



Mountain Home School District Food Services Newsletter

December 2025



WINTER FORECAST

WEATHER REPORT

Chili Days
WARM BELLIES

CHILI

DAYS

AHEAD

Chili Days Ahead!

As the days are getting colder, we are incorporating the warmth and robust flavors of chili, as well as other spicy and comfort foods.

Students can warm their bellies in December with comfort foods such as:

Shepard's Pie, Chili & Cheese Hot Dogs, Chicken Pot Pie, Beef Goulash with Homemade Cornbread Muffins, and Chili & Cheese Baked Potatoes. Oh, and don't forget fresh baked Cinnamon Rolls for breakfast.

Chili Days
WARM BELLIES

GET YOUR FILL +
BEAT THE CHILL



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DISCOVERY KITCHEN FUN

Spice It Up!

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Spice It Up is a celebration of international recipes that are proven to raise the bar of the spice rack. It empowers students to cook with seasonings that are sure to spice up any meal with their family and friends. Throughout December, we'll engage students with fresh recipes, delicious demos, and fun and informative nutrition education.

Get ready to add a little spice to your day!



Baked fruits are a delicious dessert sweetened naturally with spices. Try adding cinnamon or nutmeg for extra flavor and sweetness!



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FUN DAYS THIS MONTH:

12/4 .Who doesn't love a free cookie?!



12/11:Enjoy a fresh & warm Cinnamon Crunch Bagel for breakfast!



12/15 Wishing you a chocotastic day!

