

HENKING, LYON, WESTBROOK

JANUARY 2026 LUNCH MENU



All lunch entrees offered with choice of fruit(s), vegetable(s), and milk (optional)

Complete Lunch \$3.50
Milk Only \$0.75

MON

TUE

WED

THU

FRI

<p>5</p> <p>Belgian Waffle & Chicken Sausage or Belgian Waffle & Veggie Sausage</p> <p>Breakfast Potatoes 100% Juice Cup</p>	<p>6</p> <p>Orange Chicken & Rice or Orange Vegan Chicken & Rice & Fortune Cookie</p> <p>Steamed Broccoli Mango Cup</p>	<p>7</p> <p>Cheese Pizza Slice</p> <p>Sautéed Green Beans Cantaloupe</p>	<p>8</p> <p>Grilled Cheese</p> <p>Tomato Soup Banana</p>	<p>9</p> <p>All Beef Hot Dog or Bean & Cheese Burrito</p> <p>Baked Beans Sweet Potato Fries Grapes</p>
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<p>12</p> <p>Cheddar Burger (cheese optional) or Vegan Burger</p> <p>Baked French Fries Apple Slices</p>	<p>13</p> <p>Popcorn Chicken or Vegan Nuggets with Cornbread</p> <p>Sweet Corn Mandarin Oranges</p>	<p>14</p> <p>Personal Cheese Pizza</p> <p><i>Veggie of the Month:</i> <i>Roasted Beets & Sweet Potatoes</i> Banana</p>	<p>15</p> <p>Beef Nachos or Cheese Quesadilla</p> <p>Refried Beans Clementines</p>	<p>16</p> <p>Mac & Cheese with Mini Corn Dogs or Mac and Cheese with Vegan Nuggets</p> <p>Roasted Broccoli Kiwi Halves</p>
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<p>19</p> <p>No School</p>	<p>20</p> <p>Chicken Tenders or Vegan Nuggets with Soft Pretzel</p> <p>Mashed Potatoes Fresh Apple</p>	<p>21</p> <p>Cheese Pizza Slice</p> <p>Carrot & Celery Sticks Grapes</p>	<p>22</p> <p>Spaghetti & Meatballs or Spaghetti with Marinara & Mozzarella Cheese with Garlic Bread</p> <p>Caesar Salad Applesauce Cup</p>	<p>23</p> <p>All Beef Hot Dog or Bean & Cheese Burrito</p> <p>Cucumber Slices Clementines</p>
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<p>26</p> <p>French Toast with Turkey Sausage or French Toast with Veggie Sausage</p> <p>Hash Brown Orange Wedges</p>	<p>27</p> <p>Chicken Sandwich or Vegan Nuggets</p> <p>Maple Roasted Carrots Fresh Pear</p>	<p>28</p> <p>Personal Cheese Pizza</p> <p>Kale Chips Peach Cup</p>	<p>29</p> <p>Beef Nachos or Cheese Quesadilla</p> <p>Refried Beans Cantaloupe</p>	<p>30</p> <p>Breaded Mozzarella Sticks with Marinara Sauce</p> <p>Roasted Broccoli Apple Slices</p>
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DAILY COLD LUNCH OPTIONS:

YOGURT PACK WITH GRANOLA OR GRAHAMS, CHEESE, & GOLDFISH CRACKERS
PB&J UNCRUSTABLE, CHEESE, & GOLDFISH CRACKERS
OFFERED ON FRIDAYS: BYO PIZZA KIT WITH FLATBREAD, MARINARA, & CHEESE

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider