VICA OFFICERS ELECTED



1989-1990 VICA officers with co-advisor Mr. Robert Ciosek and advisor Mr. Dennis Abdow. Russell Estrella, Eric Chabot, Ed Levesque, Karoleigh Jackson, Tiffany Gillet, and Maria Santos.

by Ed Levesque

The Diman Chapter of the Vocational Industrial Clubs of America (VICA) has recently announced its 1989-1990 officers. Twelve candidates vied for the six positions with only one candidate unopposed

Edward Levesque, a senior in electric shop, was elected president. Ed has been involved in VICA for two years, and has won awards ranging from first place in the Electrical hands-on competition at the district competition to first place in the Club Business Procedures at the state competition in Boston. At the top of his VICA resume is his participation in the National VICA Competition as the chairman of the Club Business Procedures group representing Massachusetts this past June in Tulsa, Oklahoma.

Karoleigh Jackson, a sophomore in Culinary Arts, is the newly elected vice-president. Karoleigh is enthusiastic about her first year as a VICA officer and member. She has expressed a strong interest in running for VICA state office for the 1990-1991 school year.

Maria Santos is this year's secretary. She is a junior in the Machine Shop and another enthusiastic first year member. Maria will have an important role this year recording the many accomplishments of the organization.

Tiffany Gillet, a sophomore in Health Careers, has been elected as this year's treasurer. Tiffany is a two-year veteran in VICA and proud of it. Tiffany and her fellow teammates made an outstanding showing in last year's Health Careers Knowledge Bowl at the state competition. Diman's participants were only freshman and sophomores, while the other competitors were comprised mostly of seniors.

Eric Chabot, a senior in the Machine Shop, has been elected the reporter for this academic year. Eric is participating in VICA for the first time and plans to make up for lost time. He will be expending his energy on the Outstanding Club competition. Eric hopes that Diman's chapter will be a winner at this year's state competition.

Russell Estrella, a sophomore in Machine Shop, has been elected the parliamentarian. In this position, Russell serves as a consultant to the president on procedural matters.

Other candidates who ran for VICA office this year included: Adelaide Borges, Sandra Bruneau, Jodi Fiola, Tina Lopes, David Martin, and Matthew Pacheco.

Diman's VICA chapter is coordinated by advisor, Mr. Dennis Abdow (Vocational Coordinator) and co-advisor. Mr. Robert Ciosek (Occupational Cluster Supervisor).

Officers Attend Leadership Conference

The newly elected officers of VICA, President Edward Levesque, Vice President-Karoleigh Jackson, Secretary-Maria Santos Treasurer-Tiffany Gillet, Reporter-Eric Chabot and Parliamentarian-Russell Estrella attended the 3rd annual Fall State Leadership Conference from Sunday, November 12 through Tuesday, November 14, 1989 at the Lowell Hilton Hotel. The conference was designed for chapter advisors and officers so that they could take back their training to their local level and build a stronger chapter. During this conference they received intensive Leadership Training, Parliamentary Procedure, and Professional Development. The opportunity to function as a team and the opportunity to meet new people and develop friendships.

In a letter received by the President of the United States, Bush gave his warmest greeting to the VICA Organization upon celebrating its 25th Anniversary. He also commended VICA for its efforts to raise the quality of Vocational-Technical Education to produce a better-prepared work force. The president also went on to state that VICA's decision to observe its 25th Anniversary by encouraging its local chapter to engage in service projects to communities was a wonderful example of good citizenship.

Mr. Abdow stated that because of VICA's 25th Anniversary, many events have been planned and many are in the works. He will keep the community informed as they occur.



"Toughest piece of pine I've ever been asked to cut."

GREATER FALL RIVER VOCATIONAL SCHOOL DISTRICT 1963

The Tradesman

Volume 22 No. 1 The Tradesman 10 cents

CONNELL APPOINTED SUPERINTENDENT



Mr. John Connell, Diman's new superintendent-director.

by Drey Andrade

Diman Regional's school committee appointed Mr. John Connell as the school's new superintendent-director effective July 1. Mr. Connell, an educator for 26 years, comes to his new position from the post Director of the Fall River Futures, the school department's comprehensive drop-out prevention program.

