

### **Internet & Phone/Internet y Teléfono**

#### **Cox: Connect2Complete**

\$9.95/mo \$9.95/al mes

[www.cox.com/c2c](http://www.cox.com/c2c)

#### **Spectrum: Internet Assist/Apoyo del Internet**

PRICES VARY /EL PRECIO VARIA

[www.spectrum.com/internet/spectrum-internet-assist?](http://www.spectrum.com/internet/spectrum-internet-assist?opredirect=browse-content-spectrum-internet-assist)

[opredirect=browse-content-spectrum-internet-assist](http://www.spectrum.com/internet/spectrum-internet-assist?opredirect=browse-content-spectrum-internet-assist)

#### **Comcast: Internet Essentials/Internet Esencial**

\$9.95/mo \$9.95/al mes

[www.xfinity.com/learn/internet-service/internet-essentials](http://www.xfinity.com/learn/internet-service/internet-essentials)

#### **T-Mobile: Project 10 Million**

FREE for eligible students/GRATIS para estudiantes elegibles

[www.t-mobile.com/brand/project-10-million?](http://www.t-mobile.com/brand/project-10-million?)

[icid=TFB\\_TMO\\_P\\_20TENMM\\_3EPLPL260ZRP2KVP622529](http://www.t-mobile.com/brand/project-10-million?)

#### **Visible by Verizon**

\$25/mo - 1 phone line + mobile hotspot included

\$25/al mes - 1 línea telefónica + hotspot móvil incluido

[www.visible.com](http://www.visible.com)

#### **Other Services/Otros Servicios**

##### **Housing and Community Development Services/Servicios de**

##### **Vivienda y Desarrollo Comunitario**

858-694-4801

##### **Senior Services/Servicio para Adultos Mayores**

1-800-339-4661

##### **Behavioral Health Services/Servicios de Salud Conductual**

619-563-2700

Suicide & Crisis Lifeline/Suicidio y Crisis

988

##### **Child and Family Services/Servicio para Niños y Familias**

877-792-5437

##### **Free Tutoring - Homework Help**

Mondays & Tuesdays: 3:00-5:00pm - Grades K-9

Encinitas Library - 540 Cornish Dr., Encinitas, CA 92024

(760)753-7376

\*No signups necessary/meet at study table near the mural

##### **Disaster Assistance Services for Immigrant Californians**

<https://cdss.ca.gov/Portals/13/DisasterAssistanceGuideforImmigrantCaliforniansFinal.pdf>

##### **Showers of Blessings**

Saturdays: 8:00am-12:00pm

St. Andrew's Episcopal Church - 890 Balour Dr., Encinitas CA 92024

Laundry Program: Tuesdays & Wednesdays (8:00am - 11:00am)

Jolly Clean Giant - 132 Encinitas Blvd., Encinitas CA 92024

##### **Community Legal Aid**

[https://docs.google.com/spreadsheets/d/1ZG\\_A-](https://docs.google.com/spreadsheets/d/1ZG_A-m7pre1dr4tfmhCnsjmsr7yhPEN2aACNZCoic3Y/edit?usp=sharing)

[m7pre1dr4tfmhCnsjmsr7yhPEN2aACNZCoic3Y/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1ZG_A-m7pre1dr4tfmhCnsjmsr7yhPEN2aACNZCoic3Y/edit?usp=sharing)

---

*We are the shapers  
of great minds and  
honorable values.*

---

*Somos los forjadores  
de mentes brillantes  
y valores  
honorable.*



Community  
Resources for  
Families

Recursos de la  
Comunidad para  
Familias

Encinitas Union School District

101 S. Rancho Santa Fe Rd

Encinitas, CA 92024

Contact Us  
Contacte a Nuestro  
Personal

**Before & After School Care/Cuidado Antes y Después de Escuela**

**Right at School**

Silvia Rivera 928-294-9596

**Boys & Girls Club of San Dieguito -Encinitas Griset Branch**

760-753-6351

crosillo@bgcsandieguito.org

**Magdalena Ecke Family YMCA**

760-942-9622

**YMCA EUSD Farm Lab/Huerto de EUSD**

760-423-9459

eckefarmlab@ymca.org

441 Quail Gardens Dr

Encinitas, CA 92024

**YClub @ Capri/YClub sólo en Capri**

760-525-1839

skohler.ymcasd.org

941 Capri Rd

Encinitas, CA 92024

**Health Resources/Recursos de Salud**

**Lions Club**

Vision & Glasses/Visión y Lentes

Contact District Nurse/Contactar a la enfermera del distrito escolar al 760-518-7902 o 760-504-6465

**St Leo's Catholic Church**

Medical-Dental Clinic

936 Genevieve St

Solana Beach CA 92075

Dental	Medical
Wednesday/miércoles 5:30-9:00p.m. Saturday/sábado 8:00a.m.-12:00p.m. Appointment only/Sólo con cita 858-314-9411	Wednesday/miércoles 6:00-9:00p.m. Saturday/sábado 9:00a.m.-12:00p.m.

