

# Rebel Report

COMPASSION HONESTY RESPECT  
RESPONSIBILITY

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December 12, 2025

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**TONIGHT!!! CHORUS CONCERT FRIDAY,  
DECEMBER 12TH AT 6:30 PM AT HAMPDEN  
ACADEMY**

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## Winter Band Concert

Congratulations to Mr. Carter and the 6th, 7th and 8th grade bands on their fantastic performance Tuesday night!



## 8<sup>th</sup> Grade Concert Band

### Flute

Grace Hallett  
Jemma Lachance  
Maisara Messahel  
Annabelle Morey  
Sidney Palmer  
Chloe Peters  
Anna Shearer  
Iris Wentworth

### Clarinet

Amelia Erickson  
Derrick Johnson\*  
Adelyn Trepanier  
Lila Treworgy

### Alto Sax

Gianna Alberico  
Emilie Kelley  
Chad Porter\*

### Tenor Sax

Braddock Stansauk\*

### Trumpet

Noah Eaton  
Oskar Gerring  
Maxwell Madore\*  
Grace White  
Benjamin Wilcox

### Trombone

Scarlett Borque  
Paxton Crane  
PJ Madigan  
Jace Pelletier  
Greyson Rhinehart  
Danielle Sargent  
Erika Snyder\*

### Baritone

Harrison Pennell

### Tuba

Jacob Beal

### Percussion

Wesley Cowan  
Joshua Howland  
Colton Merrill  
Daniel Smith  
Ethan White  
Maxwell Wilkin

\* Members of  
RBMS Jazz Band



## 6<sup>th</sup> Grade Concert Band

### Flute

Norah Brodeur  
Anumeha Chawathe

### Alto Sax

Jackson Bearor  
Stella Harrington  
Darby Naughton  
Poppy Treworgy\*  
Orin Wentworth

### Trumpet

Jordan Amon  
Samuel Harris\*  
Wyatt Jolley\*  
Kellen Madigan  
Wade Patterson\*  
Emi Snyder\*  
Parke Strong

### Trombone

Landon Godfrey  
Cooper Kennison\*

### Percussion

Brenden Bulhoff  
Annabelle Grant  
Bailey Greenleaf  
Jaxson Stansauk  
Delaney Stillman  
Emelia Trennam  
Janie Valentine

## 7<sup>th</sup> Grade Concert Band

### Flute

Alexis Carron  
Amira Lewis\*  
Kenley Mantz  
Elliott Melia

### Clarinet

Charlotte Achorn  
Serenity Eaton  
Zoey Harvey  
Keira Kavanagh\*  
Aisley Raymond  
Ollie Salyer

### Alto Sax

Flynn Drisko  
Ian Koolvord\*  
Avi Moore\*  
Kyran Wright

### Guitar

Finn Keller

### Trumpet

Gavin Adams  
Chloe Alberico

Michael Barboza  
Netta Beaulieu  
Evan Eaglin

Spyros Pouloupoulos\*

Jackson Pulkinnen  
Warren Reinhart\*  
Harper Thompson\*  
Ridge Tweedie

### Trombone

Landon Brown\*  
Benjamin Mulready  
Teague Porter\*  
Owen Salyer  
Wyatt Smith\*