He previously served as the curriculum supervisor and department head of the Chapter One program in the Fall River School Department. In addition, he has held the following positions at Durfee: a teacher-coordinator of a retailing program, a teacher-coordinator of distributive education, and a teacher in the business department.

Mr. Connell holds a master's degree in school administration from Bridgewater State College and a bachelor's degree in business administration from Southeastern Massachusetts University.

Some of his goals include: upgrading the physical condition of the school which includes new roofs, renovation of classroom and shop areas, and a redecorated public Tea Room. In addition, he is very interested in pursuing equity for all students. One area of concern is the upgrading of facilities for the female students here at Diman.

These projects are in addition the the major construction of adding a new wing to the school which will add two shop areas and five classrooms. One of Mr. Connell's projects was already accomplished this past summer when the grounds of the campus were compley upgraded.

Mr. Connell is an individual whose life has revolved around the mechanical and vocational trades and education. As a result, the new superintendent believes strongly in vocational education.

Opposite Mr. Connell's desk is a painting on the wall of a clown shedding a tear. He said that this painting reminds him to maintain his caring attitude and to be responsive to the needs of others.

He also has etched in his mind an inscription on a plaque which was presented to him by his students in DECA. It reads, "Tell them, they forget; show them, they remember; involve them, they understand."

Mr. Connell has many goals to accomplish in his tenure as superintendent-director here at Diman. The faculty, staff, and student body wish him the best in his endeavors.

STUDENT GOVERNMENT REPS ELECTED

by Tiffany Gillet

Recently members of the junior class elected their class representatives for the 43rd annual Student Government Day. The Student Government Day representative for the April 6, 1990 event is Drey Andrade, a junior in Machine Shop. Jennifer Santos, a junior in Culinary Arts will accompany Drey to the various workshops as the school's alternate.

David Croteau and Scott Reis, both juniors in the Electronics shop, also were candidates in this election.

(cont. page 3)

Freshman Field Trip

by Drey Andrade

Once again this year, the freshmen class traveled to the Boston Museum of Science. Week I academic students visited the museum in early November, while week II academic students made the trip at the end of the month.

At the museum, students viewed and learned about many exhibits related to their curriculum such as: the astronomy display, the foncault pendulum, water and waves, heart and blood, energy exhibits, and the strobe light demonstration

The students also attended a physics show titled, "Things in Motion"

Parents, relatives, and friends who volunteered their time to assist on the trip included: Mrs.Susan Bell, Mrs.Lisa Bissinger, Mrs.Beverly Carreira, Mrs.Laura DeSousa, Mrs.Linda Frizado, Mrs.Janet Huard, Ms.Jennifer King, Ms.Carolyn Mello, Mrs.Linda Murray, and Mrs.Sandra Saucier.

Teachers and staff on the trip were: Mrs.Anderson, Mr.Bissinger, Mrs.Caine, Mr.Desaulniers, Mr.Goj, Mrs.Jonsson, Mr.Maurer, Mr.Pacheco, Mr.Pereira, Mrs.Sayre, Mr. Souza, and Mr.Szynal.

Dr.James Brosnan, academic cluster supervisor, made the arrangements for the trip while Mr.Roger Ramos, science lead teacher, coordinated a list of must-see exhibits for the freshmen.



You Get What You Expect

The first day of school began on a bright note for a teacher who was glancing over her roll book.

"Look at those IQ's," she thought to herself. After each student's name was a number, such as 138, 140, 145. *"I've got a terrific class."*

The elated teacher tried new methods. The students responded exceptionally well to her creative approach.

Only later did she find out that the figures after each student's name stood, not for IQ, but for their locker numbers.

Most of the time, people will be as positive or negative as one expects them to be.

Published by members of the newspaper staff of Diman Regional Vocational Technical High School, Stonehaven Road, Fall River, MA 02723, Telephone 678-2891. Printed by the Graphic Arts Dept.

Staff: Drey Andrade (Editor), Tiffany Gillet, Edward Levesque, Tina Lopes, Nikki Marquardt, and Jennifer Santos.
Advisor: Dr. Brosnan

To Under$tand Space...

