchess

NOTICE to PARENTS: Scientific research proves the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for students to realize the enormous benefits of chess, daily study is required. Research shows that a minimum of 20 minutes of daily study yields significant academic and behavioral benefits. Inland Chess Academy offers two optional child-safe websites programs for home study: Chess Magnet School and ChessKid, at discounted prices. Also available are home study workbooks. Please support chess study at home.

Contact chess@inlandchess.org or phone 509-822-9800

The Inland Chess Academy' s curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF).

Beginner - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

Intermediate - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

Advanced - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

All students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards.

The Inland Chess Academy is building a vibrant chess community:

~ Regional tournaments for students and parents, twice monthly on Saturdays.

~ Camps on holidays, spring break, and during summer.

~ Tutoring and special interest study groups.

Inland Chess Academy

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

chess@inlandchess.org www.InlandChess.org facebook.com/inlandchess

Winter Weather Information

According to several forecasts, this winter may bring more snow than we've seen in recent years. We want to be sure all Freeman families are prepared in advance for possible schedule changes due to inclement weather.

Communication

If weather impacts the school day, we will share updates by 6:00 a.m. through:

• Automated emails, texts, and voice messages-please ensure your contact information in Skyward is accurate and Freeman SD is not blocked.

• The Freeman School District website and our Facebook & Instagram pages.

• Local news stations (note: their reports may not always be accurate — please rely on Freeman messaging first).

Weather Monitoring

When snow or ice is in the forecast, our Transportation Director and staff drive routes early in the morning to check conditions. Maintenance crews begin plowing and clearing parking lots and sidewalks before staff and students arrive. Even with these efforts, icy spots may remain—please use extra caution!

The elementary and middle school students go out to recess unless the temperature is below 12 degrees (wind chill is factored into this decision). We rely on the Apple Weather App to make this determination. Please ensure your students are dressed for the weather.

Delays and Cancellations

Our goal is always to keep schools open when possible.

• Two-Hour Delay: School begins at 10:15 a.m. Breakfast will not be served. Staff should report when they can do so safely.

• Cancellation: All school programs, activities, and events, and facility usage are canceled for the entire day and evening, even if conditions later improve. The day will be made up on the next scheduled make-up day.

Safety Tip: Walk Like a Penguin!

• Wear shoes with slip-resistant soles.

• Take short steps and keep your arms slightly out for balance.

• Hold onto your vehicle when getting in or out.

Thank you for your continued cooperation in helping keep our Freeman students, staff, and families safe this winter!

MEALTIME MEMO

November 2025

A nutritious meal starts with healthy ingredients, and how those ingredients are prepared or cooked is important. This *Mealtime Memo* explores ways to prepare nutritious meals in the Child and Adult Care Food Program (CACFP) using healthy ingredients and cooking methods.

In This Issue:

- Healthy Cooking Methods
- Retaining Nutrients in Fruits and Vegetables
- Cooking With Healthy Ingredients

MEALTIME MEMO LINK for more information!