

Scarborough Adult Education

Create, Connect, Celebrate



Winter/Spring 2026

Welcome to our Winter/Spring 2026 season

Create your future, connect to your passions, celebrate the joys of learning! Whether you are returning to complete course work towards a HiSET credential, training for a career, joining us as an English learner, or looking for a new hobby and community, we have something for everyone. Take the next steps in your learning journey by registering with us today. We can't wait to meet you!

Sincerely,

Marianne Doyle, Director

Beth Towne, Enrichment Coordinator

Yvonne Wentz, Academic and MLL Coordinator



The Maine Adult Education Association is a nonprofit organization representing adult education programs, professionals and volunteers in Maine since 1965. It is a professional organization that advocates for adult education locally, statewide, and nationally, and supports its members in order to meet the educational needs of Maine's adults.

Contact Us

Scarborough Adult Education
Scarborough High School, Room A100
11 Municipal Dr., Scarborough, ME 04074

maineadulted.org/location/scarborough-adult-education/

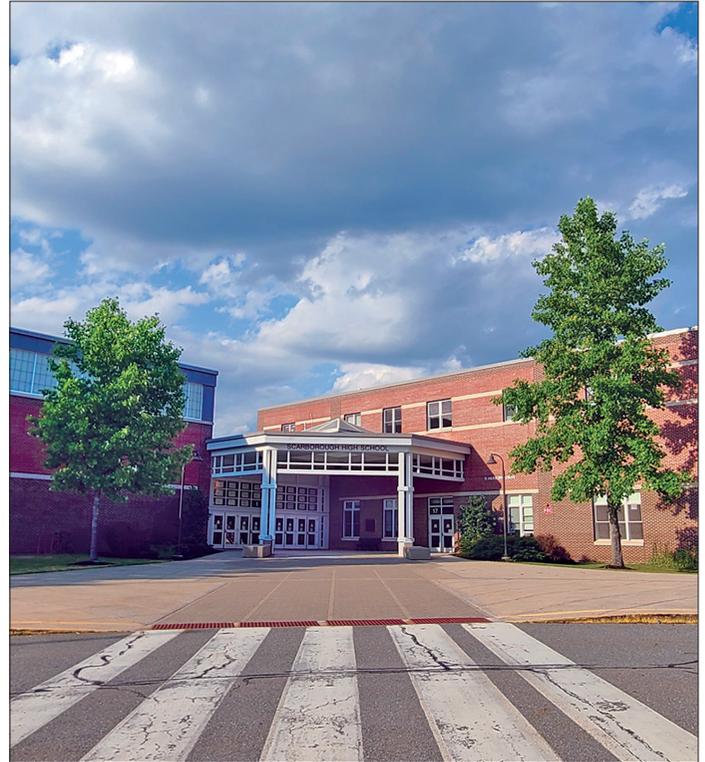
Email: adulted@scarboroughschools.org

Phone: 207-730-5040

GENERAL OFFICE HOURS:

Mondays, Tuesdays, and Wednesdays
from 3 to 7 PM or by appointment.

The office is closed on holidays, weekends,
and snow days when Scarborough Schools are closed.



Create, Connect, Celebrate

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Complete your high school credential!



HiSET

HiSET

High School Equivalency Test is an alternative to a U.S. high school diploma for individuals who are at least 17 years of age, Maine residents, and no longer enrolled in high school. Candidates demonstrate they have the same skills and knowledge as a high school graduate by successfully completing competency based testing in Language Arts - Reading; Social Studies; Science; Mathematics; and Language Arts-Writing. Individuals 17 years of age and older are welcome to join us to finish that credential and move forward with that wish list! It's FREE and confidential.

Start your journey today!

HiSet Preparation classes
start the week of **January 21, 2026**

Call Director Marianne Doyle at
207-730-5045 to register for an intake
session to set goals and class placement.

Returning students are encouraged
to make an appointment to discuss
academic and career goals.

Scarborough Adult Education
invites all HiSet students
who fulfill requirements along
with their friends, family, or guests
to attend the

2026 Graduation Ceremony
Wednesday, June 10th
5 PM

HiSET Preparation Lab

This class helps you to prepare to take each of the five HiSET tests with extra emphasis placed on math and writing instruction. Students work at their own pace and official HiSET testing is available on a weekly basis when you have successfully completed study and a practice test.

Instructor: Michael Shannon

Dates: Wednesdays, January 21 - May 20, 4 - 7 PM

Math for HiSET

Work on strategies to approach and solve word problems and review higher level mathematics necessary to advance to the official math exam.

