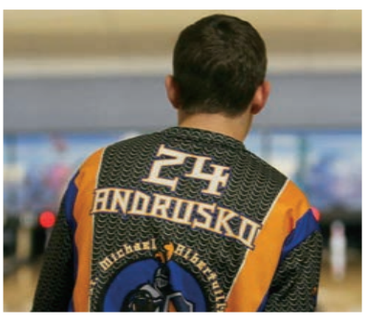
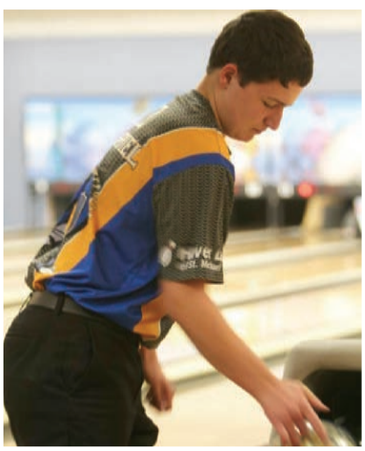
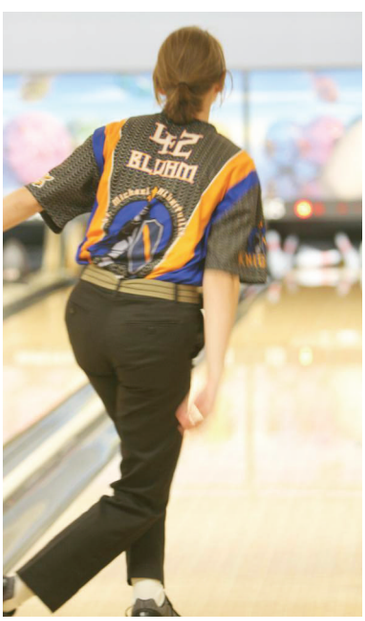
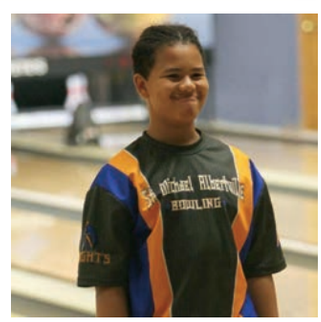
DON'T BLINK

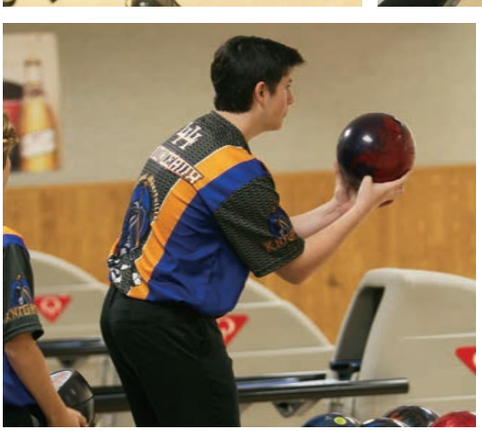
Varsity Bowling

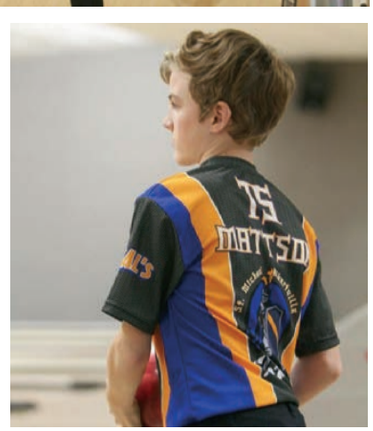










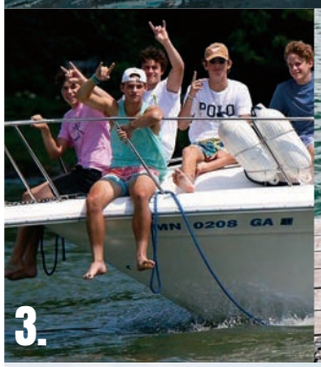


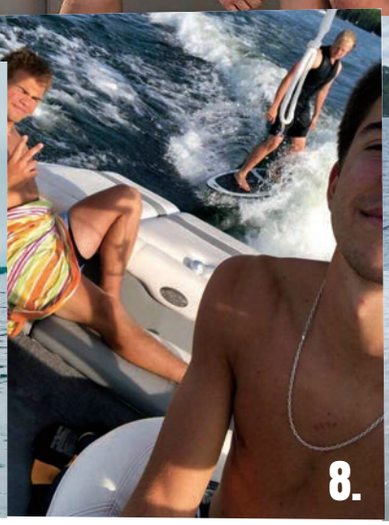
"If I could relive any moment from the summer, it would be my family's trip to Montana. We spent many days hiking, and one night, my family and I stayed out late on our car and watched the sun set among the mountains."

-Holly Christman ('23)

SWEET LIKE SUNSHINE. Olivia Peltz captures picture perfect moment of Holly Christman ('23) soaking up the summer. *Photo by Olivia Peltz. Page designed by Mia Rooker.*

SUMMER





LAKE Days

Page designed by Dawson Pink

1. Kallie Lehman ('20) and Sam Palmer ('20)

2.. Jake Roos ('20), Joey Robinson (' 20), Aaron Loch ('21), Adam Flammang ('20)

3. Rylan Maynard ('22), Max Keefer ('22), Nate Beeler (' 22), Tommy Koker ('22), Carter Hiltner ('22)

4. Dawson Pink ('20) and Mariah Christensen ('20)

5. Julia Dinius ('20) and Katie Dinius ('22)

6. Valen Schmidt ('20), Jordyn Ohlander ('20), Julia Walters ('20), Brinna Martin ('20), Will Anderson ('22), Tristan Wilson ('20), and Connor Couet ('20)

7. Taylor Leshovsky ('20) and Dawson Pink ('20)

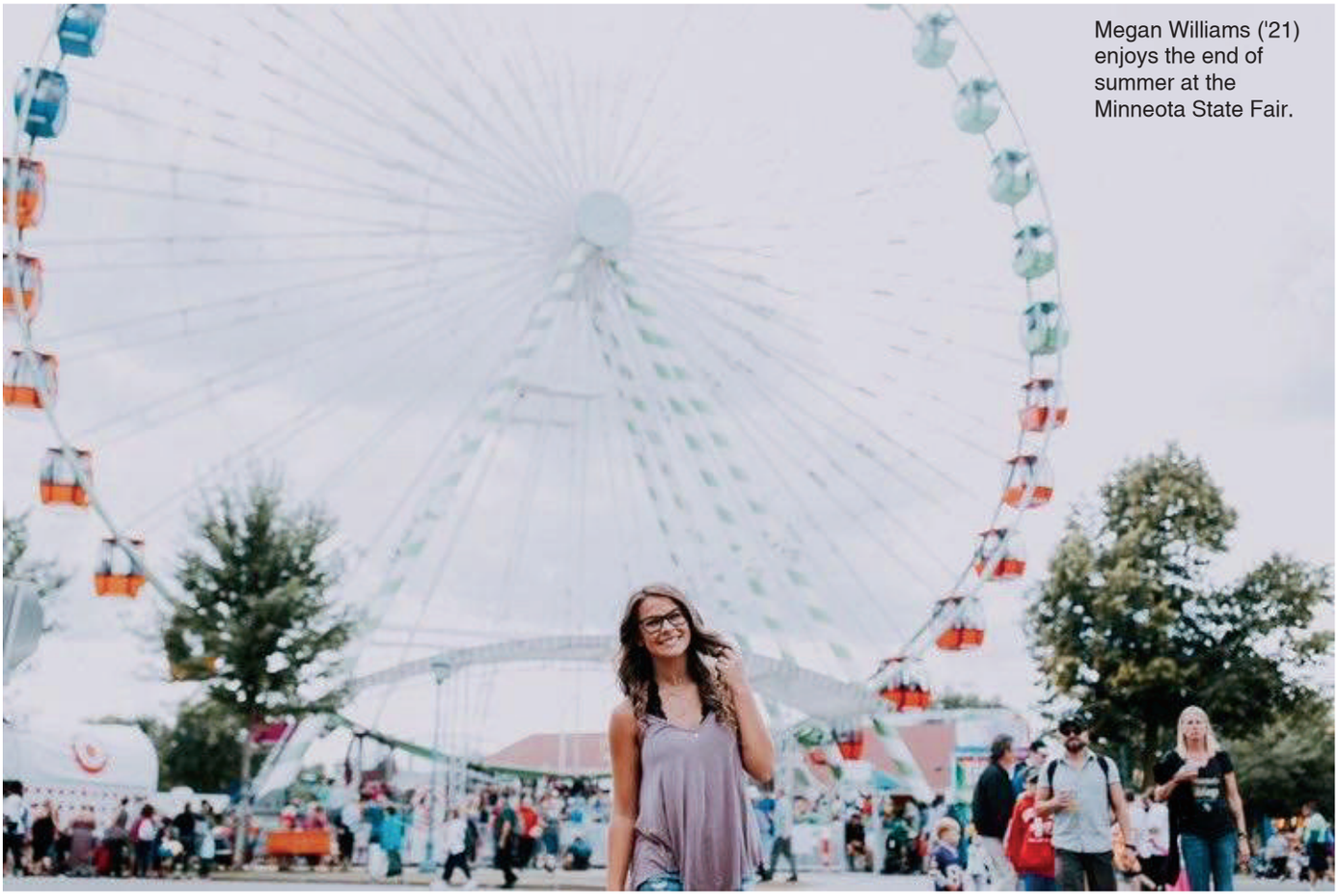
8. Ty Songstad ('20), Colton Christopherson ('20), Tyler Torgeson ('20)

9. Karly Mcshane ('20) and Karris Zezza ('20)

10. Courtney Hahn ('20) and Gabby Siegle ('20)

11. Lauren Couture ('22), Audrey Laumann ('22, and Emma Windingland ('23)

SUMMER

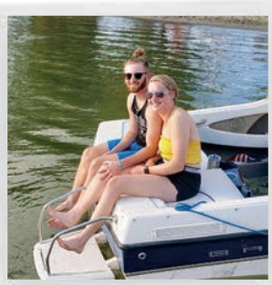


Megan Williams ('21) enjoys the end of summer at the Minneota State Fair.

Alyssa Faust ('20)
Logan Fenrite ('20)

Did you work?

YES	NO
72%	28%



Davis Moseng ('20)
Karly Mashane ('20)

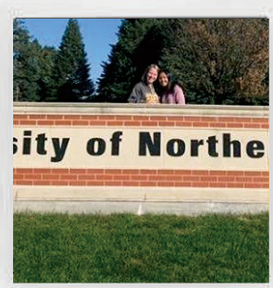
Did you go to a cabin?

YES	NO
78%	22%

Taylor Leshovsky ('20)
Sophia Bloomstrand ('20)

Did you go to the state fair?

YES	NO
68%	32%

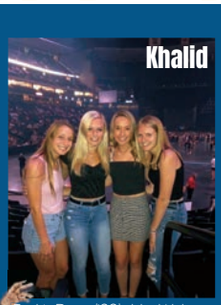


Merial Orham ('21)

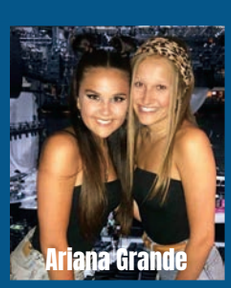
Did you tour any colleges?

YES	NO
39%	61%

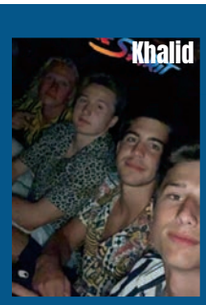
CONCERT Nights



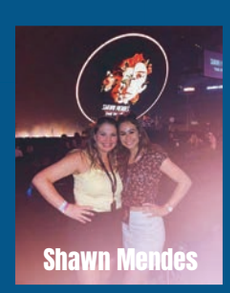
Taylor Dixon ('20), Julia Walters ('20), Rachel Sustacek ('20), & Jillian Testa ('20)



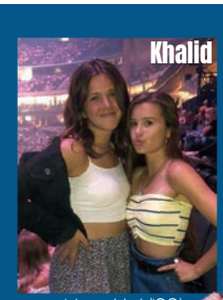
Alix Bushard ('21) & Hannah Henschell ('21)



Colton Christopherson ('20), Nick Olson ('20), Tyler Torgerson ('20), & Colton Schmoyer ('20)



Wynter Johnson ('20) & Lucy Miller ('20)



Mary Heil ('20) & Mia Rooker ('20)

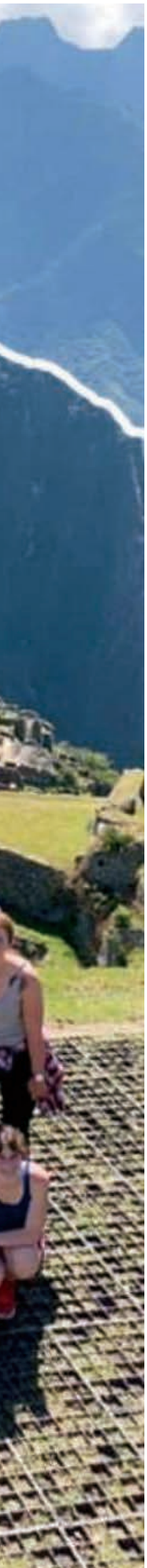
LET'S TAKE A TRIP

LIFE AS AN ISLANDER. Jack LeZalla, Faye Roberts, Natalie Mazurek, and Ryan Boston try on taditionall Peruvian Clothing on lake Titicaca. "The memory of exploring new culture with friends will live with me forever," said Boston ('20).

PICTURE PERFECT. While learning about Peruvian culture at a textile workshop, Kenzie Bourgerie ('20) Stops to take a quick photo. "My goal on this trip was to get a picture with an alpaca and I did," said Bourgerie.

A COLORFUL DAY IN PERU. Peruvian children get ready to dance in a Father's Day celebration in the town of Cusco, Peru. Taylor Leshovsky ('20) stated, "These were some of the sweetest kids, and I'm glad I got to spend time with them."

WONDER OF THE WORLD. STMA students stoped to take a quick photo in front of one of the worlds greatest wonders, Machu Picchu.



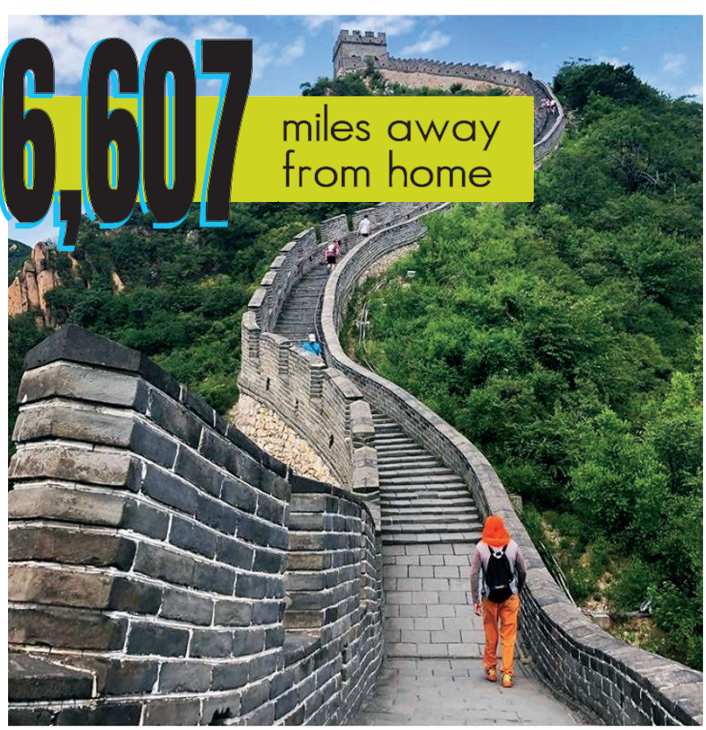
Knights travel abroad and return with new world insights.

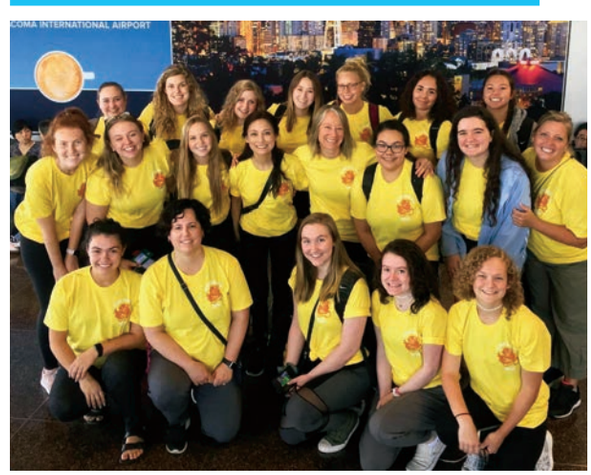
While most high school students spent their summers working part-time jobs, relaxed in the summer's sun, or traveled with family, two groups of STMA students and staff traveled abroad to Peru and China for a once-in-a-life-time adventure. The Spanish-emersion group spent fourteen days exploring many beautiful landscapes and monuments such as, the Ades Moutains, salt flats, and the Quenko ruins.Their final destination was the city of Cusco. Jessica Huser ('21) stated, "Seeing the importance of the ruins and the culture was so eye opening." After a chance to get a feel for the culture, students got the oppurtunity to be immersed into the Peruvian lifestyle. Students lived with a Peruvian host family for one week. They expirienced school life, home cooked meals, and everyday work. Gabby Olsen ('20) said, "Peru was an eye opening expirience where I got to learn about another culture. It made me want to study abroad." 10,538 miles on the other side of the word, the China-emersion trip began their two week journey to Beijing, China. Students got to experience the Temple of Heaven, the Lingering Garden, and the world's fastest train. Students also visited the Great Wall of China. 13,170 miles had nothing on these STMA students. Kaytlin Zack ('20) said, "The climb was physically one of the hardest things I've ever done, but the view from the top was amazing." Only a few people can say they have climbed The Great Wall of China, and STMA students are some of the few. Nick Carlson ('20) added, " I was a little worried about the climb, but after I got to the top it was gratifying." *Page designed by Taylor Leshovsky.*

"Guinea pig **tastes exactly** *like FRIED CHICKEN,* but the **FACE** is a little **unsettling.**"

- Dom Pizano ('21)

6,607 miles away from home





PICTURE THIS. STMA students visit the Pagodas.

GUINEA PIG FOR DINNER? Dom Pizano got the chance to try a local Peruvian meal of cooked guiena pig.

WONDER OF THE WORLD. China group take on the hike of The Great Wall of China. *Photo by Rachel Boesen ('20).*

BREAK TIME. Students stop 1,656.7 miles into their long adventure.

