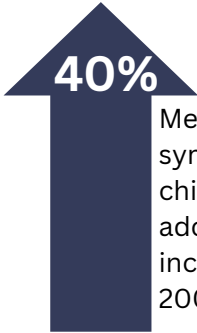




2025 Brief Data Share

In June of 2023, Coach Beyond, a partnership between the Ohio High School Athletic Association, LiFesports at The Ohio State University, and Granville Athletics to launch the Granville Athletics Mental Performance Initiative. Survey data from student-athletes has been used to inform programming that meet the unique needs of the Granville Athletics community for the two previous school years.



Mental health symptomology among children and adolescents has increased by 40% since 2009 (CDC, 2022)

STATE-WIDE AND NATIONAL DATA



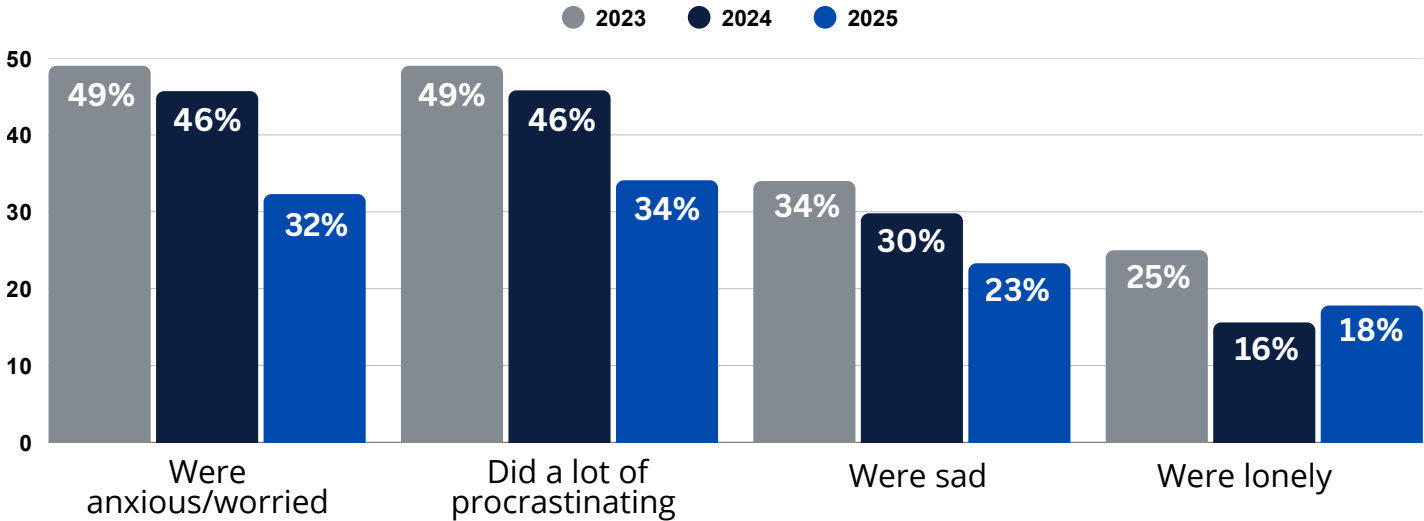
7 out of 10 coaches are non-school employees with limited background in education and child development



Parents in the U.S. who report their children are “under excessive pressure to succeed” (Wallace, 2022)

GRANVILLE ATHLETICS DATA  
STUDENT-ATHLETE WELL-BEING

Student-athletes were asked the degree to which they experienced internalizing behaviors in the past season. All % values indicate those responding with “somewhat agree” or “strongly agree”

