

BERMUDIAN SPRINGS SECONDARY SCHOOLS

Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL

1

NO SCHOOL

2

Sausage Egg N Cheese Bag
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

5

Day 4

Ham Egg N Cheese Croissant
Breakfast Potato
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice

6

Day 5

Fresh Baked Cinnamon Roll
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

7

Day 6

French Toast Sticks
Sausage Links
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

8

Day 1

Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

9

Day 2

Sausage Egg N Cheese Bag
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

12

Day 3

Ham Egg N Cheese Croissant
Breakfast Potato
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice

13

Day 4

Fresh Baked Cinnamon Roll
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

14

Day 5

French Toast Sticks
Sausage Links
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

15

Day 6

NO SCHOOL

16

NO SCHOOL

19

Ham Egg N Cheese Croissant
Breakfast Potato
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice

20

Day 1

Fresh Baked Cinnamon Roll
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

21

Day 2

Breakfast Pizza
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

22

Day 3

Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

23

Day 4

Sausage Egg N Cheese Bag
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

26

Day 5

Ham Egg N Cheese Croissant
Breakfast Potato
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice

27

Day 6

Fresh Baked Cinnamon Roll
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

28

Day 1

French Toast Sticks
Sausage Links
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

29

Day 2

Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

30

Day 3