



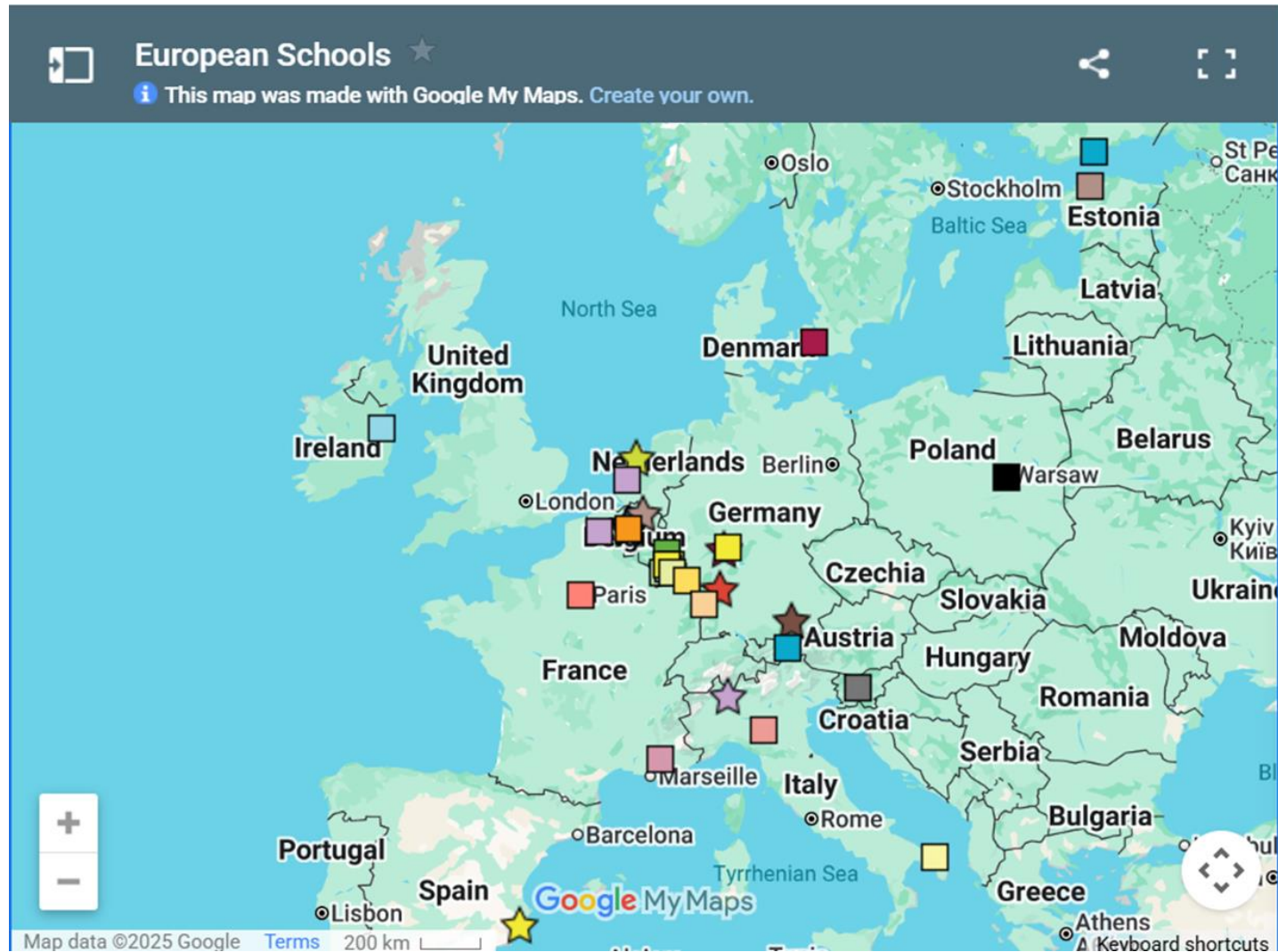
Student mobility in European Schools

<https://www.europeanschoolthehague.nl/secondary/student-mobility-programme>

09 December 2025



What is student mobility?



What is student mobility?

Students have the opportunity to attend another European school for a set period of time.

It gives students the chance to develop more intensively in many regards, e.g.

- **to improve their language skills**
- **to mature through experiencing a different educational and cultural environment**
- **experiencing life in a different family**

Step out of your comfort zone...

Take the change to

- Learn to be responsible for yourself
- Learn to manage time and money
- Learn to be apart from your parents
- Learn new rules and regulations at your new home and school
- ...
- Learn to cope with the unexpected



Mobility programme at ESH

We have been running this programme since 2016.

This year, we have sent 8 S4 students and 7 S5 students and hosted 5 S4 students and 8 S5 students.

10 schools were involved (Varese, Alicante, Brussels I, Brussels III, Munich, Helsinki, Strasbourg, Parma, Luxembourg, Bad Vilbel).

Students, parents and teachers appreciate the exchange programme and what it brings to all parties involved.

Exchange options

S4	S5
Option A: Semester 1 - between September and Autumn break	Semester 1 (September – December)
Option B: Semester 1 – September - December	

Some ground rules - subjects

- **Education comes first – there MUST be continuity at the host school. Therefore, we seek to find a host school that offers as much of the same subjects as possible, in as far as the hosting school offers the same package.**
- **Any subjects not taught at the hosting school must be studied independently during the stay abroad.**

Exchange students

have to be able to show that they can work independently and can catch up on any missed content during the exchange.

