



2025-2026 Local Wellness Committee

Agenda

Thursday, November 20, 2025, 11:00 a.m. – 12:00 p.m.

Special Services Conference Room

Call to Order

In person attendance: Jeanne Snodgrass, Dana Jones, Bridget Lolli, Sara Buckalew, Tracy Grant, Noel McDonald, Liz Harrison, Kim Goforth, Heather McArthur, David Egan

Virtual attendance: Kelly George, Leigh Spence, Susan Perkins

Old/Unfinished Business

- Committee Member Updates
 - Kim updated us on curriculum guidelines and how she is pushing to update them for the state of MO. Asked for the committee to support the change and to advocate for updated curriculum
 - Kim talked about the 24 our Narcan box that will be set up on Douglass HS campus
- HyVee dietitian meeting
 - Bridget updated the committee on her meeting with HyVee dietitians; shopping list featuring Smart Snack items will be created by HyVee for CPS community
- Wellness Expo update
 - Dana gave data on health fair attendance and flu vaccines. Welcomed suggestions for vendors for next year

New Business

- St. Louis Public School Meeting
 - Bridget and Dana discussed their visit to St. Louis Public Schools including the benefit of AIM zones and staff wellness on achievement, behavior referrals, and attendance
- ASHA Conference
 - Bridget shared information that was learned at the ASHA Conference – staff wellness was the main theme of the conference and how it affects student wellness. It starts at the district level and filters down.
- Student Wellness Focus Groups

Action Items

-review Triennial Assessment goals

-review America's Healthiest Schools guidelines

Can't make it in person? Join Zoom link

<https://cpsk12.zoom.us/j/94194900549>

Meeting ID: 941 9490 0549

One tap mobile

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