Instructor: Yvonne Wentz

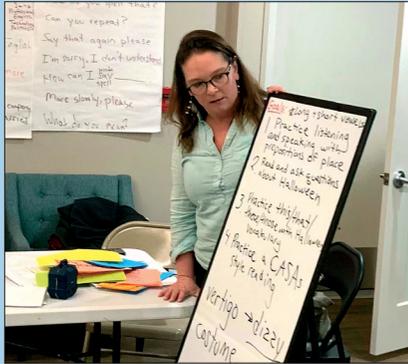
Dates: Wednesdays, January 21 - May 20, By appointment



Multilingual Learner Classes

Formerly called ELL, MLL classes are for speakers of other languages who wish to learn and improve their English language skills. Due to the demand for classes, students enrolled must be residents of Scarborough.

All students must complete a placement meeting, please email Yvonne Wentz at ywentz@scarboroughschools.org or call **207-730-5077** for an appointment.



MONDAYS:

Daytime English at Saint Nicholas Church (350 Route 1) - Starts 1/12/26	9:30 - 11:30 AM
English for Basic Beginners at Scarborough High School - Starts 1/5/26	6:00 - 8:00 PM
English for Beginners at Scarborough High School - Starts 1/5/26	6:00 - 8:00 PM
Conversational English at Scarborough High School (Int/ADV) - Starts 1/26/26	6:00 - 7:30 PM

TUESDAYS:

English Intermediate at Scarborough High School - Starts 1/27/26	6:00 - 8:00 PM
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WEDNESDAYS:

Daytime English at Scarborough Public Library - Starts 1/14/26	9 AM - Noon
English at Southgate at Southgate Community Room (577 Route 1) - Starts 1/14/26	6:00 - 8:00 PM



MLL Program Instructors

Yvonne Wentz,
Coordinator and Lead Instructor

Ivette Barone
Peter Hofmann
Bryn Keating
Jennie Robinson
Eric Zavasnik



Healthcare Occupations

Healthcare for Beginners (Part 1: Healthcare Basics & Part 2: Bridge to Healthcare)

Call 207-730-5045 to schedule a registration appointment. Students must be 18 years of age or older, eligible to work in Maine, and have a high school diploma or equivalent. CASAS reading goals score of 210 or above recommended. A certificate will be awarded after completion. **Register by 1/14/2026**
Cost: \$75, Includes both Part 1 and Part 2

Part 1: Healthcare Basics

In this EnGen online course, students will explore healthcare occupations while identifying personal career goals and work strategies to be successful in a health career. Students will be using computers to learn and study each week. We will cover topics such as key vocabulary used to communicate with professionals and patients, body systems, infection control, safety, and patient's rights.

Instructor: Adult Ed Staff

Dates: Wednesdays, January 28 - March 25, 5:30 - 8 PM

Part 2: Bridge To Healthcare

This class is recommended for those wishing to become a CNA or other training but haven't met the required score of 235 or above to be enrolled. We will focus on medical vocabulary, computer and workplace skills, communication skills, reading and test taking strategies for students wishing to increase CASAS reading skills for admission to further health occupations classes. Prerequisite: Successful completion of Healthcare Basics.

Instructor: Sandra Monroy-Irish

Dates: Wednesdays, April 1 - June 3, 5:30 - 8 PM

American Red Cross First Aid/CPR/AED Certification

This 4 hour American Red Cross in person training will give you the skills to help save lives. Learn the techniques of responding to various emergency situations with a combination of guided lectures, videos, and hands on practice. All attendees will receive a certificate following successful completion of this training course.

Instructor: Jeffrey Carpenter, Granite Bay Care

Date: Wednesday, March 11, 4 - 8 PM at Scarborough Adult Ed (High School)

Cost: \$100



American Red Cross

Personal Support Specialist (PSS)

Please contact our office at 207-730-5045 for an application and to arrange a CASAS reading test. This 50 hour course prepares participants to work in home health care or assisted living facilities. Personal care, communication skills, observing, reporting and documentation are taught. How to provide care safely and deal with emergencies, consumer rights, aging and illness are additional topics covered in the class. CASAS Reading scores of 220 or above are required. Students must be 18 years of age or older and be eligible to work in Maine.

Instructor: Deborah Gile, RN

Dates: Mondays & Wednesdays, April 27 - June 8, 4 - 8 PM

Location: Scarborough Adult Ed at Scarborough High School

Cost: \$300

Certified Nursing Assistant (CNA)

Students enrolled in this certificate program complete 130 hours of classroom, laboratory, and clinical experience, meeting all state licensing requirements. Upon successful completion of the course and passage of the State Competency Exam, students will be eligible to enter the healthcare field under the direction of a licensed nurse. Students must be 18 years of age, have a high school diploma or the equivalent, and have a CASAS Reading score of 238 or above.

