

Catherine Richard, Debra Mello, Steve Costa, and Joseph Archembault were four of Diman's light participants.

Vant To Be opular? emember heir Names

From every standpoint, it is important emember names. What can be more arrasing than to meet a person to whom have been introduced, but whose name slipped your mind?

ere are five rules that may help you to ember names:

When introduced, make certain that have heard the name correctly.

Repeat the person's name as often as sible as you stand talking to him or her.

Learn as much about the person as you and study his or her features.

Mentally associate the name with some- g.

Later in the day test your memory of name.



"Jonathan, your tee shirt is disturbing the class!"

Us Adds 10.7 Mil In 4 Years

An estimated 237.2 million people — 10.7 million more than were counted in the April 1980 census — were living in the United States as 1985 began.

Demographers at the Commerce Department's Census Bureau said the New Years Day estimate of 237,232,946 represents a 4.7 percent increase over the 1980 census count of 226,545,805.

Census based its Jan, 1, '85 figures on an estimated 3.7 million births, 2.0 million deaths, and a net migration of 499,000 during 1984.

HEALTH NOTES

Help Prevent Cancer

A recent issue of the *Calorie Control Council's Commentary* lists the following Cancer Society recommendationsto help prevent cancer:

- ☐ Avoid obesity.
- ☐ Cut down total fat intake.
- ☐ Eat more high fiber foods, such as whole grain cereals, fruits and vegetables.
- ☐ Include foods rich in vitamins A and C in the daily diet.
- ☐ Include cruciferous vegetables such as cabbage, broccoli, brussels sprouts, kohlrabi and cauliflower in the diet.
- ☐ Be moderate in consumption of alcoholic beverages.
- ☐ Be moderate in comsumption of salt-cured, smoked and nitrite-cured foods.

* * *

Take Good Care Of Self!

The American Heart Association predicts that about 1.5 million Americans will suffer heart attacks this year, and 350,000 heart attack victims will die even before reaching a hospital.

According to the Association's 1985 edition of Heart Facts, one American in five has some cardiovascular problem or combination of problems, the most common of which is high blood pressure, afflicting almost 40 million Americans.



Ms. Elizabeth Sheehan plays the flute during a recent Spotlight session.

GREATER FALL RIVER VOCATIONAL SCHOOL DISTRICT 1965

The Tradesman

Volume 17 No. 3 JUNE 1985 10 cents

in this edition:

Scenes from "An Act Of Escape"
Diman's Original Cable Production
pages 4-5

DIMAN REGIONAL VOCATIONAL TECHNICAL HIGH SCHOOL FALL RIVER MASSACHUSETTS 02723

EIGHT STUDENTS SENT TO S.M.U.



Diman's Spotlight Participants.

The Spotlight Program

Eight Diman students recently attended the Spotlight Program of PHLP (Projects for High Learning Potential) at the Southeastern Massachusetts University campus. The students were chosen from the top ten percent of the sophomore and junior classes. Finalists were then selected through interviews and a rating system conducted by Mr.Brosnan and Mr. Ferreira.

The students who were selected included: Karie Chicca (87J-CA), Steven Costa (87D- Elec.) Debra Mello (87G-BE), Joseph Archambault (86E-BE), Arthur Brisebois (86E-BE), Christina Miranda (86D-GA), Catherine Richards (86C-P&D), and Louis Santos (86F-Elec.)

The students met every Tuesday at S.M.U. starting on February 12, 1985. The program consisted of activities including: a series of listening activities with Dr. Fritz Bell of Creative Classrooms, Inc., a chemistry demonstration and lab experiment with Prof. Thomas Greenbowe of the S.M.U. Chemistry Dept.; a lecture and tour of the New Bedford waterfront with Mr. John Bullard; and a flute performance, "Danse de la Chevie" by Ms. Elizabeth Sheehan. Perhaps one of the most interesting activities was the minicourses - a five week session of either Drawing with Betsy Boiba or Classroom Behavior with Trace Holmes.

Speaking in behalf of all the students who attended the Spotlight Program, I thought it was very interesting and I would encourage all students to try and become involved with it.

