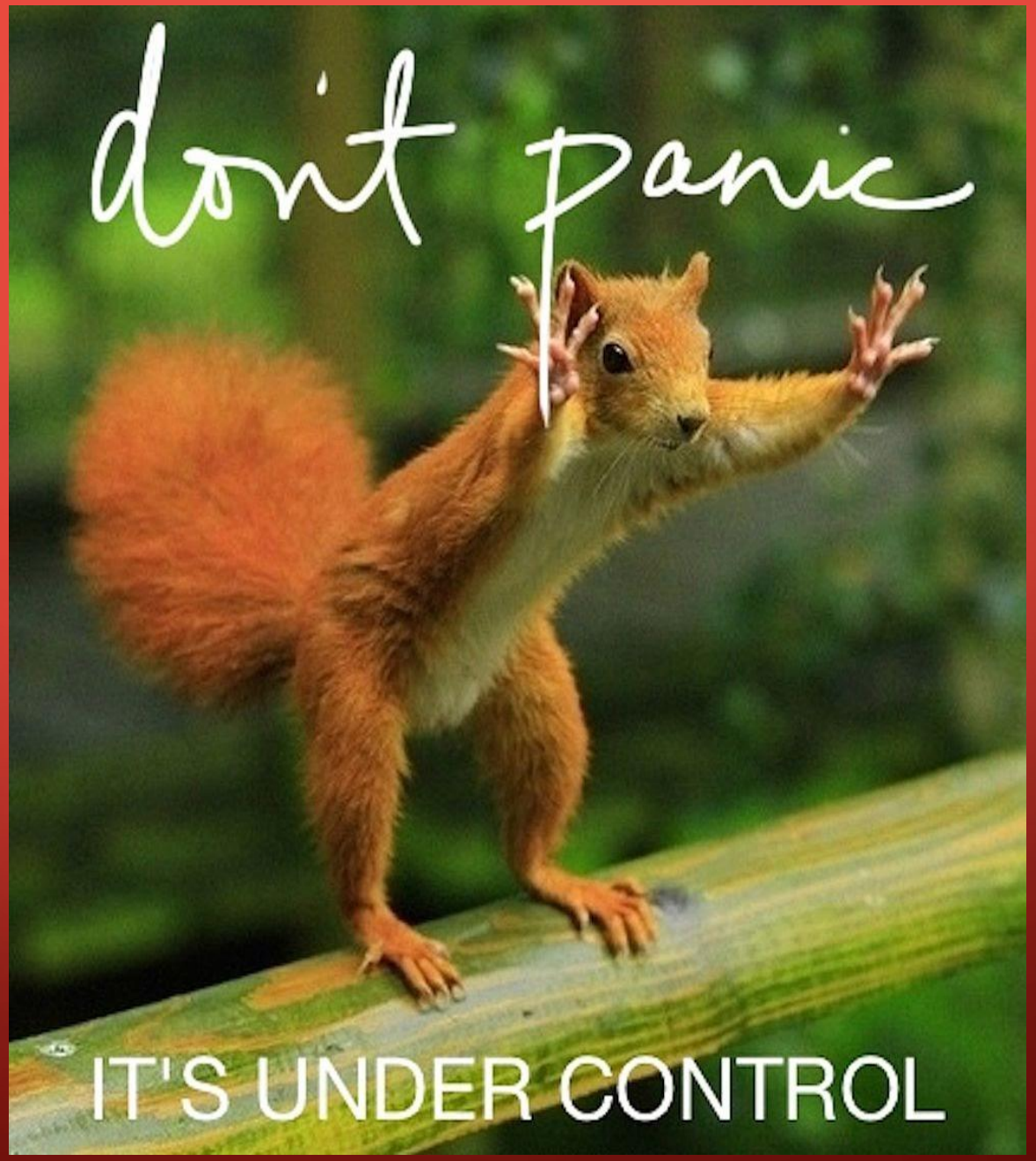
WELCOME CLASS OF 2029

TODAY'S AGENDA

- Scheduling process for picking your 10th grade classes
- Reviewing graduation requirements for high school
- Explaining the high school transcript
- Discussing planning for after high school
- Talking about Sophomore year and what to expect at the Senior HS


