



Inspiring Growth. Empowering Futures.

2025 Winter Resource Guide

Holiday Gifts and Meal Assistance

[Christmas House](#) Everett, WA

Christmas House is a 100% volunteer, non-profit organization in Everett, Washington that provides an opportunity for qualifying, low-income, Snohomish County parents to select free holiday gifts for their children age infant to 18 yrs old. The “store” is in the Boys & Girls Club gym at 2316 12th Street, Everett, WA

[Toys for Tots](#) Everett, WA

Managed by the Marine Corps Reserve, Toys for Tots provides toys and gifts for low-income households. Snohomish County Toys for Tots serves the entirety of Snohomish County, and the city of Shoreline.

[Angel Tree at The Salvation Army](#), Everett, WA

The Salvation Army Angel Tree helps provide gifts through an anonymous donation process. Once a child or senior adult has been registered and accepted, their wish list is shared with donors in the community. Gifts are distributed to the family directly through The Salvation Army.

[Toy Store at Marysville Food Bank](#), Marysville, WA

Toy Store is an in-person holiday gift selection event happening December 9th-11th, 2025 at Grove Church in Marysville. Registration begins November 1st and ends November 30th, or once capacity is met.

[A Christmas Wish](#), Arlington, WA

During our Family "Shopping" Event, pre-registered families can choose free gifts for their children, from newborns to high schoolers. Registration begins on November 1st and ends December 5th, with distribution taking place December 12th-13th. Applicants must reside in Arlington or Darrington.

[Everett Gospel Mission](#), Everett, WA

Special Meal Service occurs on Thanksgiving and Christmas. Guests are served restaurant style at tables with plated meals, by volunteers.



Utility Assistance

[Snohomish County PUD](#)

Snohomish County PUD offers electric rate and water rate discounts of 25% or 50% off to income-qualified households. Applications are generally reviewed near the time of your next scheduled billing date. A letter will be mailed to you letting you know if your application was approved or denied, and, if approved, at what rate. If approved, the discount rate will be for future billings and does not apply to current charges nor to past due amounts.

[Everett Utilities Water Assistance Program](#)

The Everett Utilities Water Assistance Program is a partnership between the City of Everett and Catholic Community Services. It is designed to be a once per year assistance for Everett Utility customers who have received a water shutoff notice and are at or below 200% of the Federal Poverty Level.

[Community Energy Fund, St. Vincent de Paul](#)

St. Vincent de Paul North Sound Council distributes donations made through Snohomish County PUD Community Energy Fund (formerly Project PRIDE) to qualified individuals. This is a one-time grant for families or individuals whose income is less than 150% of the federal poverty guidelines, and who have a disconnection notice. For assistance, please call our assistance line 425-355-3504.

[Lifeline Phone Program](#)

Assurance Wireless offers eligible customers a free phone with unlimited data, text, and minutes. Assurance Wireless Lifeline offer is available to eligible customers, residing in selected areas, who are approved for Lifeline service, a government assistance program. One Lifeline discounted service (landline or wireless) available per household & is non-transferable. A household is defined as any individual or group of individuals who live together at the same address & share income & expenses.

[Low-Income Home Energy Assistance Program](#)

Commerce's Low-Income Home Energy Assistance Program (LIHEAP) aims to help low-income households in Washington state receive affordable, dependable utility services and avoid disconnection.

[Free Weatherization Programs for Owners or Renters](#)

This program offers free weatherization help to those who qualify based on income, including repairs to windows, functional checks of heating systems, sealing of larger leak areas with caulk and weather-stripping, and various insulation work. Landlords must approve work performed on the renter's behalf.



