School Health Advisory Council

SHAC Meeting

December 10, 2025

CALL TO ORDER

Time	Topic	Presenters
5 minutes	Call Meeting to Order Welcome & Introductions	Lakesha Mitchell, SHAC Chair
3 minutes	Review of Minutes from October 8, 2025	Jamille Hall, Secretary
25 minutes	Review of Wellness Plan	Crystal Esquivel Director Nutrition Services Maelene Grant, Director of Nursing
20 minutes	Panther Pantry	Veronica Zamarripa Parent Community Liaison
15 minutes	Safety and Security Updates	Stephen Geron Chief of Police
15 minutes	Child Nutrition Meals Program	Crystal Esquivel Director Nutrition Services
5 minutes	Adjournment	Lakesha Mitchell, SHAC Chair

SHAC Agenda - December 10, 2025- 4:30-6:00

Review of Minutes
10.8.25

Review of Wellness Plan

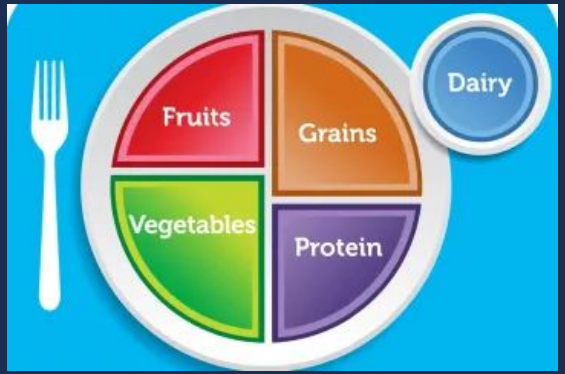
Crystal Esquivel and Maelene Grant

FFA- Wellness Policy

Duncanville ISD wellness plan shall follow applicable state and federal nutritional guidelines that advance student health and shall promote general wellness of all students through nutrition education, physical activity, and other school-based activities. FFA Legal

Duncanville ISD Wellness Plan

- Promotes students wellness
- Prevents and reduces childhood obesity
- Provides nutrition education materials



Wellness Plan Comparison

Review Current Wellness Plan

- Each campus principal is responsible for implementation of FFA (LOCAL) and this wellness plan at his or her campus.
- At least every three years, the district must perform a "triennial assessment" to measure the goals of the wellness policy and to determine the progress of towards meeting the goals of the wellness policy.
- The District has chosen the SHAC to review, develop and implement nutrition and wellness goals as required by federal law.

Wellness Plan Comparison

Revised Wellness Plan

Comparison Questions

- What changes were made?
- Does the updated plan reflect best practices?
- Are goals clear and measurable?
- Does the updated plan address required components?

Required Components

- Nutrition Education
- Physical Education
- Mental Health Education
- Health Education
- Substance Abuse Education
- Physical Education
- Staff Wellness

Monitoring and Implementation

The School Health Advisory Committee shall help Duncanville ISD oversee this administrative regulation and periodically review the implementation of the wellness regulation with input from: Health Services, Child Nutrition, Counseling Services and the Athletic/Physical Education Department. The campus administration shall be responsible for implementation.

Health Services

- **Provide CPR and AED training to staff**
- **Provide basic medical training to staff in the event of a medical emergency and the nurse is not on campus**

Child Nutrition

- **Provide nutritional information on breakfast and lunch menus**
- **Ensure all menus are posted online**



Panther Pantry

Veronica Zamarripa, Parent Community Liaison



Panther Pantry

ABOUT US

The Panther Pantry is operated by the Duncanville ISD Family and Community Liaison. The Panther Pantry provides food, clothing, hygiene products, and school supplies to students and families in emergency situations and experiencing financial struggles.

TO RECEIVE

Click Here for Sign Up Form or Scan the QR Code

for Duncanville ISD students and staff while supplies last

FOOD

Non-perishable food
School break food giveaways

CLOTHING

Clothes and shoes for all sizes of school-aged children (PK - 12th grade)

HYGIENE PRODUCTS AND PERSONAL CARE ITEMS

SCHOOL SUPPLIES

TO DONATE

amzn.to/45qh5Zc
or Click Here

Donations are greatly appreciated to help keep the Panther Pantry open.

