reshmen Science Trip

Desiree' Shepard

The freshmen trip to the Museum of nce in Boston was held again this fall. shmen in Week I academics went to the eum in early October, while the Week II ups visited the museum at the end of the th.

Under the direction of Mr. Ramos, lead her in science, freshmen visited many bits relating to their science curriculum uding: the astronomy display, the cault pendulum, water and waves, heart blood, energy exhibits, and the stroke demonstration. Students also attended antarium show and a demonstration on Theatre of Electricity. Freshman then heir lunch on the banks of the Charles r. The Culinary Arts department under direction of Mr. Kerr provided gourmet lunches for all of the chaperones.

Teachers and staff attending included: Abdow, Mr. Bissinger, Mr. Dugal, Mr. Mrs. Klankin, Mrs. Machado, Mr. rer, Mr. Morrisette, Mr. Pacheco, Mr. ira, Mrs. Pleiss, Mr. Ramos and Mrs. h.

In addition, the following parents ed as chaperones on the field trip: Mr. ie, Mrs Mendes, Mr. Pacheco, and Mr. ll.

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p activities including: "Left Brain/Right n" with Randi Strickland, former NASA neer, who led students through exercises gned to allow them to determine their brain dominance; "What is Your Style?" Ginny Hadley, director of the SMU nseling center, who administered the rs-Briggs PersonalityInventory and helped ents interpret the results; and "Computer ication to Human Disabilities" with Linda ceira and Professor Les Cory of the U Computer engineering department ined the ways a computer can increase quality of life for those with disabilities.

Three minicourses were then offered ding Horror, Drama Workshop, and kets, a five-week course taught by Mr. in and featured in the New Bedford dard Times. Students were also afforded opportunity to visit the Metropolitan eum of Art during a field trip to New City.

The semester concluded with a visit to Bedford to meet Mayor John Bullard, l-day Saturday program with Professor ge Mellor of the SMU design department, a presentation entitled "Once Upon A " by Tom McCabe, professional story from the Mount Holyoke Children's tre who discussed why he chose storytelling profession and then shared a few of his ite stories with the group.



Honor Society Established

Last May, twenty-two Diman students were inducted into the Diman chapter of the National Honor Society. Ten members were graduating seniors, and the remaining twelve inductees are now members of the senior class.

Despite the size of the organization members have participated in a number of events in the last few months including: staffing an information booth during the "Great American Smokeout" week; assisting as guides for Parents' Night, tutoring students; and attending an Eastern Massachusetts conference for Honor Societies. This group also provides refreshments to the evening school students here at Diman.

This year's officers include: Sue Vitorino, president; Paul Pacheco, vice-president; Monique Dumont, secretary; and Robert Amaral, treasurer. Other members include: Lee Correa, Denis Cote, John Couto, Dan Cordeiro, Vincent Majewski, Carlos Mederios, Monique Richard, and Dave Spooner.

Prospective members for this academic year will be notified in January. Keep up your grades as an 85 average is one of the prerequisites.



NHS officers: Monique Dumont, Paul Pacheco, Sue Vitorino, and Bob Amaral.

A couple of openings may exist in the spring semester. If anyone is interested in the program, contact Mr. Brosnan. To be seriously considered you must have good grades (A's & B's), the desire to commit yourself until six o'clock every Thursday afternoon, and be either a sophomore or junior.

Season's Greetings
from
The Tradesman Staff

GREATER FALL RIVER VOCATIONAL SCHOOL DISTRICT 1963

The Tradesman

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"Straight Talk"

STUDENTS PARTICIPATE IN CABLE SHOW



Senator Norton explains the format of the show to Diman students.

Members of the National Honor Society and students in the SMU Project Spotlight program recently participated in Senator Tom Norton's cable program, "Straight Talk" on Friday, November 20.

