




Middle School Menu

January-26

Monday	Tuesday	Wednesday	Thursday	Friday
				
5 "It's Back" Macaroni & Cheese W, M, Y, E 28 Tomatoes, Grape 10 Chickpeas 10 Mixed Berries Cup 20 Milk (assorted) 15	6 Chicken Tenders W, Y 16 Onion Rings M, W 28 Baked Beans 15 Apple Slices 8 Milk (assorted) 15	7 Cheese Ravioli W, M 29 Spaghetti Sauce 8 Sweet Corn 17 Cranberries, Dried 28 Milk (assorted) 15	8 Chicken Egg roll M, E, W, Y 20 &/or Potstickers W, Y, SS 11 Fried Rice W, Y, SS 17 Broccoli 2 Fresh Apple 22 Milk (assorted) 15	9 Cheese Bites M, W 28 Red Dipping Sauce 5 Cucumber Slices 0 Ranch Dressing M, E, Y 2 Orange 21 Milk (assorted) 15
12 French Toast Sticks E, M, Y, \ 26 Pancake Syrup 30 Cheese, String M 3 Tater Rounds Y 19 Chickpeas 10 Applesauce 14 Milk (assorted) 15	13 Mini Pizza Bagels W, Y, M 24 Smiley Potatoes Y 25 Cherry Tomatoes 2 Orange Wedges 21 Milk (assorted) 15	14 Baked Spaghetti w/meat sauce \ 31 Edamame Y 3 Cranberries, Dried 27 Milk (assorted) 15	15 BBQ Pulled Chicken W, Y 47 Fresh Spinach Salad Y 4 Cherry Tomatoes 2 Fresh Apple 22 Milk (assorted) 15	16 Big Daddy Cheese Pizza M, \ 28 Sliced Green Peppers 3 Zucchini Slices 1 Banana 27 Milk (assorted) 15
19 	20 Grilled Cheese M, Y, W, SS 30 Green Beans 6 Tomato Soup W 18 Mixed Fruit 16 Milk (assorted) 15	21 "NEW" Turkey 1 Cheese, American M, Y 1 Slammer Rolls W, Y 34 Cucumber Slices 0 Sweet Corn 8 Orange Juice 13 Milk (assorted) 15	22 Corn Dog Nuggets E, M, Y, W 26 French Fries Y 16 Black Bean Salsa 16 Fruit Slushie BR 22 Milk (assorted) 15	23 Bosco Sticks M, W 34 Red Dipping Sauce 5 Celery Sticks 3 Mandarin Oranges 20 Milk (assorted) 15
26 Cheese Sticks M, W, Y 31 Red Dipping Sauce 5 Cucumber Slices 0 Ranch Dressing M, E, Y 2 Chilled Pears 15 Milk (assorted) 15	27 Mini French Toast W, Y, E, M 37 Pancake Syrup 30 Diced Ham 0 Carrot Baby 6 Black Beans 10 Mandarin Oranges 20 Milk (assorted) 15	28 Popcorn Chicken, Y W 14 Smiley Potatoes Y 25 Sweet Corn 8 Peaches, Sliced 14 Milk (assorted) 15	29 Orange Chicken W, Y, E, 19 Rice 37 Edamame Y 3 Carrot Baby 6 Applesauce 22 Milk (assorted) 15	30 Big Daddy Cheese Pizza M, \ 28 Broccoli 4 Red Pepper Slices 2 Ranch Dressing M, E, Y 2 Orange 21 Milk (assorted) 15

Lunch 3.15
Milk \$.45
NSLP Reduced price lunch \$0.40
 All meals served with choice of Milk

 Alternate Daily Choices:
 Mon Chicken Nuggets/Patty 16-41
 Tue Hot Dog 30
 Wed Pizza 21-42
 Thu Nachos/Walking Tacos 32-48
 Fri Breakfast for Lunch 15-25

 Students must have money on their accounts or bring cash for ala carte purchases.

Allergen Key:
M Milk
E Eggs
F Fish
S Shellfish (e.g., shrimp, lobster, crab)
N Tree nuts (e.g., almonds, walnuts, peanuts)
W Wheat
Y Soybeans
P Peanuts
SS Sesame

See District's Food Service website for a la carte pricing
 Questions regarding the Menu, Please contact Kevin Harris at:

Kharris@D15.org

Disclaimer about Carb counts

***Menu subject to change, notice given when possible**

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer.

Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.