Gently used clothes for children size 4 through teen clothing sizes are welcome. However, new clothing and shoes are preferred. The Amazon Wish List can be used as a reference for ideas of what is needed.

Panther Pantry Partnerships:

It is through the generosity of the following organizations and the many private donors that we are able to meet the needs of our families.

Duncanville Rotary Club

SW DARSE

Bodega Provisions

Holy Spirit Catholic Church

Knick Knacks of Duncanville

Duncanville Outreach Ministry

Acton Elementary

Hastings Elementary

First United Methodist Church

Proforma A_Z Specialties

International Paper of Grand Prairie

ATMOS ENERGY

Duncanville Lions Club

First Christian Church/ Jim Lackey Outreach

Duncanville Board of Trustees

Renewing Faith Bible Church

The United Way

Duncanville Media Center

Byrd Middle School

Epsilon Sigma Alpha Theta PI Chapter

Merrifield Elementary Student Council

THE CODE RED PROJECT / DUNCANVILLE HIGH SCHOOL

A VERY SPECIAL THANK YOU TO THE MANY INDIVIDUALS WHO WROTE WORDS OF ENCOURAGEMENTS CARDS FOR EACH PARENT THAT VISITS THE PANTRY

Safety and Security Updates

Max Geron, Chief of Police

Police Staffing Plan

2025-2026 Budget Year

Chief of Police
Deputy Chief of Police
Sergeant
Police Officer
Police Officer
Police Officer
Police Officer
Police Officer (Vacant)
Police Officer (Vacant)

Currently have 1 finalist for Police Officer and are processing additional applications.

Security Coordinator
Level II Security Supervisor
Level II Security Lead
Level II Security Officer
Level II Security Officer
Level II Security Officer
Level II Security Officer
Level II Security Officer
Level II Security Officer
Level II Security Officer
Level II Security Officer
Level II Security Officer
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Level II Security Officer

Police Staffing Plan

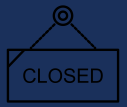
2026-2027 Budget Year

Chief of Police
Deputy Chief of Police
Sergeant
Police Officer
Police Officer
Police Officer
Police Officer
Police Officer (Vacant)
Police Officer (Vacant)
Police Officer (New)
Police Officer (New)

2 new Police Officer Positions

7 new Level III Security Officer "School Marshal" Positions

Security Coordinator
Security Supervisor
Level III Armed Security
Level III Armed Security
Level III Armed Security
Level III Armed Security
Level III Armed Security
Level III Armed Security
Level II Security Lead
Level III Armed Security
Level II Security Officer
Level II Security Officer
Level II Security Officer
Level II Security Officer
Level II Security Officer



Police Staffing Plan

2027-2028 Budget Year

Chief of Police
Deputy Chief of Police
Sergeant
Police Officer
Police Officer
Police Officer
Police Officer
Sergeant (NEW)
Police Officer
Police Officer
Police Officer
Police Officer
Police Officer (New)

2 new Police Officer Positions

7 new Level III Armed Security Officer Positions for a total of 14 Armed Security Positions

	2027-2028 Security Staffing Positions
	Security Coordinator
Squad 1	Security Supervisor
	Level III Armed Security
	Level III Armed Security
	Level III Armed Security
	Level III Armed Security
	Level III Armed Security
	Level III Armed Security
Squad 2	Level II Security Supevisor
	Level III Armed Security
	Level III Armed Security
	Level III Armed Security
	Level III Armed Security
	Level III Armed Security
	Level III Armed Security
Squad 3	Level II Security Supervisor
	Level III Armed Security
	Level III Armed Security
	Level II Security Officer
	Level II Security Officer
	Level II Security Officer
	Level II Security Officer

Investments in Technology

LEXIPOL

Policy management, issuance, and tracking platform



Adding security cameras over Christmas break. Recently installed new servers and upgraded cameras through much of the district.



