

TROJAN TIMES

Weekly Newsletter 2025-2026

Hello Trojan Families,

This is Principal Bender with your Trojan updates for the week of December 8-12.

In the wake of the recent shooting in Stockton, many of us are searching for the right words to guide our teens through their questions, fears and emotions. These moments can feel overwhelming, but they remind us of the deep strength within our community and the importance of staying connected.

The following resources can help families navigate the conversations with their teens during times of violence and uncertainty:

[Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event](#) - from SAMHSA

[Talking to Children about Violence: Tips for Families and Educators](#) - from the National Association of School Psychologists.

[Parent Guidelines for Helping Youth after the Recent Shooting](#) - from the National Child Traumatic Stress Network

[Helping your children manage distress in the aftermath of a shooting](#) - from the American Psychological Association.

If your teen is struggling and needs additional support, please reach out to your student's **school counselor**. We also have counselors available through Valley Community Counseling Services. In addition, [San Joaquin County Behavioral Health Services](#) offers a range of resources, including a crisis line for families in need.

If you have any questions about the information from this newsletter, you can email me (kbender@lusd.net), call the office (209-953-8920) or respond to this post.

We are the Trojans — One Team. One Dream.

Kat Bender
Principal

Finals Schedule

***Please note that LHS is a closed campus at lunch during Finals. Juniors and Seniors may not leave campus during the lunch period.**

Wednesday, December 17	
8:30 – 10:30	1st Period - Final
10:35 – 12:35	4th Period - Final
12:35 – 1:05	<i>Lunch</i>
1:10 – 1:35	2nd Period
1:40 – 2:05	3rd Period
2:10 – 2:35	5th Period
2:40 – 3:05	6th Period
3:10 – 3:35	7th Period
Thursday, December 18	
8:30 - 10:30	6th Period - Final
10:35 - 12:35	2nd Period - Final
12:35 - 1:05	<i>Lunch</i>
1:05 - 3:05	7th period - Final
Friday, December 19	
8:30 - 10:30	5th Period - Final
10:35 – 11:05	<i>Lunch</i>
11:10 - 1:10	3rd period - Final

LHS Tutoring

If you're struggling or just want extra practice, don't wait. Take advantage of **Math and/or Physics tutoring!** Our tutoring sessions provide small group support, homework help, and a chance to strengthen your understanding before finals. Check the [tutoring schedule](#) for all available times. Staying proactive now can make a big difference later!

LHS 2025-2026 Yearbook

More than half of the yearbook orders have been sold. Use the discount code **Holiday** to get \$5 off your purchase of a yearbook. This discount will only last until January 1st. Prices will go up after this date. Don't wait! We sold out of all the yearbooks last year, and the same is expected this year.

LINCOLN HIGH SCHOOL YEARBOOK

DEADLINE
01/01/26



YBK COST
\$80

ORDER A YEARBOOK

USE DISCOUNT CODE: HOLIDAY to save \$5
USE OUR ORDER NUMBER WHEN YOU LOG ON:

6556

 YEARBOOKORDERCENTER.COM



Sober Grad Nite - Planning

Join us for our next Sober Grad Nite planning meeting. This special event takes a tremendous amount of planning and volunteers to make it a memorable and safe celebration for our graduating seniors.

We'd love your support and participation. All are welcome to help!

Our next planning meeting is on **Monday, December 15 at 5:30 pm** in the front office.

Class of 2026 - Seniors - Important Information

[Class of 2026 Important Dates](#)

Senior Transcripts:

Official Transcripts - Any senior placing official transcript orders through Parchment for scholarship purposes will be released. ***Those who are submitting transcript requests for universities and colleges are being placed on hold for final grades unless***

informed otherwise.

Updated Contact information - Reminder to all parents/guardians that you can update their contact information through Aeries so it reflects immediately.

Graduation Cap & Gowns: To participate in the graduation ceremony students must wear a cap and gown from Jostens.

- To view all graduation products please click here → [Jostens 2026 LHS Link](#)
- To purchase cap, gown & tassel unit please click here → [Cap, Gown & Tassel Unit](#)

Disneyland Grad Nite Information:

It is time to register your student for the 2026 Disneyland Grad Nite Trip! Here you will find access to trip payment information, a suggested payment schedule, and a QR Code to the WorldStrides website where you can register for the trip.

