



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

DECEMBER 14, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

8:30 AM - 4:00 PM Mon - Fri

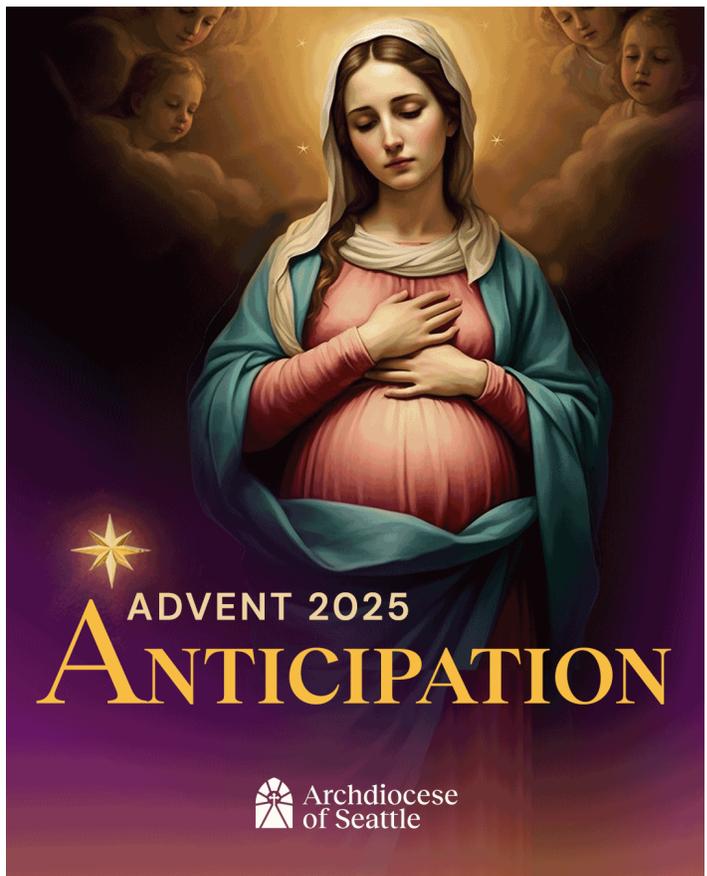
School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.

3rd Sunday of Advent



PARISH CALENDAR

Sunday December 14

THIRD SUNDAY OF ADVENT

St. Vincent de Paul Brown Bag Sunday

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
5:00 PM	Mass (hosted by SHS 5th Grade) Simbang Gabi



Monday December 15

Advent Weekday

8:15 AM	Rosary
8:45 AM	Mass
6:30 PM	OCIA Group
7:00 PM	Rosary Group

Tuesday December 16

Advent Weekday

10:00 AM	Stitchers with Heart Group
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Wednesday December 17

Advent Weekday

8:15 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass
6:00 PM	Youth Advent Prayer Night at St. Monica

Thursday December 18

Advent Weekday

8:15 AM	Rosary
8:45 AM	Mass
2:00 PM - 4:00 PM	Eucharistic Adoration
6:30 PM	Advent Penance Service

Friday December 19

Advent Weekday

8:15 AM	Rosary
8:45 AM	Mass
7:00 PM	Middle School Christmas Lock-In

Saturday December 20

Advent Weekday

8:00 AM	Women's Group
8:00 AM	Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday December 21

FOURTH SUNDAY OF ADVENT

St. Vincent de Paul Brown Bag Sunday Collection

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	NO Sunday School
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
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James Applegate, CPA Bookkeeper/Accountant
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Bridget Darrow, Pastoral Assistant for Administration
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Robert Eubanks, Facilities Supervisor
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Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
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Phoebe Kwan, Pastoral Assistant for Liturgy
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Susan Olmos, Pastoral Assistant for Liturgical Music
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Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

SACRED HEART NEWS

Sacred Heart Parish Advent Penance Service

December 18th
6:30 PM



Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



Having concluded the Liturgy of the Word with the Prayers of the Faithful, we now enter the Liturgy of the Eucharist. While the congregation sits during this part of the Mass, this is no time to tune out as there is much going on. The first section of the Liturgy of the Eucharist is the *Preparation of the Gifts*, also known as the *Offertory*. During the offertory, the offertory chant or another suitable hymn is sung, the altar is prepared, and the faithful *offer* their gifts. Historically, the faithful have offered their own bread and wine, as well as other goods needed to help holy Church and the poor. In our own time, the faithful present the bread and wine and the weekly collection is taken up. In these small gifts, we offer our entire lives, the fruits of our labors, to God, to be united with Christ's Sacrifice soon to be made present on the altar.

Sacred Heart Parish

Come worship with us
this Christmas



CHRISTMAS EVE VIGIL

Wednesday, December 24

4:00 PM - Mass with Children's Choir

Please plan to arrive early as parking is limited

8:00 PM - Mass with Traditional Choir and
Instrumental Ensemble

(Carols with the Congregation at 7:00 PM)

NATIVITY OF THE LORD

Thursday, December 25

10:00 AM - Mass with Traditional Choir and
Instrumental Ensemble

ADVENT 2025
ANTICIPATION



Advent is a season of joyful anticipation as we prepare for the coming of Jesus at Christmas. On a deeper level, anticipation during Advent is about fostering a greater desire for the Lord and his presence in our daily lives.