Adding radios and mobile computers to squad cars. Will enable field reporting, mobile camera access and improved communications.

Child Nutrition Meals Program

Crystal Esquivel, Director Nutrition Services

Duncanville ISD Participates In:

- School Breakfast Program
- National School Lunch Program
- After School Snack Program
- Summer Feeding Program: Seamless Summer Option

School Breakfast Program

- Students must take 3 items at breakfast, 1 must be a fruit or 100% fruit juice
- Limit on added sugars on cereal, yogurt, and flavored milk
- All students can receive a free breakfast: No application is required

Meal Pattern Chart - Nutrition Standards for **School Breakfast Program**

Minimum Amount of Each Food Component Per Week (Minimum Offering Per Day)

Pre-Kindergarten (Pre-K) Daily		
Meal Pattern Components	**Age 1–2**	**Age 3–5**
Milk: Unflavored Age 1–2, whole milk Age 3–5, 1 percent low fat or fat free	(½) cup	(¾) cup
Fruits and Vegetables	(¼) cup	(½) cup
Grains: Whole Grain-Rich or Enriched		
Bread Product: (e.g., biscuit, roll, muffin)	(0.5) oz eq	
Cooked Breakfast Cereal, Cereal Grain, Pasta	(0.5) oz eq	
Ready-To-Eat Breakfast - Cereal, Dry or Cold Flakes or Rounds Puffed Cereal Granola	(0.5) oz eq (0.7) oz eq (0.2) oz eq	

School Age Daily and Weekly				
Meal Pattern Components	**Grades K–5**	**Grades 6–8**	**Grades 9–12**	**Grades K–12**
Milk[1] Unflavored or flavored fat free or unflavored 1 percent low fat	5 (1) cups	5 (1) cups	5 (1) cups	5 (1) cups
Fruits and Vegetables[2]	5 (1) cups	5 (1) cups	5 (1) cups	5 (1) cups
Grains: Whole Grain-Rich	7.0–10.0 (1.0) oz eq	8.0–10.0 (1.0) oz eq	9.0–10.0 (1.0) oz eq	9.0–10.0 (1.0) oz eq
Nutrient Specifications: Daily Amount Based on Averages 5-Day Week				
Min.–Max. Calories (kcal)	350–500	400–550	450–600	450–500
Saturated Fat % of total calories	< 10	< 10	< 10	< 10
Sodium Target (mg)	T2 ≤ 485 mg	T2 ≤ 535 mg	T2 ≤ 570 mg	T2 ≤ 485 mg
Trans Fat	Product nutrition label/manufacturer specification must indicate 0 grams of trans fat per serving.			

National School Lunch Program

- Foods are categorized by components
  - Grains, Meats, Fruit, Vegetable, Milk
- All components must be offered everyday at lunch
- Students must take 3 components, 1 must be ½ cup fruit or vegetable

National School Lunch Program

- All grains are whole grain rich
- Milk is fat free or low fat
- Meat/Meat Alternates offered daily
- Fruit offered with each lunch meal
- Weekly menus are analyzed for:
  - Calories
  - Saturated fat
  - Sodium
  - Added sugar (coming soon)

Meal Pattern Chart - Nutrition Standards for **National School Lunch Program**

Minimum Amount of Each Food Component Per Week (Minimum Offering Per Day)

