



Think Before You Send

Before you take or send any kind of personal or revealing photo—even of yourself—stop and think about what could happen next.



It's not a private message



- Once you send a photo, you lose control of where it goes and who sees it.
- Something meant for one person could end up being shared with lots of people, even strangers.

It can lead to real problems



- You could feel embarrassed at school or at home.
- In some cases, it could lead to serious consequences, including police involvement.

Ask yourself: "Would I be okay if everyone saw this?"



- If you wouldn't want your family, teachers, classmates or future boss to see it, don't send it.
- Even if you later delete it, someone else might have already saved and shared it.

Respect others' privacy



- Never forward someone else's private photos. It's not up to you to decide who should see them.
- Sharing without permission breaks trust and can seriously hurt someone.

Don't give in to pressure



- If someone is pushing you to send a photo that you're not comfortable with, don't do it.
- Talk to a trusted adult—someone who will support you and help you stay safe.
- Remember real friends will respect your boundaries.



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