



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

DECEMBER 7, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

8:30 AM - 4:00 PM Mon - Fri

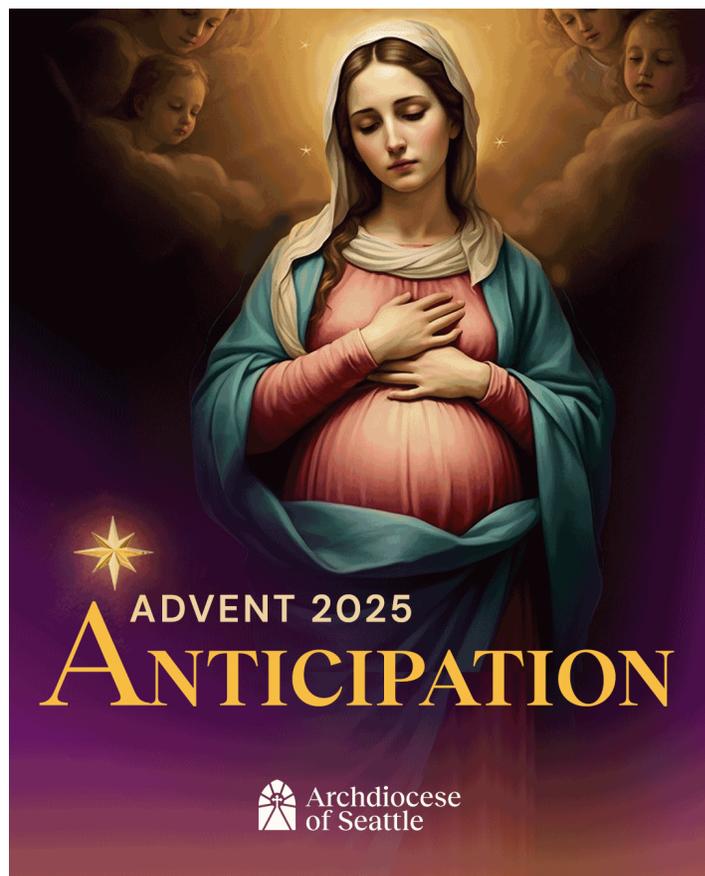
School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.

2nd Sunday of Advent



PARISH CALENDAR

Sunday December 7

SECOND SUNDAY OF ADVENT

9:00 AM **Mass**
 11:00 AM **Mass** with CLOW
 12:30 PM Sunday School
 5:00 PM **Mass**
 6:00 PM Advent by
 Candlelight Event



Monday December 8

THE IMMACULATE CONCEPTION

OF THE BLESSED VIRGIN MARY - Holy Day of Obligation

8:00 AM Rosary
 8:45 AM Immaculate Conception **Mass**
 (school attending - Shoe Liturgy)
 6:30 PM Immaculate Conception **Mass**
 6:30 PM OCIA Group
 7:00 PM NO Rosary Group

Tuesday December 9

Saint Juan Diego Cuauhtlatotzin

10:00 AM Stitchers with Heart Group

Wednesday December 10

Our Lady of Loreto

8:15 AM Rosary
 8:15 AM Confessions
 8:45 AM **Mass**
 4:00 PM Middle School Youth Group - St. Monica
 6:25 PM High School Youth Group - St. Monica

Thursday December 11

Saint Damasus I, Pope

8:15 AM Rosary
 8:45 AM **Mass**
 2:00 PM - 4:00 PM NO Eucharistic Adoration

Friday December 12

OUR LADY OF GUADALUPE

8:15 AM Rosary
 8:45 AM **Mass**
 6:30 PM Our Lady of Guadalupe Celebration

Saturday December 13

Saint Lucy, Virgin, Martyr

8:00 AM Women's Group & Men's Group
 10:00 AM Advent Penance Service at St. Monica
 3:00 PM Confessions - Reconciliation Chapel
 5:00 PM Vigil **Mass**