Cold Weather Shelter Information

[Snohomish County Cold Weather Shelters](#)

Multiple locations in Snohomish County provide overnight shelter during dangerously cold weather. Cold Weather Shelters are operated by community-based organizations, volunteer groups, and communities of faith across Snohomish County. Cold Weather Shelters typically open when overnight temperatures are expected to be 34 degrees F or lower. The cold weather season begins in November and lasts through March of the following year. Youth between the ages of 12-17 years of age who need shelter may call 360-805-9282

Daytime Warming Centers

Sno-Isle Community Libraries are open to the public as daytime warming centers. Nearby locations include:

- Arlington: 135 N Washington Ave (360) 435-3033
- Lakewood Smokey Point: 3411 169th Place NE (360) 651-0774
- Marysville: 6120 Grove St (360) 658-5000
- Stanwood: 9701 271st St NW. (360) 629-3132

Food Distribution

[Snohomish County Food Bank Coalition](#)

The Snohomish County Food Coalition connects individuals and families with food assistance across the region. Please review the list of participating food banks to find a location convenient for you.

[Arlington Food Bank](#) *(Appointment Required)*

19118 63rd Avenue NE Arlington WA, 98223

Mondays & Wednesdays 4:00pm-6:00pm, Fridays 12:30pm-2:00pm

Closed November 27th-28th, and December 22nd – January 1st.

[Marysville Food Bank](#) *(Appointment Required)*

4150 88th Street NE Marysville, WA 98270

Monday 9:00am-11:00am, Tuesday 3:00pm-6:00pm, Friday 9:00am-11:00am

Last Wednesday of every month, 5:30pm-7:30pm

[Salt of the Earth Food Blessing](#)

- Arlington: 3310 Smokey Point Dr, Arlington, WA 98223
Saturdays at 12:00pm (Drive-thru style)
- Marysville: 11911 State Ave, Marysville, WA 98271
Thursdays at 11:30am (Drive-thru style)



[Volunteers of America Everett Food Bank](#) (Appointment Suggested)

1230 Broadway, Everett, WA 98201

Mondays, Wednesdays, Thursdays 10:00am-2:00pm

Second and Fourth Tuesdays, 2:00pm-5:00pm

Community Resource Centers:

[LINC NW Family Resource Center](#)

1424 172nd St NE Marysville, WA 98271

Tuesday, Wednesday, Thursday 9am-2pm

[Arlington Community Resource Center](#)

103 East 3rd St (2nd Floor) Arlington, WA 98223

Monday – Thursday 9am-12pm & 1pm-4pm

Resource Guides

- HASCO Guide to Resources in Snohomish County: https://hasco.org/forms/community-resources/Snohomish_County_Resource_Guide.pdf
- Washington Teen Link Resource Guide: <https://www.teenlink.org/resources/>
- LINC NW Community Resource Guide: <https://www.lincnw.org/community-resource-list>
- Help Me Grow: <https://resources.helpmegrowwa.org/>

Student Support Advocates

The role of the Student Support Advocate (SSA) is to provide case management services, navigation of community resources, and advocacy for social support services. To meet your student or family's comprehensive needs, we will connect you with community partners and appropriate social agencies. We strive that all Lakewood families have at least their basic needs met, which include, but are not limited to; food, clothing, and shelter.

Heather Szalda-Omlid, All Elementary Schools

Work Cell: 360-322-2358

homlid@lwsd.wednet.edu

Emily Schulenburg, All Secondary Schools

Work Cell: 360-322-0081

eschulenburg@lwsd.wednet.edu



Housing Information Resource Tool for Families in Housing Crisis:

Coordinated Entry: Dial 2-1-1 to connect with a referral specialist. *No other organization or agency will assist until you have completed the 211 process and are in the system for them.* This process and procedure are county-wide. Coordinated Entry is a process for individuals and families in Snohomish County who are experiencing or at imminent risk of homelessness to access services and resources. Applicants will be screened for eligibility, prioritization, and program matching for a more efficient and effective system to access appropriate programs.