Here is some important information about the trip:

- Your student **MUST** meet eligibility requirements. 3rd quarter eligibility will be used. If your student is ineligible for whatever reason, their trip attendance will be canceled regardless of payment status. As a reminder the eligibility requirements are: Students must be on track to graduate, have a minimum of a 2.00 GPA with no F's, have no more than 7 single period unexcused absences, no more than 10 unexcused tardies, and not have a suspension of more than 3 days for a single incident. You may find more detailed information about eligibility in the LHS Student Handbook.
- October 1st is the recommended registration date, but you can register at any time prior to the final deadline. The trip payment schedule is also recommended. The trip must be paid in full by March 2nd, 2026. Space is limited, so register early!
- Consider purchasing the Trip Refund Protection so that your student's trip is protected if you have to cancel the trip for any reason.

Register for the trip here! When students register, type in "Lincoln" for School/Group Name, then choose "Lincoln High School."

Please reach out to Mr. Gadeke at Dgadeke@lUSD.net with any questions or clarifications.

Yearbook Ads



SHOW YOUR LOVE

Create a Yearbook Ad

Don't miss this opportunity to recognize your student's accomplishments and express your love.

Go to yearbookordercenter.com to create an ad honoring your child.

Lincoln High - Order Code 6556

email questions to:
rselna@lUSD.net - yearbook adviser
 Tech Support: 1-877-362-7750

Ad size and formatting options differ based on school choices.



Celebrate Your Senior!

A limited number of pages have been dedicated to senior ads. Once they are filled, no more senior ads will be accepted. Space is filling up fast. Order your senior ad today to confirm your senior gets recognized. The deadline for senior ads is March 23rd or until pages are filled.

yearbookordercenter.com

Lincoln High order code is 6556

Athletics

General Information

Conditioning/Tryouts: You can find athletics information for all LHS sports on the LHS Athletics website linked on our school website (www.lincolnhigh.org)

HUDL: Lincoln High School has an account with HUDL. This means that many of our home athletic events will be livestreamed. You can access it here: Trojan Sports

Scores: You can find scores for all games/matches for fall sports on Max Preps. Here is the link for Lincoln's page.

Tickets: You can purchase tickets for upcoming Trojan sporting events on Go Fan.

Athletic Boosters: We are looking for new members to be a part of the Athletic Boosters. This group organizes fundraisers to support our sports teams. Meetings are held the 1st Thursday of every month 7:30 am in the Lincoln Admin board room.

Trojan Sports this Week

Date	Sport	H/A	Time	Opponent	Dismissal
Mon, 12/08	JV Boys Soccer	H	5:00 PM	Monte Vista HS	
	V Boys Soccer	H	7:00 PM	Monte Vista HS	
Wed, 12/10	JV Girls Soccer	H	4:30 PM	Edison HS	

	JV Boys Soccer	A	5:00 PM	Edison HS	3:15 PM
	V Girls Soccer	H	6:30 PM	Edison HS	
	V Boys Soccer	A	7:00 PM	Edison HS	3:15 PM
Thurs, 12/11	V Girls Basketball	A	TBA	Christian Bros HS	
	JV Girls Basketball	A	4:00 PM	East Union HS Tourn	2:30 PM
Fri, 12/12	V Girls Soccer	A	TBA	Open at Sierra Tourn	
	JV Girls Soccer	A	TBA	Open at Sierra Tourn	
Sat, 12/13	V Boys Wrestling	A	9:00 AM	Oakdale HS	
	V Girls Wrestling	A	9:00 PM	Oakdale HS	

Athletic Fundraisers:

LHS Women's Basketball - Wednesday, December 10



➤ **When**
Wednesday, December 10, 2025
 Place your order for pickup or delivery on Wednesday, December 10!

➤ **Where**
Available at Panda Express locations nationwide
www.pandaexpress.com

➤ **How**
Online orders only
 Apply code **9010437** in the Fundraiser Code box during online checkout at www.pandaexpress.com or via App

LINCOLN HIGH
COOKIE
Exchange

HELP US SHOW OUR APPRECIATION FOR THE
AMAZING LHS STAFF THIS HOLIDAY SEASON!

WE'RE HOSTING OUR ANNUAL COOKIE EXCHANGE,
AND WE NEED YOUR HELP TO MAKE IT A SWEET
SUCCESS.

PLEASE CONSIDER DONATING COOKIES OR TREATS
SO WE CAN SHOWER OUR STAFF WITH GRATITUDE
(AND SUGAR)!