Sunday December 14

THIRD SUNDAY OF ADVENT

St. Vincent de Paul Brown Bag Sunday

9:00 AM **Mass**
 11:00 AM **Mass** with CLOW
 12:30 PM Sunday School
 5:00 PM **Mass** (hosted by SHS 5th Grade)
 Simbang Gabi

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
 frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
 frakor@sacredheart.org

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 Formation
 cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
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Robert Eubanks, Facilities Supervisor
 reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
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 kheintz@sacredheart.org

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 pkwan@sacredheart.org ext. 10110

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 solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data
 & Sacramental Records
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Annette Seats, Pastoral Assistant for Communications
 & Stewardship
 aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental
 Registration
 nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
 Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)



IMMACULATE CONCEPTION

Solemnity of the Immaculate Conception of the Blessed Virgin Mary

Monday, December 8th

Holy Day of Obligation

Masses at 8:45 AM* and 6:30 PM

**Sacred Heart School students will join us for Mass
and share the annual Shoe Liturgy tradition.*

JOIN OUR SACRED HEART SCHOOL STUDENTS
BY DONATING NEW CHILDREN'S SHOES
BENEFITING TREEHOUSE

SHOE LITURGY

MONDAY, DECEMBER 8

DONATION BOX LOCATED IN THE CHURCH NARTHEX

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



"In the Liturgy of the Word, we listen to the Word of God actively speaking to His people through the Sacred Scriptures then respond to Him in faith. Having worshipped at the table of God's Word, we turn to the table of the Body of Christ, the altar, in the Liturgy of the Eucharist. It is in the Liturgy of the Eucharist that we witness one of the most amazing truths of our faith. Obedient to Christ's command, "do this in memory of me," the Priest, representing Christ, carries out what our Lord did at the Last Supper. In this "Paschal Sacrifice and banquet", we recognize that what we present as bread and wine to the Priest is transformed in its substance into the very Body and Blood, Soul and Divinity of our Lord Jesus Christ. Not only is Jesus made present in the Liturgy of the Eucharist, but it is the same Sacrifice offered on Calvary 2,000 years ago that is re-presented in an unbloody manner. It is by offering this one Sacrifice that we worship the Father in praise and *thanksgiving (Eucharistia)* as Scripture says, "I will offer a sacrifice of praise and thanksgiving." Having concluded the Liturgy of the Word with the Prayers of the Faithful, let us now enter the Liturgy of the Eucharist."

TILMA TALK: AN OUR LADY OF GUADALUPE CELEBRATION

Friday December 12th

6:30 - 7:30 PM

Sacred Heart Church Nave

Come celebrate Our Lady of Guadalupe, the patroness of the Americas, on her Feast Day! Join us for an evening of prayer, an exhilarating talk given by Ignacio Davila, and fellowship!



ADMINISTRATION & STEWARDSHIP

PARISH STEWARDSHIP OF TREASURE.

WE ARE CALLED TO SHARE OUR TREASURE WITH OTHERS.



We are very grateful to the many parishioners who have returned a Stewardship of Treasure pledge to the parish. Your generosity directly supports the mission and the ministries of Sacred Heart. There is still time to return commitment cards to the parish office, visit our website to access online giving at sacredheart.org or scan the QR code.



Being thankful is a feeling. Being grateful is an action



November Meals for the Homeless THANK YOU!

The Sacred Heart community has been instrumental in supporting Porchlight through the November Meals for the Homeless program. Thank you for providing meals during November for the rotating men's shelter located at the First Congregational Church in Bellevue. Your generous contributions have ensured that nightly meals are available for homeless men on the Eastside as they work towards achieving stable living conditions. We greatly appreciate your generosity and the positive impact you are making on the lives of these men.

2025

Sacred Heart invites you to join us in celebrating

SIMBANG GABI

Sunday, December 14th at 5 pm

The celebration of Simbang Gabi in the Philippines reflects the resilience and unwavering faith of the Filipino people. It serves as a testament to their devotion and commitment to their religious beliefs and showcases the country's cultural richness and diversity.

We invite you to wear your country's traditional attire as we celebrate our community's diversity.