**Medi-Cal**

1-866-262-9881 or 211

**TrueCare Encinitas**

Medical-Dental-Vision

1130 2nd Street, Encinitas CA 92024

760-736-6767

Monday/Lunes-Friday/Viernes

8:00am-5:00pm

**Immunizations/Vacunas**

Oceanside: Public Health Center-Norht Coastal/Centro de Salud Publica-Zona Costera

3609 Ocean Ranch Blvd, Ste 104. 760-967-4401

Monday, Tuesday and Friday/ Lunes, Martes y Viernes (8:00am-4pm)

**Food Pantry/Despensa de Comida**  
**Community Resource Center**

650 Second Street, Encinitas CA 92024

760-753-8300/ crncce.org

Food Distribution/Distribución de Comida (con boleto)

Monday-Friday/Lunes-Viernes (11:00 a.m.-2:00 p.m.)

(Boletos se reparten entre 10:30 a.m.-1:30 p.m.)

Commodities/Productos

Monday-Thursday/ Lunes-Jueves(8:30 a.m.-4:30 p.m.)

Friday/Viernes( 8:30 a.m.-2:00 p.m.)

**St Andrew's Episcopal Church**

890 Balour Dr, Encinitas CA 92024

760-753-3017

Thursday/jueves de 2:00-4:00PM

Admission form required

Necesario formulario de admisión

Gives diapers/se distribuyen pañales

Meal is served/Sirven Comida

For the Un-housed ONLY/SOLO para personas sin hogar

Saturday/sábado 10:00 AM

**St John's Catholic Church**

1001 Encinitas Blvd, Encinitas CA 92024

760-753-6254

Monday/lunes 9AM-11AM (except major holidays/Excepto días Festivos importantes)

**Venture Church**

777 Santa Fe Dr, Encinitas CA 92024760-452-0893

ventureespanol.com

Every Wednesday from 8:30am-10:00am

Cada miércoles de 8:30am-11:00am

Gives Diapers/se distribuyen pañales

**Cottonwood Creek Park**

Fill-A-Belly

95 N Vulcan Ave, Encinitas CA 92024

Meal is served/Sirven Comida

Tuesday/martes 7:00PM

**Coastal Roots Farm**

441 Saxony Rd, Encinitas, CA 92924

Hours/Horario Sunday/Domingo 10 am - 3 pm

Thursdays/Jueves 12 pm- 3 pm

Offer those in need up to \$30 at no cost/ Se ofrece a las personas que necesitan \$30 de alimentos gratis.

Accepts EBT/Acepta EBT

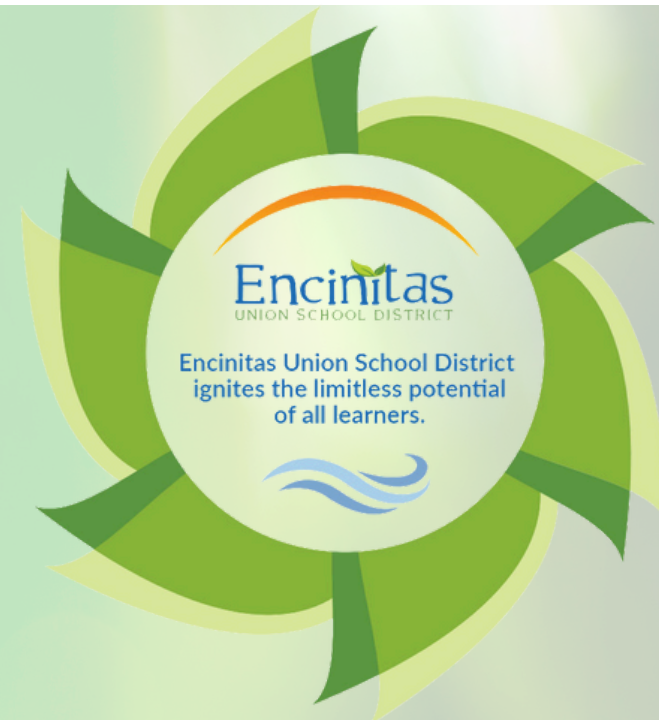
**Preschool Program/Programa de Preescolar Easter Seals**

Maria Galan

Office: 760-743-1185 • Cell: 619-748-6995

[Maria.Galan@essc.org](mailto:Maria.Galan@essc.org)

[easterseals.com/southernca](http://easterseals.com/southernca)



## EUSD School Community Liaison

**Cristina Palacios** 760-944-4319 ext 1254

[cristina.palaciosmaldonado@eusd.net](mailto:cristina.palaciosmaldonado@eusd.net)

Paul Ecke Central Elementary

**Lourdes Alarcon** 760-944-4318 ext. 1253

[lourdes.alarcon@eusd.net](mailto:lourdes.alarcon@eusd.net)

Ocean Knoll Elementary | La Costa Heights Elementary

**Guadalupe Barnett** 760-944-4320 ext 1255

[Guadalupe.barnett@eusd.net](mailto:Guadalupe.barnett@eusd.net)

Park Dale Lane Elementary | El Camino Creek Elementary

**Maria Casas** 760-944-4316 ext. 1251

[maria.casas@eusd.net](mailto:maria.casas@eusd.net)

Capri Elementary | Flora Vista Elementary

**Susanna Miranda** 760-944-4317 ext. 1252

[susanna.miranda@eusd.net](mailto:susanna.miranda@eusd.net)

Olivenhain Pioneer Elementary | Mission Estancia Elementary