



School Health Advisory Council (SHAC)

Agenda December 4 , 2025

School Health Advisory Council Meeting

Thursday, December 4 · 5:00 – 6:00pm

Time zone: America/Chicago

Google Meet joining info

Video call link: <https://meet.google.com/hna-arcy-gfj>

Or dial: (US) +1 346-707-0237 PIN: 721 817 455#

More phone numbers: <https://tel.meet/hna-arcy-gfj?pin=6357775086134>

Call to Order: 5:05 pm

Welcome and Introductions

Ashla Martin

Read and approve past meeting minutes:

Minutes from October meeting read by S.Morris. Motion to approve by N.Whitaker, 2nd motion C. Morgan

Wellness Presentation

Destination Wellness

Sanjay Evans from Destination Wellness, provided insights into holistic health services, particularly relevant during the holiday season. He highlighted common health concerns such as stress and burnout, offering strategies for managing these issues through mindful eating, maintaining a balanced diet, and fostering emotional connections within families.

Bus Transportation

Alexus Morris

Concerns raised about a recent bus incident that could jeopardize student safety. Alexis Morris discussed a near-miss bus incident in a congested area, emphasizing the need for improved safety measures. Will reach out to transportation for guidance.

Updates

Shentrell Morris

Updated the council on vaccination records, indicating that 57 scholars are either delinquent or in the process of getting their vaccinations, which is critical for compliance with state requirements.

Discussed efforts to establish a policy for managing unassigned medication for respiratory distress.

Will contact Mr. Carroll to discuss any amendments to the bylaws for the next meeting.

Closing Comments/ Adjournment: Ashla Martin : 5:41 pm