

Grade 8

Unit #	Name of Unit	Content
1	Introduction to Health and Community Building	<ol style="list-style-type: none"> 1. Introduction 2. Building a Community 3. Rights and Responsibilities
2	Media Literacy	<ol style="list-style-type: none"> 1. Analyzing Media Influences 2. Media and Stereotypes 3. Evaluating and Creating Media
3	Substance Use Prevention	<ol style="list-style-type: none"> 1. Teens and Drugs 2. Alcohol 3. Cannabis 4. Vaping
4	Mental Health and Suicide Prevention	<ol style="list-style-type: none"> 1. Mental Health 2. Risk Factors and Protective Factors 3. Getting Help and Supporting Others
5	Get Real: Sexuality and Reproductive Health	<ol style="list-style-type: none"> 1. Creating the Classroom Climate 2. Healthy and Unhealthy Relationships 3. Addressing Obstacles to Abstinence 4. Comprehensive Protective Methods 5. STI/HIV Transmission 6. Living with HIV 7. Refusal Skills and Consent 8. Goals and Decision Making