Following the Mass, please join us for a light reception featuring exceptional Filipino food. You are welcome to bring Filipino desserts to share.

see you there!



Scan the QR Code for Online Giving to Sacred Heart Parish.



Stewardship of Treasure Sunday collection totals

July 1 to October 31, 2025, Budget	\$496,176
July 1 to October 31, 2025, Actual	\$442,415
Under budget	(\$53,761)
Prior year actual (July –October 2024)	\$417,268

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 12/7

Isaiah 11:1-10
 Psalm 72:1-2,7-8,12-13,17
 Romans 15:4-9
 Matthew 3:1-12

Monday 12/8

Genesis 3:9-15,20
 Psalm 98:1-4
 Ephesians 1:3-6,11-12
 Luke 1:26-38

Tuesday 12/9

Isaiah 40:1-11
 Psalm 96:1-3,10ac,11-13
 Matthew 18:12-14

Wednesday 12/10

Isaiah 40:25-31
 Psalm 103:1-4,8,10
 Matthew 11:28-30

Thursday 12/11

Isaiah 41:13-20
 Psalm 145:1,9-13ab
 Matthew 11:11-15

Friday 12/12

Zechariah 2:14-17
 (Psalm) Judith 13:18bc,19
 Luke 1:26-38

Saturday 12/13

Sirach 48:1-4,9-11
 Psalm 80:2ac,3b,15-16,18-19
 Mathew 17:9a,10-13

Sunday 12/14

Isaiah 35:1-6a,10
 Psalm 146:6-10
 James 5:7-10
 Matthew 11:2-11

MASS INTENTIONS

Sunday 12/7

9:00 AM Mass: RIP TERRY GEERE by Linda Geere

11:00 AM Mass: RIP JAMES CARLSON
 by Paulina & Angelina Carlson

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 12/8

INT THE PARISHIONERS OF SACRED HEART

Wednesday 12/10

RIP SEAN ROBERT AHEARN
 by Sacred Heart Parish Staff

Thursday 12/11

INT ANN PETRIE by Beth & Tom Anderson

Friday 12/12

RIP DAVID KROLL by Sands Family

Saturday 12/13

INT THE PARISHIONERS OF SACRED HEART

Sunday 12/14

9:00 AM Mass: RIP HELEN DE GRACIAS
 by Shawn De Gracias

11:00 AM Mass: RIP FR. PAUL FITTERER, SJ
 by Warren & Bumgardner Families

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of Sacred Heart
 & St. Monica Parish Family

The Deceased

Michael Peder

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE’S PRAYER INTENTION - DECEMBER

For Christians in Areas of Conflict

Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation and hope.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



**Sunday School
December 7th**

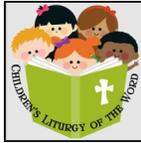
12:30 to 1:30 pm

K – 5th grade students, it is never too late to join us!

Children's Liturgy of the Word (CLOW)

During the 11:00 AM Mass

Children under 8 years of age.



**Congratulations
Arden Nicole Truitt**

Who was Baptized last weekend.

Welcome to the
Sacred Heart Family!

Middle and High School

Youth Groups

**This Wednesday
@ St. Monica**

**Youth Ministry
Advent Prayer Night**

WED DEC 17TH 6-7PM
ST MONICA CHURCH
OPEN TO ALL YOUTH + FAMILIES

HS 6:35 UPCOMING HOLIDAY EVENTS

**NOV 20
YOUTHGIVING
MS + HS SOCIAL**

6-7:30pm THUR
@ St Monica Church

**NOV 23
MASS + DINNER
CHRIST THE KING**

5p Mass 6-7p Dinner + Party
@ Sacred Heart Church

**DEC 3
YOUTH GROUP
ARE WE THERE YET?**

6:35-8:05pm WED
@ Sacred Heart Church

**DEC 6
SNOWFLAKE LANE
SKATING + COCOA**

6:45-8:45pm SAT
@ Bellevue Square Park

**DEC 10
YOUTH GROUP
THE X(MAS) GAMES**

6:35-8:05pm WED
@ St Monica Church

**DEC 14
COCOA BAR +
SIMBANG GABI**

11am SUN @ St Monica &
5pm SUN @ Sacred Heart

**DEC 17
ADVENT PRAYER
NIGHT**

6-7pm WED
@ St Monica Church

BREAK...