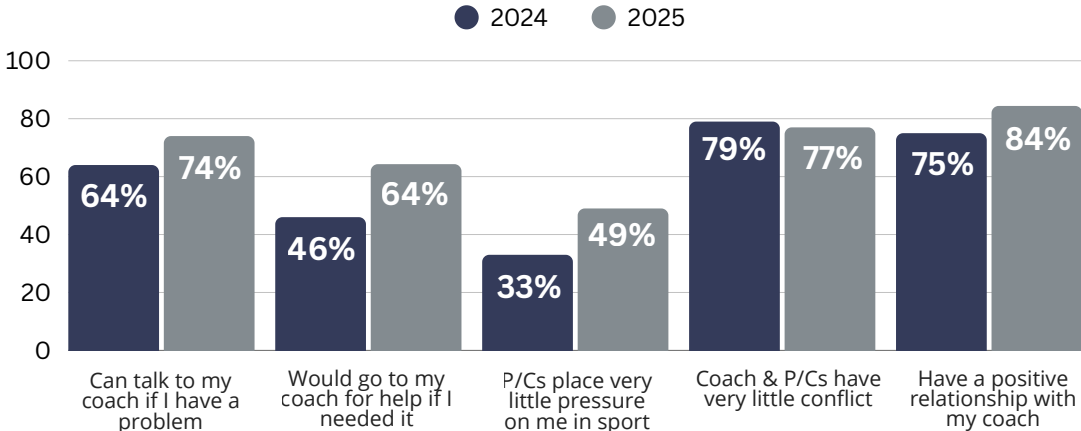


RELATIONSHIPS WITH ADULTS

Student-athletes were asked about their perceptions of relationships with their coaches and parents/caregivers. All values represent the % “agree” or “strongly agree”



In 2025, 3 out of 4 student-athletes feel as though they are an important part of their team.

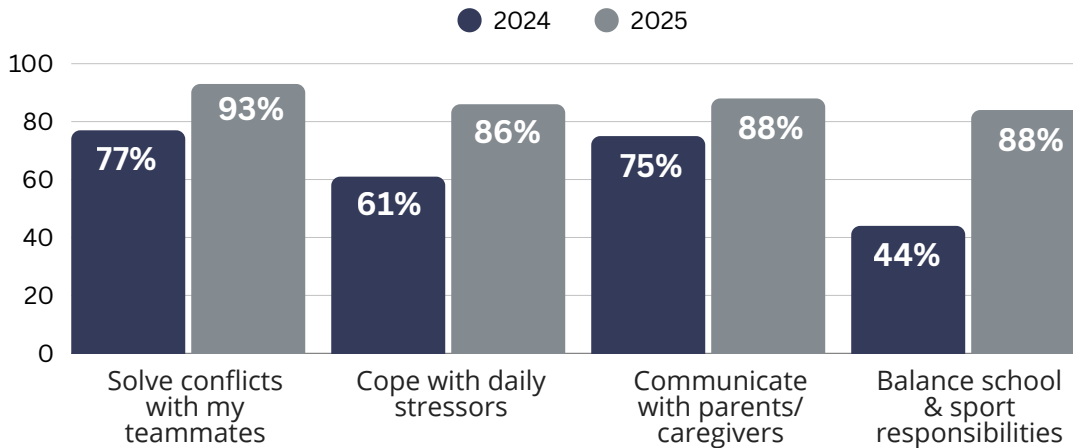




## 2025 Brief Data Share

### STUDENT-ATHLETE OUTCOMES

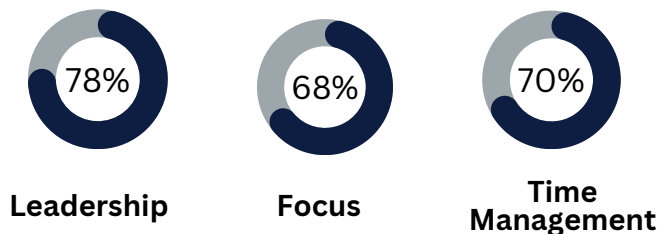
Student-athletes were asked about their confidence in using several life skills resulting from participation in Granville Athletics. Values indicate the % of student-athletes that “agree” or “strongly agree” that they are confident in their ability to use these life skills



Student-athletes indicated life skills learned resulting from participation in Granville Athletics. Values indicate the % of student-athletes that “agree” or “strongly agree”.

# 96%

**In 2025, student-athletes feel confident in exhibiting good sportspersonship.**



### COACH BEHAVIORS

Respondents shared their perceptions of the coaches’ behaviors. All values represent the % “agree” or “strongly agree”

