NORTHWELL SCHOOL MENTAL HEALTH
A SCHOOL DISTRICT PARTNERSHIP

The Behavioral Health Center provides timely access to mental health services for school-aged children and adolescents who need urgent mental health support. The center is designed as an alternative treatment setting for those who need urgent or same-day intervention, but do not necessarily require the services of the emergency room. The center is exclusively available for the students of our partnering districts. Our goal is to evaluate your child thoroughly and efficiently to make sure he or she gets the appropriate care. We strive to make your family's experience as pleasant as possible.

We are here to help you!

Assessment: Our mental health clinician and child and adolescent psychiatrist will conduct a focused mental health evaluation, assessing immediate safety concerns and further mental health needs. If indicated and urgently needed, medication may be started to help stabilize acute conditions.

Referral: The center will provide resources and support to connect you with community based mental health treatment in your area, when indicated, which includes psychotherapy, psychiatry, and case management services (for those not already in treatment).

Coordination of Care: With parental permission our team can reach out to your child's referring school, pediatrician, outpatient provider or case manager to collaborate and communicate findings and recommendations.

Transitional care: We offer short term care and/or telephonic follow-up until a connection with outpatient treatment can be established.

Please note: The Behavioral Health Center does not provide ongoing mental health treatment and cannot perform medical assessments, physical exams or diagnostic laboratory or imaging tests.

Our Location and Hours

Mount Kisco Behavioral Health Center

657 E. Main St., Mount Kisco, NY 10549

How to contact us:
Phone: 914-561-3740
Email: MTKBH@northwell.edu

Our District Partnerships*

Bedford School District
Briarcliff School District
Byram Hills School District
Chappaqua School District
Hendrick Hudson School District
Lakeland School District
Peekskill City School District
*Confirmed to date

Northwell Health®

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Planning Your Visit

Appointments are available for same day/next day or as needed. While we are available to see students in a crisis, we do ask that families always call us before coming in to ensure that there are minimal wait times.

All children and adolescents must be accompanied by a legal guardian, for us to be able to conduct the evaluation. If you are a court appointed guardian, please have your proof of guardianship papers available. Please bring your insurance card and contact information for your child's school, primary care provider and outpatient mental health providers.

If your child takes medication, please have names and dosages available. All major insurance plans are accepted and financial assistance is available for uninsured families.

Important Phone Numbers to Know:

- RVC Behavioral Health Center: 516-927-1630
- Mineola Behavioral Health Center: 516-321-5770
- Commack Behavioral Health Center: 631-775-3280
- Riverhead Behavioral Health Center: 631-803-3116
- South Oaks Hospital Admissions: 631-608-5885
- Cohen Pediatric Behavioral Health Urgent Care: 718-470-3148
- Cohen Pediatric Emergency Department: 718-470-3768
- Hudson Valley Crisis Center: Dial 211
- Center for Hope: 516-216-5194
- National Suicide Prevention Lifeline: Call or Text 988

Frequently Asked Questions

Will medication be started during my child's visit?
Medication may be started when indicated, and all necessary information to start medication is available and parent consents to medication.

Will my child be hospitalized?
The doctor may recommend that your child be admitted to the hospital. This may require your child to be taken to the emergency department for medical clearance and to complete the admission process.

Will you provide me with a written evaluation?
The clinician and doctor evaluating your child will document the assessment in your child's medical record. The record can be requested by filling out a release form. Records can be mailed or picked up in person (photo ID required). It can take up to 10 days to process these requests.

Will you provide a letter for school clearance?
A letter stating that your child may return to school and is not an imminent danger to him- or herself and others, can be provided when applicable.

Can any additional documentation or forms (for court, child protective services, school placement, etc.) be completed?
The Behavioral Health Center typically dies not complete any forms or provide any additional documentation beyond the medical record and clearance for school.

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