

Monday

Tuesday

Wednesday

Thursday

Friday

1
 FRENCH TOAST
 TURKEY BACON
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

2
 YOGURT & GRANOLA
 GF/DF CEREAL-GRANOLA
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

3
 BREAKFAST BURRITO
 ASSORTED CEREALS
 100% FRUIT JUICE
 MILK

4
 WAFFLES
 CHICKEN SAUSAGE
 PURE VERMONT MAPLE SYRUP
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

5
 GREEK YOGURT & GRANOLA
 BANANA SPLIT
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

8
 PUMPKIN STRUDEL
 HARDBOILED EGG
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

9
 OATMEAL W/TOPPINGS
 (CRANBERRIES, RAISINS, APPLES)
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

10
 EGGSTRAVAGANZA CROISSANT
 SCRAMBLED EGGS W/BACON & CHEESE
 ASSORTED CEREALS
 100% JUICE
 MILK

11
 ASSORTED FRESH BAKED
 SCONES
 STRING CHEESE
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

12
 YOGURT & GRANOLA BAR
 SOY YOGURT
 (GF/DF GRANOLA)
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

15
 COPYCAT EGG MCMUFFIN
 (EGG, CHEDDAR CHEESE &
 TURKEY HAM)
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

16
 BLUEBERRY PANCAKES
 PURE VERMONT MAPLE SYRUP
 BACON
 ASSORTED CEREALS
 MILK

17
 CINNAMON & BROWN SUGAR
 OATMEAL W/ TOPPINGS
 (CRANBERRIES, RAISINS, APPLES)
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

18
 SCRAMBLED EGGS
 HASHBROWNS
 BAKED MINI DONUT
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

19
 GREEK YOGURT & GRANOLA
 BANANA SPLIT
 ASSORTED CEREALS
 FRESH SEASONAL FRUIT
 MILK

22

 Winter
 Break!

23

 Winter
 Break!

24

 Winter
 Break!

25

 Winter
 Break!

26

 Winter
 Break!

29

 Winter
 Break!

30

 Winter
 Break!

31

 Winter
 Break!



ALL MEALS ARE SERVED WITH 1% MILK, OR MILK SUBSTITUTION, 100% WHOLE GRAINS, FRESH FRUIT AND VEGGIES
 ALL MEALS ARE FREE TO STUDENTS
 ADULT MEAL PRICE IS \$6.50 (COMES WITH BOTTLED WATER OR MILK)

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