SYOSSET

HIGH SCHOOL

COLLEGE PLANNING

WORKSHOP

December 2, 2025

GUIDANCE DEPARTMENT

SYOSSET HIGH SCHOOL
GUIDANCE DEPARTMENT

COLLEGE TESTING CALENDAR
2025-2026

IT IS ADVISABLE TO REGISTER WELL IN ADVANCE OF THE REGULAR REGISTRATION TO ENSURE THAT YOU ARE ASSIGNED TO YOUR FIRST CHOICE TEST CENTER.

TEST	TEST DATE	REGULAR REGISTRATION DEADLINE
SAT *	August 23, 2025	August 8, 2025
ACT & Writing Option *	September 6, 2025	August 1, 2025
SAT*	September 13, 2025	August 29, 2025
SAT	**October 4, 2025**	**September 19, 2025**
PSAT	**October 11, 2025**	**Info coming in September**
ACT *	October 18, 2025	September 12, 2025
SAT *	November 8, 2025	October 24, 2025
SAT *	December 6, 2025	November 21, 2025
ACT *	December 13, 2025	November 7, 2025
ACT *	February 14, 2026	January 7, 2026
SAT *	March 14, 2026	February 27, 2026
ACT	**April 11, 2026**	**March 6, 2026**
SAT	**May 2, 2026**	**April 17, 2026**
SAT	**June 6, 2026**	**May 22, 2026**
ACT	**June 13, 2026**	**May 8, 2026**
ACT *	July 11, 2026	June 5, 2026

* THESE TESTS ARE NOT GIVEN AT SYOSSET HIGH SCHOOL

Syosset School Code…….335-443
SAT Test Center Number…..33-906
ACT Test Center Number…..199590

Apply online at: www.collegeboard.org and www.act.org.
Students must report to the Test Center at 7:30 a.m. with an admissions ticket, photo I.D., FULLY CHARGED school issued CHROMEBOOK, calculator and pen or pencil

5/14/2025

Questions to consider during the College Search process:

Questions for the College:

- Do you require standardized testing for my cohort?
    - If Test Optional: when to send or withhold?
- What classes are needed or preferred for my intended major?
- How competitive is my intended major? If not accepted:
    - Can I transfer into the program sophomore year?
    - Will you consider me for a 2nd choice major?
- Do you give credit for dual enrollment & AP courses?
    - Do you have an AP credit transfer site to see what scores earns credit?
    - Are there restrictions for dual enrollment credits?
- What scholarships do you offer; need and merit based?
    - require additional applications or automatic consideration?
    - merit money: What's the range? What GPA is required to keep the scholarship?
- Out-of-state enrollment? male/female ratio?
- Class size for typical freshman and sophomore classes? lecture halls?
    - Look beyond what they advertise
- Application deadlines: is EVERYTHING (Ex: teacher & counselor recommendations, test scores, application, essays, & STARS) due by the deadline date to be considered or only the students part?

Family Conversations:

- Talk honestly about college costs and what you are comfortable spending?
    - Will your student be expected to apply for loans?
- What is a reasonable number of colleges to apply to?
    - Be realistic, more applications don't always mean more acceptances.
- How many students from Syosset, Long Island & the Northeast apply to this school?
    - Popularity impacts acceptance
- How hard did your student work in their HS classes? Strong/weak executive functioning skills?
    - Did they get a lot of support from teachers, tutors and family?
- Does your student have medical needs that need to be considered?
- Distance from home, does this matter to you?
    - Ability and ease of coming home, travel time and cost involved?

Junior Year To-Do's

☐ **Schedule:** your individual *Jr. Planning Meeting* (JPM) January- April	☐ **Attend:** SHS College Night March 31st!
☐ **Complete:** *'Student & Parent Brag Sheets'* ☐ (email your counselor **PRIOR** to JPM) ☐ *It helps your counselor write a thoughtful letter*	☐ **Attend:** ☐ college fairs ☐ regional presentations ☐ virtual information sessions
☐ **Ask:** 2 teachers to write your '*formal letters of recommendation*'	☐ **Ask:** teachers to complete SHS '*Supplemental Comment*' Forms (optional)
☐ **Register & take:** *SAT/ACT* ☐ *Research Test Optional schools* ☐ - SHS Code 335-443	☐ **Attend:** Student/Counselor groups to review the college process- April
☐ **Research:** ☐ Colleges ☐ Costs ☐ Programs of interest ☐ 4 year program requirements ○ All coursework on line	Enjoy your summer, you deserve it!