don't panic
IT'S UNDER CONTROL

SCHEDULING FOR YOUR 10TH GRADE CLASSES

- A Google Form – the Course Selections Worksheet – will be emailed to you at the end of December – this will show you the required classes you have to take and help you choose the elective classes you can decide to take
- Fill this out and return it to your counselor by Jan 7th. Be sure to click on SUBMIT!

Grade 10 Course Request Form

SCHEDULING FOR NEXT YEAR, CONTINUED

- Use the Secondary Program Course Guide to help you pick your classes – it has lots of info about the classes you can take in 10th grade, as well as information about graduation requirements and information about advanced programs and vocational programs that you can take later on in HS

  Secondary Program Course Guide

- Your counselor will schedule individual meetings with students from January 7th until February 13th to discuss your course requests for next year – parents can attend through Google Meet if they'd like. At this time we'll also review your transcript and current grades, talk about your future career/college plans, and work on a graduation plan for HS

SCHEDULING FOR NEXT YEAR, CONTINUED

- In early March, your course requests will be available for you to see in SchoolTool – at this point you'll have a week to let your counselor know if you want to make any changes. Please make sure the course requests are accurate!
- March 4th is the last day to make any changes to your course requests (we may be able to make some changes later in the spring)

TIPS FOR PREPARING FOR YOUR MEETING WITH YOUR COUNSELOR

- Think about your college and career goals (review any surveys you've done in Naviance or in Home and Careers class). Look for electives that have something to do with your long term career goals
- Look through the Secondary Program Course Guide on the district website for your grade level and review the required courses you must take and the elective classes you can choose to take
- Fill out the Course Selection Worksheet that your counselor will email to you and send it back by January 7th
- Make sure you provide a couple back-up electives in case you don't get your first choice. Do your best to pick the classes you want – it can be hard to make changes later on in the spring or summer. If any classes you want are closed out or canceled, we'll use your back-up selections to fill in your schedule
- Plan on taking a Music or Art class if you have not done so already – also plan on taking Health in 10th grade

REQUIRED COURSES FOR 10TH GRADE

- ELA 10 Regents ***or*** Honors (one credit)
- Global History 10 ***or*** AP World History (one credit)
- Geometry ***or*** Algebra II (one credit) - students in HSMP will take Algebra I
- Science class refer to page 45 in the Secondary Program Course Guide

  (Most students will take Chemistry ***or*** Physics)
- Physical Education (half credit)

ELECTIVE COURSES FOR 10TH GRADE

- There are too many electives to list! Look in the Secondary Program Course Guide starting on page 34. When looking up courses in the catalogue, be sure to pay attention to 1.) the grades the class is open to, and 2.) what prerequisite classes are required. The electives include classes in:
  - Art
  - Music
  - Technology
  - Business
  - Health
  - LOTE
  - Extra classes in ELA, Math, and Science

- Theater, Cinematic Literacy, Creative Writing
- Death and Dying, Women's Health & Wellness, Child & Adult Development
- Entertainment Marketing, Sports Management, Business Law
- Ceramics, Jewelry & Metal Crafts, Fashion Design and Illustration, Interior Design
- Piano in Our Lives, RH Singers
- Food Science, Forensic Science, Principles of Biomedical Science (PLTW)
- Engine Operation and Maintenance, Computer Programming, Wood Tech, Metal Tech, Advanced Robotics, Intro to Engineering Design (PLTW)
- AP Computer Science Principles

GRADUATION REQUIREMENTS (COURSES/CREDITS)