### Percussion

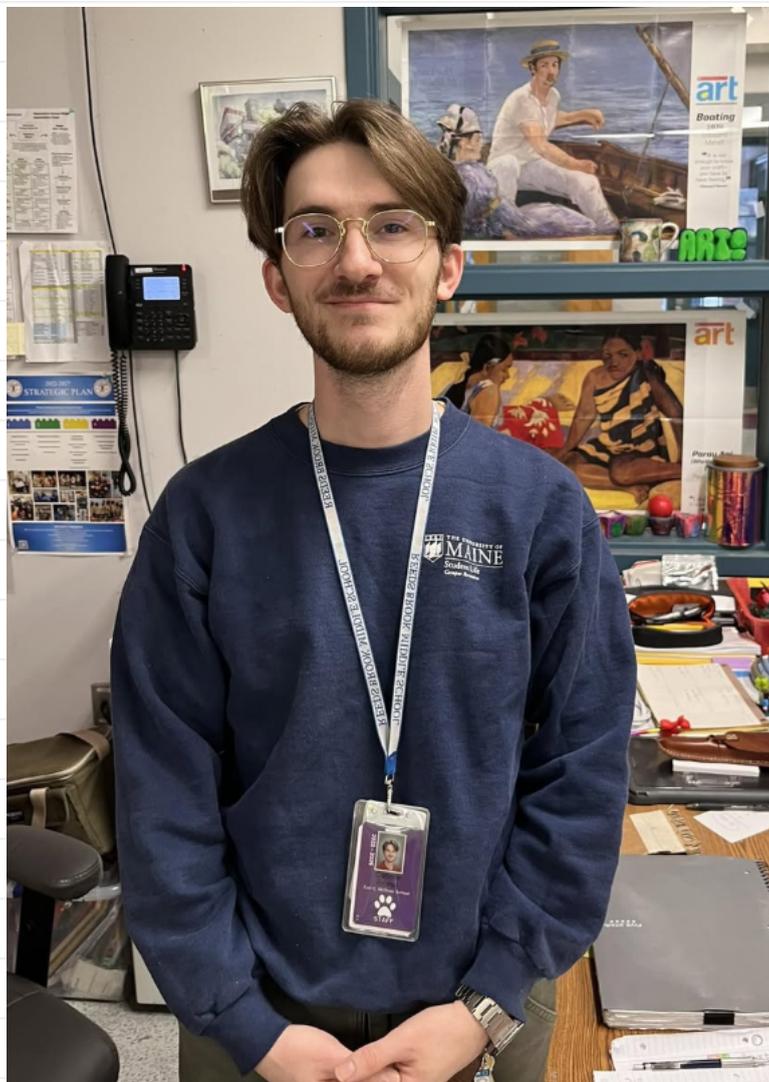
Quinlan Byrne  
Addie Greenier\*  
Ridley Lord  
Harper Pearl  
Ledger Thomas

\* Members of  
RBMS Jazz Band



## Welcome to Mr. Reese, RBMS's New Art Teacher

As the former McGraw and Weatherbee art teacher, Mr. Reese is a familiar face to our sixth grade students. We're thrilled to have him on board and he had a great first week getting to know our 7th and 8th graders.



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## UPCOMING SPIRIT WEEK

# Deck the Halls

## Festive Spirit Week

Join the fun, show your spirit, and celebrate the magic of the season!

