
**2025-2026
School Health Advisory Council (SHAC)
Meeting #2
December 10, 2025**

A meeting of the Midlothian ISD School Health Advisory Council will be held December 10, 2025 beginning at 9:00 AM via TEAMS. The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice. [LINK TO VIDEO RECORDED VIRTUAL MEETING](#)

1. CALL TO ORDER

A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

2. PUBLIC COMMENT

Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email krista.tipton@midlothianisd.org by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

3. INFORMATION ONLY

- Call to Order
- YES Antibullying program updates
- MBF Teen Safety Matters updates
- REACH Council
- School Nutrition and MISD Menu Items
- Pregnancy Related Services
- District Wellness Plan

4. DISCUSSION/ACTION ITEMS

- None

5. ADJOURNMENT

On this, the 6th day of October, 2025, this Notice posted an original copy was posted in the window of the School District Administration Building at 8:00am on said date.

Krista Tipton

Krista Tipton, M. Ed
Executive Director of Administration and Student Services

The SHAC Meeting Minutes
12/10/25

1. Welcome– Krista Tipton called the meeting to order at 9:00 am and welcomed everyone and introduced the speakers for the meeting.
2. YES Antibullying program updates- Krista reviewed the Ripple Kindness campaign MISD has on campuses. Also reviewed YES programs and updated dates for this spring.
3. MBF Teen Safety Matters updates- Katie Tackett updated the committee on the number of students who have participated in Teen Safety Matters through the Monique Burr Foundation. Students are provided with real-life scenarios that are age-appropriate. This year, Monique Burr has changed their 11th and 12th grade material, dividing the two up by what is needed as students launch from their parents' household.
4. REACH Council- Cassie Street shared updates from REACH programming. The Youth Prevention Education Curriculum Programs were shared with the committee: Kids' Connection (K-5), Life Skills Training (6th), Positive Action (6th), Blues program (At Risk HS students), and DAEP programming. Cassie shared the data on participation for each of the programs. She also addressed parental opt-ins and opt-outs. Information about Red Ribbon Week was also shared with the committee regarding the outcomes data. New programming they started this last summer was the Fresh Start Summer Program with MISD DAEP students. This programming allows students to work through some requirements and start the next school year fresh back on their home campus. Cassie wrapped her presentation with information about the Summer Enrichment Program for 2nd-5th graders, as well as other support that can be provided through REACH council including the Prom Pop-up and the DEA National Rx Takeback.
5. School Nutrition and MISD Menu Items- Patti Hill shared the need for families to complete the free/reduced application. She also shared if there is an issue with getting the application completed then staff can help with this process. Funding has been approved for the next two years for any student to have a free breakfast and lunch even if they are categorized as reduced. Information about reimbursable meals which included exactly what the student must take in order for the meal to be considered reimbursable. Students may take everything that is offered to them at no additional charge. If a student is free/reduced they must choose all 3 components in order to qualify for the free meal or they have to pay the a la carte prices. Patti reviewed the portion sizes and USDA guidelines. Information was shared about the menus and nutritional information. Menus are posted and parents may also download the Nutrislice app for more information on meal options. Patti shared information about smart snacks and the USDA guidelines.

6. Pregnancy Related Services- Wendy Hein shared information regarding pregnancy-related services in MISD. The goal of these services is to help students reach graduation by providing support to help the student navigate the life change.

7. District Wellness Plan- Wendy Hein reviewed the District Wellness Plan, which was last updated in the Spring 2025.

8. Summary and Future Agenda Items: Krista Tipton shared upcoming topics that will cover the Lions Club and FitnessGram. She asked for any future topics, and no questions or other topics were presented.

9. The next meeting is scheduled for February 11, 2026.

10. Krista Tipton adjourned the meeting at 9:45.

Representatives in attendance:

Krista Tipton
Sabra Golden
Wendy Hein
Mandy Berry
Cassie Street
Lisa Huski
Katie Tackett
Casey Pfeiffer
Cheryl Wherry
Beth Stokman
Alexis Valentine
Christine Thorpe
Jessica Chambon
Lonna Edwards
Patti Hill
Quynh Tran
Bryce Mckee
Olivia McDonald
Julie Vinson
Lori Cook
Mandie Tucker
Jason Milholen
Jessica Martin
Delaney Wayland
Rachel Bryant