If it costs one cent to ride a thousand miles, a trip around the world would cost twenty-five cents; to the moon, two dollars and thirty-eight cents; to the sun, only two hundred and twenty-five dollars; but a trip to the next nearest star would cost two hundred and sixty million dollars.

Of course, with today's inflation, these if figures are on the too low side.

Puritans Like Scrooge?

Few Americans realize that New england Puritans were especially hostile toward Christmas celebrations. Early records indicate that on December 25, 1620, their first Christmas in America, they worked to erect a building in "studied neglect" of the day.

Following their great migration to New England in 1659, the Puritans enacted a law in the general court of Massachusetts to punish those who kept Christmas. The law read in part, "...anyone who is found observing by abstinence of labor, feasting, or in any other way, any such days as Christmas Day, shall pay for every such offence five shillings."

In 1681 the law against celebration of Christmas was repealed, but many Puritan groups maintained their opposition for the better part of 200 years.

For Top Letters —

SIX COMMUNICATION's

Writing a letter should be as easy as talking.

To others, perhaps you, a blank sheet of paper is like some monster daring you to step across an imaginary line. That's your first sentence and you proceed at your own risk.

But writing a letter need not be a horrendous task to be feared IF your message id planned *before* pen (or typewriter) is set to paper

So, how should you proceed?

* Consider the message.
* what do you want to cover?
* What facts should you present?

And with these determined, all you need remember is the *Six Communication C's.*

1 — be CORRECT! Check youe datafacts, figures, names, dates, etc.

2 — be CLEAR! Keep your sentences short, simple. Make one point at a time and support each with the facts you have to convince the reader. Avoid trite expressions and flowery words.

3 — be CONVERSATIONAL! Let your own words reflect you, but that doesn't mean using slang. Instead, use the short, hard-hitting words with which you normally speak.

4 — be COURTEOUS! Put a smile in the words of your letter, so that even if you must criticize or disagree, the reader will not be hurt. Additionally, present any disagreement in terms that say both of you are reasonable and differences can be smoothed over. Remember -- courtesy pays off.

5 — be CONCISE! Make each word say what you wish. Use short words — familiar words — and short sentences. Every word, every sentence should contribute to exactly what you mean.

6 — be COMPLETE! After finishing the letter, read it. Have you left out something important? If so, insert it. Or to be more effective, put that fact in a postscript.

Now ... ready, set, write!



CROSS COUNTRY



Mr. Roger Ramos

by Tiffany Gillet

The Boys' Cross-Country team has attended many non-conference meets this year such as the Mass. State Vocational Championships where they took home a second place trophy. Where they also participated in the Eastern Mass. State sectionals in which they placed 20th out of 36 schools.

The Boys' CC Team plays in the large division of the Mayflower League Conference. They finished with 11 wins and only 1 defeat which entitles them to second place. As a result of all these accomplishments the following students were named to the Mayflower League All-Star Team: Captain Craig Brogan, Roger Dudley, and Kris Bartley.

The Girls' Cross-Country also played in the Mayflower Conference. They finished with a record of 3 wins and 3 defeats which entitled them to fourth in the conference. The Girls' Cross-Country team showed some improvement over last year and proved themselves to be a establishing team by placing fourth at the Mass. State Vocational Championships. As a result of all their accomplishments Captain Sandi Bruneau was named to the Mayflower League All-Star Team. More girls are needed for next years team if we hope to keep improving.

So as you can see both Cross-Country teams have accomplished a lot for Diman thanks to the runners' determination and Coach Ramos' time and effort. So to all of you Good Job and Good Luck next year.



Lets Get Fit

by Tiffany Gillet

Did you hear that Diman has an aerobics program? Well, we do and it's thanks to Mrs.Pacheco and Mrs.Ramos who have taken the time to organize it. The program is available to all students on Mondays and Wednesdays after school.

Each session will last from 2:45 to 3:45. A dollar donation will be required per session you attend. There will be 10 sessions over a 5 week period. The number of participants and the availability of the instructors will determine the continuation of the program.

If you have any questions or would like to sign up, you can contact Mrs.Pacheco or Mrs.Ramos in the Health Careers Shop.