Summer between Junior & Senior Year

☐ **Create:** *Common Application* account (around August 1st)	☐ **Research:** ☐ Colleges ☐ Costs ☐ Programs of interest ☐ 4 year program requirements ○ All coursework on line
☐ **Match:** your Common Application & Naviance accounts	☐ **Attend:** SHS *Boot Camp* in August if needed
☐ **Sign:** *FERPA* agreement & make sure you "Waive your Rights"	☐ **Register:** fall SAT & ACT if needed
☐ **Start:** Applications *Do as much as you can while you don't have schoolwork!	☐ **Visit:** Colleges, take a tour ☐ **Watch:** ○ regional presentations ○ virtual information sessions
☐ **Write:** essays & supplements- *Do as much as you can while you don't have schoolwork!	☐ **Type:** '*Activity Resume*' if you can't fit all your information in the Activity Section of the Common Application

Senior Year To-Do's

☐ **Attend:** Student/Counselor groups to review the college process-week #2	☐ **Send:** Official Test scores if required by college
☐ **Attend:** College Application Workshop- for parents & students to review college process, if needed	☐ **Make a spreadsheet of ALL:** ○ College deadline ex: ED,EA, RD, rolling ○ Writing requirements ○ Who takes an Activity Resume ○ If you are applying through Common App or direct to institution (ex:CUNY)
☐ **Watch:** SHS Financial Aid video	☐ **Attend:** Essay Writing Workshop if needed
☐ **Complete:** Parents submit FAFSA & CSS Profile	☐ **Attend:** Interview Skills Workshop if needed
☐ **Retake:** SAT & ACT if needed	☐ **SUBMIT:** **Transcript Request Forms**- IN PERSON, to counselor 3wks prior to deadline, **DO NOT** email
☐ **Complete:** STARS if required	☐ **Complete:** applications, pay & submit!
☐ **Follow up:** with teachers writing Recommendation letters	☐ **Read:** Senior Bulletin -emailed monthly ○ Scholarships ○ College Representative Visits to SHS (dates & times)
☐ **Invite:** teachers through Naviance to upload recommendation letter, **by your earliest application deadline**	☐ Once a college receives your application, you will be emailed & instructed to **create your own portal**: check that everything was received (Ex: transcript, letters, test scores, STARS, FAFSA)

STUDENT BRAG SHEET

Dear Student,

Please help your counselor prepare your letter of recommendation by responding to the following questions with great detail. Please only include information you want your counselor to disclose to a college.

1. What are you most proud of (personal or academic) from high school?
2. What are your possible future career goals/college majors? What have you done outside of class to pursue them, i.e., internships, part-time jobs, community service, etc.?
3. Which extracurricular activities/community activities have been most meaningful to you and why? Have you assumed a leadership position?
4. Is there anything you would like me to communicate to a college on your behalf? Extenuating circumstances, things I don't know about you, special talents.

Please type your responses and return them to me via email.

Thank you,
Your School Counselor

PARENT BRAG SHEET

Dear Parent/Guardian,

Please help your counselor prepare your child's letter of recommendation by responding to the following:

1. If you had the opportunity to write to admissions about your child, what makes them stand out amongst their peers? Please share a paragraph to support this.
2. What strengths and/or personality traits does your child possess? Please share examples of when they demonstrated this.
3. Describe specific events from high school that have made you particularly proud of your child.
4. If applicable, provide an explanation of any family, health or other circumstance that has affected your child or their secondary school performance.

Please type your responses and return to me via email.

Thank you,
Your School Counselor

SUPPLEMENTAL COMMENT FORM

(optional)

STUDENT: This form can be given to the **Elective Teacher, Advisor, Employer or Coach** of your choice.

STUDENT _____ COUNSELOR _____ DATE DUE_____

TEACHER/ADVISOR/COACH _____

COURSE/ACTIVITY _____ GRADE WHEN TAUGHT _____

- ***Please provide any anecdotes or examples that demonstrate the student's strengths, achievements or notable qualities. Thank you.***

