



A recording of the meeting will be available for viewing on the District's website within 10 days of the meeting date. To make public comments at this meeting of the Aledo ISD School Health Advisory Council, [click this link](#) and complete the form no later than 4:30pm on **Tuesday, December 9th.**

Aledo ISD SHAC meeting – December 10, 2025

- I. Introduction of members
 - a. District Lead Nurse Lindsey Sewell
- II. Opening Activity
- III. Public Comment
- IV. Review of SHAC bylaws
 - a. Membership language update
- V. Update on Physical Activity Fitness Planning Subcommittee
- VI. Review health topics identified by SHAC committee for focus
- VII. Review upcoming Parent Universities
 - a. January 29, 2026
 - b. March 5, 2026
 - c. April 9, 2026
- VIII. Future meeting dates / times
 - a. 02.11.26, 04.08.26

Purpose

TEC § 28.004: The purpose of a local School Health Advisory Council (SHAC) is to assist the district in ensuring that local community values are reflected in the district' health education instruction.

Mission Statement

The Aledo ISD School Health Advisory Council (SHAC) will establish and communicate guidelines and age-appropriate strategies to implement ongoing programs enabling students at all levels to make informed choices for a healthy lifestyle reflective of our community's values.