EMBRACING FIRE & LOVE

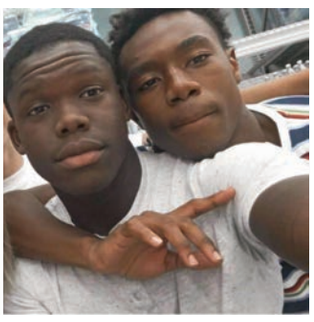
Marching Knights put in hundreds of hours to perfect their performance of Fire & Love

Marching Knight's show-stopping performance called "Fire & Love" was described as a classic love story between a prince and princess. The prince played by **Garrik Martin** ('20) and the princess played by **Terra Dahlman** ('20), meeting and falling in love. An evil magician captures the princess and her court maidens. The prince, is able to free them and the prince and princess reunite. Sousaphone player **Zach Balken** ('20) stated "To me, Fire & Love is a show for me to learn and have fun with. **Each show I do allows me to get better at my music and my marching abilities**. Fire & Love really helped me do that. It was a fun show and I really enjoyed it." Garrik Martin touched on his character of the prince: "The show reminds me about how **I'd go to the ends of the earth, or in the shows case fight a evil magician, to protect the ones I love make sure they are safe and happy.**" The princess of the show Dahlman stated, "The solo work Garrik and I had was the best part. It was fun to hear how people reacted to the little love story we performed." To make this production a success it required an undeniable amounts of time and preparation. Bass clarinet player **Stephanie Joyce** ('21) stated, "Over the four months we are in season we put in 20 hours a week and one week we put in 60 hours. **Overall, I would say 320 hours is about how much time we put in practicing.**" Haas also stated "During the season we have a week long band camp at the highschool where **we practice our routine in that week we put in 60 plus hours**." Flute player, **Maddie Patterson** ('20), said "Like any other sport Marching Band has its challenges, for example the heat. **Since our season is in the summer the heat can get overpowering especially with full wool suits and hats**, but we have people who give us water while marching that keep us hydrated and make sure we don't get heatstroke. Although even after all of that **Marching Band is so rewarding especially at the end of every parade I can see how proud we all are of each other for finishing the show**. Nothing is more rewarding than that." *Page design and story by Kristen Kadlrik.*

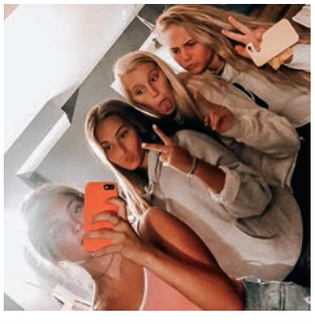
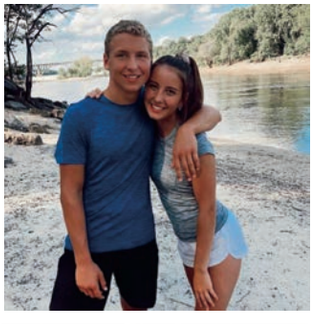
SIDELINE SUPPORT

ENJOY THE MOMENT. Between performances during the homecoming football game, colorguard members Lauren Mialkowski ('22), Jorie Emerson ('22), and Lauren Tatro ('22) enjoy each other's company. Mialkowski (far left) stated, "I love being able to cheer for my school and show my support from the sidelines. It makes you feel more connected to the game."

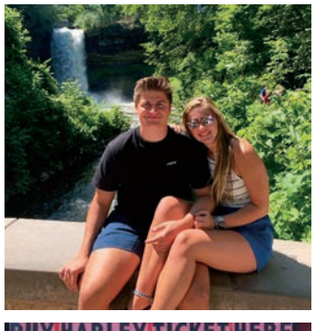
PRACTICE MAKES PERFECT. Alexandra Haas ('20) practices for the Fire & Love performance on her Melophone. Hass commented, "To me personally, Fire & Love means the passion and bravery it takes to save a loved one."

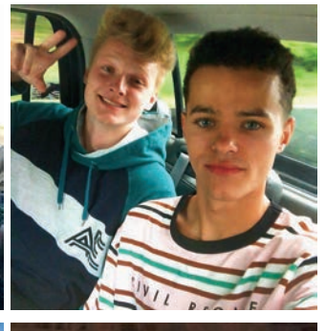


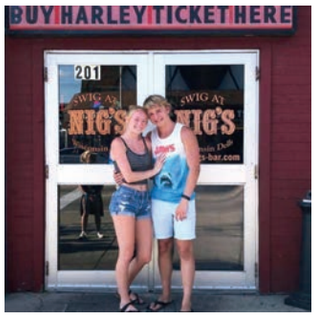
HOMETOWN
763-477-3300

SUMMER MOMENTS







PP

"If I could relive one moment, it would be the winning serve of the Teachers Vs. Seniors volleyball game. The score was tight, 37-36, I was panicking because I was about to attempt a top spin serve which I had never done in a game before. My ears were ringing with the crowd's screams, as we were about to win the game."

-Tyren Cornillez ('20)

PEOPLE

BIG W. Members of the senior class pose for a picture after winning a huge comeback match in the Student vs. Faculty volleyball game. *Photo by Olivia Peltz.Page Designed by Mia Rooker.*

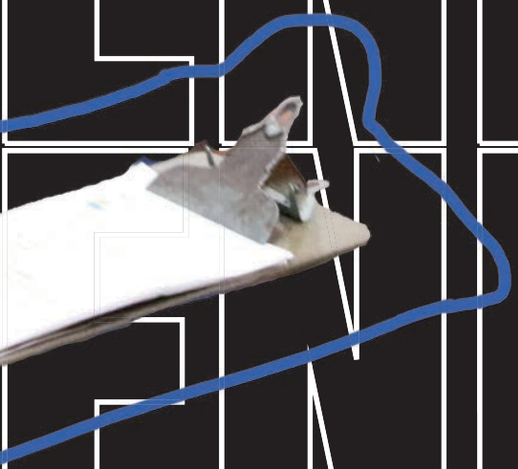
PEP FEST

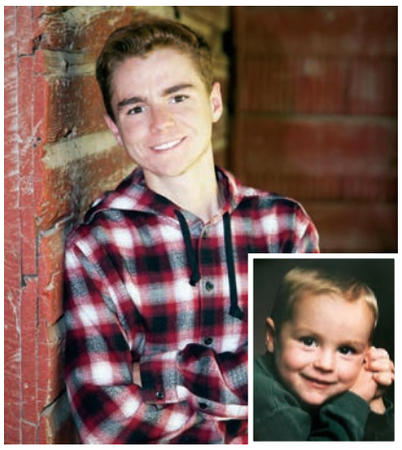
"If I could relive one moment from the 2019 Annual Homecoming Pep Fest, it would be emceeing the tug of war match. Pumping up the senior section to grasp our final win is a moment I will never forget."

-Will Spalding ('20)

WE PUT THE PEP IN PEP FEST. Will Spalding ('20), two year NHS member, leads the crowd in cheer during the homecoming pepfest. *Photo and page designed by Mia Rooker.*

ENIORS



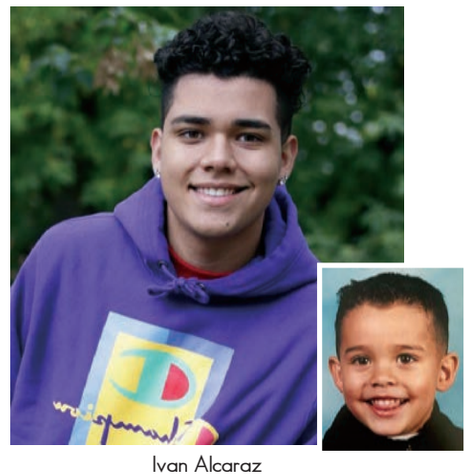

Ryan Aberwald

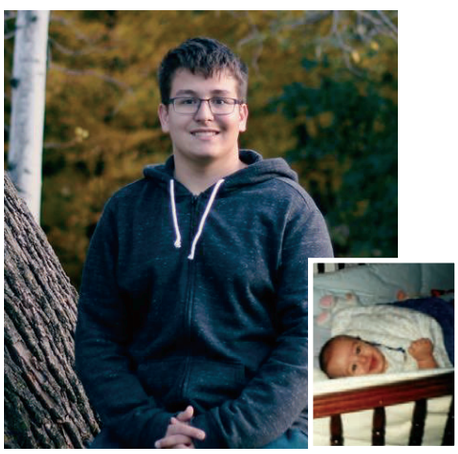
Tanvi Abraham

Eric Affi

Nora Al-Mutawa

Lillian Albrecht


Ivan Alcaraz


Tarik Alduri

Vanessa Alexander

Kallyn Amundson

Abby Anderson

Cassidy Anderson

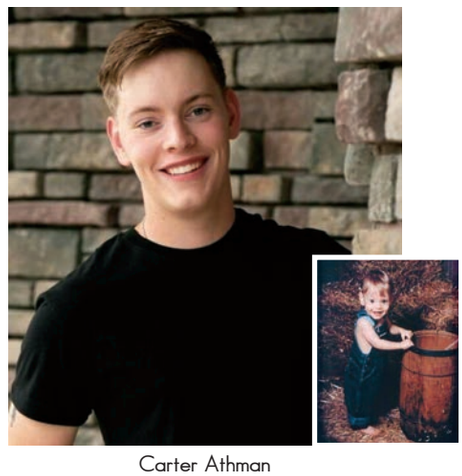
Dylan Anderson

Jacob Anderson

Ashton Antil

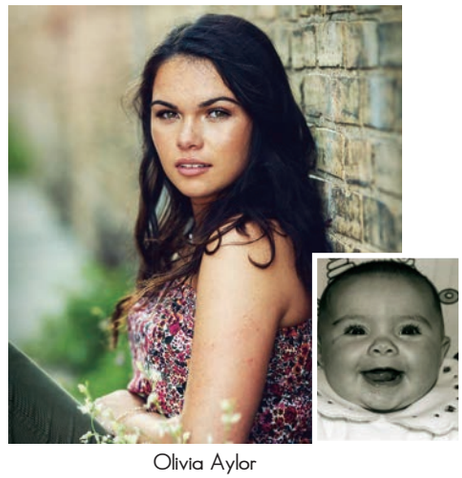
Kayla Apelt

Jacob Asleson

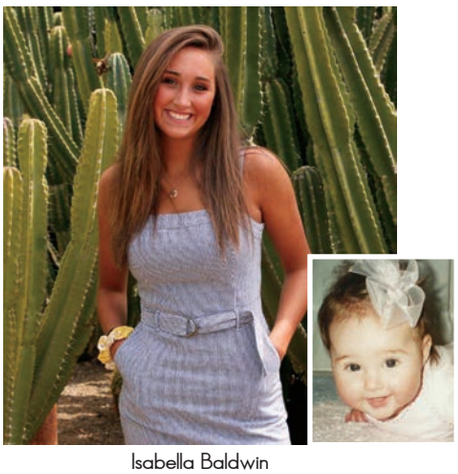

Carter Athman

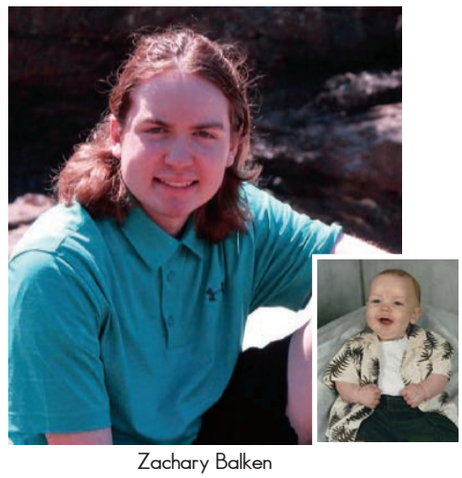
Alex Avery

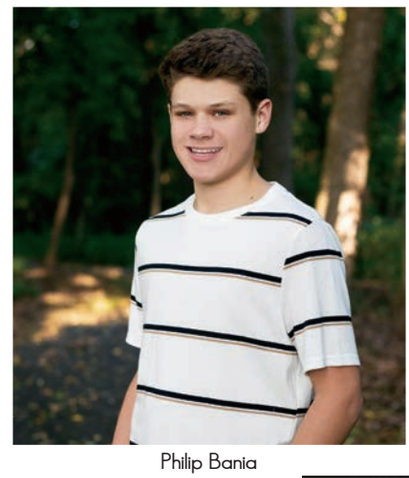
Lance Aydt


Olivia Aylor

Aidan Badenoch


Isabella Baldwin


Zachary Balken


Philip Bania

Baledi Banzeba

Jessica Barr

Jack Batchelor

Gretta Becker

Cade Beckers

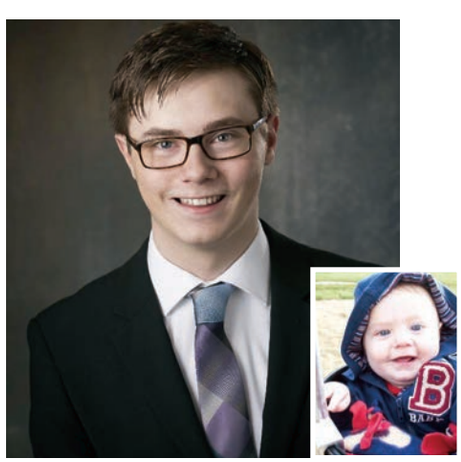
John Bedell

Taylor Beeler

Anna Belair

Emery Bell

Cora Benker


Carson Berglund

Kalley Berning

Matthew Berning

Sarah Berscheit

Korebin Beutner

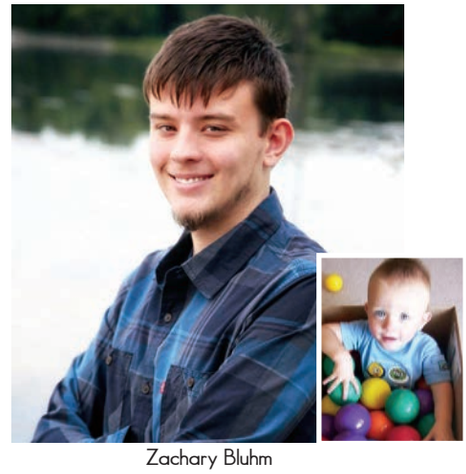
Tatum Birr

Amanda Bissen

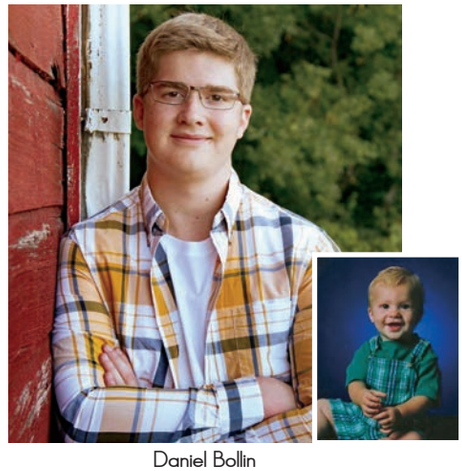
Brittney Blaeser

Dylan Blount

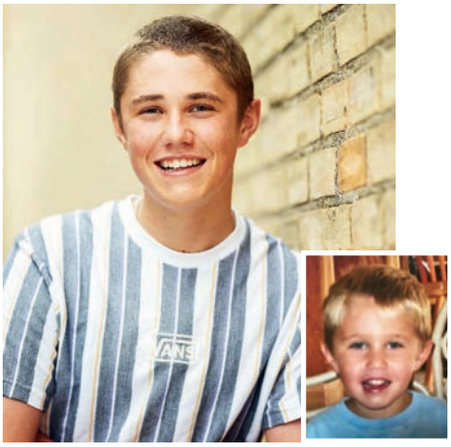
Jacob Bluhm


Zachary Bluhm

Rachael Boesen


Daniel Bollin

Grant Bong


Jacob Borer

Jordan Bothwell

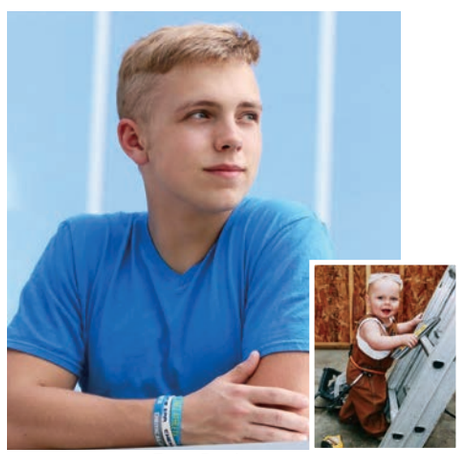
Tiffany Bounnakhom

Mackenzie Bourgerie

Skyler Boushee

Quinn Bradley

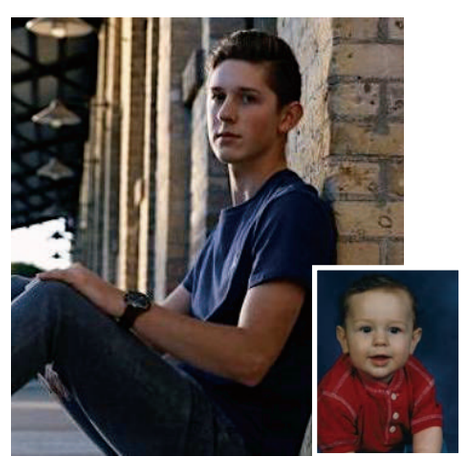
Brieanna Brennan


Evan Bright

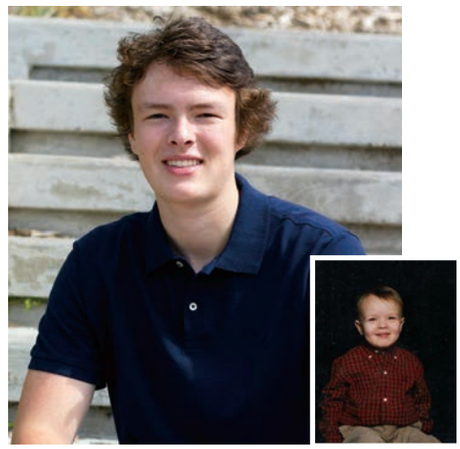
Calvin Bromley

Samantha Brown

Luke Browning


Collin Brunet

Neal Buerman

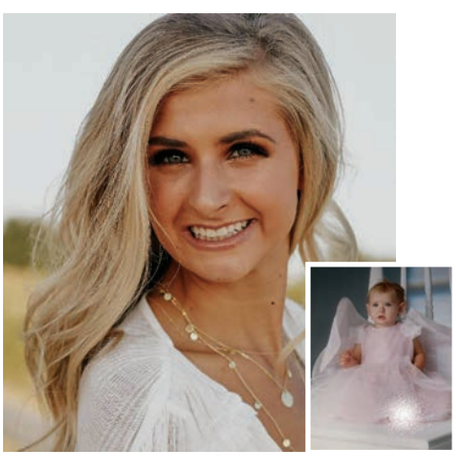

Jackson Bursch

Matthew Bury

Maxemilion Busch

Thomas Butkowski

Dominik Butler


Madison Callais

Nicholas Camp

Kallie Campbell

Kelli Campbell

Hailey Cantwell

Nicolas Carlson

Jack Carroll

Ellie Cary

Morgan Casey

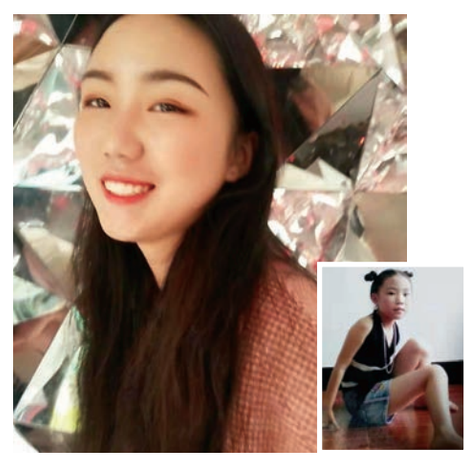
Carter Cate

Brenna Caza

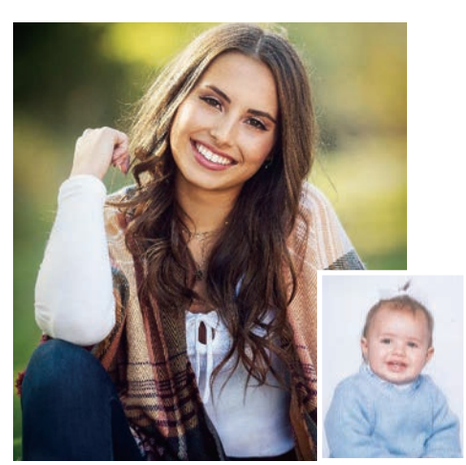
Cole Chalich

Clare Chambers

Brianna Chatterton


Wenbin Chen

Joseph Christensen


Mariah Christensen

Page sponsored by
jacki v. seniors | get real.