Go to archseattle.org/advent or scan the code for Advent inspiration from Archbishop Paul D. Etienne, engaging stories from Northwest Catholic and resources to make this your best Advent ever.



ADMINISTRATION & STEWARDSHIP

PARISH STEWARDSHIP OF TREASURE.

WE ARE CALLED TO SHARE OUR TREASURE WITH OTHERS.



We are very grateful to the many parishioners who have returned a Stewardship of Treasure pledge to the parish. Your generosity directly supports the mission and the ministries of Sacred Heart. There is still time to return commitment cards to the parish office, visit our website to access online giving at sacredheart.org or scan the QR code.



Being thankful is a feeling. Being grateful is an action

Year-End Donations

This time of year is when many people give and receive. We want to express our gratitude for your generosity and good stewardship to Sacred Heart Parish as we continue the mission of Jesus Christ. Please remember that any remaining donations to the parish must be received in the parish office or postmarked by or before December 31, 2025 to qualify as a 2025 contribution. Thank you for your ongoing support of Sacred Heart Parish.

Matching Gifts

As we approach the end of the year, it's a great time to review with your employer if matching funds are available in conjunction with your giving. If you have questions about matching funds, please email Lucy Paulsen in the parish office at lpaulsen@sacredheart.org. Thank you for considering how matching gifts can increase the impact of your generous giving.

Welcome to Sacred Heart Parish

Thank you for worshiping with us today! We extend a warm welcome to all our parishioners and visitors. Whether you are just passing through or looking for a new parish family, we pray you find Sacred Heart inviting and spiritually uplifting. If you are new to Sacred Heart or haven't yet registered with the parish, we encourage you to take this step. To register, please visit our website, sacredheart.org or call our office at 425-454-9536.

SACRED HEART PARISH ADVENT GIVING TREE 2025

Please return your gifts this weekend and place them under the tree in the Narthex.

GIVING TREE

St. Francis House-Seattle
Provides clothing, food, toiletries, and home goods to the **working poor** or homeless in King County.

Mary's Place
Provides women & families support in their **transition** from homelessness to housing stability.

Jubilee Reach
Transforms the lives of students and families in Bellevue by providing school support, medical and dental care and by assisting with food insecurities.

Sophia Way
Located in Bellevue, Sophia Way offers women **shelter, safety and stability** by providing meals, housing and compassionate support.

Immaculate Conception
The oldest standing Catholic Church in Seattle was built in **1904**. It serves a **diverse** community in the downtown area.

Operation Nightwatch
Provides **hot meals** for the homeless, supports struggling seniors and offers **shelter** for men and women. Holds an annual **sock drive**.

Prepares
(pregnancy & parenting)
Provides **support** to mothers, fathers and families through pregnancy and early childhood.

St. Francis Mission
(sister school in SD)
St. Francis serves the **Lakota people** on the Rosebud Reservation through faith, health, education and physical needs.



Return Gifts by: Dec 15th



Scan the QR Code for Online Giving to Sacred Heart Parish.



Stewardship of Treasure Sunday collection totals

July 1 to October 31, 2025, Budget	\$496,176
July 1 to October 31, 2025, Actual	\$442,415
Under budget	(\$53,761)
Prior year actual (July –October 2024)	\$417,268

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 12/14

Isaiah 35:1-6a,10
Psalm 146:6-10
James 5:7-10
Matthew 11:2-11

Monday 12/15

Numbers 24:2-7,15-17a
Psalm 25: 4-5b,6,7bc,8-9
Matthew 21:23-27

Tuesday 12/16

Zephaniah 3:1-2,9-13
Psalm 34:2-3,6-7,17-19,23
Matthew 21:28-32

Wednesday 12/17

Genesis 49:2,8-10
Psalm 72:1-4b,7-8,17
Matthew 1:1-17

Thursday 12/18

Jeremiah 23:5-8
Psalm 72:1-2,12-13,18-19
Matthew 1:18-25

Friday 12/19

Judges 13:2-7,24-25a
Psalm 71:3-4a,5-6b,16-17
Luke 1:5-25

Saturday 12/20

Isaiah 7:10-14
Psalm 24:1-6
Luke 1:26-38

Sunday 12/21

Isaiah 7:10-14
Psalm 24:1-6
Romans 1:1-7
Matthew 1:18-24

MASS INTENTIONS

Sunday 12/14

9:00 AM Mass: RIP HELEN DE GRACIAS
by Shawn De Gracias

11:00 AM Mass: RIP FR. PAUL FITTERER, SJ
by Warren & Bumgardner Families

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 12/15

RIP DEE HUMM by Beth & Tom Anderson

Wednesday 12/17

INT BILL MEYER by Jerry Harkleroad

Thursday 12/18

INT MARY BEEMAN by a Sacred Heart Parishioner

Friday 12/19

RIP JOHN CAMPBELL by Sacred Heart Parish Staff

Saturday 12/20

INT THE PARISHIONERS OF SACRED HEART

Sunday 12/21

9:00 AM Mass: RIP FLORENCE MILO by Adams Family

11:00 AM Mass: RIP ADAM MIODUSZEWSKI
by Margaret Mioduszewski

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of Sacred Heart
& St. Monica Parish Family

The Deceased

Kathie Kunath
Anne Holloway
Lettie Simpson
Patty Ritzman (St. Monica)

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.

"Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament." *Archbishop Etienne*



POPE'S PRAYER INTENTION - DECEMBER

For Christians in Areas of Conflict

Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation and hope.

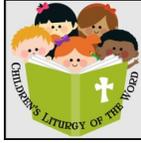
EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Sunday School
December 14th
12:30 to 1:30 pm
K – 5th grade students



Join us for the last session prior to the Christmas break. We will resume Sunday School on January 11th.

Children's Liturgy of the Word (CLOW)
During the 11:00 AM Mass
Children under 8 years of age.

Emmaus Youth Ministry Advent Prayer Night

PRAY – REFLECT – PRAISE
OPEN TO ALL YOUTH + FAMILIES



Congratulations First Reconciliation



Congratulations to the children in our Faith Formation program who made their First Reconciliation last Saturday. We invite the Sacred Heart community to join us in keeping these precious children in your prayers as they continue their faith journey, and prepare for their First Communion in the spring.

'Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these...' *Mark 10:14*

SACRED HEART SCHOOL



Support Sacred Heart School's Annual Fund

If you feel called to support Catholic education at Sacred Heart, please consider making a gift to the Sacred Heart School Annual Fund. Parishioner generosity plays an essential role in sustaining this mission, and every contribution makes a meaningful impact on the students and families we serve.

The Annual Fund directly supports our operating budget, our dedicated teachers, enhances faith-filled learning, and allows us to meet the most immediate needs of the school year.

Thank you for your prayerful support of our mission to provide a strong Catholic education.



Middle School Christmas Lock-In

ALL NIGHT | GINGERBREAD HOUSE
COMPETITION | INDOOR SNOWBALL FIGHT |
CHRISTMAS MOVIES | COOKIE DECORATING

DECEMBER 7PM - 7AM 19 - 20

SACRED HEART



RSVP BY
12/17



COMMUNITY OUTREACH - COMMUNITY EVENTS



St. Vincent de Paul Brown Bag Sunday

This Weekend - December 13th - 14th

Please pick up a brown grocery bag after Masses this weekend for the monthly Brown Bag collection to support *Hopelink*. You can return the grocery bags next weekend on December 20th and 21st filled with non-perishable grocery items and household paper products. Please place them in the bin in the Narthex. Thank you for supporting our local community in need!



Have Any Brown Grocery Bags to Share?

If you have extra brown grocery bags this holiday season, please consider saving them for St. Vincent de Paul's Brown Bag Sunday program. We are currently low on bags and would greatly appreciate any that you can spare. Please place the bags in the collection bin located down the hall from the Narthex. Thank you!



Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags are needed every week! Scan the QR code to sign up! When delivering to Jubilee Reach, please make sure to write "SHC" on your bag. Thank you for supporting these families in our local community!

The shopping list for a grocery bag donation remains the same each week, except for the hygiene item. A complete full bag is greatly appreciated!

Grocery List

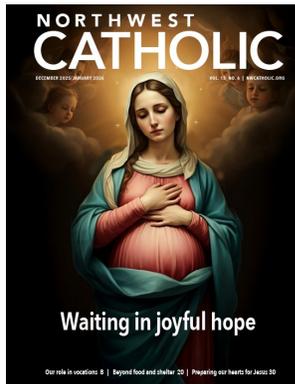
Chips, 1 bag 7-12 oz.
Bread, 1 loaf (white/wheat)
Chocolate, 1-3 bars, no nuts-
Cereal, 1 box
Flour tortillas, 10 pack
Corn tortillas, 20-30 pack
Toilet paper, 2 rolls, wrapped in a plastic bag
Milk, 1 gallon of whole or 2%
Hygiene: sponge & all-purpose cleaning spray



Join Archbishop Etienne for the
Mass for the Closing
of the Jubilee Year

Pilgrims of Hope

December 28 | 10am
St. James Cathedral



Check out the December/January issue

Waiting in
joyful hope

Our role in vocations
Beyond food and shelter
Preparing our hearts for Jesus

READ

nwcatholic.org/magazine

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

English Retreat - Friday, March 6 - Sunday, March 8, 2026

Spanish Retreat - Please call either of our confidential ministry numbers for information.

To leave a confidential message please call:
English: (206) 920-6413, Spanish: (206)-450-7814 Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel Project Rachel is a program of Catholic Community Services.

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 Parish/publications for weekly parish bulletins

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