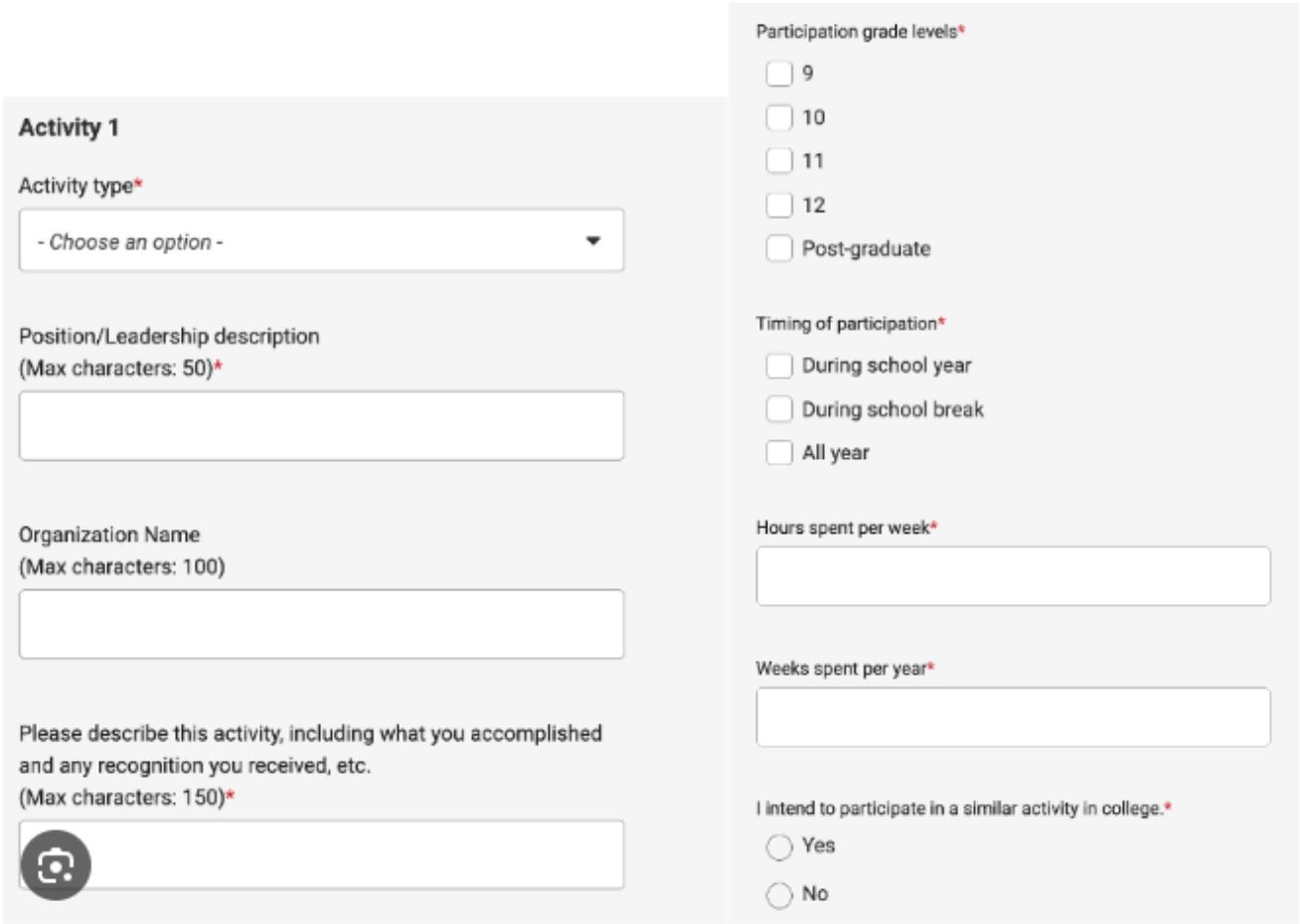
PRINT SAVE AS

EMAILED RESPONSES ARE WELCOME! THANK YOU.

Rev. 11/19

Activity Section of Common Application

- You will have the opportunity to list 10 of your most important activities from in and out of school, **in order of importance.**
    - Ex: work, sports, community service, club
- Start formatting your activities now! It will make doing the application easy!
- Some universities allow applicants to upload a formal resume, but this section must also be completed.



Activity 1

Activity type*

- Choose an option -

Position/Leadership description
(Max characters: 50)*

Organization Name
(Max characters: 100)

Please describe this activity, including what you accomplished and any recognition you received, etc.
(Max characters: 150)*

Participation grade levels*

- 9
- 10
- 11
- 12
- Post-graduate

Timing of participation*

- During school year
- During school break
- All year

Hours spent per week*

Weeks spent per year*

I intend to participate in a similar activity in college.*

- Yes
- No

Common Application Activity Worksheet

(*Note: Characters not words)

1. Activity Type: Choose- arts or music,clubs, community, family responsibilities, hobbies, sports, work or volunteer, other: _____
Position/leadership:(50 characters) _____
Organization Name:(100 characters)

Describe Activity:(150 characters)

2. Activity Type: Choose- arts or music,clubs, community, family responsibilities, hobbies, sports, work or volunteer, other: _____
Position/leadership:(50 characters) _____
Organization Name:(100 characters)

