SHAC Meeting minutes from December 11, 2025

Present:

Beth Aycock	Kris Hobson
Maegan Loya	Dana Luna
Rolando DeLuna	Margaret Rivera
Lisa Nix	Virginia Campbell

Meeting was called to order at 4:30PM

Agenda:

1. Introductions

2. High School Health Science Program
    - SHS teacher Dana Luna shared information about the health science program at the high school. This program provides students the opportunity to earn certifications in phlebotomy and pharmacy tech. She also discussed Health Occupations Students of America (HOSA) and initiatives including an upcoming blood drive.

3. Participation in school meal program
    - Beth Aycock discussed the benefits of enrolling in the school meals program beyond the breakfasts and lunches provided by the schools. She also shared methods the district has been using to raise awareness and encourage participation.

4. Recruiting parents and community members for SHAC committee
    - All members were encouraged to help grow the committee by inviting friends and family who might have an interest in student health and wellness.

5. Future agenda items
    - Cell phone policy update
    - Mental health and stress reduction prior to state testing
    - Transition prep before elementary campus split

6. The next meeting is February 12. Members are encouraged to send suggested agenda items to beth.aycock@saladoisd.org.

Meeting adjourned at 5:07 pm