Health Careers Students Sponsor Smoke-Out Dance

by Tina Lopes

The Health Careers shop sponsored a dance at Diman on November 17, 1989 from 7:00 to 11:00. The theme was "The Great American Smokeout." The Health Career students were assisted by Mrs.Ramos, Mrs.Cain, and Mrs.Silvia.

The dance was a big success. We would like to thank anyone who donated or attended the dance. Over $500.00 was given to the American Cancer Society. Health Careers students also sold blue and white carnations.

* * *

Eat Right — for life

Eating for life, a new brochure from the National Cancer Institute and the National Heart, Lung and Blood Institute, explains how lowering fat consumption and increasing fiber, fresh fruits and vegetables can lengthen your life.

For your free copy, call ot write NHLBI, 9000 Rockville Pike, Bldg. 31, Room 4A21, Bethesda, MD 20892. Phone: 1-202-496-4236.

Merry Christmas

"Merry Christmas" said over and over again — be it friend to friend, friend to stranger, or stranger to stranger — perhaps does more to promote the feeling of brotherhood/sisterhood, good will, and peace than any other two words in any language.

But that is part of the seaon's magic, magic that makes every person more friendly, more considerate, more human.

Would that it could last throughout the year...

Merry Christmas!

In the Matter of

CHRISTMAS GIVING

It is more blessed to give than recieve.
—Acts

* * *

It is well to give when asked, but it is better to give unasked, through understanding.
—Kahlil Gibran

* * *

The wise man does not lay up treasure. The more he gives to others, the more he has for his own.
—Lao Tse



Be Fit — for life!

The National Recreation and Park Association is joining with the President's Council on Physical Fitness and Sports on a new national youth fitness pilot program, the "National Youth Fun and Fitness Project," to improve the fitness of youth through community recreation programs.

Each pilot location will hold a kick-off event to showcase its commitment to fitness. The program format includes participation in three weekly exercise sessions, with participants charting their fitness activity on a poster designed by the sponsors. At the conclusion of the project, participants will recieve a T-shirt and a membership in the fitness winners circle.

For more information on the National Youth Fun and Fitness Pilot Project, or the Coalition, contact Kathy Barlette, NRPA Regional Director, 1800 Silas Deane Highway, Suite 1, Rocky Hill, CT 06067. Or call (203) 721-1055.

FOUR INSTRUCTORS NAMED TO DIMAN STAFF

by Drey Andrade

This fall four new instructors including one former graduate joined the Diman faculty.



Mr. David Belliveau

Mr.David Belliveau has been appointed as a Technical Drawing instructor. He holds vocational education in high regards. It was through that very training that Mr.Belliveau has attained his goal of teaching in vocational school.

After graduation from Diman, he received a degree from the Bristol Community College. Mr.Belliveau also attended the University of Lowell.

Our new Tech Drawing instructor has seven and a half years in the mechanical engineering field and two years of computer aid design.

Mr.Belliveau's hobbies include basketball garden work, and home improvement projects.



Mrs. Susan De Jesus

Mrs.Susan DeJesus is the new part time Moderate Special Needs instructor. She also works as a part-time permanent substitute.



Mr. Paul Desaulniers

Mrs.DeJesus received her degree from Bridgewater State College. She formerly worked in a resource room at Westport High School.

Her hobbies include cake decorating, and various crafts.

Mr.Paul Desaulniers is the new Physics/freshman Science instructor. He has been employed in the education field for ten years; his previous teaching experience was on Cape Cod.

Before teaching, Mr.Desaulniers worked for the Department of Natural Resources in Rhode Island. He also was employed by the Forest Service and Park Service.

Mr."D" holds a bachelor's degree in Zoology and Chemistry from the University of Rhode Island. He has done graduate work in the educational field.

His outside interests include: down hill skiing, biking, and reading.



Mrs. Anna Rousseau

Mrs.Anna Rousseau has recently been appointed to the position of Principles of Technology instructor. She replaces Mr.Joseph Paquin who left to take a teaching position in Rhode Island.

Mrs.Rousseau is a graduate of Bridgewater State College. In her spare hours she works as a tax preparer for H&R Block. Most of her free time is spent being a parent to her two children, ages 2 and 3.

