

**Monadnock Regional School District
Education/Technology Meeting Minutes
December 3, 2025
SAU Conference Building, Swanzey, NH**

Members Present: Hannah Blood, Rachel Vogt, Gina Carraro and Edmond LaPlante.

Also Present: L. Aivaliotis, Recording Secretary.

1. **Call the Meeting to Order:** H. Blood called the meeting to order at 6:00 PM.

2. **Public Comments:** There were no public comments.

3. **Approval of the November 5, 2025 Ed/Tech Committee Meeting Minutes.**

MOTION: R. Vogt **MOVED** to approve the November 5, 2025 Meeting Minutes as presented.

SECOND: H. Blood **VOTE:** Unanimous for those present. **Motion passes.**

4. **Nutrition Philosophies/Operational Standard to work through:**

a. **Review of feedback from Beth Cox (questions from the committee):** H. Blood explained that Beth Cox had been invited to the meeting but was not able to attend but did respond to the committee's questions. R. Vogt asked how educated the nutrition staff are. Do they know that the students must take 3 out of the 5 items offered? The committee asked a question about the vending machines. B. Cox explained that the items in the vending machines are Smart Snack certified and are stocked in house. **G. Carraro arrives.** It was asked if the food program was in house or contracted. The program is in house. The Troy lunches are from Emerson while the renovations are going on. There are hot meals and multiple choices. The committee asked about the unused food. The Nutrition Staff uses safety protocols. The unused food may be offered on Friday. Beth Cox mentioned a share table. R. Vogt would like to hear more about the share table. R. Vogt suggested giving the unused food to athletes or students in clubs that meet after school. H. Blood would like to review the items in the vending machine. She would like to visit. The committee wondered how the menus were made. Beth Cox said that they use the previous records and USDA guidelines. The most popular items are salads. There are always 5 lunch options. G. Carraro asked what kind of lettuce and bread are used and maybe change it to a healthier alternative. R. Vogt suggested a survey to see what the students like. H. Blood commented that there may definitely be a lack of manpower to do new menu items. R. Vogt suggested students through the ELO working in the kitchen. G. Carraro looked up private schools and there is student participation in coming up with the menus. E. LaPlante suggested a chef come and show the students what is nutritional to eat. G. Carraro would encourage anything to do with educating students. It was asked if there are any resources to do education based lessons. H. Blood explained that the Nutrition Staff are following the USDA guidelines and the Smart Snacks, we are saying it is not where it should be, what changes are we recommending. The committee asked about the current budget and B. Cox said the program is self-sufficient. R. Vogt asked if the students could access the fruit on the trees. It was mentioned that there is a grant that allows the elementary schools to receive fruits and vegetables as an afternoon snack. H. Blood suggested a little homework on what other districts offer. R. Vogt would suggest

students grow vegetables to offset the cost and buy more nutritional foods. G. Carraro does not believe that the meals are the highest quality with the resources they have. She feels that there is a better bread option. H. Blood asked what the goal of this committee is. R. Vogt would like to know what they are purchasing. She would like to review the order sheet and look for alternatives. H. Blood commented that they are hitting the standards but the committee would like to know the ingredients. G. Carraro read the KHS menu and she said it sounds better than Monadnock's. It seems healthier. It was commented that we need to provide foods that students get excited about. H. Blood asked if the philosophy is in line with what we necessarily say that we do. R. Vogt would like access to the budget and we can offer alternatives for some of the food. She would be more than happy to get the kids involved. She has spoken to Mr. Naso and he will incorporate it in the classrooms. Take the kids from ISS and detention and put them to work in the gardens. H. Blood commented that the growing season is when kids are not in school. G. Carraro said that the Conval menu is healthier and read the menu to the committee. It all sounds good. It could be marketing. H. Blood commented that the program is not where it should be but they are doing the best they can. People are working hard. It was suggested to have a survey for the parents and students and a suggestion box. G. Carraro said that KHS has the best menu by far and they break down the nutrient value of the meals.

The committee would like to receive feedback from the families and students regarding the food program. They would like the students to be educated regarding the nutrient value of the food. The committee would like more options for the meals. They would like to have someone come and speak regarding the nutrient value of the meals. The committee would like to know the ingredients of the meals. R. Vogt would like to review the ordering sheets and she will do the research. The committee would like to know the vending machine items. The committee would like to dig deeper with B. Cox and the Nutrient Program. H. Blood would like to discuss this with S. Peters to see if we are on track. At some point we need to figure out what to do to make changes. It was asked if we can do better without stepping on feet.

5. Review Highlighted DOE Report Card and Internal Assessments Metrics prior to passing off to the Administration for "Blessing": The committee would like to discuss the DOE Report Card when L. Spencer is in attendance.

6. Assignments and Agenda for Next Meeting December 30, 2025, January 20, 2026 and February 3, 2026.

7. Public Comments: There were no public comments.

8. Motion to adjourn: MOTION: G. Carraro **MOVED** to adjourn the meeting at 7:32 PM. **SECOND:** E. LaPlante **VOTE:** Unanimous for those present. **Motion passes.**

Respectfully submitted,

Laura L. Aivaliotis
Recording Secretary