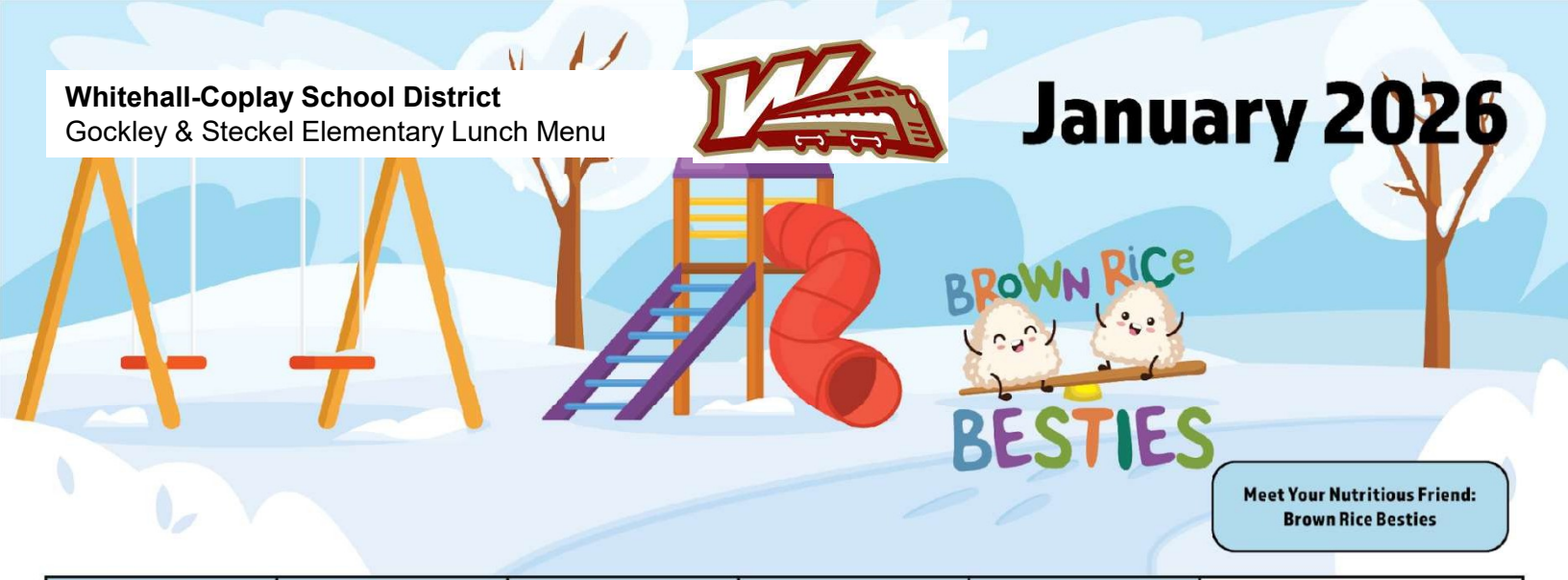
Whitehall-Coplay School District
Gockley & Steckel Elementary Lunch Menu

January 2026



Meet Your Nutritious Friend: Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday
29 SCHOOL CLOSED	**30** SCHOOL CLOSED	**31** SCHOOL CLOSED	**1** HAPPY NEW YEAR	**2** SCHOOL CLOSED
5 (WK 3) 1. Turkey & Cheese Melt on a Croissant **FEATURED VEGGIES** Buttered Corn Pasta Salad	**6** 1. Chicken Tenders with Seasoned Brown Rice **FEATURED VEGGIES** Seasoned Broccoli Broccoli Salad	**7** 1. Chicken Tacos **FEATURED VEGGIES** Seasoned Red Beans Salsa	**8** 1. Penne with Meatsauce Penne Marinara (V) Garlic Bread **FEATURED VEGGIES** Seasoned Green Beans Caesar Salad	**9** 1. Mini Turkey Corn Dogs **FEATURED VEGGIES** Crinkle Cut Fries Cucumber Slices
12 (WK 4) 1. Chicken Nuggets with Roll **FEATURED VEGGIES** Buttered Corn Celery Sticks	**13** 1. Nachos Grande with Tortilla Chips **FEATURED VEGGIES** Refried Beans Lettuce & Tomato	**14** 1. Hamburger or Cheeseburger on a bun **FEATURED VEGGIES** Oven Fries Broccoli Salad	**15** 1. Beefaroni Dinner Roll **FEATURED VEGGIES** Buttered Carrots Caesar Salad	**16** 1. Cheese Pizza (V) **FEATURED VEGGIES** Seasoned Broccoli Cherry Tomatoes
19 SCHOOL CLOSED	**20 (WK 1)** 1. Walking Taco with Pretzel Stick **FEATURED VEGGIES** Mexicali Corn Tomato Salad	**21** 1. Chicken Patty on a Bun **FEATURED VEGGIES** Tater Tots Potato Salad	**22** 1. Chicken Alfredo over Penne Pasta with Garlic Bread **FEATURED VEGGIES** Steamed Broccoli Celery Sticks with Ranch	**23** 1. WG Mozzarella Dippers with Marinara Sauce **FEATURED VEGGIES** Mixed Vegetables Cucumber Slices
26 (WK 2) 1. BBQ Pulled Chicken Sandwich **FEATURED VEGGIES** Baked Beans Macaroni Salad	**27** 1. Mini Turkey Corn Dogs **FEATURED VEGGIES** Seasoned Broccoli Pasta Salad	**28** 1. French Toast Sticks with Sausage Links **FEATURED VEGGIES** Tri Patty Taters Celery Sticks	**29** 1. Mac & Cheese (V) Dinner Roll **FEATURED VEGGIES** Steamed Tomatoes Caesar Salad	**30** 1. Cheese Pizza (V) **FEATURED VEGGIES** Steamed Green Beans Cherry Tomatoes

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate

Daily Alternates

2. PB&J w/ Yogurt and Pretzel (V)
3. Chopped Garden Salad (V)
4. Turkey and Cheese Salad
5. Weekly Sandwich/ Friday Craveable

Wk 1- Turkey Ham and Cheese/ Nacho Craveable

Wk 2- Turkey and Cheese/ Superfruit Craveable (V)

Wk 3- Turkey Ham and Cheese/ Pizza Flatbread Craveable

Wk 4- Turkey and Cheese/ Italian Craveable.

(V) Vegetarian (WG) Whole Grain

Contact

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Meal Prices

Student Lunch	$0.00
Reduced Lunch	$0.00

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.