

Grade 2

Unit #	Name of Unit	Content
1	Introduction to Health	<ol style="list-style-type: none"> 1. Introduction to Health 2. Community Building 3. The Health Triangle
2	Identity and Diversity	<ol style="list-style-type: none"> 1. Identity 2. Gender and Stereotypes 3. Similarities and Differences
3	Relationships and Social Skills	<ol style="list-style-type: none"> 1. Family and Friendships 2. Bullying 3. Disagreeing Peacefully 4. Communication Skills 5. Asking Permission (Consent)
4	Emotional Health	<ol style="list-style-type: none"> 1. Gratitude 2. Identifying Emotions 3. Self Control 4. Dealing with Big Emotions 5. Empathy and Kindness 6. Grief and Loss
5	Physical Health	<ol style="list-style-type: none"> 1. Personal Hygiene 2. Dental Health 3. Germs
6	Safety	<ol style="list-style-type: none"> 1. Internet Safety 2. Personal Body Safety 3. Water Safety 4. Seasonal Safety