Hannah Christman

Colton Christopherson

Isaac Clark

Zachary Colemer

Lindsey Cook

Megan Copeland

Tyren Cornillez

Conner Couet

Wyatt Craft

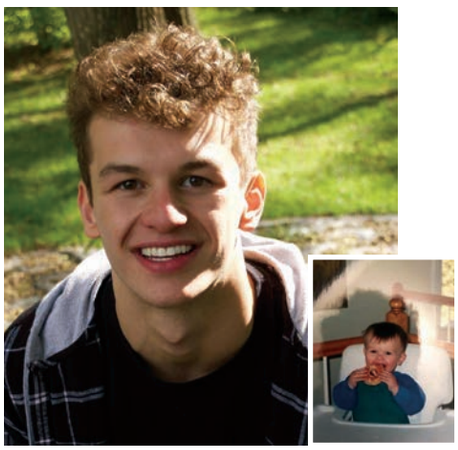
Abigail Cross

Claudia Cucart Ramos

Morgan Culhane

Nash Dahlheimer

Terra Dahlman


Joshua Dalluge

Kylie Daly

Grace Davis

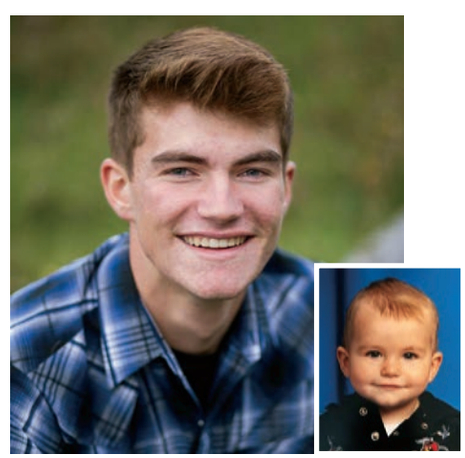
Ryan Davis

Anahi De La Cerda

Danay Dehmer

Tobias Dehn

Jared Dick

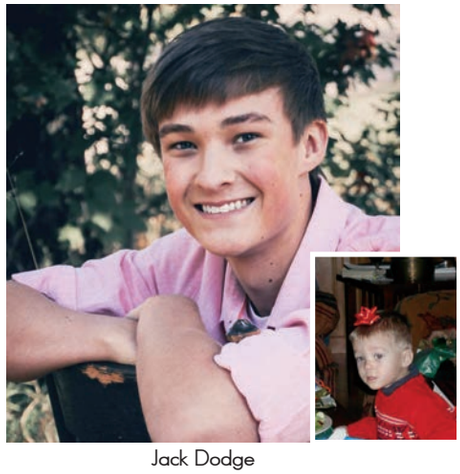

Mitchell Dickie

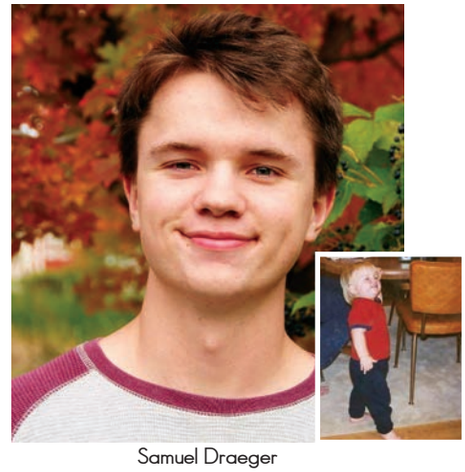
Samuel Dierberger

Julia Dinius

Lillian Dishneau

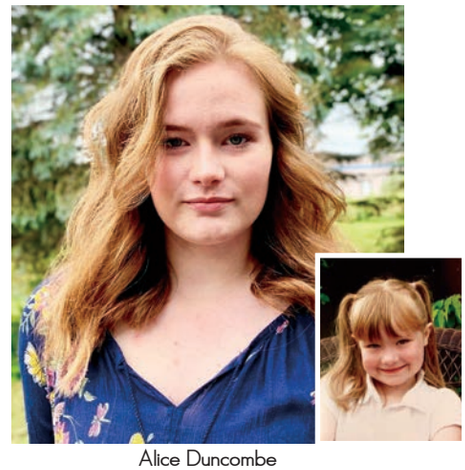
Taylor Dixon


Jack Dodge


Samuel Draeger

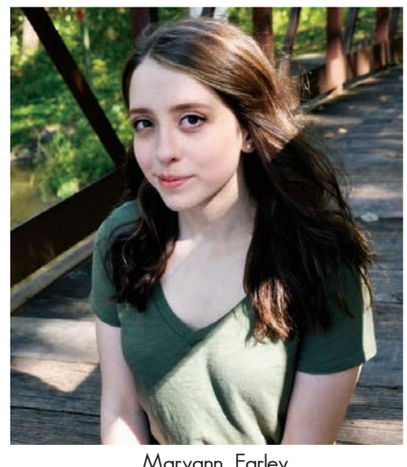
Samantha Duerr

Gabriel Dulac

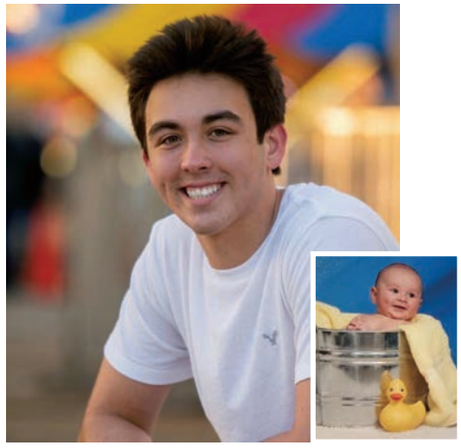

Alice Duncombe

Kelly Dupont

Toria Dyer


Maryann Earley

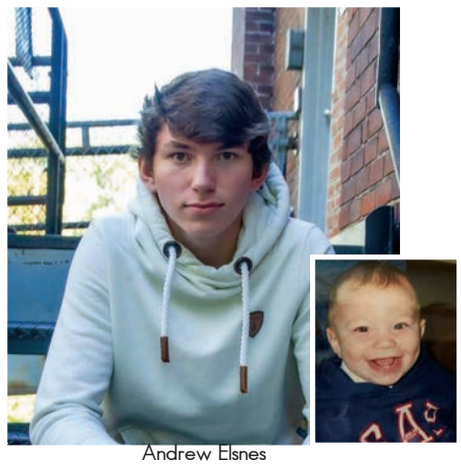
Olivia Egbert



Miguel Eguia

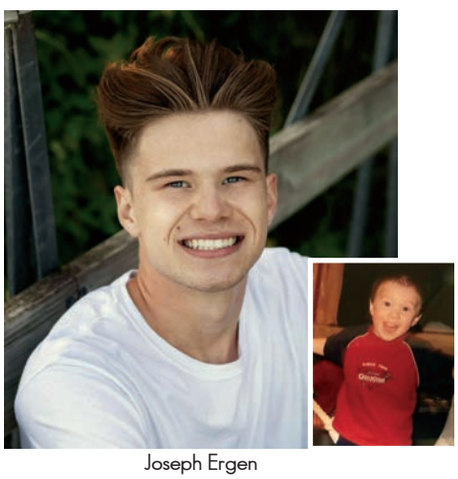
Nicholas Eicher

Lauren Ek



Andrew Elsnes

Augustus England



Joseph Ergen

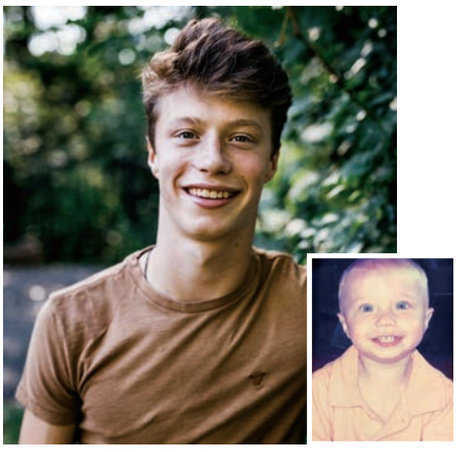
Emma Ericksen

Ingrid Erickson

Nicholas Erickson

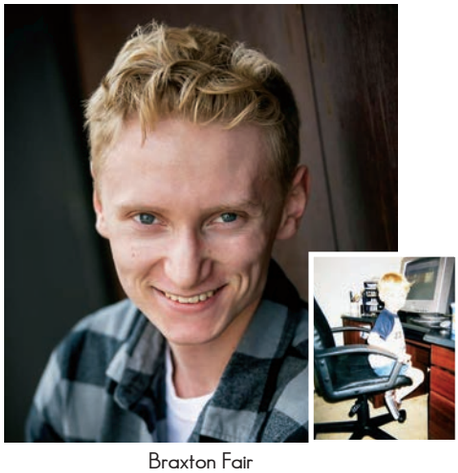
Christabel Eshun

Olivia Estep


Blake Esterberg

Joshua Eull

Jaeger Evans


Braxton Fair

Kayla Fairburn

Grange Farr

Alyssa Faust

Lauren Feldick

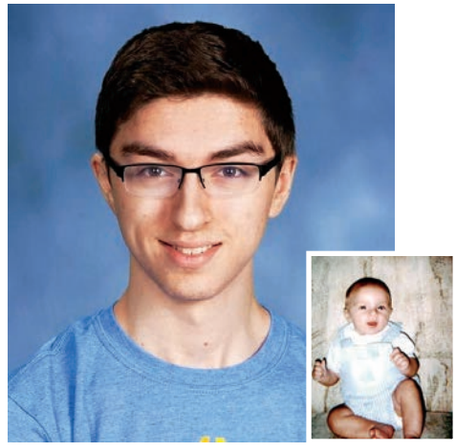
Logan Femrite

Hayden Feuerborn

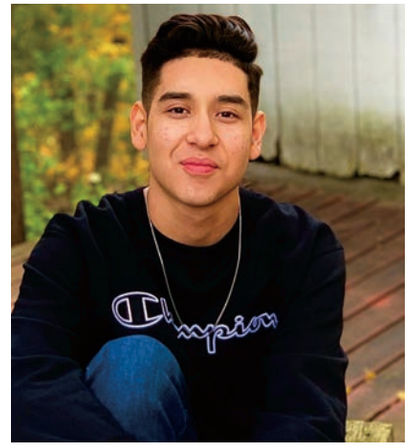
Ben Fiedler

Morgan Fischer

Adam Flammang



Tyler Fleck



David Flores

Matthew Foltz

Natalie Francisco

Marina Frandsen

Paige Frank

Gavin Fredrichs

Claire Fredrickson

Sophie Fritz

Jordan Fuchs

Maddie Gagnon

Nicolas Garcia

Kolby Gartner

Madison Gaulrapp

Kyra Geiger

John Gerads

Carter Gilleland

Antoria Glass

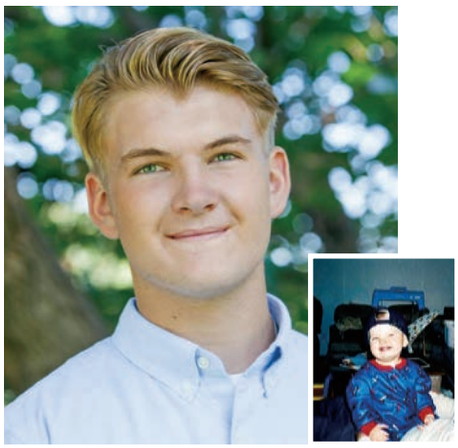
Abigail Glirbas

Brendan Glirbas

Kailey Glunz

Erin Goepfert

Mitchell Gohl


Brendon Gorynski

Myles Graczyk

Nykayla Greer

Olivia Grochow

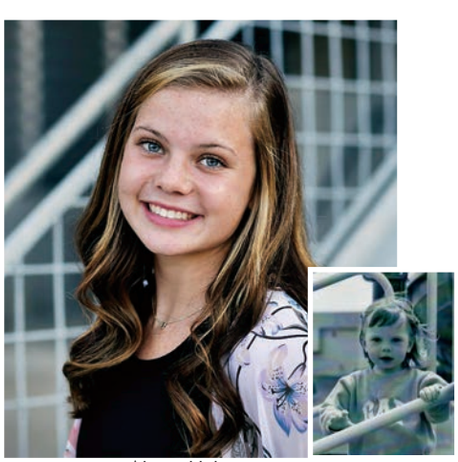
Nolan Gustafson

Tyler Guzman

Alexandra Haas

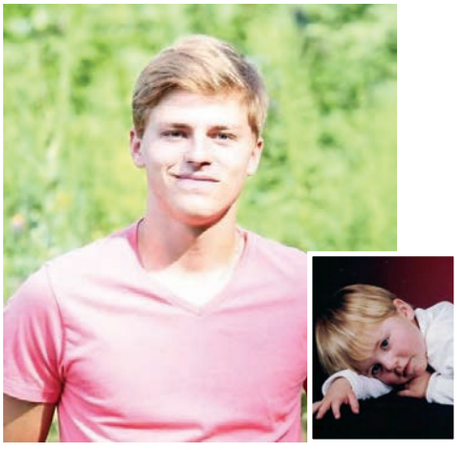
Courtney Hahn

Benjamin Haliburton


Alexis Halvorson

Allison Hanson

Presilyn Hanson

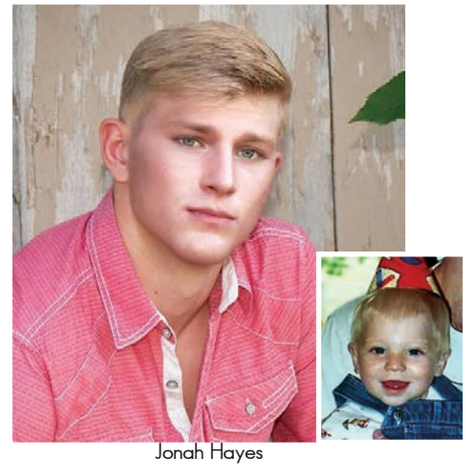

Iain Harken

Grace Harlan

Phoebe Harmon

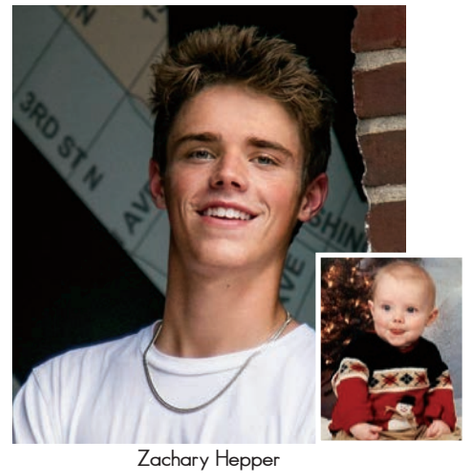
Reed Harrington

Jadyn Hassall


Jonah Hayes

Mary Heil

Mikala Henderson



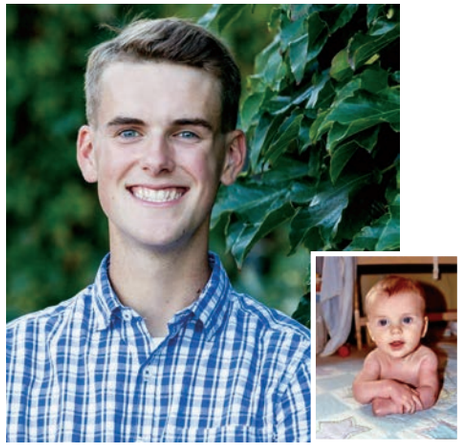
Zachary Hepper

Aaliyah Her

Ella Herbst

Isabella Heuanphommavong

Abigail Hill



Gabriel Hjelle

Dennis Holbrook

Kale Hoselton

Benjamin Hughes

Brooke Hunsley

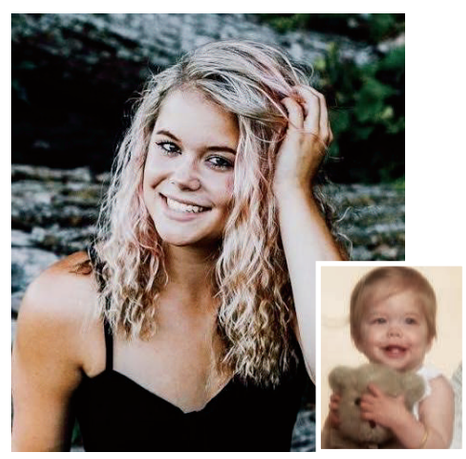
Sudi Hussein

Brooklyn Illies

Holly Illies

Veronica Jacques

Nolan Jaeger



Jaden James

Ryan Jann

Hunter Jans

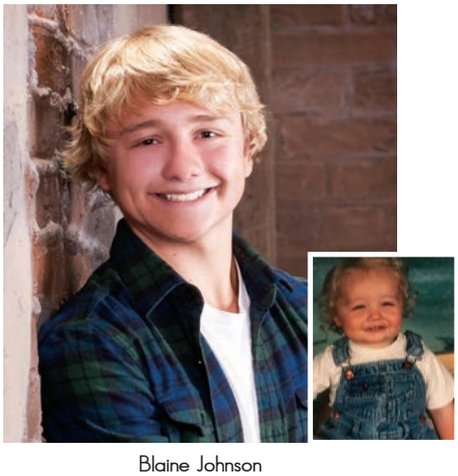
Zachary Jans

Baiboon Jantassi

Chloe Jensen

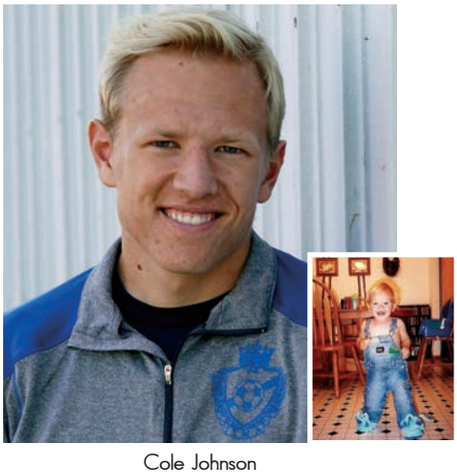
Erin Jensen

Madison Johnshoy



Blaine Johnson

Claudia Johnson



Cole Johnson

Isaiah Johnson

Madalyn Johnson

Wynter Johnson

Elizabeth Jones

Jeremiah Jordan

Carly Joslyn

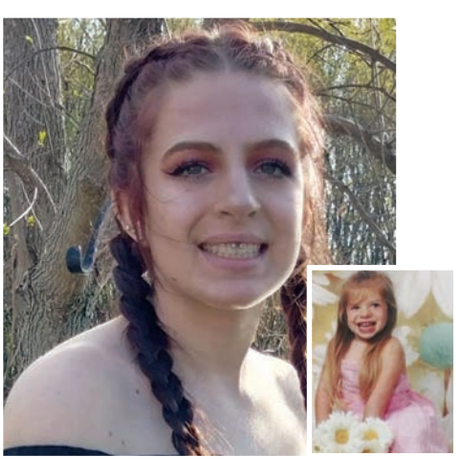
Dominic Jurmu

Laurie Juusola

Kristen Kadrlik

Joshua Kainz

Erna Karic

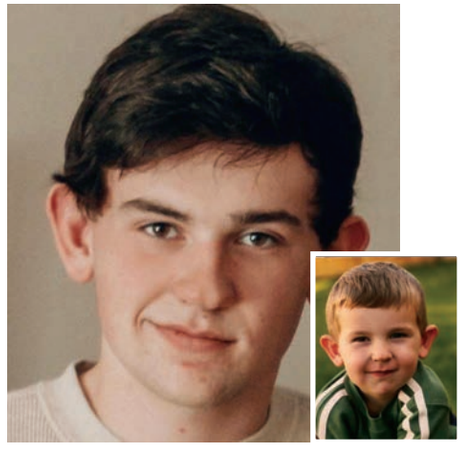


Abbigayle Karoleritz

Calvin Kasper

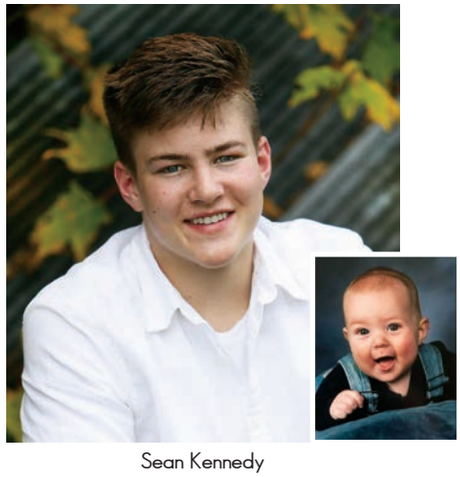
Finnegan Kastner

Steven Kazouh

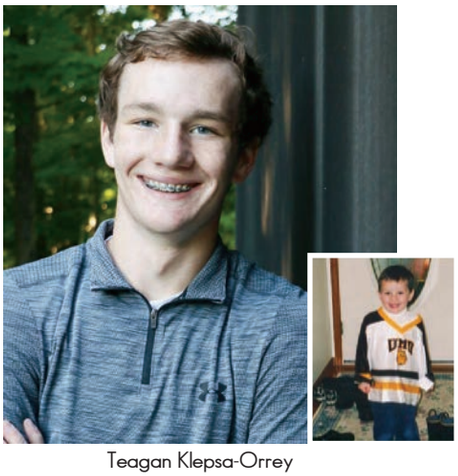

Bryan Kelley

Cody Kelly