- **Call 730-5045 for an application, interview, and Reading assessment.**
- ***The deadline for the CNA Application submission is Tuesday, February 3rd, 2026!***

Instructor: Sallie Albert, RN

Dates: Tuesdays, Thursdays, and Fridays, March 3- May 1, 8 AM - 3 PM

Location: Barron Center, Portland

Cost: \$1,200

Food & Beverage Workforce Training

ServSafe Food Handler Class

The ServSafe Food Handler Class from NE Food Safety will cover basic food safety, personal hygiene necessary for food and beverage environments, cross contamination and allergens, time and temperature parameters, and proper cleaning and sanitization methods. This is a fun, interactive training course which you will receive a certificate for successfully completing!

Instructor: Mark Shinnars

Dates: Tuesdays, February 24 - March 3, 6 - 8 PM

Cost: \$60, includes supplies

ServSafe Food Allergen Class

Food allergies are rapidly affecting more people every year and knowledge of how to serve food and sanitize workspaces is key! Learn about the most common food allergens, steps to make sure no cross-contamination occurs during the flow of food service, proper cleaning methods, dealing with emergencies, and more.

Instructor: Mark Shinnars

Dates: Tuesdays, March 10 - March 17, 6 - 8 PM

Cost: \$50, includes supplies



TiPS Safe Alcohol Service Certification Class

This class will use the TiPS method to teach responsible alcohol services, to prevent intoxication and underage drinking, and learn numerous other topics which impact patrons, employees, and the establishment itself. All attendees will take the exam to become TiPS certified! **Note: This class will not involve any mixology, beverages or consumption, it is instructional only!**

Instructor: Mark Shinnars

Dates: Wednesdays, April 29 - May 6, 6 - 8 PM

Cost: \$50 (\$45 if enrolled in the food safety class)

ServSafe Food Manager, CFPM Class

Are you employed in the hospitality industry or looking to advance your career and skills? Do you need to renew your CFPM, ServSafe Certificate? Register for this educational, entertaining, interactive class to provide you with qualifications to bring into your employment environment.

Instructor: Mark Shinnars

Dates: Wednesdays, March 25 - April 8, 6 to 8 PM

Cost: \$160, Includes supplies (**Register for TIPS class at 10% discount if registered for both**). Please contact our office to register for TIPS with discount applied!

We are always accepting proposals for new enrichment classes. FMI about teaching or to have a proposal form sent to you, please email our Enrichment Coordinator at btowne@scarboroughschools.org



Enrichment

All classes are located at Scarborough High School unless otherwise noted.

Students must be 18 years of age to register and attend classes.

Online registration is encouraged to secure your seat.

Creative Arts

Cage It!

Using stainless steel wire cages, we will create beautiful pendants with crystals, stones, and beads of all sorts. Easy, fun, fashionable!

Instructor: Jeffrey Carpenter, Sagittarius Studios

Date: Wednesday, February 11, 6 - 8 PM

Cost: \$52, includes supplies

Tile Painting Collage

Choosing a subject or theme, we will create a collage of tiles and mount them on a wooden board to hang or display. Paint markers will be used in this workshop.

Instructor: Jeffrey Carpenter, Sagittarius Studios

Date: Wednesday, February 25, 6 - 8 PM

Cost: \$52, includes supplies

Gelli Plate Printed Cards

Explore the playful world of gelli plate printing to create a unique collection of handmade blank greeting cards. Using acrylic paint and simple tools, students will learn how to pull colorful monoprints and experiment with layering, texture, and shapes. We'll incorporate collage techniques to add extra flair, combining printed textures with cut paper. You'll leave with a small set of ready-to-use cards perfect for gifting, mailing or framing, and skills to make your own!

Instructor: Karalyn Thayer, Apian Creative

Date: Wednesday, February 25, 6 - 8 PM

Cost: \$60, includes supplies

Glass Painting

Using recycled clear and white dishes, we will create one of a kind art pieces with glass friendly paint markers. Plates, glasses, mugs and bowls will be transformed into colorful decor that you can display or gift!

Instructor: Jeffrey Carpenter, Sagittarius Studios

Date: Wednesday, March 18, 6 - 8 PM

Cost: \$52, includes supplies



Watercolor Spring Greeting Cards

Wander through the many watercolor techniques to design greeting cards made especially by you to share with friends and family. In this workshop, we will make 3 cards. This workshop is for all levels of painters. Bring your own paints and brushes if you have them, but if not, the instructor will have student supplies for your use, free of charge.

Instructor: Kathleen Gerdes

Date: Tuesday, March 24, 5 - 8 PM

Cost: \$35, includes 3 blank cards and in class supplies



Spring Shell Decoupage Trinket Dishes

In this workshop you will create 3 beautiful decoupage scallop shells that can be used as trinket dishes or hang as art. Choose from a wide variety of themes and prints to make your design. This is a simple four step process using scallop shells, which make great keepsakes or gifts. Heat guns will be used to speed up the drying process.

