










# Eucharistic Minister Quick Reference Sheet







## Before Mass

-  Arrive 15–20 minutes early
-  Check in on iPad in Narthex
-  Confirm your station and find a seat in the Church
-  Gathering Prayer w/Presider and other ministers when bells ring 5 minutes before Mass

## During Communion Rite

-  Lamb of God: Move to foot of Sanctuary steps
- - Hosts → left of altar servers (Ambo side)
- - Cups → right of altar servers (Presider's chair side)
-  Bow together before entering Sanctuary
-  Receive Communion from Presider
-  Take your vessel from the tray by rounding the Altar and go to your assigned station
-  Minister "G"—generally--serves the choir (except 10:00a Mass — see full instructions)





## At Your Station

-  Say: "The Body of Christ" or "The Blood of Christ"
-  Eye contact, reverent posture
-  Host no higher than eye level
-  Wipe and quarter-turn the Cup each time
-  No intinction (no dipping of host in Cup)
-  Low-gluten: section C. Sanitize hands before distributing





## If you run low on hosts

1. Signal the Sacristan
2. Ask the Usher to assist
3. Share with another EM
4. Break hosts

## After Communion

-  Return to vessel to Altar (ciborium) or alternate credence table (Communion cups)
-  Optional: Rinse fingers at ablution bowl
-  Bow at the steps before returning to your seat
-  Remain in place/still if Eucharist is being reposed in Tabernacle

## Special Notes

-  Assist large sections (E/F) if needed; stand on black floor disc at pew
-  Homebound Ministers: Wait behind Presider's chair for pyx and blessing
-  Do not touch or make Sign of the Cross over those not receiving — offer a phrase ("Go With God," "Peace")
-  Questions? Contact: Cheryl Jones — [cjones@olgcv.org](mailto:cjones@olgcv.org)