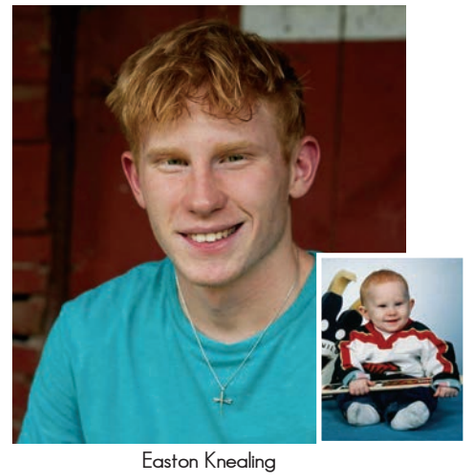
McKenzie Kelly


Sean Kennedy

Thanyaphon Khwanngam


Teagan Klepsa-Orrey

Benjamin Kloss


Easton Knealing

Caylyn Kobilka

Kelsey Kocon

Eiley Koivisto

Greta Korpi

Yauheniy Kotau

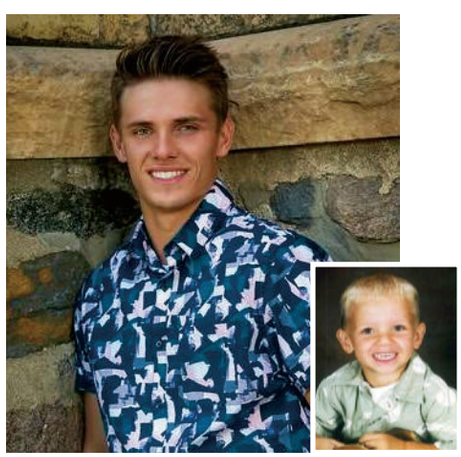
Clairice Kowalke

Mackenzie Kramer

Edward Krcma

Davis Krueger

Alexander Krumenauer


Jordan Krupke

Megan Kruschke

Noah Kunz

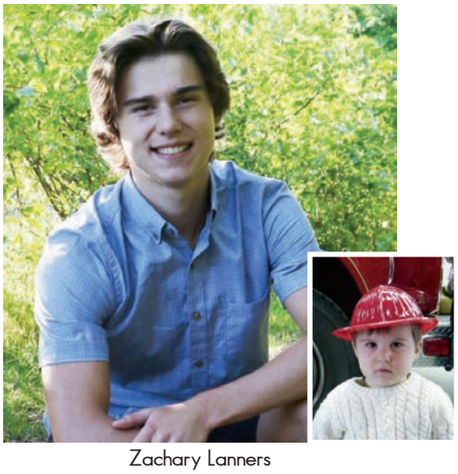
Valerie Laberge

Christian Labrador

Skyler LaCoursiere

Grace Lamprecht

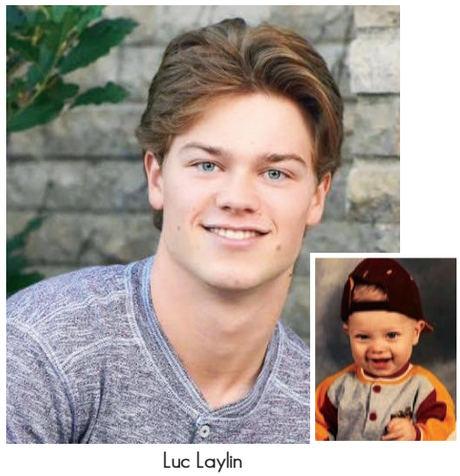
Brandon Langdok

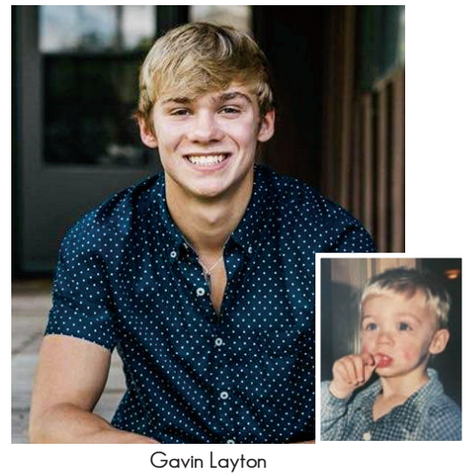

Zachary Lanners

Michael Lappin

Anna LaRose

Baili LaValle


Luc Laylin


Gavin Layton

Kallie Lehmann

Kali Lekatz

Hayden LeMonds

Aaron Lenarz

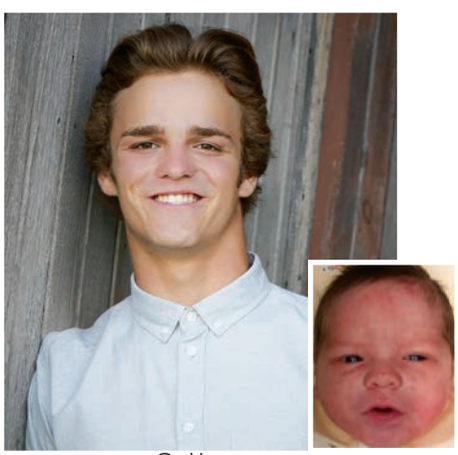
Katie Lenneman

Hunter Lenz

Adeline Leon

Michael Leonard

Taylor Leshovsky


Carl Leuer

Lauren Levens

Wyatt Lidberg

Jacob Liddicoat

Carter Lilledahl

Anna Lindemann

Ty Lindenfelser

Thomas Litwiller

Patrick Livingston

Benjamin Lock

Preston Lockwood

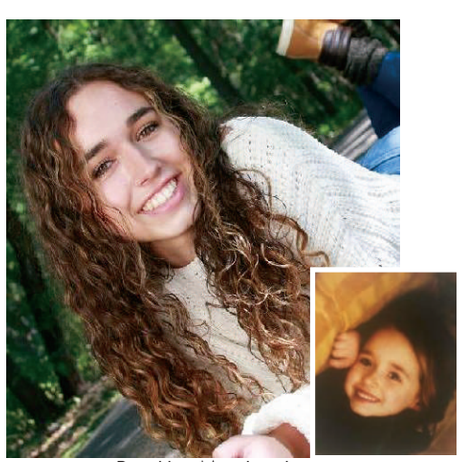
Luke Logan

Joseph Lombardi

Alyssa Maciey

Michael Malkowiak

Keagan Mann


Brooklyn Marchand

Emily Markgraf

Gavin Markley

Abigail Marsolek

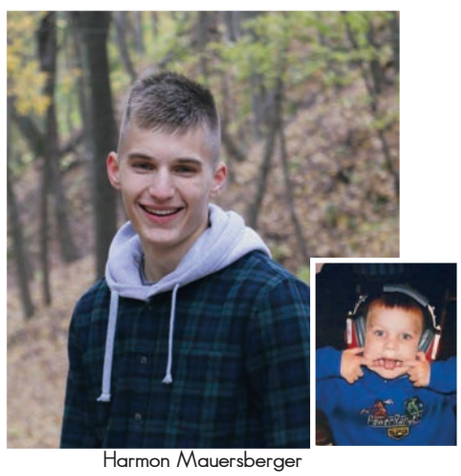
Brinna Martin

Garrik Martin

Jane Martin

Ivan Martinez

Jeffery Mason


Harmon Mauersberger

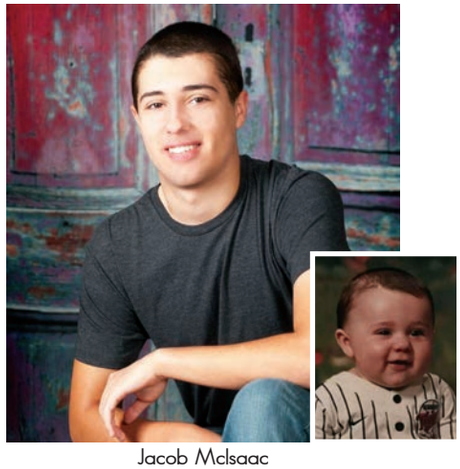
Samuel Maxwell

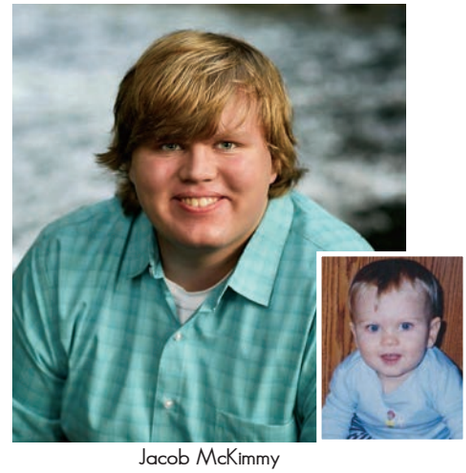
Alexander McAloon

Paige McAloon

Madison McCann

Cassidy McGee-Johnson


Jacob McIsaac

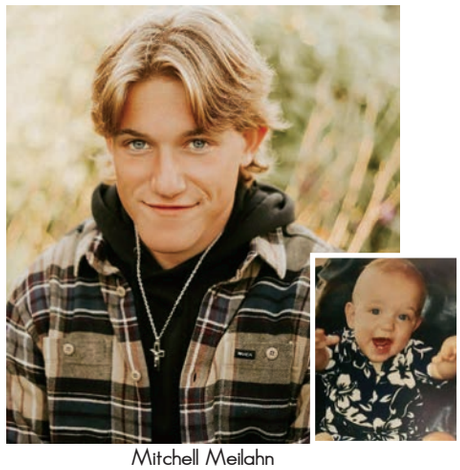

Jacob McKimmy

Madison McKinley

Peyton McLean

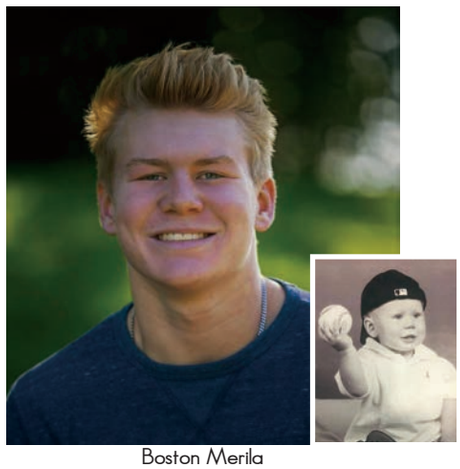
Karly McShane

Marli Meilahn

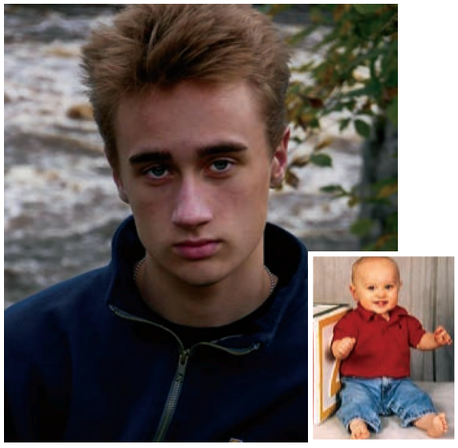

Mitchell Meilahn

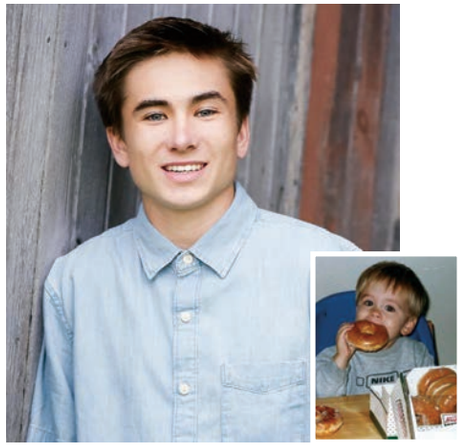
Kiara Mendez

Hunter Meredith


Boston Merila

Kyle Mialkowski


Charles Michaelson


Joseph Miller

Lucy Miller

Raquel Mitchell

Sidney Mitchell

Jennifer Moreno Vizcarra

Jagger Mork

Davis Moseng

Lauren Munson

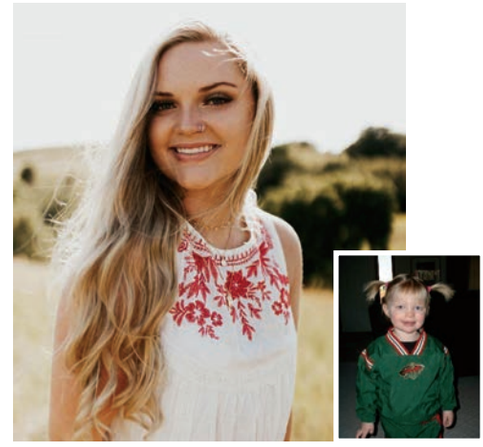
Mitchell Murphy

Jonathon Nagovsky

Ashley Najarro

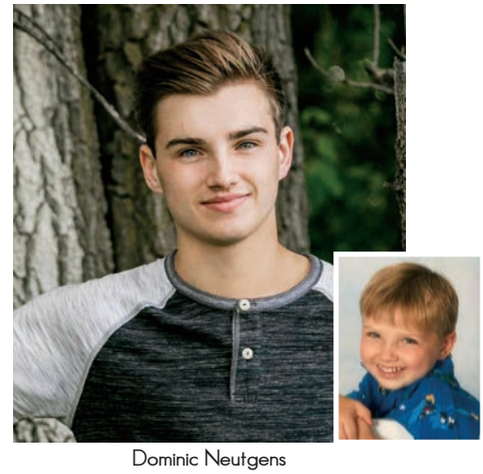
Ngum Nde

Inomusa Ndlovu

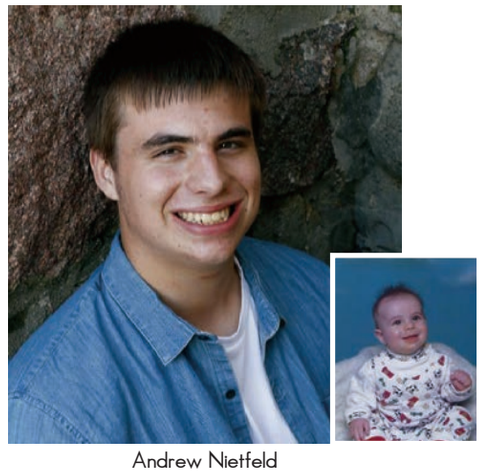

Bryn Nelson

Nathan Nelson

Noah Ness


Dominic Neutgens

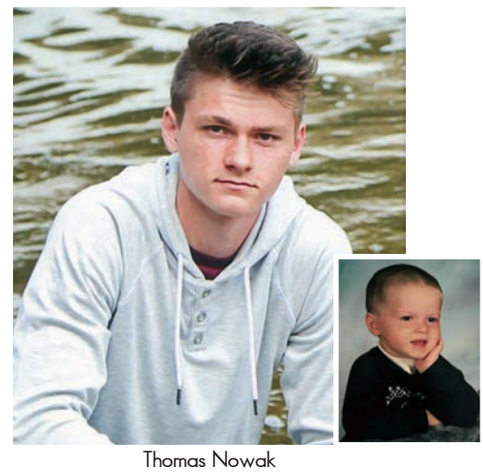
Tiffany Nguyen


Andrew Nietfeld

Callie Nordberg

Noah Nordin

Nathan Notch


Thomas Nowak

Christopher Nygard

Luke O'Leary

Samantha Och

Amos Ogaya

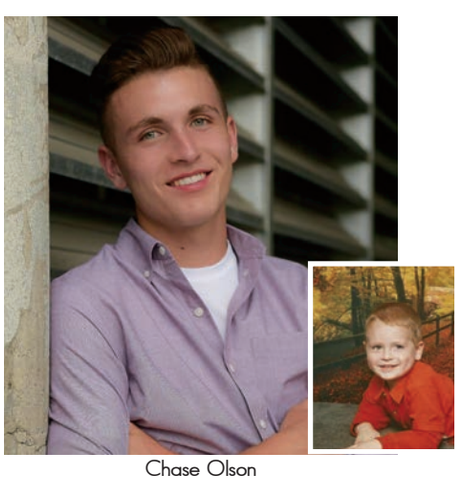
Jordyn Ohlander

Olufunmilayo Ologunde

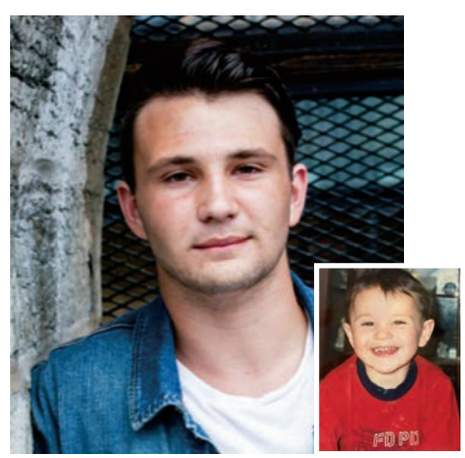
Gabriella Olsen

Jazlin Olsen

Ashley Olson


Chase Olson

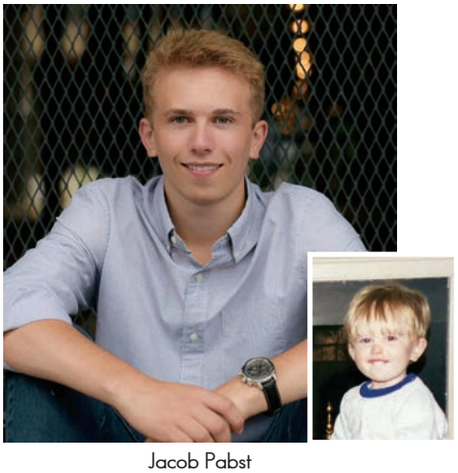
Hailey Olson


Micah Olson

Nicholas Olson

Sydney Ophoven

Benjamin Oscarson

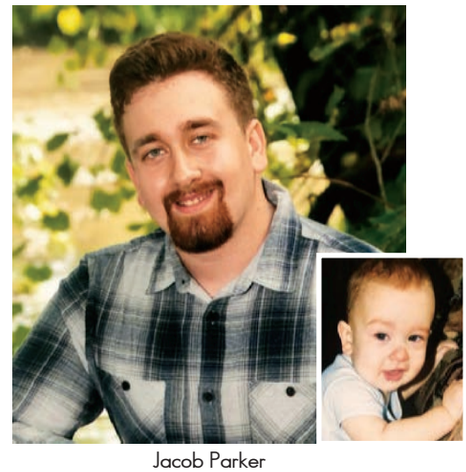

Jacob Pabst

Samantha Palmer

Tessa Palmer

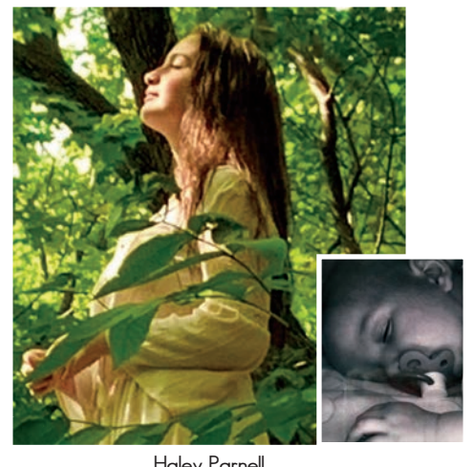
Daniel Paluck

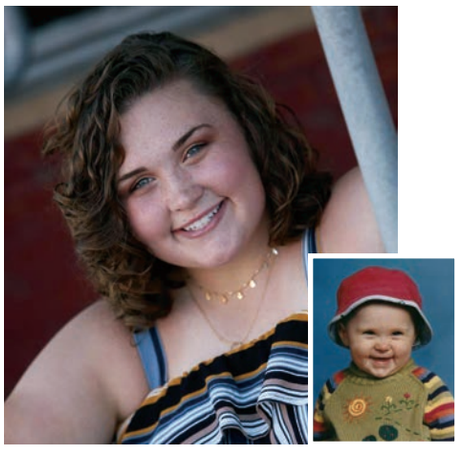
Marissa Papp


Jacob Parker

Molly Parker

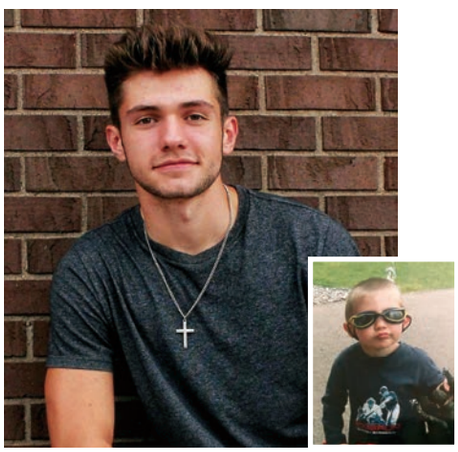
Brooks Parkin


Haley Parnell


Madeline Patterson

Samuel Patton

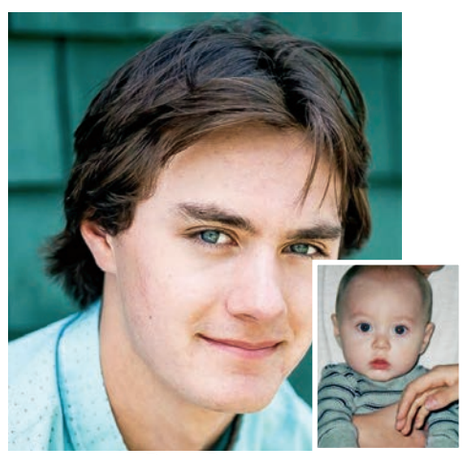
Christopher Paul

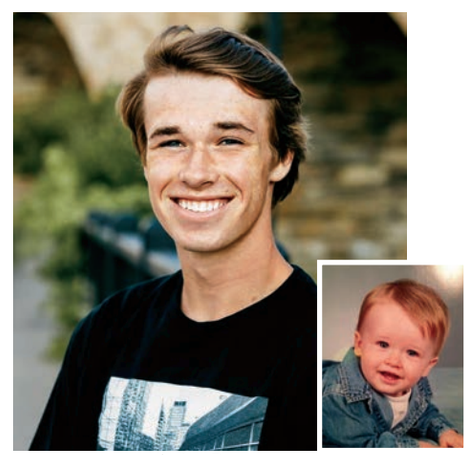

Carter Pauly

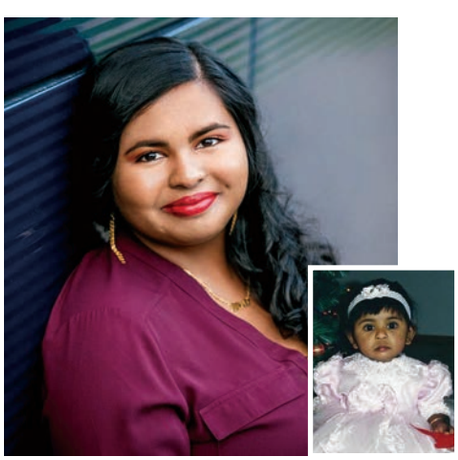
Olivia Peltz

Alex Perepechkin

Olga Perepechkin

