

# SPORTSHERO CAMP

## 2026 SUMMER THEMES

### WEEK ONE

#### **Ninja Warrior Academy**

Train like a true ninja hero through obstacle courses, balance challenges, and power moves! Build strength, speed, and focus as you master agility missions worthy of a warrior.

### WEEK TWO

#### **Gaming IRL (In Real Life)**

Turn your favorite video games into real-world action! Compete in life-sized versions of gaming challenges where your body is the controller and teamwork unlocks the next level.

### WEEK THREE

#### **K-Pop Sports Academy**

Get ready to move like a star athlete and dance like a K-pop idol! Mix cardio, choreography, and cool teamwork games to bring rhythm, energy, and confidence to center stage.

### WEEK FOUR

#### **Basketball Beast Trainers**

Step into the hero's court and level up your game! You'll dribble, shoot, and train like a pro while learning teamwork, discipline, and beast-level confidence.

### WEEK FIVE

#### **Soccer Superstars United**

Join the ultimate team of soccer heroes! From trick shots to goal celebrations, you'll boost your skills, teamwork, and power moves for the big game.

### WEEK SIX

#### **Track Titans**

Race, jump, and sprint your way through Titan-level challenges! Discover what it takes to unleash your inner speedster while chasing personal bests and heroic wins.

### WEEK SEVEN

#### **The G.O.A.T. Academy (Greatest of All Time)**

Train like the world's greatest sports legends across every arena! Learn what makes champions unstoppable – mindset, motivation, and never giving up.

### WEEK EIGHT

#### **Kickball Legends League**

It's game time! Draft your team, build your strategy, and rise through the brackets to become a true Kickball Legend in our ultimate tournament showdown.