Describe Activity:(150 characters)

3. Activity Type: Choose- arts or music,clubs, community, family responsibilities, hobbies, sports, work or volunteer, other: _____
Position/leadership: (50 characters) _____
Organization Name:(100 characters)

Describe Activity:(150 characters)

Syosset High School
Class of 2025
Enrollment Summary

Adelphi University	8	Fairfield University	3
Alfred State College	1	Farmingdale State College	4
The American University of Paris	1	Fashion Institute of Technology	3
University of Arizona	1	Five Towns College	1
Babson College	5	Florida Atlantic University	1
CUNY Bernard M Baruch College	6	Florida Gulf Coast University	1
Bates College	1	Florida State University	1
Binghamton University	32	University of Florida	12
Boston College	3	Fordham University	9
Boston University	11	Franklin and Marshall College	1
Brandeis University	2	University of Georgia	5
Brown University	1	High Point University	2
Bucknell University	1	Hobart and William Smith	2
California State University-Northridge	1	Hofstra University	16
University of California-Berkeley	3	CUNY Hunter College	6
University of California-Irvine	1	University of Illinois at Urbana	2
University of California-Los Angeles	1	Indiana University-Bloomington	14
University of California-San Diego	5	Iona University	1
University of California-Santa Cruz	1	Ithaca College	1
Carnegie Mellon University	7	CUNY John Jay College	2
University of Central Florida	3	Johns Hopkins University	1
College of Charleston	1	Keio University	1
University of Chicago	1	Lake Erie College of Osteopathic Med	1
Clemson University	2	Lehigh University	5
Colgate University	2	Long Island University - Post	4
University of Colorado Boulder	3	Manhattan University	1
Columbia University NYC	2	Marist University	6
University of Connecticut	6	University of Maryland-College Park	4
Cornell University	25	Marymount Manhattan College	1
The City University of New York - CUNY	1	Massachusetts Institute of Technology	1
CUNY Macaulay Honors College	1	University of Massachusetts-Amherst	4
University of Delaware	5	Michigan State University	2
Duke University	3	University of Michigan-Ann Arbor	8
East Carolina University	1	University of Minnesota-Twin Cities	1
Eastern University	1	Molloy University	2
Elon University	1	Muhlenberg College	1
Embry-Riddle Aeronautical U-Daytona	1	Nassau Community College	6
Emory University	6	New York Institute of Technology	2

New York University	21
U of North Carolina at Chapel Hill	1
Northeastern University	18
NYU Shanghai	1
University of Otago	1
Pace University	2
Palm Beach Atlantic University	1
Pennsylvania State University	21
University of Pennsylvania	3
University of Pittsburgh	2
Pratt Institute - Brooklyn	1
Princeton University	1
Purdue University-Main Campus	1
CUNY Queens College	1
CUNY Queensborough Comm College	1
Quinnipiac University	1
Rensselaer Polytechnic Institute	5
Rhode Island School of Design	2
University of Rhode Island	2
Rice University	2
Rochester Institute of Technology	1
University of Rochester	2
Rockland Community College	1
Rutgers University-New Brunswick	9
Salve Regina University	1
School of Visual Arts	1
University of Scranton	2
Siena College	1
The Sophie Davis School of Biomed Ed	2
University of South Carolina-Columbia	15
University of South Florida	2
University of Southern California	4
St. John's University-New York	11
St. Joseph's University, New York - LI	1
St. Thomas Aquinas College	1
St. Thomas University	1
Stanford University	1
State University of NY at New Paltz	1
Stevens Institute of Technology	1
Stony Brook University	35
SUNY Cortland	2
SUNY College at Geneseo	4
SUNY Oneonta	3
SUNY Fredonia	1
SUNY College at Oswego	2
SUNY College at Plattsburgh	1
Syracuse University	11
The University of Tampa	7
Temple University	1
The University of Tennessee-Knoxville	3
Texas A&M University - College Station	1
The University of Texas at Austin	5
The George Washington University	1
The New School	3
Ohio State University-Main Campus	13
Tufts University	2
Tulane University of Louisiana	4
United States Air Force Academy	1
United States Military Academy	1
University at Albany, SUNY	3
University at Buffalo	18
Vanderbilt University	1
University of Vermont	1
Villanova University	2
Virginia Tech	3
University of Virginia	2
Washington University in St Louis	2
University of Washington-Seattle	1
Wellesley College	2
William & Mary	1
Winthrop University	1
University of Wisconsin-Madison	7
Yale University	2