Instructor: Lisa Young, Coastal Craft Workshop

Date: Wednesday, March 25, 6 - 8 PM

Cost: \$40, includes supplies

Foundations of Drawing

Learn the basic principles of value and composition based on various photos. Graphite, charcoal, and ink will be used in this class, but adding color will be encouraged. You will have the opportunity to explore cross-hatching, shading & blending, blind contour drawing, gesture drawing, and more. Each class will begin with a short meditation to minimize inhibitions associated with the creative process. A supply list will be included in the online registration and emailed to all registered students prior to the class date.

Instructor: Chris Reed

Dates: Mondays, March 30 - April 13, 6 - 8 PM

Cost: \$68, A supply list will be emailed to participants!

Found Object Monoprinting

Discover the joy of printmaking in this hands-on class using gelli plates and unexpected found objects to create beautiful, one-of-a-kind monoprints. You'll learn how to layer color, build texture, and pull prints using everything from toy cars to seashells. You're invited to bring your own small objects to print with—anything flat(ish) and full of texture that you don't mind getting paint on. Great options include buttons, pasta, flat tools, leaves, string, coins, shells, and more. We'll also have a variety of textures on hand to play with, so come ready to experiment!

Instructor: Karalyn Thayer, Apian Creative

Date: Wednesday, April 1, 6 - 8 PM

Cost: \$60, includes supplies

Spring Sea Glass Windows

You will use nature and nautical themed materials to make a wood framed 8" x 10" sea glass window art piece. Create your own design or use one of the provided templates. Due to curing time you will complete your design in the workshop and be given a kit and instructions to complete at home.

Instructor: Lisa Young, Coastal Craft Workshop

Date: Wednesday, April 8, 6 - 8 PM

Cost: \$56, includes supplies

Mixed Media Explorations

Experiment with a range of mediums including watercolor pencils, ink, pastels, charcoal, graphite, and collage materials for learning about composition, color, and value. The emphasis will be to "step out of your comfort zone" while exploring various techniques to create unique and abstract art. Each class will begin with a short meditation to minimize inhibitions associated with the creative process. A supply list will be included in the online registration and emailed to all registered students prior to the class date.

Instructor: Chris Reed

Dates: Mondays, April 27 - May 11, 6 - 8 PM

Cost: \$68, A supply list will be emailed to participants!

Acrylics on Barnboard

Never painted on a barnboard? It's such fun and so rewarding. In this workshop, we will use acrylic paint to create a beautiful and unique wall hanging that you will take home with you. Barnboards measure approximately 12" high and 6" wide. You'll love the results!

Instructor: Kathleen Gerdes

Date: Tuesday, April 28, 5 - 8 PM

Cost: \$30 at time of registration

\$15 additional supply fee, exact cash only due to the instructor at the time of the workshop!



Culinary Arts

Easy Sheet Pan Meals

Using a sheet pan or cookie sheet, create whole, delicious, easy meals for anyone! Class participants will cook two examples during class. All participants will receive a digital cookbook of sheet pan recipes to take home.

Instructor: Jeffrey Carpenter, Granite Bay Care

Date: Wednesday, January 28, 6 - 8 PM

Cost: \$40, Includes in class ingredients and equipment

Carb Conscious Cooking

Low carb does not mean boring or tasteless! Class participants will cook and sample examples of low carb recipes. All participants will receive a digital cookbook of additional recipes to take home with them.

Instructor: Jeffrey Carpenter, Granite Bay Care

Date: Wednesday, February 4, 6 - 8 PM

Cost: \$40, Includes in class ingredients and equipment

Prosperity and Good Fortune: Chinese Wonton Dumplings

Learn to make Chinese dumplings and filling from scratch along with multiple styles of folding dumplings using wonton wrappers. Discover how to boil the wonton to make a classic wonton soup or chili oil wonton. Additionally, learn to make Sichuan-style chili oil as well as other common Chinese condiments used for dipping sauces. Plant-based ground meat can be substituted for the pork upon request. **Contains soy and gluten.**

Instructor: Jeff Mao, Knead And Nosh

Date: Wednesday, February 11, 5:30 - 8 PM

Cost: \$79, Includes in class ingredients and equipment

Master the Art of Xiao Long Bao: Soup Dumpling Delight!

Join this unique, hands-on cooking experience and challenge yourself to unlock the secrets to making authentic Soup Dumplings from scratch, discovering how that incredible burst of savory soup gets inside! You will be guided step-by-step through creating the flavorful filling (the key secret!), making the perfect dumpling dough, rolling your own wrappers, preparing a classic and savory pork filling, mastering the techniques to seal in the soup, and steaming the dumplings to perfection. You'll get to enjoy tasting your handmade soup dumplings in class!