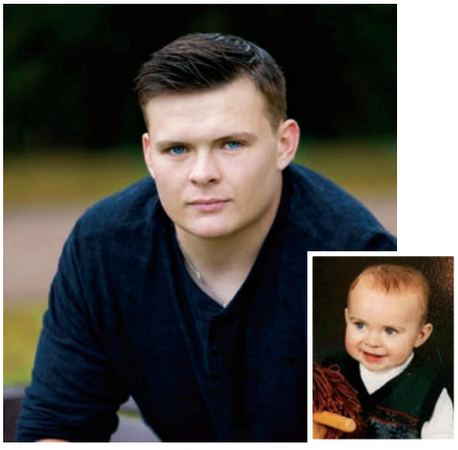

Deven Perron


Aiden Peters


Ashley Peters

Abigail Peterson

Garrett Peterson

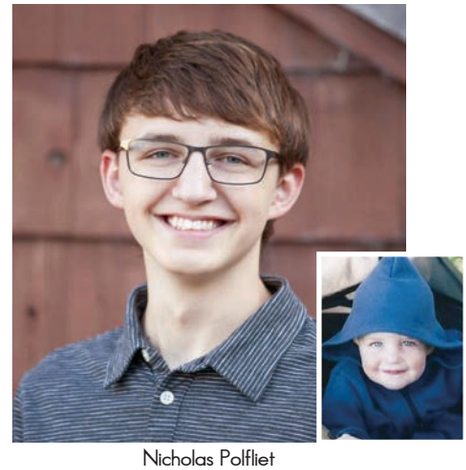

Leo Peterson

Katharine Petit

Nga Phan

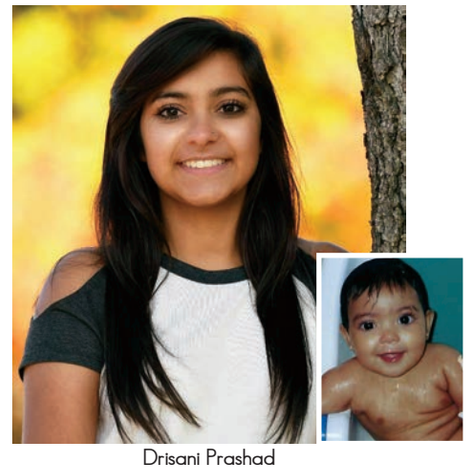
Dawson Pink

Isabella Pipenhagen


Nicholas Polfliet

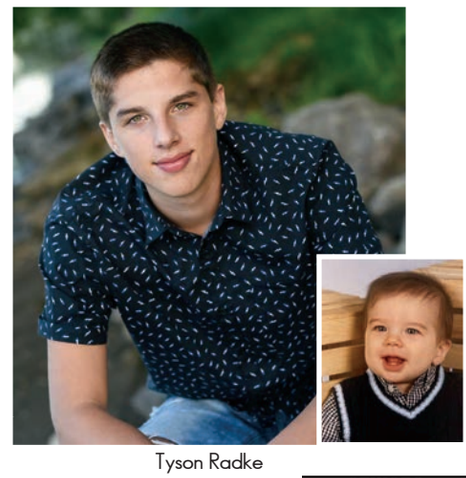
Lauren Pomerleau

Elle Potts


Drisani Prashad

Thomas Raatz

Claire Rademacher


Tyson Radke

William Rahne

Hailey Rankin

Tierney Ras

Thomas Rathman

Trevor Reedy

Tala Reinbold

Amelia Relopez

Anna Relopez

Jade Resner

Gregory Rice

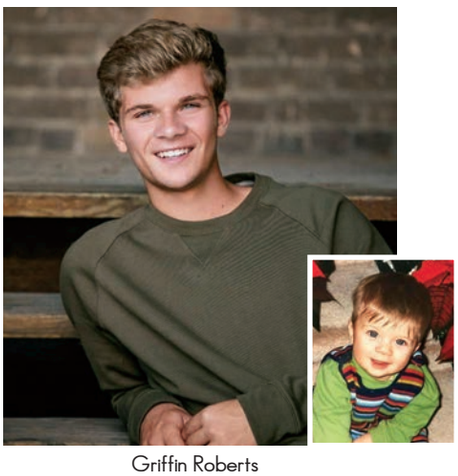
Luvenia Rice

Bryanna Rieber

Gracelyn Riedel

Taylor Ripplinger

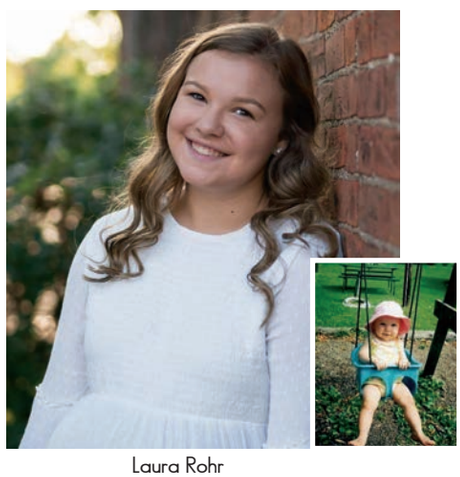
Jordyn Robeck

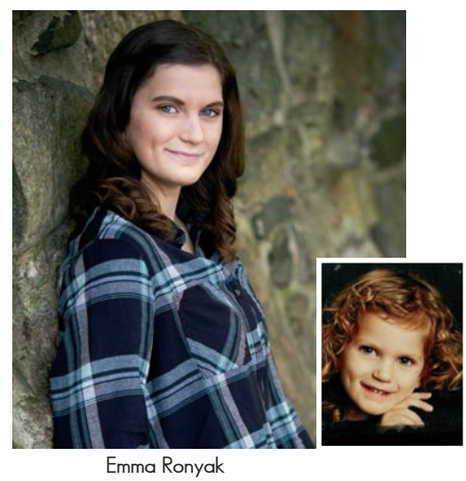

Griffin Roberts

Joshua Roberts

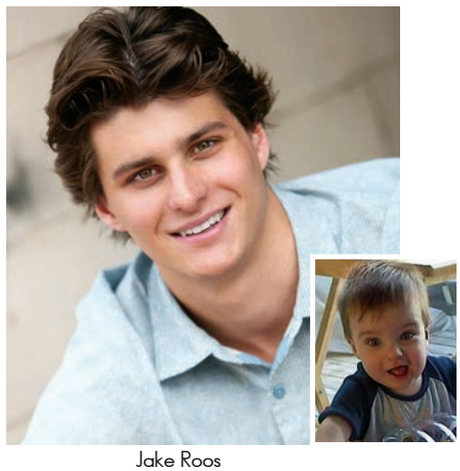
Joseph Robinson

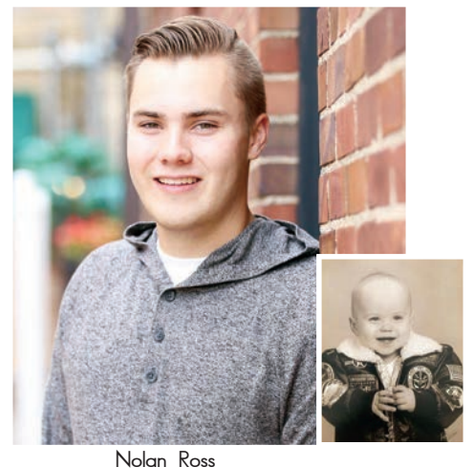
Kyle Robinson


Laura Rohr


Emma Ronyak

Amelia Rooker


Jake Roos


Nolan Ross

Nolan Ross

Indigo Rowland

Seth Ruberto

Mia Ryan

Kallie Salen

Owen Sand

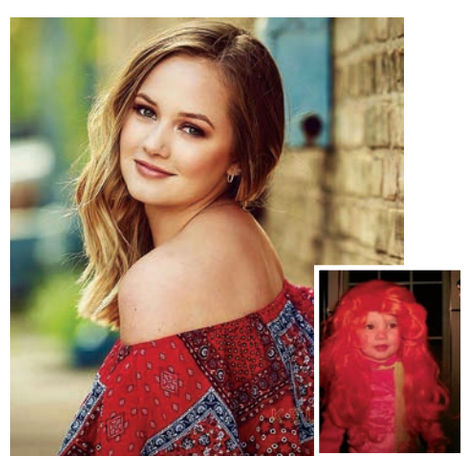
Jack Sander

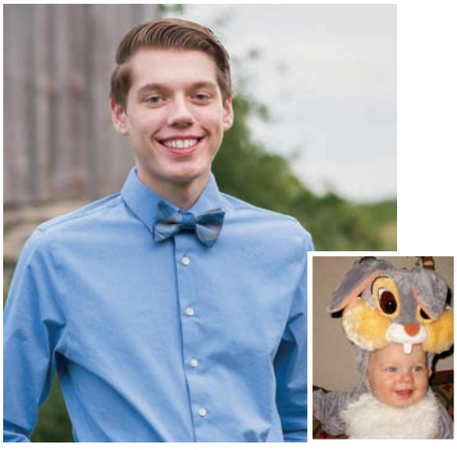
Kevin Sann

Jenna Sargent

Hunter Sauer

Madalyn Sawyer


Katherine Saxe


Ethan Scheelk

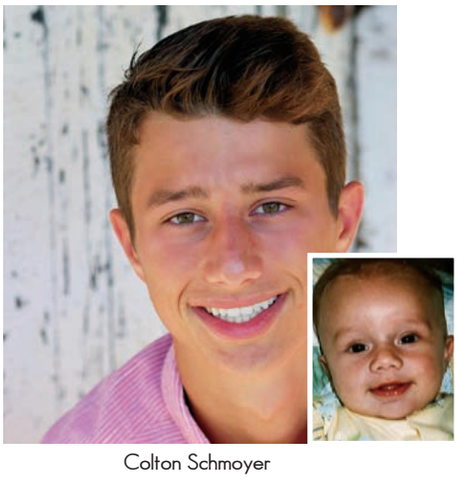
Olivia Schepers

Bailey Schlimme

Grant Schmidt

Valen Schmidt

Jane Schmitz


Colton Schmoyer

Matthew Schneider

John Schoberg

Kassandra Schoen

Marcus Schweisthal

Natalie Seiffert

Nicholas Seurer

Dylan Sexton

Gabrielle Shedlov

Bryce Sherman

Gabrielle Siegle

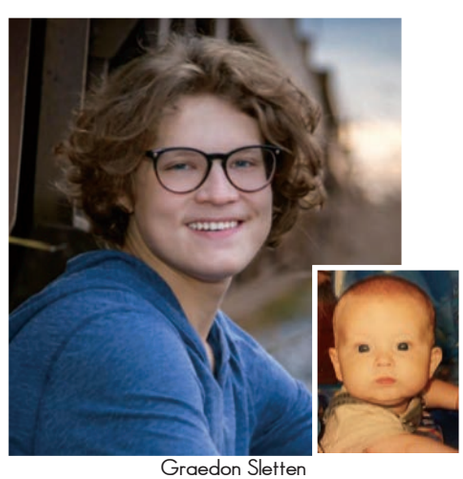
Drake Siens

Aliyah Simat

Spencer Simon

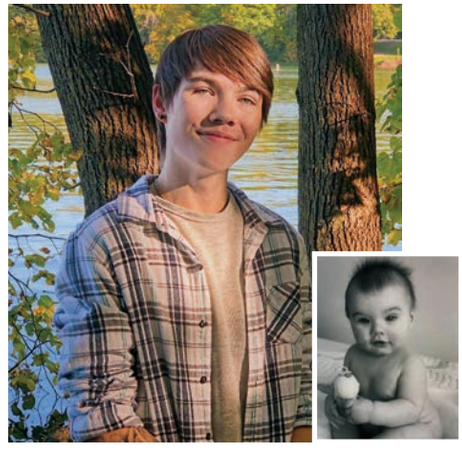
Colette Sinclair

Grace Sinkule

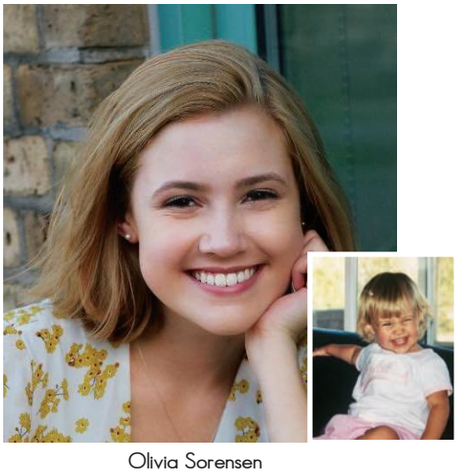

Graedon Sletten

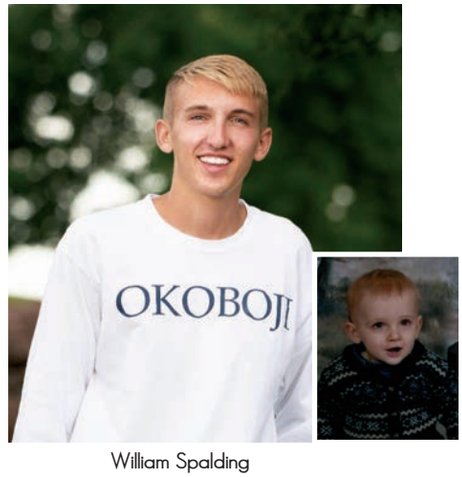
Stevie Slowiak

Erik Snyder

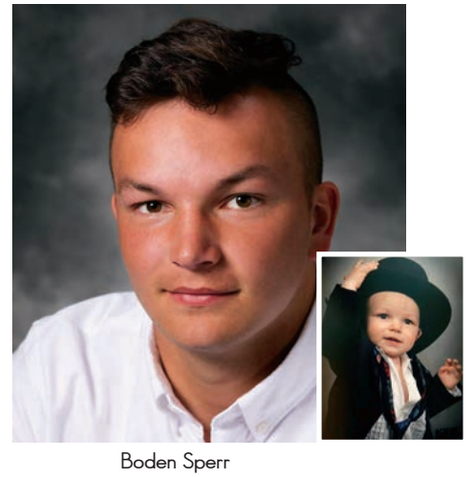

Logan Sonenstahl

Ty Songstad


Olivia Sorensen

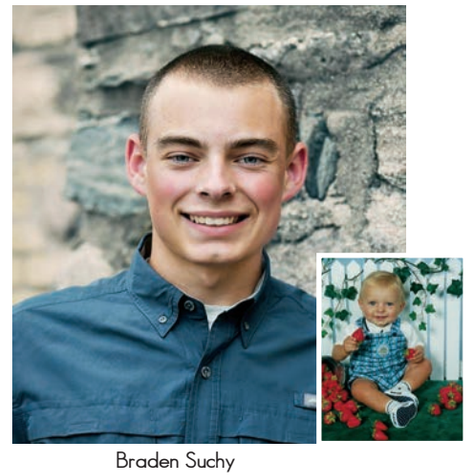


William Spalding


Boden Sperr

Adam Spetz

Maxwell Strege


Braden Suchy

Rachel Sustacek

Kyle Swenson

Maria Sylvester

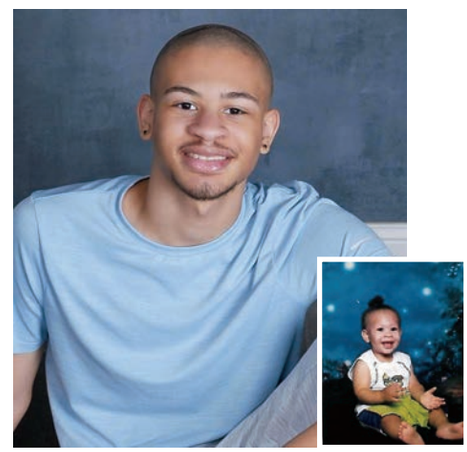
Tiffany Talley

Lillian Tennyson

Jilliann Testa

Madison Teters

Koua Thao



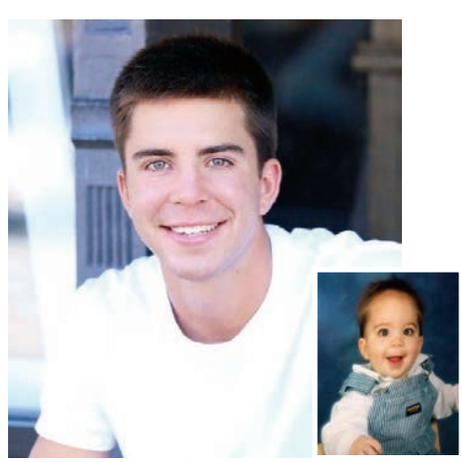
Ethan Thomas

Emma Thorp

Annabell Tigue

Luke Tillemans

Abigail Timp

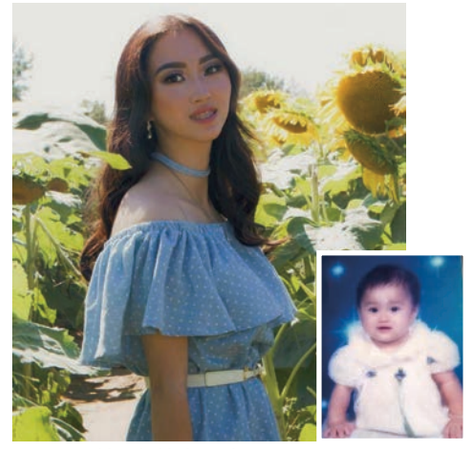


Tyler Torgesen

Cole Torkelson

Emma Turpin

Trevor Ulrick


Huashi Vajhmoob

Annika VanHeel

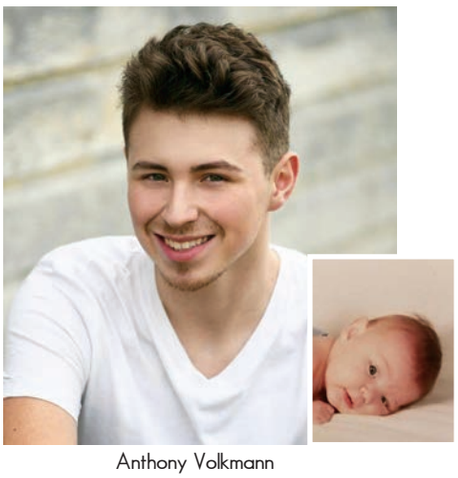
Ethan VanVooren

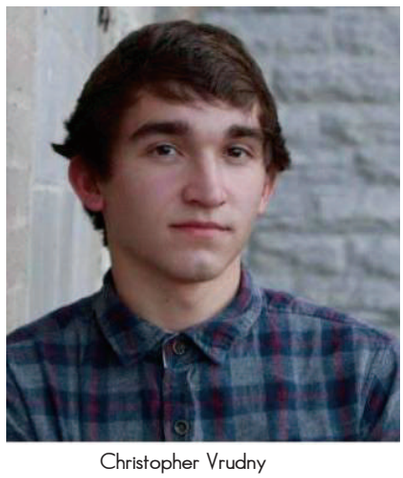
Abbie Vaughan

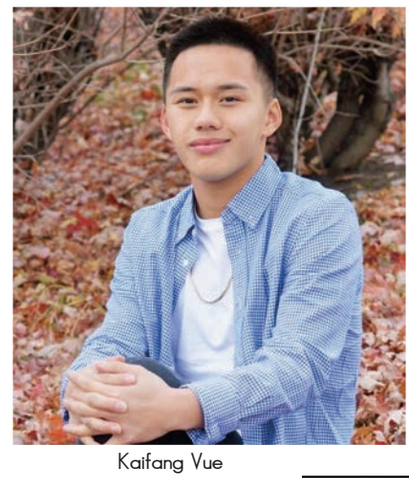
Alison Vetsch

Cody Vetsch

Derek Vetsch


Anthony Volkmann


Christopher Vrudny


Kaifang Vue

Jordan Waldorf

Julia Walters

Madelyn Walters

Faith Walther

Emily Watts

Theodore Weigle

Elise Weinzierl

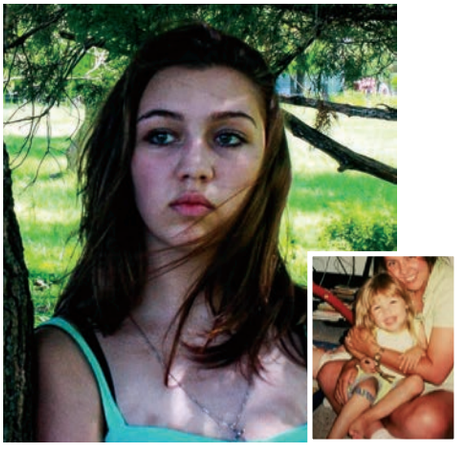
Madalyn Wenner

Benjamin Wick

Jack Wiczek

Evan Wieker

Anna Williams


Jillian Williams

Samuel Williams

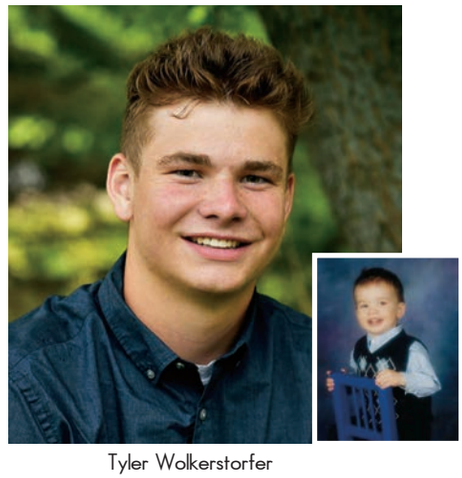
Tristan Wilson

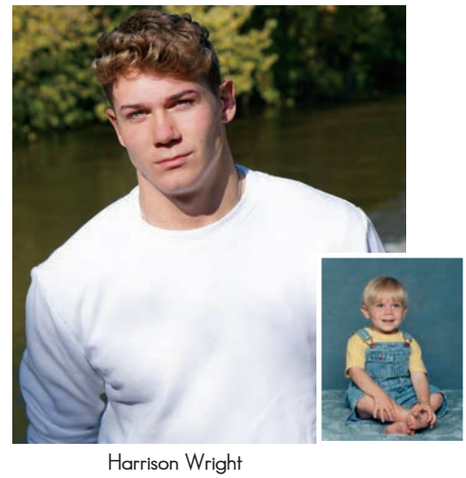
Katelyn Windingland

Kassidy Winslow

Kellsey Winslow

Carter Wise

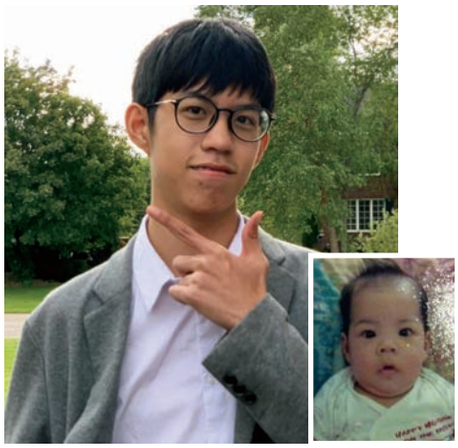

Tyler Wolkerstorfer


Harrison Wright

Katrina Wright

Charlie Yang

Tyler Yantes



Pabhaspong Yospol

Isabella Youngberg

Kaytlin Zack

Cody Zenanko

Karis Zezza