Two programs were recorded for future broadcast. The first program focused on Alcohol and Drug Abuse with Nancy Paul, Executive Director of Fall River and New Bedford Alcohol & Drug Center and Michelle Tripp, Director of the Inpatient Drug and Alcohol Detoxification. After Senator Norton's discussion with the guests, four students (Paul Pacheco, Lee Correia, Sue Vitorino, and Dan Cordeiro) asked several questions of the guests about the average age of drug patients, funding, extended care, and the actual process of detoxification.

The second program focused more closely on Alcohol and Drug Abuse among youth. Ms. Paul was joined by Lynn Smith, Coordinator of the Youth Intervention Center in Fall River. As in the first program questions were raised by Bob Amaral, John Couto, Vinny Majewski, and Carlos Medeiros. Student questioning included support services for youth, the extent of confidentiality, follow-up after detoxification, and the method of obtaining help.

Other students involved included: John Belliveau, Eric Carvalho, Brian Powers, Kimberly Seyez, David Spooner, and Dan Camara. After the filming, the Senator took the group to lunch.

Spotlight Program Offers Varied Experiences

By Tracy Ferreira

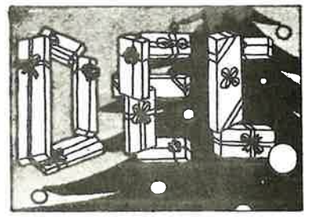
This fall eight Diman students have been accepted into the Spotlight Program, a gifted and talented afterschool program for high school students, which is held at the Southern Massachusetts University campus.

Eligible students were chosen from the current sophomore and junior classes, and then finalists were selected through a rating system and finally an interview with Mr. Brosnan, academic cluster supervisor, who serves as the school's Spotlight coordinator.

The students who were selected included: Jon Belliveau (89C-DR), Shawn Bruce (90X-DR), Eric Carvalho (90D-EL), Tracy Ferreira (89D-PD), Danielle Gariepy (90Y-GA), April Lafleur (90Y-GA), Brian Powers (89K-MS), and Kimberly Seyez (89C-CA). Assistant group leaders are Paul Pacheco (88K-ET) and Melissa Tavares (88J-GA), with both Mr. Brosnan and Mr. Paquin serving as group leaders for the Spotlight Program.

Since September 22, the students have been involved in a variety of large and small

(cont. on p. 4)



DIMAN REGIONAL VOCATIONAL TECHNICAL HIGH SCHOOL

Push Literacy

The National Assessment of Education Progress recently completed Literacy: *Profiles of America's Young Adults.* That study showed:

- Approximately 20 percent of young Americans between the ages of 21 and 25 read below the eighth grade level.
- Only 19 percent in that age bracket can comparative shop in the grocery store.
- Approximately 57 percent can use a map to travel from one location to another.

Within the next decade it is expected that the total number of young adults aged 21 to 25 will shrink from 21 million and will include increasing proportions of minorities. The report explains: "If these population estimates are accurate, there will be a less literate pool of Americans from which colleges, universities, industry and the military will be able to draw to meet their human resource needs... Appropriate intervention strategies [should be] developed and implemented to meet the diverse needs of current young adults as well as to promote higher proficiencies among the younger, school-aged populations."

* * *

Know when to seize an opportunity. Ditto to let go of an advantage.

* * *

It is far better to fail after an attempt than to stop striving after an achievement.



"I'll put it simply in language you can understand: You have four-wheel drive, but you're only using two tires."



From The Editor's Desk

Some Thoughts On Thinking

There are many myths about thinking. These false concepts have actually hampered individuals and deterred them from any initiative and interest they might otherwise have exercised. The following are some of these concepts and attitudes which have been disproven:

Take the old saying that men are more creative than women. This is not true, nor has it been true at any time in history.

Or — you can only remember so much. Recent studies indicate that one's capacity for memory is almost is almost limitless, actually beyond any human comprehension.

Is this true? Too much thinking induces mental exhaustion. Doctors are convinced that the mind cannot be worn out and that creative thinking acts as a constant stimulus.

People generally work to the limit of their thinking capacity(?) Scientists figure that most people only use about 15% of their capabilities.