S.H.A.R.E.

by Tina Lopes

S.H.A.R.E. is an organization that helps the handicapped in the area. Many people benefit from this organization. They held a walk-a-thon in October that was very successful. Mr. Martins is in charge of S.H.A.R.E. at Diman, and enjoys helping out in any way he can. At Christmas time, S.H.A.R.E. trys to give their clients a good Christmas. A student at Durfee has been in S.H.A.R.E., and is doing better, and has gotten his communication system. The President of S.H.A.R.E. is Lester W. Cory, an engineering professor at Southeastern Massachusetts University and he's done and excellent job. If you can, please try and help this excellent organization. There will be more activitiesto donate to in the future.



"I don't think he thought much of your book report."

KEY CLUB ELECTS OFFICERS

by Tina Lopes

This year's members of the Diman Key Club have recently elected their slate of officers for the 1989-1990 academic year. They include Nicolette Collard from Graphic Arts as president; James Soares from Metal Fabrication as vice-president; Lori Alves from Culinary Arts as secretary; and Scott Sevigny from Drafting as treasurer.

Among the planned activities for the coming year are a food basket collection for needy families and a ski trip in December.

SADD CHAPTER SPONSORS ASSEMBLIES



SADD group poses with Sargeant Joseph Souza of the Massachusetts State Police. Sargeant Souza is a graduate of Diman's Drafting department. Pictured (lt. to rt.) Charity Thomas, Sue Costa (SADD President), Mr. George Letendre (SADD advisor) Sat. Souza, and Raymond Marrissette.

by Nikki Marquardt

Two assemblies were recently held through the cooperation of the Massachusetts State Police and Diman's chapter of Students Against Drunk Drivers (SADD). Sargeant Joseph Souza of the Mass. State Police talked on the effects of drunk driving as well as alcohol and drug abuse. After the assemblies, membership information was provided to those students interested in joining the organization.

The committee would like to place a demolished vehicle in a highly visible location in Fall River. They hope this scene might reinforce their message of alcohol/drug abuse.

The group has already sponsored a car wash to further supplement their fund-raising activities. The SADD group has also sold bumper stickers, key chains, and t-shirts.

This year's SADD committee includes: Susan Costa, president; Kathy Hauver, vice-president; Danielle Gariepy, treasurer; and Charity Thomas, secretary. Raymond Morrissette, Trisha Doughty, and Jaime Carvalho serve as executive board members. Mr. George Letendre, academic/post-secondary coordinator, serves as advisor.

Student Government (cont.)



Drey Andrade, 1989-90 student government representative.

A regional workshop will be held in December with representatives from the legislative and judicial system discussing issues relation to state government.

In January, students from across the state will meet at the State House for the Governor's "Glass-Bowl" drawing. At this time students will be assigned their roles for Student Government Day.

State House workshops will be held in March to enable students to become familiar with the legislative process and to meet elected officials from their district.

Student Government Day will be held on Friday, April 6, 1990. On this day, students will actually assume the roles of their elected counterparts.



Jennifer Santos, Diman's alternate

—THE MIXING BOWL—

Here We Go A-Wassailing...

Like to wassail (or drink people's health) during the holidays, but want to avoid the alcohol? Then serve up one of the following tasty brews:

* * *

MERRY BERRY HOLIDAY PUNCH

6 c. orange juice
2 10-oz. pkg. frozen quick-thaw strawberries in syrup
2 c. cranberry juice
3 c. ginger ale
Ice

In a large bowl, combine orange juice, cranberry juice and strawberries. Add ginger ale and ice just before serving. If desired, float orange slices, strawberries and mint on top. Makes about 13 1/2 cups or 18 6-oz. servings.

* * *

HOT-BUTTERED APPLE JUICE

2 cinnamon sticks
8 whole cloves
3 tsp. sugar
4 thin 1-in. strips lemon rind
3 tsp. butter
4 cups boiling apple juice
Ground nutmeg to sprnkle

Put 1/2 stick of cinnamon, 2 cloves, 3/4 teaspoon sugar, a strip of lemon rind and 3/4 teaspoon butter in each of 4 large mugs. Add hot apple juice to each mug, stirring to blend mixture. Let steep one minute. Fill mugs with remaining apple juice. Sprinkle with nutmeg and serve immediately. Makes 4 servings.