Pre-Kindergarten (Pre-K) Daily		
Meal Pattern Components	**Age 1–2**	**Age 3–5**
Milk: Unflavored Age 1–2, whole milk Age 3–5, 1 percent low fat or fat free	(½) cup	(¾) cup
Fruits	(⅛) cup	(¼) cup
Vegetables	(⅛) cup	(¼) cup
Grains: Whole Grain-Rich or Enriched		
Bread product (e.g., biscuit, roll, or muffin)	(0.5) oz eq	
Cooked breakfast cereal, cereal grain, and/or pasta	(0.5) oz eq	
Meat/Meat Alternates		
Lean meat, poultry, or fish	(1.0) oz eq	(1.5) oz eq
Tofu, soy product, or alternate protein products	(1.0) oz eq	(1.5) oz eq
Cheese	(1.0) oz eq	(1.5) oz eq
Large egg	(1.0) oz eq	(1.5) oz eq
Cooked dry beans or peas	(0.5) oz eq	(0.75) oz eq
Peanut butter, soy nut butter, or other nut or seed butter	(1.1) oz eq	(1.7) oz eq
Yogurt, plain or flavored, unsweetened or sweetened	(4.0) oz eq	(6.0) oz eq
Peanuts, soy nuts, tree nuts, or seeds	(0.5) oz eq	(0.75) oz eq

School Age Daily and Weekly				
Meal Pattern Components	**Grades K–5**	**Grades 6–8**	**Grades K–8**	**Grades 9–12**
Milk[1] Unflavored or flavored fat free or unflavored 1 percent low fat	5 (1) cups	5 (1) cups	5 (1) cups	5 (1) cups
Fruits	2½ (½) cups	2½ (½) cups	2½ (½) cups	5 (1) cups
Vegetables	3¾ (¾) cups	3¾ (¾) cups	3¾ (¾) cups	5 (1) cups
Dark Greens	½ cup	½ cup	½ cup	½ cup
Red/Orange	¾ cup	¾ cup	¾ cup	1¼ cups
Beans/Peas (Legumes)	½ cup	½ cup	½ cup	½ cup
Starchy	½ cup	½ cup	½ cup	½ cup
Other	½ cup	½ cup	½ cup	¾ cup
Additional Vegetable	1 cup	1 cup	1 cup	1½ cups
Grains: Whole Grain-Rich	8.0–9.0 (1.0) oz eq	8.0–10.0 (1.0) oz eq	8.0–9.0 (1.0) oz eq	10.0–12.0 (2.0) oz eq
Meat/Meat Alternates	8–10 (1) oz eq	9–10 (1) oz eq	9–10 (1) oz eq	10–12 (2) oz eq
Nutrient Specifications: Daily Amount Based on Average 5-Day Week				
Min.–Max. Calories(kcal)	550–650	600–700	600–650	750–850
Saturated Fat % of total calories	< 10	< 10	< 10	< 10
Sodium Target (mg)	T2 ≤ 935 mg	T2 ≤ 1035 mg	T2 ≤ 935 mg	T2 ≤ 1080 mg
Trans Fat	Product nutrition label/manufacturer specification must indicate 0 grams of trans fat per serving.			

After School Snack Program

- Provide a snack at no charge for students participating in after school enrichment activities
  - Tutoring
  - School Clubs

Summer Feeding: Seamless Summer Option

- The Summer Meals Program ensures children have access to healthy food options.
- The summer feeding program provides meals at no cost to all children 18 years and younger.

Importance to Student Success

- Healthy meals help to improve student focus, attendance, and academic performance
- Help to ensure students have access to nutritious foods
- Encourage lifelong healthy eating habits
- 2024-25 School Year we served:
  - 311,916 breakfast meals
  - 1,028,291 lunch meals
  - 12,860 pounds of fresh baby carrots
  - 296,583 fresh apples

Wellness & Nutrition Education

- Nutrition Services supports the district's Wellness Policy
  - Offer Smart Snack compliant a la carte items
    - Low sodium, whole grain, low sugar
  - Taste Testing events with students
    - New recipes testing with students at the high school

Safety & Compliance

- Nutrition Services staff trained on food safety and allergen awareness
- Work closely with school nurses for student allergies
- SB3114: Removing Food Additives:
  - Red 3 and Red 40
  - Yellow 5 and Yellow 6
  - Blue 2

Duncanville ISD Nutrition Services

Thank you!
Questions?

NEXT SHAC MEETING

February 11, 2026

ADJOURNMENT

Lakesha Mitchell, SHAC Chair

THANK YOU FOR YOUR SERVICE AND SUPPORT TO DUNCANVILLE ISD!