I would like to thank Mr. Brosnan and Mr. Ferreira who spent a lot of time after school to provide us transportation to S.M.U. and for making this entire program possible for us.

* * *

You cannot climb that ladder of success with your head in the clouds and your hands in your pockets.

From The Editor's Desk



"...many people do not measure success by financial gain."

SENIOR FAREWELL

As the year once again comes to a close, it is my pleasure as the editor to write a farewell message to all of the seniors. Being a senior myself, I find this a time of happiness and sad feelings. I know that many seniors are happy that they are finally getting out of school. But even if your school days were not the greatest, it is still sad to leave because an era in our lives is over. It is also a time for leaving good friends. Some of us may keep in contact through our trades, but most graduates will grow apart.

Remember I said grow; that is the message we must all remember—to continue growing. I sincerely feel that we, the graduates of 1985, have a responsibility to try to attain the highest goals possible for ourselves and the many individuals who have helped guide us. I am not saying that everyone has to make a fortune in their first year. You should realize that many people do not measure success by financial gain. Look at our teachers; they are certainly not here to make money. However, imagine how they must feel after teaching teenagers all that they can absorb in four academic years to meet these graduates and hear their success stories. "I started my own business a couple of years ago," or "I have been with the same company since graduation, and now I am manager of the department," are typical comments. To a former teacher, this information must produce a great feel-ing that money could never buy.

In conclusion, that as long as you feel satisfied in your accomplishments, you can achieve no greater success.

COLLEGE-BOUND SENIORS

B.C.C.

Art Transfer
Marc Zajac 85G MF
Bus Adm.
Angela Teixeira 85K DFT
Culinary Arts
Lee Bennett 85D CA
William Guimond 85H CA
Opp. Center
Marc Arruda 85B CA
Elect. Eng.
David Vieira 85K BE
Elect. Eng. Tech.
Stephen Keavy 85G MF
Elect. Mech. Tech.
Robert Provencal 85E Elec.
Joseph Tavares 85E Elec.
Eng. Trans.
Michael Machado 85G DFT
Mech. Eng. Tech.
Richard Gallant 85E MS
David Sousa 85G MS
Mech. Eng. Trans.
Raymond Mitchell 85G DFT

CENTRAL CONN. STATE

Graphic Arts (Bus.)
Lee Stout 85H GA

CULINARY INSTITUTE OF AMER.

Christopher Phillips 85F CA

DIMAN TECHNICAL INSTITUTE

Nursing Assistant
Cheryl St.Pierre 85B GA

JOHNSON & WALES

Culinary Arts
Kristen Kirker 85F CA
Andrew Lake 85B CA
Paul Ravenelle 85F CA
Robert Young 85K CA

NEW ENGLAND TECH.

Elec. Tech.
Phillip Platt 85G Elec.

ROGER WILLIAMS

Architecture
Virgilio Pacheco 85G DFT

S.M.U.

Civil Eng.
Octave Costa 85K DFT
Jose Soares 85K DFT

Computer Eng.
Christpher Branco 85G BE
Christine Labouliere 85K BE

Const. Eng. Tech.
David Moniz 85J HMC

Elect. Eng.
Russell Costa 85G BE
Steve Fata 85K BE
Frank Machado 85K BE
Manual Resendes 85K BE
Joseph Wilson 85G BE

Elec. Eng. Tech.
Paul Kelly 85E Elec.

Mech. Eng. Tech.
Charles Mederios 85D AM
Thomas St. Michel 85G DFT

WENTWORTH INSTITUTE

Normand Brisebois 85G MS
Thomas Butler 85G MS



Clifford Tessier and Jose Miranda won Second Place in the Massachusetts Plymouth-AAA Trouble Shooting Contest. Pictured (left to right) Stewart Hall, Director of Auto Services for AAA, Tessier, John Miranda, automotive instructor and coach of the team, and Torres.