Contains soy and gluten.

Instructor: Jeff Mao, Knead And Nosh

Date: Wednesday, March 11, 5:30 - 8 PM

Cost: \$94, Includes in class ingredients and equipment

Bao Down to Flavor: Mastering Char Siu Bao

Dive deep into the art of making Chinese Steamed Char Siu Bao, the beloved fluffy buns filled with savory Chinese BBQ pork. Master the rich and flavorful char siu filling and blend of spices and techniques that make this BBQ pork so irresistible. Take a culinary journey through history through captivating stories that add a cultural dimension to your cooking experience. You will have a batch of delicious Char Siu Bao to enjoy, and the skills to recreate this traditional treat at home. **Contains soy and gluten.**

Instructor: Jeff Mao, Knead And Nosh

Date: Wednesday, March 25, 5:30 - 8 PM

Cost: \$89, Includes in class ingredients and equipment

Ferment This! Kimchi (ZOOM)

Kimchi is a vegetable ferment associated with Korean cuisine. Almost anything can be kimchi'd with the most common being napa cabbage, other vegetables, garlic, ginger, fish sauce, and mild-to-kick-butt red pepper (Korean gochuchang), or no pepper at all. The resulting funky ferment can be used interchangeably with sauerkraut, or added almost anywhere a dash (or bucketful) of umami is needed. **You will need a blender and willingness to get messy and have fun from your own home kitchen! Zoom link and materials list provided by instructor following registration.**

Instructor: Emma Holder

Date: Wednesday, March 25, 7 - 8:15 PM

Cost: \$32

Register online today at: maineadulted.org/location/scarborough-adult-education/

From Flour to Flavor: Crafting Authentic Potstickers

In this class, you will learn how to make fresh dough and roll your own wrappers, how to fold them after stuffing with filling, then how to water-fry/steam them to create pot sticker dumplings! Additionally, you will learn to make your own ginger- scallion oil and the instructor will talk about other common Chinese condiments used for dipping sauces. Plant-based ground meat can be substituted for pork upon request. **Contains soy and gluten.**

Instructor: Jeff Mao, Knead And Nosh

Date: Wednesday, April 15, 5:30 - 8 PM

Cost: \$79, Includes all in class ingredients and equipment

Dumpling Artistry: Mastering Fancy Folding Techniques

Ready to elevate your dumpling skills from delicious to dazzling by learning the secrets to shaping delicate Har Gow (crystal shrimp dumplings) into charming goldfish. Make vibrant pork dumplings using different colored doughs, incorporating natural ingredients like spinach or beet as the coloring agent for eye-catching hues. We'll cover making the necessary doughs and a classic pork filling to bring our creations to life. Leave this class with impressive folding skills, recipes, and a batch of your own edible art to wow your guests. **Contains soy and gluten.**

Instructor: Jeff Mao, Knead And Nosh

Date: Wednesday, May 6, 5:30 - 8 PM

Cost: \$89, Includes all in class ingredients and equipment



Financial Planning

How Money Works

Do you want to eliminate debt? Stop living paycheck to paycheck? Take full control of your finances? Adults at any stage of life are invited to join this session to learn how implementing a few simple financial concepts can transform your relationship with money!

Instructor: Sarah Blondin, Financial Rep. - Primerica

Date: Tuesday, January 27, 6 - 8 PM

Cost: FREE

All Ameriprise Financial Services/Hughes Wealth Advisors workshops are informational events. There is no cost or obligation. Certified Financial Planner Board of Standards, Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER® and CFP certification mark (with plaque design) in the U.S.

6 Pillars of Financial Planning

Learn about and discuss 6 key components including financial management, investment planning, risk management, tax planning, retirement planning, and estate planning. Combined, these pillars create a comprehensive financial plan and strategy for individuals and families.

Instructor: Lisa Brislin & Team, Ameriprise Financial Services - Hughes Wealth Advisors

Date: Tuesday, February 3, 6 - 7 PM

Cost: FREE

Financial Foundation: A Guide To Managing Your Money

An introduction to financial basics to help participants to learn healthy habits and build on the cornerstones of crucial financial concepts including goal setting, budgeting, saving, investing, and paying down debt.

Instructor: Lisa Brislin & Team, Ameriprise Financial Services - Hughes Wealth Advisors

Date: Monday, March 9th, 6 - 7 PM

Cost: FREE

Estate Strategies

This seminar will provide guidance navigating the estate planning process, ways to minimize taxes, and how to make charitable donations both today and as part of an estate.

Instructor: Lisa Brislin & Team, Ameriprise Financial Services - Hughes Wealth Advisors

Date: Tuesday, April 7, 6 - 7 PM

Cost: FREE

Invest for Success

Is your money working as hard for you as you do for it? Are you confident in your current investment strategy? Whether you're brand new to investing or a seasoned investor, join us to learn the power of compounding interest, managing risk, and strategically investing to reach financial goals!