SEE YOU JAN 7TH
FOR OUR SUMMER
INFO MTG!

FOR MORE INFORMATION VISIT THE YOUTH PAGE ON
EITHER PARISH WEBSITE OR CONTACT SHARON VIA EMAIL

SACRED HEART SCHOOL



We are filled with gratitude for each and every parishioner who contributed to our [Fill the Heart](#) campaign in support of the SHS Annual Fund! Your generosity strengthens every part of our school, from exceptional academics and dedicated teachers to vibrant programs and the strong, faith-filled community that makes SHS such a special place for our students, teachers and families. If you would like to make a donation in support of Sacred Heart, there's still time to contribute! Please contact Corey Raney, Director of Development, Sacred Heart School, craney@sacredheart.org. Thank you!



Advent is a season of joyful anticipation as we prepare for the coming of Jesus at Christmas. On a deeper level, anticipation during Advent is about fostering a greater desire for the Lord and his presence in our daily lives.

Go to archseattle.org/advent or scan the code for Advent inspiration from Archbishop Paul D. Etienne, engaging stories from Northwest Catholic and resources to make this your best Advent ever.



SACRED HEART PARISH ADVENT GIVING TREE 2025



The Advent Giving Tree tradition at Sacred Heart is continuing this year for the Advent Season. The tree will be displayed in the Narthex through December 14th and an additional tree will also be set up in the school. We invite you to choose one or more ornaments from the tree and follow the instructions on the labels. This year we are supporting the following 8 organizations:

- **Prepares** - pregnancy and parenting support.
- **Jubilee Reach** - supports Bellevue area school kids and families in need.
- **Immaculate Conception** - The oldest standing Catholic church in downtown Seattle, built in 1904, serving a diverse community.
- **St. Francis House** - supports the working poor and homeless in Seattle.
- **Operation Nightwatch** - serves homeless in Seattle.
- **Sophia Way** - serves the Eastside homeless women.
- **St. Francis Mission** - Sacred Heart sister school on the Rosebud reservation in South Dakota.
- **Mary's Place** - a shelter for women and families. They have five emergency shelters in King County.

Please place gifts under one of the trees by December 14th with the ornament attached. Gift cards, with attached ornaments, can be deposited in the Advent Tree collection box, adjacent to the trees. Thank you very much for your support! Questions: Jackie Weeks, Weeksje4@gmail.com



Have Any Brown Grocery Bags to Share?

If you have extra brown grocery bags this holiday season, please consider saving them for St. Vincent de Paul's Brown Bag Sunday program. We are currently low on bags and would greatly appreciate any that you can spare. Please place the bags in the collection bin located down the hall from the Narthex. Thank you!

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

English Retreat - Friday, March 6 - Sunday, March 8, 2026

Spanish Retreat - Please call either of our confidential ministry numbers for information.

To leave a confidential message please call:

English: (206) 920-6413, Spanish: (206)-450-7814 Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!



CCS Appeal This Weekend, December 6th - 7th

Bill Hallerman from Catholic Community Services will visit Sacred Heart Parish this weekend and speak at all Masses. He will share about this year's appeal, **Faith in Action**. For more than a century, CCS has been putting the Gospel values into action, serving our neighbors throughout Western Washington. Please prayerfully consider how you will show your love for our neighbors in need this Christmas season. To learn more about Catholic Community Services and this year's appeal, visit ccsww.org.



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 Parishoners Matt & Christina
 Celebrating with Don!

Our Client Don
 After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!



Don Lovell
 God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.
 ❤️🙏👍🙌🙏❤️
 Don Lovell

Matt@TeamSkally.com
 206-661-8624

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