— ❖ —

Friday, December 19th

Please drop all donations off
in the Administration Office
by 9am

THANK YOU FOR YOUR SUPPORT!

Please sign up to donate to the Staff Appreciation Cookie Exchange!
<https://www.signupgenius.com/go/10C0A4BA4AD23A5FAC61-59825341-lincoln>

Join the Lincoln High School PTSA [here](#).

Student Service Center

Parking Permits: Students can go to the M-Z side of the Student Service Center to obtain a parking permit.

Parking Sticker Enforcement: Public Safety Officers will be issuing citations to all students and staff without a current parking sticker who park in the main Parking lot or the gated Parking lot by Sture Larsen. Citations will also be issued to any student parked in a designated staff or visitor space. Also, students are not allowed to park anywhere on Stanton Way between 7:00am – 3:30pm or you will be cited, Thank you!

Work Permits Work permits expire Sept. 6. Be sure to renew before then. **Work permits are now being processed on the M-Z side of the Student Service Center with Ms. Christine.**

Lockers

Students, please **do not use empty lockers to store personal items unless they are secured with a lock.**

If you need an additional locker for sports gear or school materials, you may:

- **Bring a lock from home or**

- **Purchase one from the Student Store**

Then, be sure to **register your locker** in the **Administration Office**.

Please note: **Unsecured items are not guaranteed to be safe and may be taken**. Thank you for helping us keep your belongings secure!

LHS Activities & Events

Monday, December 8

- Dungeons and Dragons Club meeting at lunch in room 1115

Tuesday, December 9

- Class Meetings at lunch
 - Freshmen in the Student Activities Office
 - Sophomores in room 1332
 - Juniors in room 1310
 - Seniors in room 1103
- Band Concert at the Lincoln Theater from 6-8 pm

Wednesday, December 10

- Track Informational meeting at lunch in room 1114

Thursday, December 11

-

Friday, December 12

- ❤️❤️Trojan Pride Friday's - Wear LHS spirit wear! ❤️❤️
- BSU meeting at lunch in room 1312
- Speech and Debate Club meeting at lunch in room 1403

Save the Date

- Finals Week - December 17-19

Student Bulletin

Student Bulletin

Please help your student to stay informed about all of the events and happenings at LHS by reading the [Student Bulletin](#) each day!

[Online Student Store](#)



Student Store Hours

Tuesday / Thursday 2:30 - 4:00 (at the student store)

PE Clothes available at lunch (Wed / Fri) and before school in Student Activities

Tutoring Schedule

You can find the LHS Tutoring Schedule [here](#).

Off Campus Passes (Semester 2)

Attention Juniors and Seniors - You will need to submit a permission form for Semester 2 Off Campus passes AND meet eligibility based on Qtr 2 (Semester 1). Forms will be available at a later date.

Super Smash Bros. Tournament

Help Game Development Club pick a date [here](#). Join the remind @lhsgdev25 or the insta @lhsgamedevclub_ for more updates

Community Service Opportunity

Have you considered earning your Community Service Award? Complete 100 hours of community service in one year and earn a special award lanyard to wear at graduation. Two for one hours are given in the garden every Wednesday during 7th period. Spend 7th period in the garden with the Harvest club and get signed for two hours. See you Wednesday.

College & Career Information

Upcoming events at the College and Career Center

Join your class google classroom for info and updates on post-high school options, financial aid, dual enrollment, and more.

% 2026 - nbkzmzt

% 2027 - pr55by3

% 2028 - vhcfn6f

% 2029 - gkasntw4

SAT/ACT - Click [here](#) for information and to sign up to take either the SAT or ACT.

[Senior Important Dates](#)

Scholarship Information Check out the [LHS CCC Scholarship Newsletter](#) for up to date Scholarship information. The newsletter is updated weekly so check often for new scholarships.

SENIORS - Stockton Scholars - [download the app](#) to learn how to earn a scholarship worth \$1000/year if you attend a 4-year university or \$500/year for a 2-year college.

College Applications UC, Common Apps, and CSU are now OPEN and ready to submit. **UCs and CSUs are due Dec. 1.** Common App due dates vary so be sure to check each school's deadline.

- UC and CSU apps were due Dec. 1. However, some CSUs are still accepting applications. Click [here](#) for a list of CSUs still accepting applications.

FAFSA The Free Application for Federal Student Aid (FAFSA) is the form you need to fill out to receive financial aid from the federal government and help pay for college. All seniors need to complete the [FAFSA](#). We will be providing workshops throughout the year. The FAFSA is now open.