Monday, Dec. 15<sup>th</sup>

**Decked Out from Head to Toe**  
wear holiday hats & socks!

Tuesday, Dec. 16<sup>th</sup>

**Mad About Plaid**  
wear flannel and plaid patterns!

Wednesday, Dec. 17<sup>th</sup>

**White Out Wednesday**  
wear all white!

Thursday, Dec. 18<sup>th</sup>

**Grinch Day**  
"and what do I wear?!" – green or Grinch-themed!

Friday, Dec. 19<sup>th</sup>

**Family Photo Day**  
coordinate with your homeroom, it's picture time!

Monday, Dec. 22<sup>nd</sup>

**Festive Sweater Day**  
wear a cute (or not-so-cute) sweater!

Tuesday, Dec. 23<sup>rd</sup>

**Holiday PJ Day**  
dress for comfort before break!



Monday, 12/15 A DAY	Tuesday, 12/16 B DAY	Wednesday, 12/17 A DAY	Thursday, 12/18 B DAY	Friday, 12/19 A DAY
<b>CLUBS</b> Math Team Yearbook  <b>Rebels v. Nokomis</b> Boys Home Girls Away A 3:30 B 4:45 Bus leaves at 2:15	<b>7th grade goes to the Penobscot Theater 8:00-12:30</b>  <b>CLUBS</b> Student Council  <b>PRACTICES</b> 2:15 Cheering 2:15- 3:45 B Girls 3:45- 5:15 A Girls 5:15- 6:45 B Boys 6:45 - 8:15 A Boys	6:00 Education Committee 7:00 School Board  <b>CLUB</b> 2:00-3:00 Chess  Rebels v Brewer Girls Home Boys away A 3:30 B 4:45 Bus leaves at 2:15	<b>CLUB</b> Civil Rights Team GT Abstract Art Series 2:00-4:00  <b>PRACTICES</b> 2:15 Cheering 2:15- 3:45 A Boys 3:45- 5:15 A Girls 5:15- 6:45 B Girls & <b>Practice Team</b> 6:45 - 8:15 B Boys	<b>PRACTICES</b> 2:15 Cheering 2:15- 3:45 Boys Combined: A, B, and <b>Practice Team</b> 3:45 - 5:15 A Girls <b>No B Girls Practice</b>

### 7th Grader Mathematicians Unit Rate Lesson

Students in Ms. Stoneton's 7th grade class learned to calculate unit rates through a fun, hands-on Rock Paper Scissors activity where they collected and analyzed their own game data. The class was energetic and focused, with students enjoying the learning process while practicing an important mathematical concept.





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# TWINNING





# LAST CALL TO CLAIM LOST & FOUND ITEMS



**UNCLAIMED ITEMS WILL BE DONATED TO THE SHAW HOUSE  
OVER DECEMBER BREAK**

**8th Graders:**

## **LAST CALL FOR BABY PHOTOS**

Please email a baby photo of  
your 8<sup>th</sup> grader to  
[RBMSYearbook@rsu22.us](mailto:RBMSYearbook@rsu22.us)  
**by no later than 12/22!**



*Yearbooks can be  
ordered until 5/1:*



## Is your child missing school due to anxiety?



**Definition of anxiety: feeling of fear and uneasiness about everyday situations.**

**If your child is suffering from anxiety, you are not alone.** The good news is that in most situations, anxiety is normal and temporary. Anxiety becomes a concern if it persists — it can affect relationships with family, peers and teachers, contribute to academic challenges, and lead to school avoidance/refusal. Addressing anxiety is important for a child's overall well-being, not just attendance.

In addition, if your child starts to complain of symptoms like a headache or stomachache, it is important to **quickly determine** whether this is related to anxiety or a physical illness that might require missing school. If the challenge is anxiety, staying home may worsen the situation.

### What are the symptoms of anxiety?



**Persistent anxiety can present in many ways, making it difficult to recognize.**

Symptoms may vary depending on the age of the child, and some children may keep worries to themselves or have difficulty explaining their feelings making it hard to identify symptoms. Anxiety symptoms can include, but aren't limited to, the following:

- Feeling tired, irritable or easily tearful
- Having trouble separating from parents
- Experiencing difficulty sleeping or frequent nightmares
- Having trouble getting out of bed or dressed for school
- Lacking appetite
- Having trouble concentrating, which may lead to difficulty starting tasks, problems with homework and falling behind in school
- Experiencing physical symptoms, including stomachaches and headaches
- Avoiding activities they previously enjoyed
- Having negative or continuous thoughts that something bad is going to happen

## What can families do?

Here are some tips that you can use to help your child get through these challenges, by intervening as quickly as possible, and return to school:

- Do not punish your child for refusing to go to school, as this can worsen things.
- If possible, avoid letting your child stay home. Though staying home from school may provide short-term relief for your child, continued absence from school will lead to the feeling of being disconnected from classmates and teachers, cause your child to fall behind academically and only make it harder to return.
- Speak with your child. Try to understand what's bothering them and why they are avoiding school. If you are feeling a similar anxiety, it may help to share this with your child and to explain what you are doing to get through it.
- Make it clear that you are there to help your child and that you believe they can face their fears and get through this problem.



