



## Adult Paint & Take Classes

**Adults and students age 16 and up High School Art Room #2355**

**Enter through door #8 Instructor: Nancy Wolf**

Great class to take with family and friends. Professionally led painting class with step-by-step instructions. The instructor has been teaching art for over 20 years and has a master's degree in visual arts and a bachelor's degree in art education. She has experience teaching all ages and skill levels. This class is great for the beginner to the highly skilled painter. A fun activity to unwind and relieve stress. All supplies are provided,

### **Session 1**

**Tuesday, June 17**

**6:00-8 pm**

Code: XAR400.413,

\$30R/40NR

### **Session 2**

**Tuesday, July 15**

**6:00-8:00 pm**

Code: XAR400.414

\$30R/40NR

### **Session 3**

**Tuesday, Aug 12**

**6:00-8:00 pm**

Code: AR400.415

\$30R/40NR



Taking art classes can offer numerous benefits for adults, from stress relief and boosted creativity to improved communication and motor skills. It's never too late to start your creative journey. Many adults find that taking art classes helps them improve their skills and gain confidence in their artistic abilities. Personal improvement in painting or drawing as a result of art classes can vary from person to person, but many individuals do report noticeable progress and development in their skills after taking such classes.