Instructor: Sarah Blondin, Financial Rep. - Primerica

Date: Tuesday, February 10, 6 - 8 PM

Cost: FREE

Mind & Body Wellness

Akasha Yoga: A Journey to Your True Self

Do you want to find an open, accepting community promoting mind and body health? Are you looking for that perfect way to unwind after your day or to help break up the week? This is more than just a yoga class - it's a graceful journey inward, designed for those who are new to Akasha Meditation and Slow Pose Vinyasa Yoga. Whether you're just beginning or returning to your practice, you'll leave feeling lighter, clearer, and more aligned.

- Please bring your yoga mat and a bolster if you already have one. We will also have some mats, bolsters, blocks, and straps available to borrow.
- Accommodations are available to anyone who may need them.
- Discounts may be available for those facing financial hardship, please reach out!
- Register for the 6 week session or attend any individual date for \$20 a session. Registration is required for all classes!

Akasha Yoga: 6 Week Session

Enjoy a one hour yoga session each week with Leighann from LAM Yoga Studios at her peaceful, relaxing, warm and welcoming studio in Scarborough. For anyone of all skill levels looking for an in-person, indoor winter activity.

Instructor: Leighann Morgan, LAM Yoga Studios

Dates: Wednesdays, January 28 - March 11 (no class February 18), 5:30 - 6:30 PM

Location: LAM Yoga Studio, Scarborough - Directions provided following registration!

Cost: \$100 (**\$20 Discount vs. 6 individual sessions!**)

Individual Sessions

Attend individual dates. Registration required!

Instructor: Leighann Morgan, LAM Yoga Studios

Dates: Wednesdays, January 28 - March 11 (no class February 18), 5:30 - 6:30 PM

Location: LAM Yoga Studio, Scarborough

Cost: \$20 per session



Akashic Records

Tune in to your soul and spiritual energy and emotions through meditation and journaling to bring out well-being and promote your wellness practices for a healthy and grounded mind and body. Join in a 30 minute meditation, followed by a 30 minute journaling activity. Journals will be provided for each participant to take home with them at the end of class.

Instructor: Leighann Morgan, LAM Yoga Studios

Date: Wednesday, March 25, 5:30 - 6:30 PM

Location: Scarborough Adult Ed (High School)

Cost: \$30, journals provided



Essentials of Essential Oils!

Join in this interactive workshop where you will learn the benefits of using essential oil fragrances in meditation, yoga, or to cleanse your environment. You will learn about different scents and ingredients and how they promote well-being, as well as have the chance to experiment with mixing scents to make your own oils and/or sprays. Each person will blend and take home 2 items of their choice. Recommendations for budget friendly oil diffusers will also be available. **Note: If you are easily affected by strong scents, have allergies, or migraines, this class is not recommended!**

Instructor: Leighann Morgan, LAM Yoga Studios

Date: Monday, March 30, 5:30 - 6:30 PM

Location: Scarborough Adult Ed (High School)

Cost: \$30, includes in class supplies and ingredients

Personal Enrichment

Nature Photography (ZOOM/ONLINE)

In this Nature Photography online class, we will go over camera settings and compositions and how to get great images of nature's best like moose, birds, seals and other subjects! We will also learn how to set up a blind to get great images, suitable lenses for this type of photography, and tripods to get the best stability for your images.

Instructor: Steve McGrath

Dates: Tuesdays, February 3 - 17, 7:30 - 9 PM

Cost: \$59

Best Clothing & Makeup Colors For Your Coloring

Is your closet full of dark and plain clothing? In this unique, interactive class, you'll be draped in a variety of colors to learn about warmer and cooler tones to determine what types of colors look best on you. You'll also receive recommendations for facial makeup and sunglasses, as well as jewelry and accessory metals to elevate and accentuate your coloring and create a more vibrant you! Please wear a lower neckline like a scoop or V-neck to class.

Instructor: Candace Sanborn, Radiant Image

Date: Wednesday, February 11, 5:30 - 8 PM

Cost: \$30



Intermediate Guitar

Advanced beginners and intermediate players will gain confidence and comfort playing in a small group. Each student will choose a song for the group to perform throughout the class weeks. Continue to learn the chords, skills, and techniques in your guitar-playing journey. An acoustic guitar and picks required, and an electric tuner and capo are recommended.

Instructor: Michael Shannon

Dates: Tuesdays, February 24 - March 31, 6 - 7:30 PM

Cost: \$88



Digital Photography for Newbies (ZOOM/ONLINE)

Are you still getting to know your digital camera and its features? Here's an opportunity to learn from an expert in this seminar for beginners! Have your camera ready and learn when and how to use its special features - such as program mode, manual mode, aperture priority and shutter priority. Also covered will be basic composition and best use of light for different situations, such as plant, people, macro, and landscape photography.

