

Available Daily

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

**Monday: Salami & Cheese
Sandwich**
**Tuesday: Ham & Cheese Sandwich
or Baked Potato Meal**
**Wednesday: Bagel Lunch:
Bagel, Cheese Stick & Yogurt**
**Thursday: Turkey Sandwich or
Baked Potato Meal**
Friday: Italian Combo

Offered Daily

**Grab & Go Salad Plate
Sunflower Butter & Jelly Sandwich**

Offered Daily With All Meals:

**Assorted Vegetables: Garbanzo Beans,
Broccoli, Carrots, Tomatoes, Cucumbers,
Tossed Green Salad, Corn
& Whole Grain Dinner Roll
& Assorted Fruit:**
**Fresh, Canned and Fruit Juice
& Milk Variety**
***Made From Scratch**

Menus For January 2026

**C.V. Starr
Breakfast & Lunch Menu
Menu subject to change**

BCSD is an equal opportunity provider & employer.



Thursday, January 1

HOLIDAY RECESS

School Closed

Friday, January 2

HOLIDAY RECESS

School Closed

Monday, January 5

Breakfast

*Homemade Muffin

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, January 6

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Mozzarella Stuffed
Breadsticks
*Tomato Sauce for Dipping
*Seasoned Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, January 7

Breakfast

*Homemade Muffin OR
Banana Split Parfait

Lunch

*Twisted Pasta Plain or
*Tomato or Meat Sauce,
*Cauliflower
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, January 8

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

French Toast Bites, Syrup
Sausage or String Cheese
Hash Browns
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Friday, January 9

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Pasta Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Monday, January 12

Breakfast

*Homemade Muffin

Lunch

Breaded Chicken Cutlet
on a Bun OR
Grilled Chicken on a Bun
Lettuce & Tomato Cup
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, January 13

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Rotini Pasta Plain or
*Tomato or Meat Sauce
Bite Size Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, January 14

Breakfast

*Homemade Muffin OR
Banana Split Parfait

Lunch

BBQ Pork Rib Sandwich
Smiley Fries
Cole Slaw
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, January 15

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Nacho Platter
Seasoned Beef/Cheese Sauce
Lettuce/Tomato/Salsa/
Sour Cream over Nacho Chips
Assorted Canned/Fresh Fruit
Milk Variety

Friday, January 16

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, January 19

MLK Holiday
School Closed



Tuesday, January 20

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Copy Cat KFC Bowl
Crunchy Popcorn Chicken
Mashed Potatoes
Sweet Corn, Gravy
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, January 21

Breakfast

*Homemade Muffin OR
Banana Split Parfait

Lunch

*Homemade
French Bread Pizza
Caesar Salad
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, January 22

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

New York Thursday
*New York Beef Hamburger
or Cheeseburger on a Bun
Lettuce, Tomato, Pickles
Oven Baked French Fries
Assorted Canned/Fresh Fruit
Milk Variety

Friday, January 23

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Buffalo Chicken Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Monday, January 26

Breakfast

*Homemade Muffin

Lunch

Breaded Chicken Tenders
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, January 27

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Eggo Pancakes Syrup
Sausage or String Cheese
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, January 28

Breakfast

*Homemade Muffin OR
Banana Split Parfait

Lunch

Oven Grilled
Cheese Sandwich
Oven Baked Fries
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, January 29

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

New York Thursday
*Wacky Mac Plain or
*New York Meatballs
NY Bite Size Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Friday, January 30

Breakfast

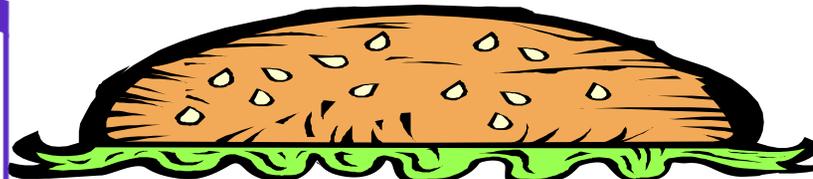
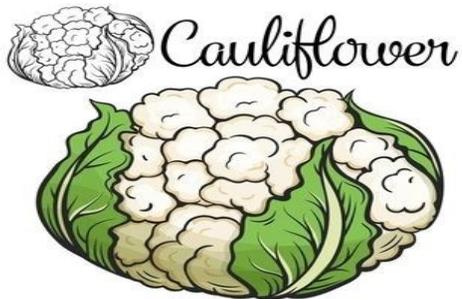
Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Vegetable Of The Month



NUTRITION TO GO

A lot of kids don't get enough calcium, and milk is an excellent source of this much-needed nutrient. But milk can also be loaded with saturated fat. To get all of the calcium and hardly any of the artery-clogging fat, choose 1% or fat-free milk. That's a simple way to cut fat out of your family's diet!

A TASTY MORSEL FOR PARENTS

Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125



What kind of key opens a banana?

It's obvious -- a MON-KEY, of course! But, really, all of us should be opening bananas! They're loaded with potassium and lots of other stuff that's good for us. And we're not monkeying around about that!



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html