Have you allowed some of these myths to dominate your thinking?

The plans are man's;
the odds are God's.

—Kuan Fei

Arbor Day — For Planting

Everyone knows the importance of trees. In terms of lumber alone, they have almost countless uses.

But trees have important values apart from wood and shade and homes for birds, bees, and animals. For instance, a growing forest has the same cooling capability as an equal area of ocean; and an acre of young trees will grow about five tons of wood each year as well as produce an equal amount of oxygen as the trees absorb carbon dioxide, a pollutant.

Makes good sense to plant and take care of trees, for they take care of humans.

And International Arbor Day is December 22nd.

How Americans Have Fun

A recent Roper poll asked 2,000 adults what leisure and sport activities they participated in on an occasional or regular basis.

Number 1? Swimming, said 52 percent

Fishing said 42 percent. Camping and bowling each received 34 percent with bicycling at 33 percent.

One-fifth or 400 of the 2,000 adults said they jogged, sailed, or worked out in health clubs/gyms. A smaller number said they participated in nine other activities from hunting to ballroom dancing.

Finally, how much did they spend on these pastimes per year? The average amount spent was $134. However, a fourth spent under $50 per year and another fourth spent $250 or more.



Christmas: Another Workday

Work on Christmas Day or prepare for a fine and/or jail.

Such was Massachusetts law in 1659.

The law remained in force about 20 years, and American history reveals many who, refusing to work on Christmas, paid fines or went to jail.

Christmas did not become a legal holiday in the U.S. until the beginning of the 10th century.

Smoking—What You Should Know!

Various studies and surveys have shown these facts about teenagers and smoking...

About two-thirds of all smokers begin before the age of 18.

* * *

It is estimated that every day 4,000 youths under the age of 17 start smoking.

* * *

Half of all teenagers who have started to smoke say they don't intend to continue the habit, and 90 percent say they want to try to quit.

* * *

Teenagers most likely to quit are those who have smoked fewer cigarettes per day, have high educational goals, acknowledge the health risks of smoking, and have many nonsmokers among their friends. Potential quitters are also more interested in physical exercise, see themselves as more popular, and are more [illegible] clubs and organizations than smokers.

* * *

Youngsters from, households where parents and siblings smoke tend to take up the habit more frequently than young people living in smoke-free households, says a study reported in the 1986 *Smoking and Health Bulletin* of the U.S. Department of Health and Human Services



"It works better than the old sign."

* * *

Recent data indicates that among school-age children use of tobacco products is not "in." A sampling of school children in Texas indicates that more than three-fourths (76 percent) use no tobacco products.

In the 1960s, about twice as many bo smoked as girls. Today, at every age lev the percentage of girls smoking is high than boys. Daily smoking among hig school seniors is 21 percent for females an 18 percent for males. Among young adult 27 percent of females and 25 percent males smoke daily.

* * *

Among current smokers, younger person and females were more likely than old persons and males to have attempted to qu and to have actually quit during the previou 12 months. Success at quitting smokin increased with the number of efforts mad about 48.5 percent of adolescents who ke trying eventually succeeded.

* * *

Results of a survey reported recent by the U.S. Office on Smoking and Healt suggest that offspring of smokers experienc a higher prevalence and incidence of sever chronic respiratory symptoms and acut respiratory illnesses and lower lung functio than unexposed offspring.



"Yes, we make most of the toys, but you have to buy the batteries."

RING IN THE NEW

Making resolutions for 1988?
Here's a list of objectives that are just as fitting today as when they were first set down more than a hundred years ago:

"Health enough to make work a pleasure;
Wealth enough to support your needs;
Strength enough to battle with difficulties and overcome them;
Grace enough to confess your sins and forsake them;
Patience enough to toil until some good is accomplished
Charity enough to see some good in your neighbor
Love enough to move you to be useful and helpful to others
Faith enough to make real the things of God;
Hope enough to remove all anxious fears concerning the future."

—Johann Wolfgang von Goethe