Instructor: Steve McGrath

Dates: Tuesdays, April 7 - 21 and May 5, 5:30 - 7:30 PM

Cost: \$89

Pet and Portrait Photography (ZOOM/ONLINE)

This pet photography course is designed to teach you everything you need to know to take professional-quality portraits. You will learn how to work with all different types of subjects, from individuals and groups to children and pets. Steve will explain the nuances of lighting and posing, how to shoot in a studio or on location, and how to master the gear you will need to create inspiring work!

Instructor: Steve McGrath

Dates: Tuesdays, April 7 - 14, 7:30 - 9 PM

Cost: \$59

An Introduction to Birds and Birding

This course will cover Southern Maine bird families, habitats, life and natural histories, identification, associated field techniques, use of binoculars and spotting scopes, migration, and more. Additional topics will include conservation efforts and needs.

Note: Local trails and preserves are not guaranteed to be handicapped accessible.

Instructor: Andrew Mackie, Scarborough Land Trust

Class Dates: Tuesdays April 7 - 14, 6 - 8 PM at Scarborough Adult Ed (High School)

Field Trip: Saturday, May 9, 8 - 11 AM, Location To Be Announced In Class

Cost: \$65, includes "Birds of New England" by Zach Adams, published in 2025.

Smartphone Photography (ZOOM/ONLINE)

This class is dedicated to helping with understanding how to use your smartphone for photography, how to create Images on your phone, editing apps to use, and how to share and print your images. Join Steve and learn how to use essential controls on smartphones along with the best free and low-cost tools for editing and image management.

Instructor: Steve McGrath

Dates: Tuesdays, May 12 - 26, 5:30 - 7 PM

Cost: \$59

Travel & History

Adventure Safari Wildlife Tour: Kenya and Tanzania (Steve Truncellito & EF Go Ahead Tours)

Have you always wanted to go on an African wildlife safari, but not sure how to get there? Join Steve Truncellito, local history teacher and experienced travel guide, as he shares his own knowledge and experience from African and international tours. This class will be about the migration patterns of East African wildlife as well as the culture of East Africa. Explore the opportunity to enroll for an eco-adventure tour in July of 2027 to Kenya and Tanzania! EF Go Ahead Tours, the sponsor for this tour, is the nation's oldest student travel company and a pioneer in the world of international travel for Americans.

History & Cultural Info Session

Instructor: Steve Truncellito, EF Go Ahead Tours

Date: Wednesday, February 4, 7 - 8 PM

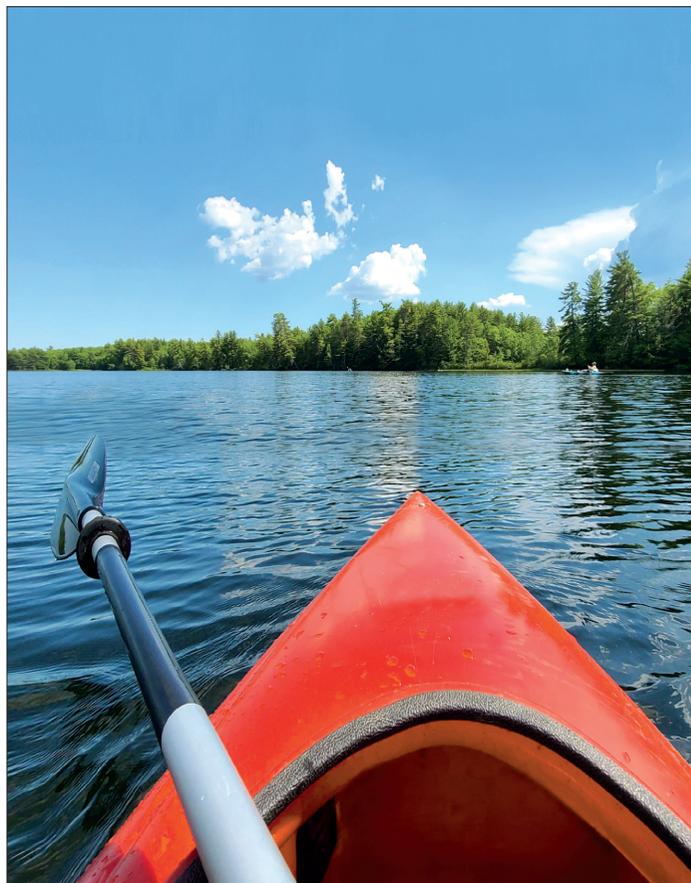
Cost: FREE

Travel Planning Session

Instructor: Steve Truncellito, EF Go Ahead Tours

Date: Wednesday, February 25, 7 - 8 PM

Cost: FREE



Early Tourism on Maine Lakes

In the 19th century, many areas close to Maine lakes changed from predominantly agricultural areas to places where the population exploded during the summer months with tourists from away. The program examines factors that brought many visitors to the lakes, and looks at some of the early inns, sporting camps, youth camps, and a large summer hotel that began during Maine's golden age of tourism.