	Regents	Regents w/ Advanced Designation
ELA	**4**	**4**
Social Studies	**4**	**4**
Math	**3**	**3**
Science	**3**	**3*** (One credit must be Living Environment)
LOTE	**1**	**3**** (May substitute 5 credits in Art, Music, Business, or Technology or EMCC)
Music or Art	**1**	**1**
Health	**.5**	**.5**
PE	2.0	2.0
Electives	**3.5**	**1.5**
TOTAL	**22**	**22**

GRADUATION REQUIREMENTS (REGENTS EXAMS)

	Regents	Regents w/ Adv. Designation
English	1: ELA Exam	1: ELA Exam
Social Studies	2: Global History & US History	2: Global History & US History
Math	1: Algebra *or* Geometry *or* Algebra II	3: Algebra, Geometry, & Algebra 2/Trig
Science	1: Earth Science *or* Living Environment, Chemistry or Physics	2: Living Environment & either Earth Science, Chemistry *or* Physics
LOTE	Proficiency Exam	1: LOTE Regents
TOTAL	**6**	**9**

HIGH SCHOOL TRANSCRIPT

- This is a *PERMANENT* record of *EVERY* high school class you take from 8th grade until the end of 12th grade! It shows the grade you earned in the class and how many credits you earned for the class
- It also lists *EVERY* Regents exam you take and the grade for that exam
- It is used to calculate your GPA in high school
- It will be sent to colleges, employers, apprenticeships (and is also used by many scholarship boards) when you apply in the fall of your senior year
- The better your grades are, the better your chances of getting in the college or job of your dreams!
- Your transcript will also show any honors, AP, or college classes you take in HS, as well as show your NCAA eligibility for college sports

Rush-Henrietta Senior High School

1799 Lehigh Station Road
Henrietta, NY 14467
(585) 359-5220

Student Name:
Parent/Guardian Name:
Home Address:

Student #:
Birth Date:
Class of: 2022
Counselor: Erika Chapman

Year	Grade	Course	Local Exam	Final Avg.	Credit
2017-2018	8	Algebra I		90	1.00
W Avg. for Yr. **94.13**		Earth Science R		93	1.00
UW Avg. for Yr. **94.13**		Spanish I-7/8		95	1.00
Earned Credits: **4.00**		Entrepreneurship		100	0.50
		STEAM 8		97	0.50
2018-2019	9	English 9R		97	1.00
W Avg. for Yr. **93.73**		World History Pre-AP		91	1.00
UW Avg. for Yr. **92.40**		Geometry R		85	1.00
Earned Credits: **7.50**		Biology R		92	1.00
		Prin of BioMed Sci		86	1.00
		Spanish II	90	92	1.00
		Concert Chorus 9		100	0.50
		The Teenage Brain		100	0.50
		Phys Ed 9 S1		100	0.25
		Phys Ed 9 S2		100	0.25
2019-2020	10	English 10R		96	1.00
W Avg. for Yr. **92.83**		AP World History		92	1.00
UW Avg. for Yr. **91.45**		Algebra II		89	1.00
Earned Credits: **7.50**		Chemistry R		87	1.00
		Human Body Systems		87	1.00
		Spanish III		90	1.00
		RH Singers		97	1.00
		Phys Ed S1		100	0.25
		Phys Ed S2		P	0.25
2020-2021 SS	11	High School Health		96	0.50
2020-2021	11	English 11R		96	1.00
W Avg. for Yr. **95.03**		AP US History		82	1.00
UW Avg. for Yr. **92.81**		Criminal Law		96	0.50
Earned Credits: **9.00**		AP Psychology		85	1.00
		Pre-Calculus	93	94	1.00
		Physics R		89	1.00
		Child/Adult Dev		97	1.00
		RH Singers		98	1.00
		Spectrum Singers		97	0.50
		Phys Ed S1		99	0.25
		Phys Ed S2		100	0.25

SECONDARY SCHOOL TRANSCRIPT 9-12
THIS SCHOOL IS ACCREDITED BY THE NEW YORK STATE BOARD OF REGENTS
CEEB: 332340

Transcript Notations
Passing Grade = 65

AP = Advanced Placement	EX = Exempt
R = Regents/College Preparatory	P = Pass
H = Honors	F = Fail
L = Local	W = Withdrew
INC = Incomplete	MED = Medical
AUD = Audit	SS = Summer School
* = Course Taken Out Of District	PL = Placement Level