Cash 4 College - parent help with FAFSA/CADAA, 5-7pm, CCC

- Jan. 22
- Feb. 3

Pre-College Programs - Explore your interests with an online pre-college program [here](#).

Dual Enrollment

Delta Dual Enrollment - Check your google classroom and/or the [website](#) for information on all things dual enrollment. Also join the Dual Enrollment google classroom [x4gfov](#)

Spring classes registration is now open. Classes begin **Jan. 20, 2026**

*Please remember, dual enrollment courses are college classes and will remain on your college transcript. They must be reported when applying to colleges, and an official transcript sent to any college you may attend in the future. Low grades can also affect your financial aid status once you are in college.

Commitment to Community

It is part of the Lincoln way to be a productive part of our community. This includes volunteering time and effort to the many organizations that help make our community better. Students who earn 100 hours each year are awarded the Commitment to Community Service Award and will receive a cord to be worn at graduation. We encourage all students to make a positive impact on our community. Click [here](#) for the website.

Commitment to Community (C2C) Sign up for the Google Classroom for updated volunteer opportunities. [lydei3u](#)

Be sure you turn in the **Parent/Guardian Enrollment Agreement** and your \$5 donation before you turn in any hours. You also need to complete the **Consent for Participation in Community Service** **EACH** time you volunteer. Documents can be found [here](#).

Claudia Landeen ASES - Click [here](#) to sign up

Suncrest Hospice - looking for mature and responsible volunteers; check the google classroom for more information

Qualified students would have the chance to support hospice patients and staff through various roles. To be eligible, they must:

- Be at least 16 years old
- Hold a valid driver's license or state ID
- Be willing to undergo a background and reference check
- Complete a TB test (at no cost to them)
- Commit to a minimum of 6 months of service

Please note that all volunteer roles are non-clinical. Volunteers are never permitted to provide hands-on patient care, regardless of their background or assigned roles with us. We provide full onboarding and training.

Resources and Information

Clearing Absences

REMINDER: YOU HAVE ONLY 2 SCHOOL DAYS (48 HRS) TO CLEAR ABSENCES

Attendance Phone Number (209) 953-8926

Parents or legal guardians are asked to call the Attendance Office at 953-8926 to notify if your student is absent, arriving late, or needs to leave campus during the school day for an appointment. You can also send a note with the student and have them drop it off to the Attendance Office in the morning.

For full day absences, voicemail is available 24 hrs a day. When leaving a voicemail, please clearly say and/or spell your student's name. Also, leave the date of the absence, the reason and your name and relationship to the student.

Parents/guardians can also excuse absences via ParentSquare by simply responding to the email/notification that will be sent out the evening of the absence or tardy.

The attendance office needs parent/guardian permission BEFORE a student may leave campus, either by a signed note with the student or a phone call ahead of time.

Eligibility

Eligibility (Please refer to the [LHS Student Handbook](#) for more details.)

Academic Criteria: The student must be maintaining minimum progress toward meeting the high school graduation requirements as prescribed by the governing board. Student must maintain at least a 2.00 GPA and have no F's.

Attendance Criteria: A student may not have more 7 unexcused single-period absences and no more than 10 unexcused tardies.

Other Criteria: Any student suspended for more than 3 days for a single incident will become immediately ineligible for extracurricular activities and athletics for 30 calendar days from the day the student returns to school

Stay Connected

LINCOLN HIGH SCHOOL

COMMUNICATION

-  Athletics (209) 953-8924
-  Attendance (209) 953-8926
-  Front Office (209) 953-8920
-  Registrar (209) 953-8915
-  Teacher Message Line
(non-confidential) (209) 953-9508

STUDENT SERVICE CENTER – BY LAST NAME

-  A-Es (209) 953-8933
-  Et-Lop (209) 953-8932
-  Lor-Rod (209) 953-8934
-  Roe-Z (209) 953-8935

-  STAY CONNECTED  Aeries
-  @lhs_trojan_pride  ParentSquare
-  lincolnhigh.org

LHS website - www.lincolnhigh.org

Use Aeries to monitor your student's academic progress and attendance.
[Aeries Parent Portal](#)

You can purchase PE Clothes, Spiritwear, Activities Punch and more on our online [Student Store](#).

The 2025-2026 [School Calendar](#)

Social Media



@lhstrojans, @lhs_trojan_pride

[Lunch Menu](#)