Some ground rules – grades S4 for 2 months

- If you have already taken a B-test in the host school, this grade will not count towards your annual C-grade at ESH. However, if your second B-test grade at ESH is unexpectedly lower, your teacher may consider the host school's B-test grade when determining your final C-grade. This is entirely at the teacher's discretion.
- If you take the first B-test at ESH, teachers have the discretion to upload this grade to SMS for the first semester. If this grade is not in your favor, then only the second B-test grade will be used for the C-grade.

Some ground rules – grades S4 and S5 for one semester

- **S4 and S5: both A- and B-marks obtained at hosting school will count at the student's own school.**
- **S4 and S5: For subjects not offered at the host school, we will count the 2nd semester marks double OR the student can sit the missed exam upon return to ESH (in consultation with the subject teacher and team leader).**

Some ground rules - costs

- You will pay the school fee *to your own school*. The hosting school and family may not charge you for your stay.
- In a non-mutual exchange, some schools (via the Parents Association) do ask for a fee for the host family. It is up to you to accept this or not.
- You may of course be invoiced for school trips etc. organised by the hosting school, if agreed on in advance.
- Hosting schools are not required to make any extra costs for guest students (i.e. Learning Support).

Choosing a top 3 of schools

- From 9th of December onwards use the link <https://forms.office.com/e/nbN97W4neC?origin=lprLink> to apply.
- Check the schools' websites to get familiar with different schools.
- Choose your top 3 schools for your exchange.
- Keep in mind that the exchange is an educational exchange and is about the experience of attending a different school and living with a different family – even if you have been to a country often, it is still different living there and going to school there!
- Even though you give us a top 3, an opportunity may arise to exchange with a school that is not on your list. If this is the case, please do not be too quick to deny, as it may be our only chance to make an exchange happen for you!

Choosing a top 3 of schools

You will find the updated list from 9th of December onwards on

<https://www.europeanschoolthehague.nl/secondary/student-mobility-programme>

S4 - 2 months: Limited exchange options

School	Language section
Munich (D)	DE, FR, EN, NL, IT
Manosque (F)	EN L2 FR
Saarland (D)	DE, EN
Strasbourg (F)	EN, FR, DE
Helsinki (FI)	EN, FR, FI L1DE etc. L2 EN, FR
Heraklion (Greece)	Greek, EN L2 EN, FR, DE
Luxembourg – Ecole Interna. Gaston Thorn	EN, FR, DE L1 en L3 PT
Tirol (A)	DE, EN L2 DE, EN

Sending procedure

1. After December 9, open <https://forms.office.com/e/nbN97W4neC?origin=lprLink> to the Microsoft Forms document (The form contains basic information about students: languages, options, motivation, contact details ...)
2. Complete the Mobility Application Form.
3. Print Form 3: Consent form for participation, <https://www.europeanschoolthehague.nl/secondary/exchange>
4. Both parents sign Form 3.
5. Send a scanned copy of Form 3 with the signatures to exchanges@eshthehague.nl
6. Send a motivation letter to exchanges@eshthehague.nl

until Monday 05 January 2026

Sending procedure

- **During class councils in first week of February the application needs to get approved. After approval the exchange coordinators will contact the school(s) of choice.**
- **We will keep you updated as much as possible. If a school rejects your child, we will contact the second and third choice school. As soon as a possible host family is found, we will put you in touch so you can touch base and decide if it feels right.**
- **Once the mobility is accepted by both, parents and schools, you will receive a “welcome letter” from the host school.**

Sending procedure

- The family doctor needs to complete the “Form 4: Health form”.
<https://www.europeanschoolthehague.nl/secondary/exchange>
Please scan and send the document to exchanges@eshthehague.nl.
- We aim to complete the entire procedure by the end of May, but sometimes we cannot give a definitive yes or no until June.
- In June we will hold a mandatory information session for students and parents. We will provide further information, talk about the students as ambassadors and give the opportunity to ask questions.

Sending procedure

- **Some schools have indicated they struggle with finding host families. Placement, even after approval from our school and the host school, therefore, is never guaranteed. Please bear this in mind when applying.**
- **Once you have filed your application, there is no way back, unless there are unforeseen circumstances (i.e. move to a different country). Please have a good conversation at home about this before applying.**

Hosting an exchange student

- **One golden rule: if you want to send, you must be willing to host. If you can't host, please share the reason for not hosting with the exchange coordinator.**
- **You can host a student even if you are not sending! We are always looking for families willing to just host.**
- **As a rule, exchanges are literally that: families 'swap' children for a set period of time.**
- **Often, it is more complicated than that...**
- **If you want to host, please fill in the host family form and send to exchanges@eshthehague.nl**

Hosting only without sending

- Please send an email to exchanges@eshthehague.nl.

Further questions?

Exchange coordinator:

Ms Theodora Joao & Ms Anabela Nicolau Marques

Email: exchanges@eshthehague.nl

Deadline for applying: Monday 05 January 2026



Thank you.

<https://www.europeanschoolthehague.nl/secondary/student-mobility-programme>