Wednesday, May 29, 1985

The Anniversary Annual

Massachusetts Edition

Seven Sections/82 Pages 35 Cents



Student movie shows problem of teen suicide

FALL RIVER, Mass. — Parents took time out last night to watch a movie about children and suicide, and its student-producers hoped the film would encourage parents to spend more time talking to their kids.

The movie, entitled "An Act of Escape" and produced by 19 seniors at Diman Vocational High School, was shown for the first time at the school to a group of more than 50 parents and students.

The movie traces the downhill path of a high school senior. When the student finds his parents too busy to discuss his personal problems, he turns to drugs and ultimately tries to kill himself.

"The main purpose of the movie is to force parents to think more about teenage suicide and to tell them not to ignore their children," said Frank Machado, one of students who spent the past year creating the movie.

"I think we got the point across," he added.

James Brosnan, the teacher who supervised the project, said the students did a fine job of tackling such an important subject.

He also credited area businesses, which loaned building materials and props, and Durfee High School, which allowed the students to use its video equipment and supplied students as extras in the production.

The movie will be shown on Fall River Cable Channel 13 at 9 a.m. and 8 p.m. Monday.



Eastern Edison honored four Diman students at Brockton Art Museum for their winning "Energy Posters". Pictured above (left to right) Joe Medeiros (honorable mention), John Janeiro (second place) Mr. Brosnan (their instructor), Robert Young (first place), and Roberta Miller (honorable mention).

Student Government Day

by Catherine Richard

On Friday, April 12, 1985 the thirty-eighth annual Student Government Day was held at the State House in Boston, MA.

On this day selected students representing schools all over the Commonwealth of Massachusetts were to run the government for the day. They would take the place of Senators, Representatives, Justices, and even the Governor himself. They would debate bills, send them to committees and perhaps have them signed by the Student/-Governor, Eric Renaud, to become actual laws.

This was an important day for Dawn Lafferty and I because I was to take Albert Herren's place in the House of Representatives. Dawn accompanied me as my alternate and I'm sure she had just as much fun as I did.

At 9:30 all Student/Representatives and Student/Senators met in the House Chamber. We were introduced by the Student/ Speaker, Kathy McGillis, to the Speaker of the House, George Keverian and William G. Robinson, House Minority Leader.

At 10:00 the Governor, Michael Dukakis gave his greetings. His first interest in government started when he was involved in Student Government Day. He was chosen to be the Student/Governor for the day!

At 10:30 we had committee hearings where we debated three House bills, while the Senate debated three Senate bills. The bills which were finally passed by the House went to the Senate and so on. Two of the six bills passed through the Senate and the House, were actually signed by the Governor and made laws. The first bill was an act to establish specific crimes under which a minor would be tried as an adult. The second bill was an act to further protect students against illegal search and seizure in public schools.

At our noon break Dawn and I were invited to a luncheon at Denny's Restaurant by Chuck Silvia, State Representative, who also drove us to the State House.

We reassembled in chamber to hear from some more speakers until we adjourned around 5:00.

The whole day was an experience that I'm sure Dawn and I will never forget. To actually take part in passing bills and making laws is quite an honor and I'm glad I had that chance. I'm also glad that we have people like Chuck Silvia in our government who take the time to be a part of this day.

* * *

God provides sufficient food for all the birds, but he has neither time nor inclination to deliver it to each nest.

* * *

When you are not sure of your facts but want to impress someone, sound convincing.

Diman Voke Students Compete in Contest

Ten Diman Regional Vocational Technical High School students recently competed in a skill olympics, sponsored by the Vocational Industrial Clubs of America in Lexington.

Awards were received by Christopher J. Phillips of Swansea, silver medal (2nd place) in Commercial Food Trades; Robert Young of this city, bronze medal (3rd place) in Baking, and Russell Ferreira of Westport, silver medal (2nd place) in Sheet Medal.

Other Diman students participating included Erik Briand, Nelson Brum, Marc Dupuis, Kristen M. Kirker, Jeffrey Medeiros, James L. Menard and Marc Messier.



Chris Phillips, silver medal winner in state VICA competition.



Speling Isn't evrything!

* * *

The work is easy if you got the know-how.