Miranda Zitzloff

Not Pictured:

Joseph Beaudry
Justin Bonner
Hunter Christopherson
Devin Hyde
Kieren Mueller
Kyleigh Probst
Rainah Toney
Kali-Jo Tice
Jakob Wrobel

Charlie Michaelson

Charlie chose the Navy because of the great job selection and travel. The Navy offers a lot of travel oppertunuites. Charlie states, "Right now I am contracted as a Hospital Corpsman, but I am working on earning a SO contract."

Kat Saxe

Kat states she chose the Army because, "My brother is a huge role model in my life and he's in the Army. Another reason is that I want to make a difference and protect my country; the Army just offered the best oppertunity for my medical job."

Top 10 THINGS TO DO BEFORE YOU GRADUATE

01

Go to sporting events and be a part of the **STUDENT SECTION**. It's a unique place to make new friends and show your school spirit.

02

GO TO PROM

If you have a cute date or are just going with your friends, going to prom at least once is a great memory to have.

03

GO TO A MUSICAL put on by your classmates.

04

Get a **PART TIME JOB**, You're going to need some money for college someday.

05

06

07

JOIN A SPORTS TEAM OR CLUB

Being a part of a team or club creates unforgettable friendships and memories.

08

GET ACCEPTED INTO YOUR DREAM SCHOOL

09

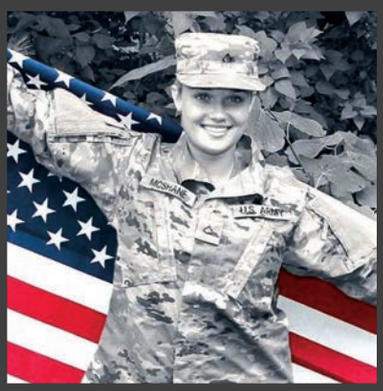
PULL A SENIOR PRANK

10

HAVE A HIGH SCHOOL SWEETHEART

Nolan Gustafson

Nolan states he chose the Marines because," I chose the Marine Corps because I want to serve my country and I want the most mentally and physically demanding branch."



Karly McShane

Karly states she chose the National Guard because, " So many people told me I couldn't or woudn't so I needed to show them that if you believe you can succeed! It's all about mentality."

SENIOR SUPERLATIVES

Page Designs by Dawson Pink and Stevie Slowiak

MOST SCHOOL SPIRIT

MEGAN COPELAND & COLTON CHRISTOPHERSON

CLASS CLOWN

GABBY SIEGLE & JOSH DALLUGE

MOST COUNTRY

KALI LEKATZ & JON NAGOVSKY

BEST SINGER

BELLA BALDWIN & JOSH KAINZ

MOST LIKELY TO BE ID'D AT 30

MIA ROOKER & JOEY MILLER

BEST HAIR

DAWSON PINK & MATHEW SCHNEIDER

CLASS CRUSH

LILY TENNYSON & ADAM FLAMMANG

BEST EYES

SOPHIE FRITZ & JORDAN KRUPKE

BEST DRESSED

ALIYAH SIMAT & KOLBY GARTNER

CUTEST COUPLE

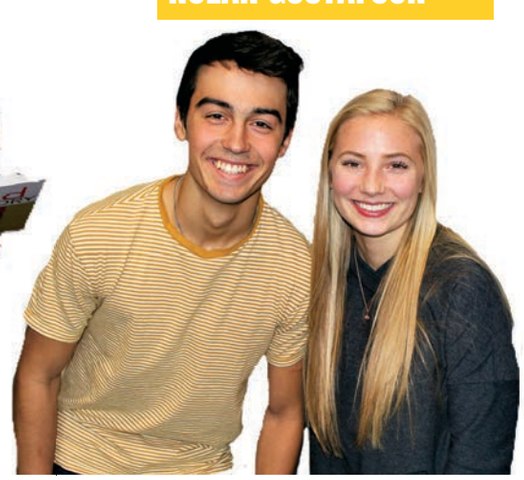
TAYLOR LESHOVSKY & GAVIN LAYTON

MOST BOOK SMART

PAIGE MACLOON & CHRISTIAN LABRADOR

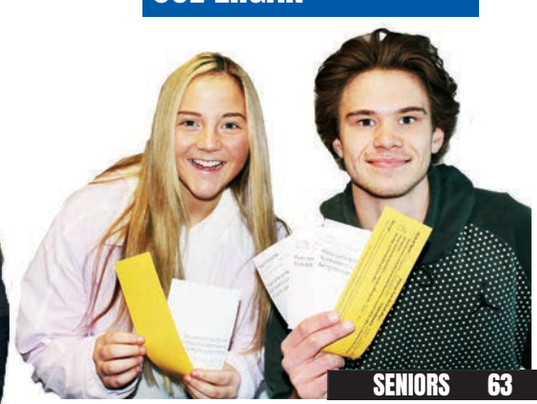
BEST SMILE

STEVIE SLOWIAK & NOLAN GUSTAFSON



WORST SENIOR SLACK

MEGAN KRUSCHKE & JOE ERGAN



MOST LIKELY TO BE LATE TO THEIR OWN WEDDING

BRENNA CAZA & REED HARRINGTON

MOST ATHLETIC

SAM PALMER & BRANDON LANGDOK

MOST THEATRICAL

EMMA ERICKSON & GARRIK MARTIN

MOST LIKELY TO DAY DREAM IN CLASS

RACHEL BOESEN & KEAGAN MANN

MOST LIKELY TO BE PRESIDENT

LILIAN ALBRECHT & SAM DIERBERGER

MOST CHANGED

MADISON TETERS & BLAKE ESTERBERG

WORST DRIVER

ALLISON HANSON & ANDREW ELSNES

MOST CONTAGIOUS LAUGH

SAM DUERR & JACKSON BURSCH

CLASS FLIRT

MADDY MCCANN & IVAN ALCARAZ

BEST TO BRING HOME TO PARENTS

MARY HEIL & BOSTON MERILA

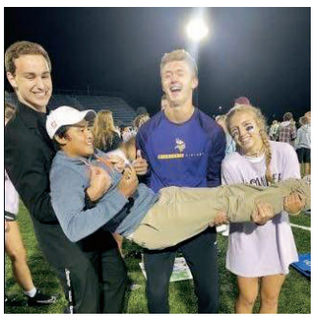
BEST ARTIST

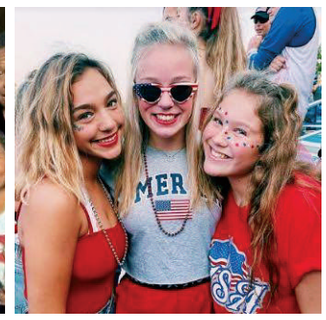
KALLYN AMUNDSON & JOSH EULL

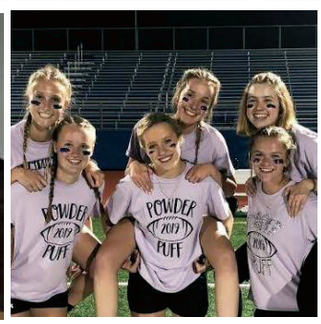
CLASS MOM AND DAD

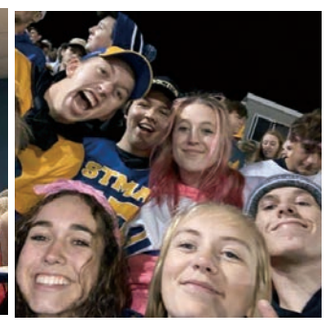
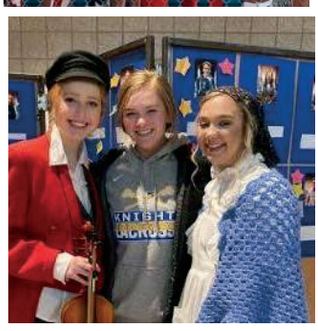
HANNAH CHRISTMAN & JOHN GERADS