## Take advantage of school resources.

Working through your child's anxiety issues can be difficult and scary, and you shouldn't have to do it alone. Take advantage of the resources at your child's school:

- Talk with the school nurse, counselor, social worker and/or psychologist to discuss the student's challenges, identify what can help your child and develop a return-to-school plan.
- For some students, this may need to happen gradually (one or two classes initially and eventually a full day).
- In certain situations, a 504 plan or Individualized Education Program may be needed to ensure your child receives appropriate support and resources.

If symptoms persist or are very severe, your child's anxiety may be due to an underlying behavioral health disorder (i.e., anxiety disorder, panic disorder), an undiagnosed learning disability or the result of a physical or chronic health condition and should be evaluated by your child's medical provider.

Finally, remember to take care of your own physical and emotional well-being!

### Resources where you can find more information on anxiety and school avoidance

[Separation Anxiety in Babies, Toddlers and School-Aged Children: Causes, Signs and What to Do](#)  
[Anxiety and Depression CDC](#)  
[Understanding Anxiety in Children](#)

[School Avoidance Alliance: School Avoidance 101](#)  
[School Refusal: When a Child Won't Go to School](#)  
[Parent Anxiety Handout – EPIC](#)  
[The Ultimate Guide to Working With Your School](#)

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## Holiday Gift Box



Reeds Brook Middle School is coordinating a "project gift box" this year for families in need around the holidays. We hope to help families who may be struggling financially this season. We can not guarantee that all requests will be filled, but we will send requests out to the RBMS community. This form is for you to indicate if your family has any needs for the upcoming holiday season.

#### [Project Gift Box Requests](#)

This link is for members of the RBMS community who would like to help with holiday giving. This padlet will be updated with requests as they come in. Please put your name on the item, and bring it to RBMS by Friday, the 19th of December. Wrapped gifts are appreciated- please label with the number. Thank you so much for your generosity. Questions can be sent to [amood@rsu22.us](mailto:amood@rsu22.us).

#### [Project Gift Box Givers](#)

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## **PARENT VOLUNTEERS NEEDED FOR BASKETBALL CONCESSIONS**



### RB Basketball Concessions

Parents and students are welcome to sign up to volunteer. Please encourage 8th graders to sign up for a time slot as the proceeds will fund their project graduation in June. Thank you!

[signupgenius.com](http://signupgenius.com)

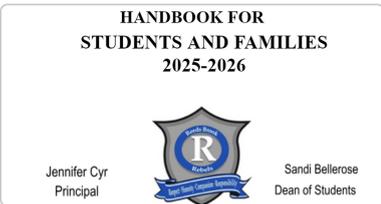
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## SAVE THE DATE!

## Community Events

## RBMS FAMILY RESOURCES

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### RBMS Student Handbook 2025-2026

Reeds Brook Middle School HANDBOOK FOR STUDENTS AND FAMILIES 2025-2026 Dear Students and Families, Please join the Reeds Brook staff in creating a supportive learning environment that challenges students to learn and grow. Our school is a p...

[docs.google.com](https://docs.google.com)

## RBMS WEBSITE

### Bus Information

### 2025-2026 RSU 22 District Calendar

### Community Events

## DECEMBER HEALTH TOPICS



Health Notice to Families grade 6-8 .docx.pdf

Download  
1.8 MB

## SUPPORT SERVICES



Family handout - Acadia NL Case Management.pdf

Download

117.0 KB

## CHECK US OUT ON FACEBOOK

### About RBMS

Reeds Brook Middle School currently serves approximately 300 students from Hampden and Newburgh, as part of RSU 22. Students at RBMS are in grades 6-8. We challenge all students to achieve individual success in a supportive environment.



Principal: Jennifer Cyr ([jcyr@rsu22.us](mailto:jcyr@rsu22.us))

Dean of Students: Sandi Bellerose ([sbellerose@rsu22.us](mailto:sbellerose@rsu22.us))

School Counselor: Ann Moody ([amoody@rsu22.us](mailto:amoody@rsu22.us))

Nurse: Alison Ramsdell ([aramsdell@rsu22.us](mailto:aramsdell@rsu22.us))

Find us [Facebook](#)



**Tina Hinkley**

Tina is using Smore to create beautiful newsletters