Description of Weighting
Advanced Placement = 10 percentage points
College = 10 percentage points
Honors/PreAP = 5 percentage points

Graduation Date: _____

Diploma/Credential Type:
_____

Withdrawal Date: _____

Regents Exam Scores

Exam	Score	PL	Date
Check Point A Spanish	98		6/2018
Regents Common Core Examination in Algebra I	87	5	6/2018
Regents Physical Setting/Earth Science	88		6/2018
Regents Common Core Examination in Geometry	85	5	6/2019
Regents Living Environment	91		6/2019
Check Point B Spanish		E	6/2020
New Framework Regents Examination in Global History and Geography II - Grade 10		E	6/2020
Regents Common Core Examination in Algebra II		E	6/2020
Regents Physical Setting/Chemistry		E	6/2020
Regents Common Core Examination in English Language Arts		E	6/2021
Regents Physical Setting/Physics		E	6/2021
Regents U.S. History & Government (Framework)		E	6/2021

Cumulative Credits: **28.00**
Cumulative W Avg: **94.09**
Cumulative UW Avg: **92.59**

Current UW Avg. is in decile # 3
Total Students: 313

WHAT DO YOU WANT TO DO AFTER HIGH SCHOOL?

1. Who Am I?

Interests, Skills & Values

- What do I like and dislike? (Interests)
- What do I do well? (Skills)
- What will make me happy in a job? (Values)

Careers?

