

MENTAL HEALTH CRISIS RESOURCES

If this is an Emergency, call 911



CRISIS HOTLINE AND OUTREACH TEAMS

ALL AGES



- Open 24/7
- Free, confidential
- Emotional distress
- Suicide thoughts
- **Linkage to Crisis Outreach Teams**

<https://988lifeline.org/>

URGENT CARE WALK-IN CLINIC

ALL AGES



- 24/7 Walk-ins available
- Meet with a mental health counselor
- Get connected with outpatient or inpatient treatment
- **509-934-4070**
- 1313 North Atlantic Street suite 4700, Spokane, WA

<https://inlandnorthwestbh.com/>

INPATIENT PSYCHIATRIC HOSPITAL

AGE 12-18



- 24/7 Walk-ins available
- Meet with a mental health counselor
- Assessment and safety planning
- **509-934-4070**
- 1313 North Atlantic Street suite 4700, Spokane, WA

<https://inlandnorthwestbh.com/>

INPATIENT PSYCHIATRIC HOSPITAL

AGE 10-13 AND 14-17



- 24/7 Access
- Meet with hospital staff
- **(208) 625-4820**
- 2003 Kootenai Health Way, Coeur d'Alene, ID

<https://www.kh.org/behavioral-health/youth-acute/>



WISE (Wraparound with Intensive Services) provides intensive, team-based mental health support. There are multiple agencies with WISE teams that offer 24/7 crisis support for youth and families enrolled in this program.

Inquire about enrollment in WISE and if enrolled, encourage family to contact their WISE support team as part of the crisis management.

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