Wellness Council Meeting Minutes

June 11, 2025

Members:

Kai Byrd (Superintendent)	Caitlin Bruni (Nurse)
Jackie Nathman (Assistant Principal)	Peter Ferrara (Chartwells Director of Dining Services)
Brandy Spargo (HR, BOE Executive Assistant)	Andrea Hubbard (Curriculum Coach)
Donna Ricciardi (Business Manager)	Panos Lapatas (Parent)
Teri Brunelli (BOE Office Assistant)	Jennifer Searles (Parent)

Attending: Kai Byrd, Brandy Spargo, Donna Ricciardi, Teri Brunelli, Peter Ferrara

Absent: Panos Lapatas, Caitlin Bruni, Jackie Nathman, Andrea Hubbard, Jennifer Searles

Visitors: None

Call to Order

- Mrs. Brunelli called the meeting to order at 3:30 p.m. via Zoom.

Approval of Minutes

1. **Motion** by Ricciardi, second by Spargo to approve the March 31, 2025 meeting minutes as presented. *The motion carries 5 yes, 0 abstain*

Agenda

1. Update on Staff and Student Wellness
    a. Triennial Assessment
        ➔ Mrs. Brunelli stated Assessment is almost complete
        ➔ Due June 2025
2. Mrs. Spargo gave update on new health insurance company
    a. Switching from Connecticare to Anthem Blue Cross Blue Shield
    b. Mrs. Spargo will also look into Wellness Dollars

APPROVED

Future agenda items

- Approval of June 11, 2025 Meeting Minutes
- 2025-2026 Student Wellness
- Update on Triennial Assessment

Adjournment

- Meeting adjourned at 3:37 p.m.

Next meeting: TBD

APPROVED