2. Where do I want to go?

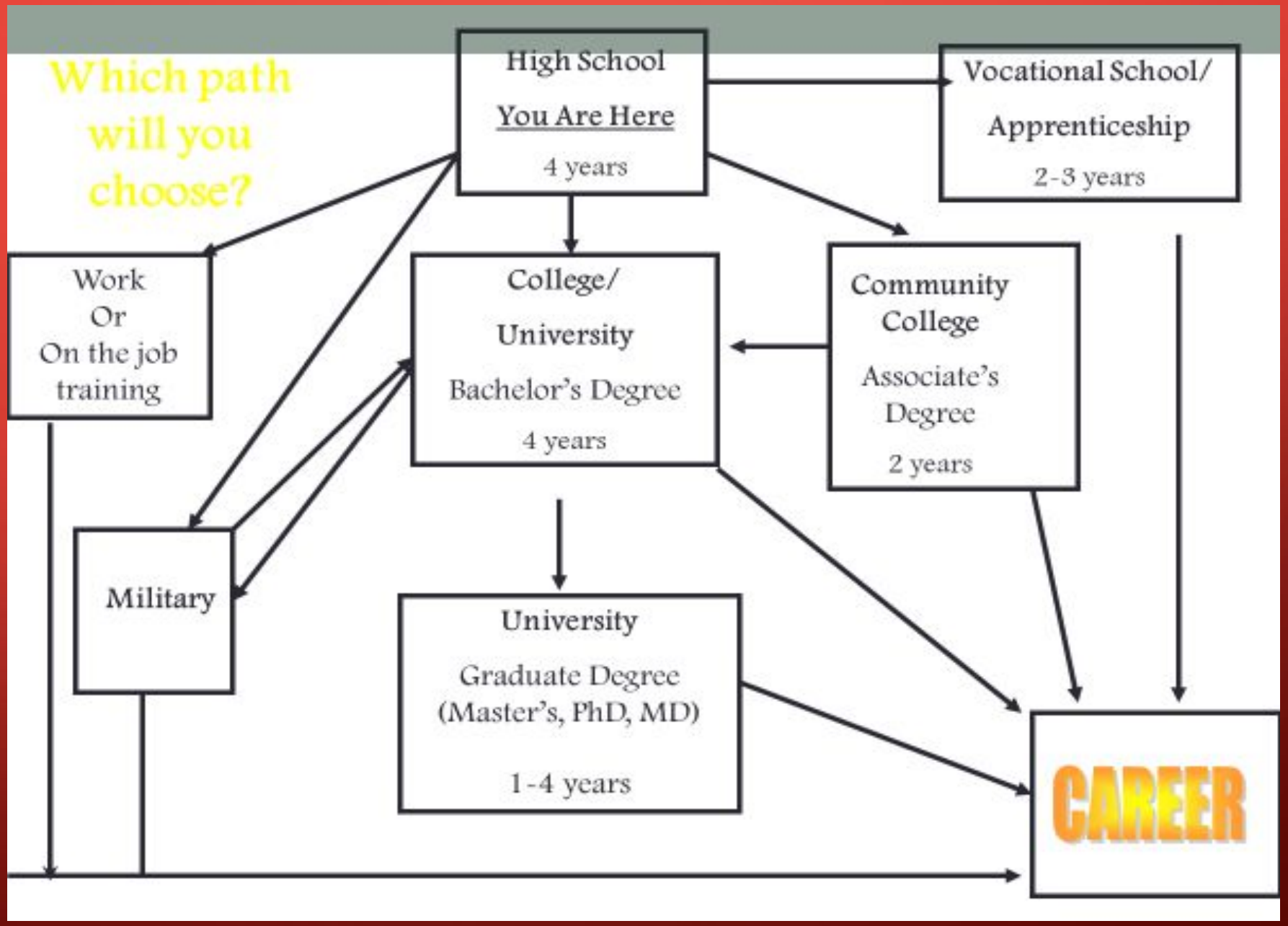
Life After High School

- There are many options – apprenticeships, career/technical schools, employment, military opportunities, colleges and universities. *It's important to choose an option that fits you.*

3. How will I get there?

Academic Plan (Classes)

All good roads to your future go through high school.


Which path will you choose?
High School
You Are Here
4 years
Vocational School/
Apprenticeship
2-3 years
Work
Or
On the job training
College/
University
Bachelor's Degree
4 years
Community College
Associate's Degree
2 years
Military
University
Graduate Degree
(Master's, PhD, MD)
1-4 years
CAREER

Average Salaries - for 25-34 year olds

No HS degree: $29,800

HS degree: $42,590

Associate's degree (2-year college, like MCC): $44,100

Bachelor's degree (4-year college): $59,600

Master's degree (2-3 years more college): $69,700

- From the US Bureau of Labor Statistics

WHAT DO COLLEGES LOOK AT?

- Academic Record (HS Transcript)
- Course Selection
- Rank in Class
- Standardized Test Scores (SATs/ACTs)
- Extracurricular Activities (Sports, Music, Clubs)
- Recommendation Letters
- College Essay
- College Interview
- College Application Itself

NAVIANCE

- Naviance is a web-based program that provides our students and families in grades 6-12 with resources in career development and college planning
- Naviance allows you to:
  - Explore career interests through multiple career interest profilers, personality type inventories, and learning style assessors
  - Receive access to comprehensive college, career, and scholarship information
  - Receive important news about college visits, college fairs, and college and career related events
  - Help you create and update an activities resume
  - Apply to college online
- Naviance Student

SOPHOMORE YEAR!!!!

- 10th graders have their lockers housed together
- Schedule is ABCD days with eight 42-minute blocks
- Half hour advisory block at the end of the day
- Five minutes passing time
- The Senior High School is a bigger building (1500 students)
- Share classes and lunch with upper classmen
- More courses and programs to choose from

OPPORTUNITIES TO TAKE ADVANTAGE OF IN HS

- Dual Credit Courses (MCC/RIT) – Project Lead the Way (IED, Principles of Biomed Science)
- Advanced Placement (AP) Courses – In Science, Social Studies, ELA, Math, Art
- After completion of 10th grade – UofR/RIT Courses (Taste of College Program) – Provides R-H students the opportunity to take tuition-free college classes!
- EMCC Program – Career and Technical Education Courses at the Foreman Center in Fairport in 11th and 12 grade (Welding, Culinary Arts, Construction Trades, Cosmetology, Auto Trades, Collision Repair, Health Careers, Electrical, Computer Networking and more!)
- Sports, Clubs, Activities