For Prevention Navigation if you have not yet lost your housing, need help for utilities, etc.:

- Volunteers of America, Everett: 425- 259-3191
- Marysville Salvation Army: 360-926-2228

For Housing Resource Navigation:

Snohomish County Human Services: 8am-5pm 425-388-7200
(Veteran assistance, Shelter, Rapid Rehousing Information)

- Arlington Community Resource Center: 360-322-6988
- Catholic Community Services: 425-257-2111
- Carnegie Resource Center: 425-434-4680

Emergency Shelters

Emergency Shelters serve individuals and families on a day-to-day basis. If you need a place to stay tonight, call any of these organizations to see if there are available beds.

- **24-hour crisis hotline** operated by Domestic Violence Services: 425-252-2873
- Cars to Housing Safe Parking Program if you live in your vehicle: 425-200-5121
- Cocoon House for youth and young adults: Safe Place Hotline 425-877-5171
- Everett Gospel Mission: 425-740-2550
- Homeless Veterans: 425-293-0557
- Interfaith Family Shelter: 425-303-9774
- Interfaith Family Shelter Hotline: 425-200-5121 You must leave a message.
- Tulalip Shelter: 425-716-4500
- Women with children: YWCA: 425-258-2766 or 206-461-4882



Mental Health Referral Resource List

Crisis:

- 988: Suicide & Crisis Lifeline 24/7 support
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255) En Español: 1-888-628-9454
- Text TALK to 741741 to text with a trained crisis counselor from the Crisis Text Line 24/7
- HearMeWA: 1-888-537-1634 or text HearMeWA to 738477. Free 24/7 support
- 24 Hour Crisis Line: 1-866-427-4747 (Website in over 100+ languages)
- Teen Link: (talk to a peer, 6-10pm) 1-866-833-6546 (Website in multiple language)
- The Steve Fund (people of color): Text STEVE to 741741 access a culturally trained counselor
- Trevor Project (LGBTQ youth): 1-866-488-7386 or text START to 678678
- imhurting Crisis Chat (24 hour): 1-800-584-3578
- Suicide Hotline for Deaf or Hard of Hearing: For TTY Users: Use your preferred relay service or dial 711 then 1-800-273-8255

Websites:

- Crisis Connections: <https://www.crisisconnections.org/> (Over 100+ languages)
- Parent Help: www.parenthelp123.org (English & Spanish)
- The Trevor Project (LGBTQ+ youth): www.thetrevorproject.org
- American Foundation for Suicide Prevention: <https://afsp.org>
- National Suicide Prevention Hotline: <https://suicidepreventionlifeline.org/>

Social Services and Counseling:

- Volunteers of America (English & Spanish): 211 or 1-800-223-8145. www.voa.org
- Washington's Mental Health Referral Service for Children and Teens: 1-833-303-5437. Free referral services in multiple languages. In partnership with Seattle Children's.
- Charlie Health: 206-495-6796. Personalized intensive mental health care. www.charliehealth.com
- Family Help Line: 1-800-932-HOPE (4673).
- Family Health Hotline (All languages): 1-800-322-2588
- Compass Health: Smokey Point Office: 425-349-8700. www.compasshealth.org
- Sea Mar Counseling Services: (English & Spanish) 425-609-5505. <http://www.seamar.org>
- Center for Human Services: 206-362-7282. <http://www.chs-nw.org>
- Cocoon House - Prevention Services: 425-317-9898. <http://www.cocoonhouse.org/>
- WA Counselors of Color Network (All languages): 425-310-2345. <https://www.multiculturalcounselors.org> Serves an array of ethnic clients needing counseling.
- Inclusive Therapists (All languages): <https://www.inclusivetherapists.com/> Centers on the needs of marginalized populations.

Alcohol/Drug Abuse:

- National Alcohol and Drug Abuse Hot Line: 1-800-252-6465
- Substance Abuse and Mental Health Services Administration (English & Spanish): 1-800-622-HELP (4357). <https://www.samhsa.gov>