Instructor: Linda Snow McLoon

Date: Wednesday, April 15, 7 - 8 PM

Cost: \$12

Prominent Diseases in Early Maine

We live in an age when much is understood about infectious diseases, and there are effective treatments to many of the diseases. But in the 17th -19th centuries that was not the case. Epidemics of lethal diseases were feared, "consumption" killed many, and even more common infections could become fatal. This presentation will give an overview of the diseases that our Scarborough predecessors faced, their impact on life in Southern Maine, and how our forebears dealt with them.

Instructor: Steve Spaulding, MD

Date: Wednesday, April 29, 7 - 8 PM

Cost: \$12

Black Point Cemetery Guided Tour

Black Point Cemetery holds more than 300 years of history. Cemetery guide Ron Romano will lead to the most interesting and unusual stones at this historic ground and visit the Receiving Tomb, rarely open to the public. This one-hour tour will focus on colonial burial practices, gravestone forms and materials, and the symbols and words decorating grave markers of some of Scarborough's founding families.

Note: Parking information will be provided. If extreme weather prevents the tour a rain date will be communicated. Please leave your pets at home.

Instructor: Ron Romano, Cemetery Historian and Author

Date: Saturday, May 16, 12 Noon - 1 PM

Location: Black Point Cemetery, 204 Black Point Road, Scarborough

Cost: \$12

Dunstan Cemetery Guided Tour

This one-hour tour features the best of Dunstan Cemetery, including a rare metal grave "stone"! Dunstan Cemetery became Scarborough's first public burial space in the 1870s. Local guide and historian, Ron Romano, will share compelling stories as the group stops at relevant graves and visits Paupers' Field, which was the final resting place of dozens of the town's disadvantaged people.

Note: Parking information will be provided. If extreme weather prevents the tour a rain date will be communicated. Please leave your pets at home.

Instructor: Ron Romano, Cemetery Historian and Author

Date: Saturday, May 16, 2 - 3 PM

Location: Dunstan Cemetery, 665 US Route 1, Scarborough

Cost: \$12

Please register early to avoid disappointment.
Courses require a minimum number of students to run. Register Online
<https://maineadulted.org/location/scarborough-adult-education/>

Program Information

Register Online

<https://maineadulted.org/location/scarborough-adult-education/>

Find Your Class Location at Scarborough High

Courses are held at Scarborough High School unless otherwise indicated. Welcome signs are posted at the high school entrance and at classrooms.

General Office Hours

Monday, Tuesday, and Wednesday afternoons and evenings or by appointment. All classes and appointments will be scheduled after 2:30 PM. Scarborough Adult Education is closed when Scarborough schools are closed including holidays and snow days.

Refunds & Cancellations

- Courses may be cancelled due to inclement weather, instructor illness, low enrollment, or other unexpected conflicts.
- Classes cancelled by Scarborough Adult Education will receive a full refund. Online payments will be refunded to your original credit card. Refunds for check or cash payments will be mailed, and may take time to process.
- **Please notify our office at least 1 Week (7 Days) prior to a class to cancel your attendance and request a refund. Refunds will not be issued for failure to attend class.**
- In the event of cancellations or date changes, students are notified via **EMAIL or PHONE**. Please monitor your spam or voice messages!

**When registering for the first time, a pop-up box may appear asking if you wish to join "Active Advantage."
DECLINE this offer to avoid future credit card charges!
 Active Advantage is **NOT** required for your registration with any Maine Adult Education program.**

Registration Form

Payment Options
 Register and pay online at
<https://maineadulted.org/location/scarborough-adult-education/>
 Online registration is encouraged due to mail and processing delays.
 All registrants must be 18 at the time of registration!

Mail completed registration form to:

Scarborough Adult Education
 Scarborough High School, Room A100
 11 Municipal Drive
 Scarborough, ME 04074

Phone: 207-730-5040

Email: adulted@scarboroughschools.org

Name _____

Address _____ City _____ Zip _____

Phone _____

Email Address _____ DOB _____

COURSE	DATE	FEE
1.		
2.		
3.		
See payment options or make check payable to Scarborough Adult Education.		Total Fee: \$ _____

Scarborough Public Schools
P.O. Box 370
Scarborough, ME 04070

Ride the wave of opportunity - register today!

