



October, November, December 2025
LCAT NEWS

Lodi Community Action Team
School District of Lodi
115 School Street
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Our vision: A community where all youth are empowered to make healthy choices



Greetings!

August was our busiest month yet! We packed so many amazing events into the summer that it flew by in a flash! From Duck the Wall with Art Show and the Susie the Duck Parade to the Lodi High School Leadership Council Trip, Picture Day, and National Night Out—we loved every opportunity to connect with our community.

Now that school is in session, we are focusing on prevention programming, collaborating with community partners on projects and planning the next big events. We would love for you to attend an LCAT meeting and be a part of it! **Our next meeting is Thursday, November 19, 2025 9 am-10 am at the School District of Lodi Board Room 115 School Street Lodi.** We will have a guest speaker from the Columbia County Veterans Service Office sharing information and resources for those who have served. Please come with questions.

Hope to see you there!

Bryan & Sara
LCAT Team



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ENGAGE

**DESCRIPTION: BUILD TRUST THROUGH
ENHANCED PARTICIPATION WITH INCREASED
VISIBILITY AND ACCESSIBILITY**



LCAT's Third Annual Duck the Wall with Art Show occurred on Friday, August 1st. The art show was held in conjunction with the Chalk the Walk Event which is sponsored by Reach Out Lodi. The event showcased students' artwork, which they could show or sell. This family-friendly event builds the confidence of many of our talented student artists. Thank you to Reach Out Lodi for being such a great community partner.



On Tuesday, August 5th, National Night Out took place at Habermann Park in Lodi. The 11th annual event gets the Lodi Community together to honor our first responders! Many youth-oriented organizations, along with members of our first responders, interacted with attendees.



EMPOWER

**DESCRIPTION: FOSTER A SENSE OF BELONGING
AND PROVIDE COMPREHENSIVE EVIDENCE BASED
PREVENTION THROUGH COLLABORATION**

Leadership Council Retreat

On Monday, August 4th, LCAT attended the Youth Leadership Retreat at Devils Lake State Park, which was sponsored by the High School's Leadership Council. LCAT conducted a focus group exercise with the students as part of developing a new campaign. The students had a great time at Devils Lake, participating in many different activities throughout the day!



ELEVATE

DESCRIPTION: PROVIDE SUPPORT AND
RESOURCES THROUGH TARGETED
INTERVENTIONS



According to the 2023 Youth Risk Behavior Survey, 32% of Lodi High School Students had at least one drink in the past 30 days. Among students who drank, 32% had their first drink before the age of 13! If you are a parent or caregiver, what should you do???

TALK ABOUT IT!

Check out these **Small Talks** tips sponsored by the Wisconsin Department of Health Services.

Small Talks



Help kids grow up alcohol-free: Have small talks

Small talks about underage drinking can make a difference in a kid's choices. That's because kids really do listen. **Research shows having frequent, casual conversations about alcohol, starting around age 8, can be a lot more effective**—and a lot less intimidating—than one super serious discussion. So, start talking. Keep listening. Help give a kid the confidence to grow up alcohol-free.

Visit **SmallTalksWI.org** for talk tips, facts, and more.

Start with 3 Fast Facts

1

A lot of kids believe "everybody does it." But underage drinking isn't as popular as you'd think.

- 86% of Lodi Middle School students did NOT drink alcohol in the last 30 days! ¹
- 68% of Lodi High School students did NOT consume alcohol in the last 30 days! ¹

2

Alcohol affects kids' brains more powerfully than adults, and drinking before the brain is fully grown can have devastating effects.

- Drinking alcohol can slow a teen's brain activity for weeks. ²
- Research shows that people who start drinking before the age of 15 are at a higher risk for developing alcohol use disorder later in life. ³

3

Underage drinking can seriously impact nearly every aspect of a young person's life, from their behavior, relationships, and mental health.

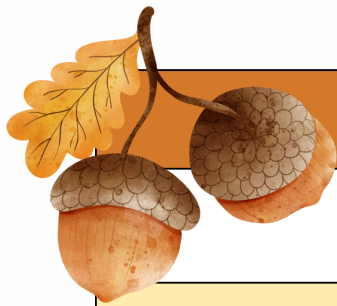
- Underage drinking is associated with higher rates of depression, anxiety, and suicide.⁴

¹ School District of Lodi Youth Risk Behavior Survey 2023.

² Alcohol & The Adolescent Brain: Immediate Impairment, Long-Term Consequences, 2016

³ National Survey on Drug Use and Health, 2023

⁴ Alcohol & Public Health Fact Sheet: Underage Drinking, 2023.



OCTOBER

No LCAT Meeting

NOVEMBER

November 19, 2025
9:00 am–10:00 am

LCAT Meeting

School District of Lodi Board Room
115 School Street Lodi, WI

Topic: Columbia County Veterans Service
Office

December

No LCAT Meeting