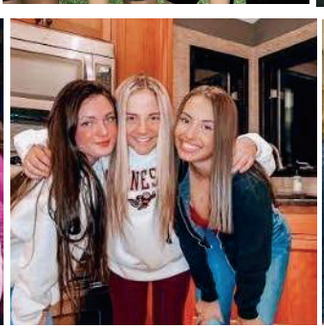
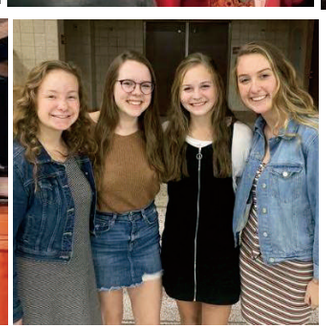
Seniors





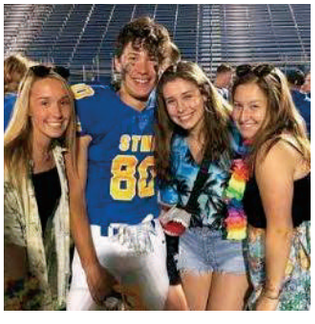

POWDER
2019
PUFF

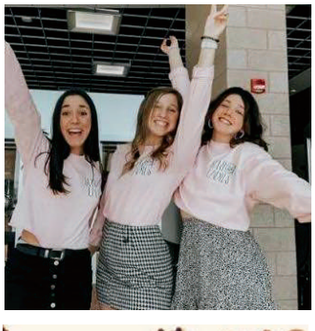



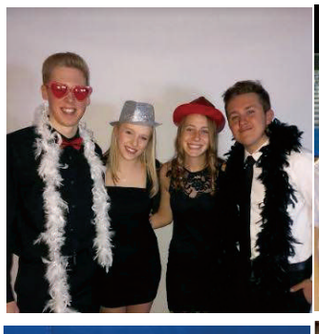
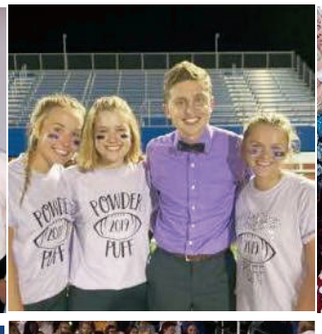
POWDER
2019
PUFF

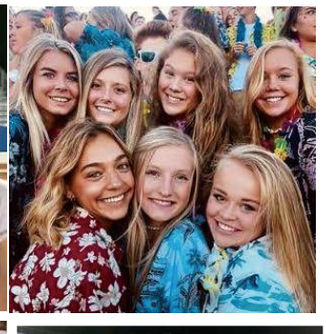
2020

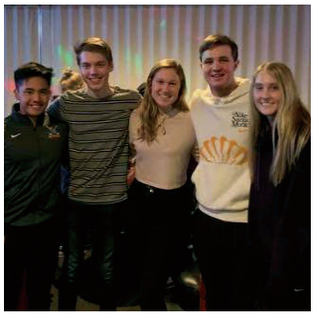


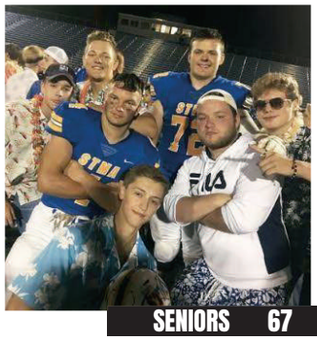
SENIOR MOMENTS









SENIOR

CLASS OF 2020

ST. MICHAEL - ALBERTVILLE HIGH SCHOOL
5800 Jamison Avenue NE
B

"If I could relive one moment of my tennis season, it would be the moment I qualified for the Minnesota State Tennis Tournament with my good friend, Meadow LaDuke. I remeber feeling overwhelmed with happiness and the sense of pride. It will be an experience I will treasure forever."

-Emma Thole ('21)

BACKHAND SLICE.
Doubles player, Emma Thole, anticipates the ball off bounce to return it back over the net.
Photo by Bill Halldin.
Page designed by Mia Rooker.

JUNIORS

WHERE IN THE WORLD IS BROOKE?

designed by Emily Cin

Brooke Beuning ('21) is the first foreign exchange student that STMA has had in 10 years. Brooke has been in Denmark experiencing different cultures, foods, and making friendships that will last a lifetime.

Sydney Aandal
Jude Adams

Ryan Adkins
Sonia Alfaro

Chloe Altenhofen
Janie Anderson

Justin Anderson
Maxwell Anderson

Noah Anderson
Noah Anderson
Owen Anderson
Isabella Arel
Garrett Augello
Emily Augustine

Tarynn Babcock
Brady Bannick
Aidan Barnes
Nadia Barnes
Tyler Barrett
Mackenzie Barth

Chrystina Barthel
Ian Barthel
Harley Bauer
Jalyssa Beaudry
Shaya Bebensee-Hansen
Zachariah Becker

Tyler Beckstrom
Jabari Beecham
Tyler Behrens
Cameron Belair
Dylan Bennett
Chloe Benson

Trygve Berg
Mackenzie Bergen
Isabel Berning
D'Von Berry
Benjamin Beyer
Sydney Bice

Wyatt Blakstvedt
Sophia Bloomstrand
Myles Bongaarts
Graham
Uriah Book
Cornell Booker
Frederick Booker

Ryan Boston
Kyle Brandberg
Luke Brandli
Kaitlyn Braun
Caden Brown
Jordan Brown

Jordan Brown
Alyssa Brustuen
Alex Brutskiy
Abby Buckmeier
Adam Buckmeier
Ryan Buhl

Eliana Bunnell
Jacob Bunnell
Kendyl Burg
Holden Bursey
Alix Bushard
Jena Cano Ksiazyk

Olivia Carel
Mallory Carls
Ayva Carlson
Holly Carlson
Sydney Carlson
Samuel Caron

Liana Carriker
Eric Chartier
James Cheaye
Nathaniel Cheney
Grace Christensen
Samuel Christenson

Lauren Christian
Chase Cichos
Emily Cin
Colin Clair
Kayla Cokley-Weigelt
David Collins

Madison Collins
Dakota Colvin
Madeline Connelly
Kaylee Conrad
Joseph Cornell
Megan Cornell

Nathaniel Coulson
Ellsie Covert
Paige Cowan
Kendal Cox
Kai Cummings
Ashley Cushman

Justin Daher
Cole Dahlheimer
Joshua Damon
Angela Danger
Maia Davidson
Cole Davies

Molly Davison
Mya Decker
Raya Decker
Alexandra Dehmer
Cayden Dehmer
Selena Delgado

Amelia Delmonico
Madilynn Demo
Jack Denne
Weldon DeRocher
Taylor Dewey
Ezra Dickerson

Jacob Dinkel
Parker Dircz
Livia Dombeck
Tamaraudoubra
Donbraye
Paige Dooley
Ginger Downey

Emma Drake
Josiah Driver
Jack Drobinski
Jacob Dumonceaux
Isaac Dupay
Isabelle Durre

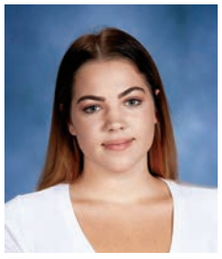
Damaris Egan
Kylie Elert
Lydia Ellison
Lynzi Emery
Elijah Ernst
Owen Escher

PICTURE PERFECT

STMA students show off their photography skills

designed by Jessica Immer

Savanna Fair
Curtis Ferrin



Natalia Figueroa
Madelyn Fischer
Chloe Fisher

Seattle
Maddie Hanson ('21)

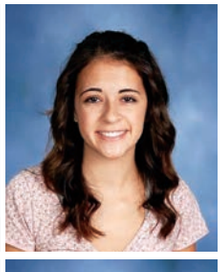
Anah Fitzgerald
Nicholas Flakne
Brockton Florek

Spain
Claudia Cucart ('20)

Clayton Follett
Nikolas Fomby
Aidan Foss

Eric Fouquette
Evan Freeland
Elizabeth Frelich

Sky
Alex Dehmer ('21)



Gabrielle Fritz
John Fritzke
Eric Gao
Alyssa Gardner
Brandon Gasser
Parker Gast

Taylor Gaunt
Ethan Geray
Tyler Getty
Ella Gigstead
Sterling Gjesvold
Tyler Glass

Louis Godlewski
Braydon Goede
Daniel Goede
Thomas Gonsior
Jared Goodin
Emma Gordley

Lyke stayed focused while playing the violin alongside thre rest of the string instraments during a symphony

PART OF THE

Junior learned hour long symphonies in orchestra

Junior James Lyke has played the violin for over 12 years. He started taking lessons when he was 5 years old and has been playing ever since. He wanted to grow as a musician and be a part of a larger group of musicians, so he decided to join an orchestra. Lyke joined the Buffalo Community Orchestra playing the violin in the strings family. Lyke said, "It provided me with a chance to play with other string instaments, which is something I didn't have until joining the orchestra." He joined his freshman year and has been a member for 3 years. Although there is a short amount of time between concerts and they only rehearse a couple of hours each week, the orchestra manages to learn hour long symphonies in a short amount of time. Lyke described his favorite part of being in the orchestra, "It's an amazing feeling being able to bring a piece of music to life. I love pushing myself and my ability as a musician. It's an amazing experience to play with so many talented musicians." *Photos by Michael Stonecipher. Page designed by Jessica Immer*

Style of Music

The orchestra performs many different types of music. This year they had a concert featuring opera music, a Christmas concert, and a concert in which they played more modern music. Some styles of music they play include: symphonies, concertos, and other classical pieces. They have five concerts each season and preform at Buffalo High School and Sturges Park in Buffalo.

ORCHESTRA

What an orchestra is made of

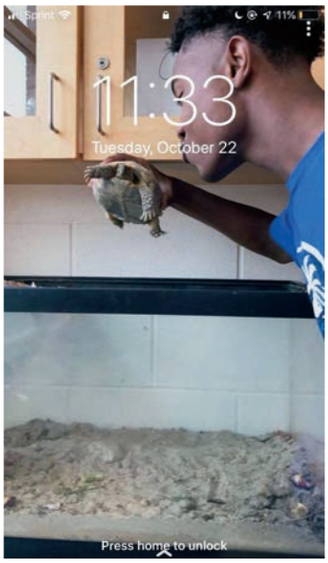
James is a part of the Buffalo Community Orchestra which consists of 65 members with ages ranging from high schoolers all the way up to mid 70's. The orchestra has four main families: strings, woodwinds, brass, and percussion. James said, "The diveristy of instruments gives the orchestra a unique sound."

Paige Gorynski
Alan Gower
Mia Grabau
Parker Grant
Hannah Greeno
Chelsey Groves

Madelyn Gundberg
Colten Gustafson
Claire Haakenson
Lexie Haglund
Gabriella Haines
Reynold Hamann

story behind the screen

designed by Alex Dehmer



Henry Russell ('21))

"It was my class pet last year and his name was Andy."

Nam Le ('21)

"It was in the championship of the Java tournment and we won the game."

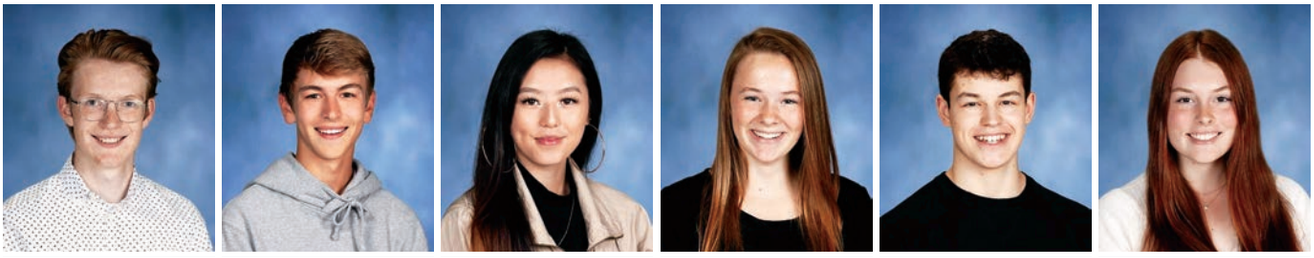
Tyler McDougall ('21)

"Cars have always been a big part of my life and I really like the picture."

Emma Hamilton
Erin Hamilton
Molly Hanke
Carter Hanson
Madelynn Hanson
Raelyn Hastings

Alycia Haus
Ethan Hawkinson
Victoria Hayward
Tyler Hecksel
Hannah Hedstrom
Bryce Hegge

Adam Hegrenes
Alec Heiber
Aaliyah Heine
Madylin Heitman
Jonathan Helm
Rogan Helm

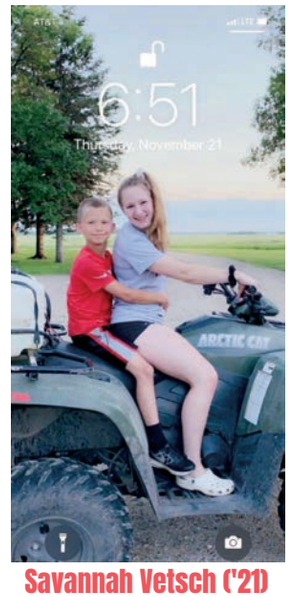


Zachary Helman
Gavin Hemmer
Ashli Her
Mary Herbst
Jaden Herman
Megan Hester

Logan Heuanphommavong
Amy Highberg
Zachary Hill
Olivia Hirschey
Trevor Hochstedler
Hannah Hodge

Lexie Haglund ('21)
"My lockscreen shows a memory I will never forget, one of my favorite girls night!"

Emma Thole ('21)
"It's my lockscreen because it reminds me of fun times with my friends."



Savannah Vetsch ('21)
"It's my lockscreen because it reminds me of the great memories I've made at the farm."