TRANSITION ACTIVITIES

- Presentation by your HS Counselors and Assistant Principals in the spring
- LINK Crew Orientation in August
- Schedules will be available in the middle-end of August
- Once you get your schedule you can go to the HS to set up your locker and walk your schedule

COUNSELING CENTER SUPPORT FOR 10TH GRADERS

- School Counselors
  - Ms Tabone
  - Ms Kinsman
  - Ms Martzloff
  - Ms Chapman
  - Ms Allen
  - Ms Wallace
- Social Workers
  - Mr Elphick
  - Mrs Hargrave
  - Mr Swiatek
- School Psychologists
  - Mr Ditterline and Ms Flick

COLLEGE AND CAREER CENTER

- Where you can find the latest information on college fairs, campus visits, scholarships, workshops, and college and career related opportunities
- There is a lending library with hundreds of items to assist families in career planning, college selection and admission, financial aid, scholarships, test preparation, and more!
- Choose from an extensive selection of books, DVDs, magazines, pamphlets, brochures, and flyers
- Information is available on exploring programs, apprenticeships, job shadowing and internships

SENIOR HS SCHEDULE

Rush-Henrietta Senior High School

Effective as of 12/11/2024

Student: **Student ID:** **Grade: 10** **Homeroom:**

Locker: **Combo:** **Counselor:** Tabone

Semester: Semester 1

	A	B	C	D
Period 1 Time 7:35 - 8:17	Chemistry R Esler(B 212)	Chemistry R Esler(B 212)	Chemistry R Esler(B 212)	Chemistry R Esler(B 212)
Period 2 Time 8:22 - 9:04	Study Hall Morgan(B 121)	Phys Ed S1 Rotola(Gym)	Lab Chemistry R Esler(B 212)	Phys Ed S1 Rotola(Gym)
Period 3 Time 9:09 - 9:51	Glob Hist/Geog 10R Shepanski (A 110)	Glob Hist/Geog 10R Shepanski (A 110)	Glob Hist/Geog 10R Shepanski (A 110)	Glob Hist/Geog 10R Shepanski (A 110)
Period 4 Time 9:56 - 10:38	ASL III Van Bramer(A 201)	ASL III Van Bramer(A 201)	ASL III Van Bramer(A 201)	ASL III Van Bramer(A 201)
Period 5.1 Time 10:43 - 11:25	Geometry R Pauly(B 115)	Geometry R Pauly(B 115)	Geometry R Pauly(B 115)	Geometry R Pauly(B 115)
Period 6.1 Time 11:30 - 12:12	Study Hall Morris(A 109)	Study Hall Morris(A 109)	Study Hall Morris(A 109)	Study Hall Morris(A 109)
Period Lunch3 Time 12:13 - 12:43	Lunch (CAFE)	Lunch (CAFE)	Lunch (CAFE)	Lunch (CAFE)
Period 7 Time 12:46 - 1:28	Death and Dying Daley(A 214)	Death and Dying Daley(A 214)	Death and Dying Daley(A 214)	Death and Dying Daley(A 214)
Period 8 Time 1:33 - 2:15	English 10R McKnight /(A 103)	English 10R McKnight /(A 103)	English 10R McKnight /(A 103)	English 10R McKnight /(A 103)
Period Advis Time 2:20 - 2:50	Advisory Esler(B 212)	Advisory Esler(B 212)	Advisory Esler(B 212)	Advisory Esler(B 212)

QUESTIONS?????

RUSH-HENRIETTA
SENIOR HIGH SCHOOL
James E. Sperry Building
3
MAIN
ENTRANCE
NO PARKING FIRE ZONE
Rush-Henrietta
#1 School District in Monroe County!