Maiya Hofmeister
Brayden Hoivik
Austin Homstad
Joseph Houwman
Taylor Hove
Jackson Howard

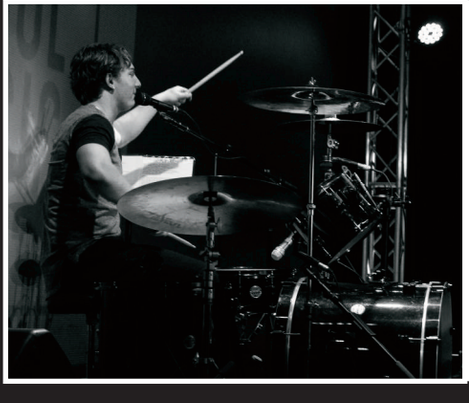
Evan Hoy
Alexandra Hoyt
Hayden Huber
Benjamin Huberty
Julia Huetteman
Jack Hulting

Jessica Huser
Sagal Hussein
Kayla Hutton
Jessica Immer
Zachary Ingebrigtson
Justin Inthaly

TUGGING AT HEART STRINGS

BRYCE HEGGE STRIVES TO FIND BALANCE AS STUDENT-MUSICIAN

There is a lot of talent within the walls of Saint Michael Albertville High School from athletes to artists. One of the students with an immense amount of talent is Bryce Hegge ('21). Hegge is a singer and songwriter who performs at many different events: the Minnesota State Fair, concerts at the Saint Michael Cincema, the Waconia garage bowl, and multiple performances at Saint Michael High School special events. Bryce does covers of many different songs with his band. Bryce also has released his own albums titled "Unaccompanied Minor", containing four songs and his newest album "Heart Strings" containing five songs. All of the songs in Hegge's albums are original. When he was growing up, Bryce always had an interest in music because his uncle played the drums, but it was at age 9 that Bryce realized he wanted to kick off his music career. The first big experience Hegge had with music was when he went on tour through out the East Coast when he was 14. This tour inspired Bryce's first album title because he under the age of 18 and had to be escorted on and off the planes and in and out of venues where he was performing. Hegge finds inspiration from many different places, but the band that has influenced his music career the most is 5 Seconds of Summer. They introduced Bryce to some of the music he wanted to start creating. Balancing school and life is a challenge for most people, but Hegge finds a way to make time for writing songs, booking shows, and performing: "I try hard to organize my gigs around my school and sports schedules and network as much as possible." The teachers at STMA have also been a big help for Bryce, especially his choir teachers: "I really appreciate Mr. Berger and Mr. Osowski. They've inspired me to push myself and give 110% every time I perform. They make me a better musician each and everyday and they understand my drive and passion." Bryce also finds a lot of support in his friends and family, many times having a musically gifted friend make a special appearance by having them sing a few songs with him. *Photos and page designed by Kylie Elert.*



Brooke Isaacson
Maycee Jahnke
Christopher Jay
Jenna Jenkins
Lauren Jenniges
Charlie Jerpseth

Casey Johnsen
Alayna Johnson
Bridget Johnson
Brooke Johnson
Emily Johnson
Kennedy Johnson

Khulyn Johnson
Luke Johnson
Oswald Johnson
Grant Johnston
Jonessa Jones
Rachel Jossart

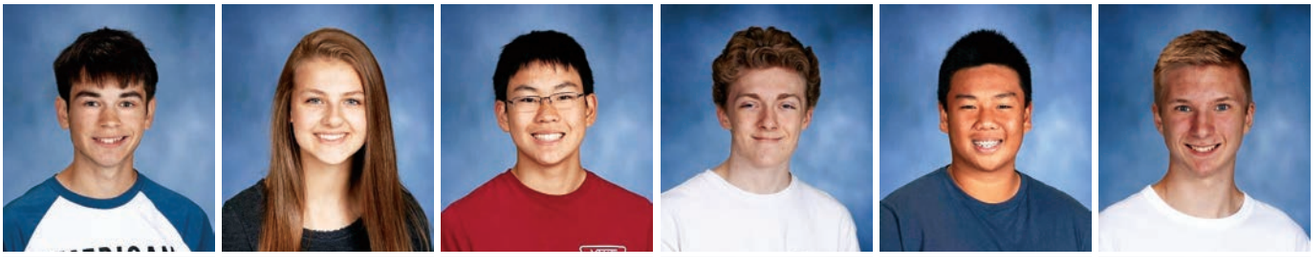
Stephanie Joyce
Matthew Kaiser
Halimatu Kamara
Victoria Kangas
Abigail Karger
Rachel Kasper

Evelyn Kastner
Manisha Kawallram
Bailey Kelly
Caden Kelly
Abby Kemmetmueller
Tanner Kemp

Timothy King
Kyler Kitzberger
Taylor Klinkhammer
Parker Kmett
Avery Kneefe
Carlie Kobilka

Jacie Kolehmainen
Alyssa Krueger
Ryan Kucera
Mamifio Kulee
Braeden Kummer
Adam Kvant

Meadow LaDuke
Devin Lambert
Nicholas LaMere
Lydia Lamey
Jordyn Lane
Carly Lanners



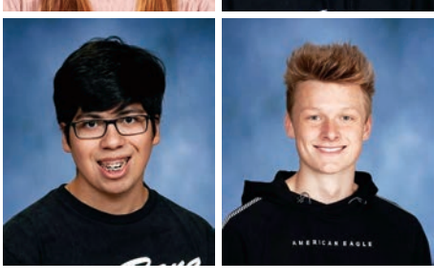
Gavin Larsen
Elsa Larson
Jacob Larson
Dylan Lazar
Nam Le
Nathan Lee

Benjamin Lefebvre
Anna Leigh
Grace LeMonds
Kyle Lenneman
Hunter Leonard
Leopold Leuer

Celine Lewis
Annika Ley
Jack LeZalla
Jordan Liew
Juniper Lindberg-Collins
Nadia Lindholm

Owen Lindstrom
Cyrus Linzey
Elizabeth Lish
Aaron Loch
Karsten Locke
Kaden Loebertmann

Morgan Loftus
Jason Lopachuk



Angel Lopez Raygoza
Blake Lorentz

James Lyke
Lucas Maahs

Brian Macaluso
Tanner Mackie

"Chuck the Truck"

"I was in class and i was showing my friend a picture of my car and she said I should name it that. I really liked it because it rhymed.

-Emily Cin

"Bertha"

"She may be old; she may not be the best looking, but she does work. She's named after a cow who holds two Guiness World Records for her age."

-Mr. Olesen

Designed by Kenzie Bourgerie

HOMECOMING PROPOSALS

designed by Kallie Lehmann

Piper Carlson('23) & Zak Wise('23)

Elle Potts('20) & Ezra Dickerson('21)

Gabrielle Madore
Abbylee Maeder

Jorge Mancilla
Josh Manovich

Alyson Mapanao
Aliona Martin

Callie Martin
Jack Martin
Dirk Martinez
Sarah Marty
Brode Matheson
Christopher Matheson

Samantha Matheson
Alec May
Mallory Maynard
Mason Maynard
Natalie Mazurek
Maxwell McAlpine

Christina McCabe
Ashlyn McClintock
Tyler McDougall
Megan McDowell
Ian McEachran
Tyler McKenzie

MacKenzie McLellan
Brody McMahon
Dylan McMillan
Maxwell Meilahn
Laura Meline
Adeline Meyer

Kate Meyer
Lucy Michenfelder
Ella Miller
Regan Miller
Zachary Miller
Alison Milless

Mackenzie Mills
Mikayla Mitchell
Isaiah Mlsna
Jonathan Mlsna
Jordan Mlsna
Brooke Moe

Lincoln Moehn
Zachary Moen
Nolan Montcalm
Kylie Moon
Savanna Mosher
Ryan Moter

Cassidy Mundahl
Dustin Murray
Michael Muyale
Jacob Myers
Isaiah Navarrette
Azah Nde

Lily Negaard
Mara Nehring
Austin Nelson
Olivia Neros
Fletcher Nesbit
Aidan Newman

Jackson Newman
Ava Nickel
Dawson Noska
Alexander Novelli
Matthew Nowell
Jacob Nyhus

Porter O'Brien
Carsten O'Connor

Trent O'Neill
Patrick O'Sullivan

Courtney Olin
Owen Ollhoff

Chloe Finnerty('22) & Nate Beeler('22)

Mikayla Mitchell('21) & Leo Leuer('21)

Grace Olson
Ashley Omweri
Meriel Orham
Marisa Ornat
Emma Ostrowski
Nathan Pedersen

Adalyn Pederson
Thomas Pederson
Dominic Perez
Lisa Peters
Owen Petersen
Alexander Peterson

Brooke Peterson
Hailey Peterson
Haley Peterson
Jordan Peterson
Kaitlyn Peterson
Rebecca Peterson

Samuel Peterson
Alexis Peyerl
Eryn Pfeifer
Jasmine Phengdouangdeth
Alinase Phiri
Zack Picard

Simon Pierce
Brandy Pierre
Colby Pitzenberger
Dominic Pizano
Success Popoola
Avery Poppen

Bennett Pouliot
Claire Presslein
Jordan Pufahl
Bryce Purrier
Lilly Radintz
Lila Raltchevsky

Leah Renstrom
Avery Resner
Blake Richie
Miikenzie Ricks-Wesseh
Adam Riley
Evan Riley

Jakson Ringat
Faye Roberts
Daylon Roelike
Madelyn Roethler
Avery Roisen
Elizabeth Rojas-Beckers

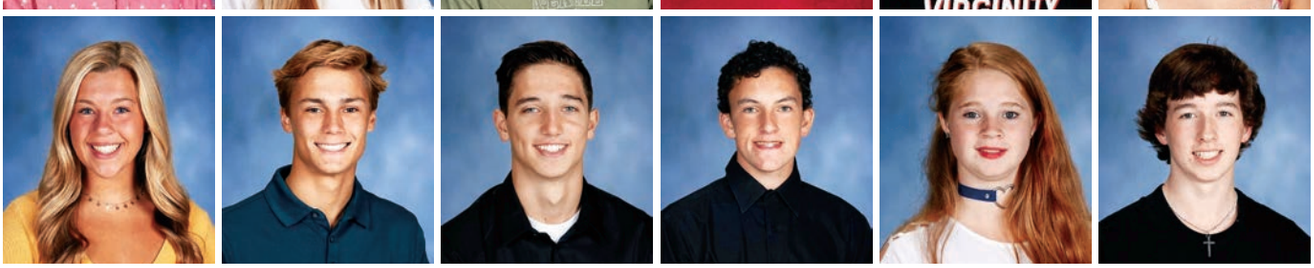
Amanda Rokala
Autumn Rothweiler
Locke Rowland
Hannah Rupar
Henry Russell
Austin Rux-Anderson

Mustafa Salem
Paige Sandberg
Hillary Sann
Landon Sauer
Chris Schaefer
Thomas Schaupp

Alec Schee
Anna Schmeltzer
Mikayla Schmidt
Paul Schmidt
Bethany Schmitz
Emily Schoon

Kaylee Schumacher
Andrew Schuster
Joseph Schwab
Brianna Seaver
Chloe Shaw
Grant Shipman

Anthony Silver
Gracine Sime
Dameon Simmons
Noah Simon
Joseph Slaughter
Reagan Smaagaard



Alivia Smith
Colin Sorenson
Samuel Sovis
Joseph Spitalnick
Mackenzie Spurbeck
Austin Steffen

John Steffens
Chloe Steinke
Nicolas Stelter
Christopher Stifter
Madison Straight
Emma Strait

Samuel Struffert
Maxwell Stutelberg
Claire Sunsten
Everett Sunvold
Ryan Supper
Max Sutter

Makenna Swenson
Bryce Swiatkiewicz
Cobin Szymanski
Justin Thiner
Emma Thole
Ashley Thompson

Ellie Thompson
Gage Tietz
Maisie Tietz
Tanner Tindell
Eric Torgerson
Preston Toring

Benjamin Trenholm
Tate Trushenski
Tyson Trushenski
Benjamin Tuffour
Zachary Tupper
Michela Tymeson

Faith Valen
Emma VanHeel
Mya VanKuyk
Gavin Velander
Savannah Vetsch
Charles Vevea

Owen Vike
Justice Vollmer
Kenna Vorgert
Jonah Vrkljan
Charles Wagner
Nellie Wall

Caleb Warren
Jackson Watson
Jacob Watson
Mary Watts
Tyler Weber
Christopher Weidenbach

Paige Weiss
Lauren Welle
Olivia Wester
Anne Wettschreck
Bryan Whitsel
Dylan Whitsel

Parker Wiessinger
Brett Wilcox
Megan Williams
Travis Williams
Trevor Wincek
Ava Windel

Cameron Windelspecht
Paige Winters
Jadon Wise
Daniel Wray
Ethan Yackel
Cody Yaeger

Derek Zahler
Andrew Zattoni
Rheana Hope Zerna
Mason Zingelman

Not Pictured:
Briac Bean
Sheryl Bosire
Shea Hassinger
Audrey Hoffman
Elum Nyabando
Wesley Proehl
Hailey Pudlick
Bryan Reynoso
Anika Rickard
Riley Schwartz
Jorien Weber
David Yukhimchuk

a DOG with a JOB

Savanna & Meeko

Junior Savanna Fair and her dog, Meeko, are the best of friends. Students may have seen the dynamic duo in hallways of STMA. Meeko is Savanna's psychiatric and medical alert service dog who goes everywhere with her, including school. The Goldendoodle has gotten lots of attention since his arrival in September. **"Lots of people in the halls, mainly girls, make kissy faces at him and say, 'Awe, how cute!' or 'Look at the puppy!' Meeko gets lots of attention that way."** Savanna doesn't really like when people make faces and noises at him. **"Some people even try to pet him without my permission and people aren't supposed to do stuff like that because it distracts Meeko from what he is supposed to be doing, which is helping me."** Meeko is a very friendly, well behaved dog who lies under the desk while Savanna is in class. She says this is where Meeko fits in most of his naps for the day. Meeko is so well behaved for only being 11 months old. Savanna said, **"It's a real compliment when someone says he is well behaved because I trained him myself. Some people have a professional trainer train the dog but others, like me, train their dog themselves."** Savanna said there are some challenges she and Meeko have to deal with in life. **"One thing that is very hard for me is getting a job. I have gone to a couple of interviews and as soon as the interviewer sees Meeko, the look on their face tells me I'm not getting the job."** Nevertheless, Savanna says she wouldn't trade her best friend for the world. Savanna looks at what Meeko does as kind of like a job, and he isn't on the clock 24/7; all service dogs get time off, and Meeko is no exception. **"When we are out in public, Meeko is working but, when we get home, he gets to be like a regular puppy. He gets to run around and bark at nonsense just like any other dog, he loves belly rubs and his favorite toy is a hedgehog!"** How Meeko distinguishes between "playtime" and "it's time to work" is if he has his service dog vest on. **"When he has the vest on, he knows it's time to focus on me. It's also a way for other people to know if a dog is a service dog and to not distract him/her."** If a student sees Meeko in the hallway or in class and want to pet him, they should ask Savanna for permission first, Meeko is a dog with a very important job. *Designed by Olivia Schepers.*

"One moment I would like to relive this year would be one of our first games against our rival school Rogers. The game was close all the way through and we ended up beating them by 3. It was a chaotic atmosphere since there were so many fans from both sides there, but we stayed composed throughout the whole game and fought our way to get the win."

- Johnny Tennyson ('22)

MAKING IT LOOK EASY. Guard Johnny Tennyson practices his shooting technique. Tennyson joined the Varsity starting line this season. *Photo by Olivia Peltz. Page Designed by Mia Rooker.*

SOPHOMORES

SOCK IT UP

students show off their funky socks

designed by Emily Cin

Brett Abel
Jaylen Abraham
Kaleb Aguirre
Esma Ali
Kaden Amundson
Sydney Amundson

Dylan Anderson
Emma Anderson
Kiley Anderson
William Anderson
Keagan Andrews
Matthew Andrews

Rachel Andrews
Justin Andrusko
Sarah Antoine
Brock Apold
Austin Aquino
Madeleine Arro

Mason Auseth
Edwin Avendano
Jacob Avery
Nicholas Avery
Jacob Bakke
Dylan Balken

Johann Bando
Reid Barbeln
Helaina Barthel
Owen Barthel
Tatum Barthel
Matthew Bartos

Devon Bauer
Kazmer Beaudry
Aria Beaulieu-Flolo
Brooke Beck
Cole Becker
Nathan Beeler

Joseph Begin
Luis Antonio Behling
Abram Benker
Emma Bennett
Jarrett Bennett
Brianna Bergren

Justyss Bichler
Grace Bilicki
Carter Bitzan
Bo Bitzer
Kylie Bjork
Landon Bjork

Aiden Blaeser
Mason Blake
Parker Bluhm
Caitlynn Bock
Benjamin Boebel
Malikai Bogan

Carter Bolduc
Tirza Book
Charles Borchardt
Rosemary Bosire
Andrew Bot
Dylan Bottolfson

Alexander Bourget
Caleb Boyette
Blake Brabant
Esme Bradach
Katherine Bradt
John Braegelman

Karlee Brannan
Grady Breen
Ellie Breuer
Jacob Breuer
Emma Briggs
Olivia Brill

Margot Bromley
Augustus Brown
Brooke Brown
Emily Brown
Ai-Quynh Bui
Grace Bunnell

Kailey Burnham
Hilary Bursch
Dylan Byer
Isabella Carlson
Layton Carlson
Michael Cartney

HITTING THE BREAKING POINT

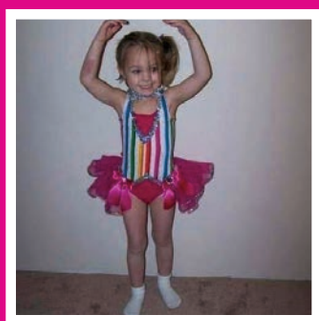
An injury ended Heidi Odenbrett'S dance career but self-affirmation led her to a new passion in dog traning.

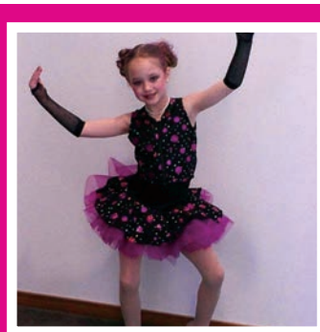
It's okay to change a lesson people don't usually learn, Heidi Odenbrett '22, has recently realized that it's perfectly fine to change. Heidi was a dancer for a majority of her life. Starting dance at the age of three and continuing to the age of nine, she set her mind to become a **national dancer**. She described the process to get there as a **"Massive amount of emotions."** She found that it would be very hard to achieve that and it could cause her body to **hit the point of breaking** further down the road."My first year solo which means you go out on stage and perform an entire dance alone, I loved those because I didn't have to rely on other people." Heidi perfered solo acts over group performances. "When I walked up to the studio and people didn't know the dances **I got so frustrated to the point I would cry myself to sleep.**" At that point she made a discovery about dance, she said "Then something clicked, I realized dance is just for fun. That I'm not going to spend every day at that studio like I was." Heidi continued to spend her time at the studio around seventh grade to escape from family and friend issues saying **"It helped me get out of my head."** However, things quickly changed in her 7th grade year. "I was doing great because we got to do a **Harry Potter dance** that was **my favorite dance of all**" She continued, "We didn't realize at the time when I took **a huge fall** I landed on my right hip I broke my growth plate in my right hip." **"Which also explains why I haven't been growing."** Heidi's doctors told her she had a hairline fracture in her hip and that she would only have to be on crutches and sit out for a week." Heidi explained, **"I had to do that for two years of repetitive icing and heating."** She continued talking about her to her eighth grade year where the **hip injury wasn't getting better** "My eighth grade year was my best year of dance, and I will say that from now on, the teacher that year I had explained **how dance was impacting my body**." During that time she was taking two ibuprofen daily; she went through an **industrial sized bottle in four months**. She ninth grade year, which was the worst for her she explained, "My favorite teacher left and I had to do a solo dance that felt like it wasn't me." At that point the hip injury was only getting worse and life seemed to be getting harder. "At that point I didn't see a life outside the studio again. I didn't have time to spend with friends or have a life." If life hadn't gotten hard enough, Heidi's last performance would result in her career ending injury. "We did nursing home performances and at this one I took a huge fall after tripped over one of the residents canes and **landed on my hip**. This was my career ending injury I broke through my entire growth plate." Heidi

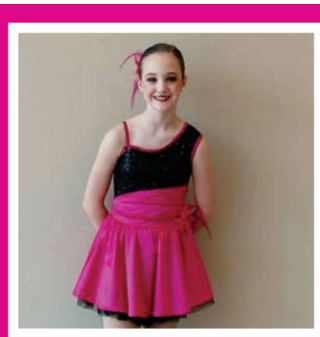
♪Heidi at age she was three posing for her family.

♪Heidi at age 8 posing in her costume for her first ever solo called "Oh baby".

♪Heidi's recital photo for her tap dance routine called "What a beautiful day".







had to take **cortisone shots** and go to physical therapy to heal this injury. These shots help her continue growing but it caused her immense pain, she will need to continue those shots till she's eighteen. She opted out of dance at the beginning of her sophomore year with injury. Heidi has remained optomistic about her heaing and has found a new passionin training her dog, Stormi. She also said, "I'm hanging out with friends, I get to train my puppy who is my entire life, I get to run. Sure, I may be on crutches a lot, but I am much happier with my life after getting out of dance and taking care of myself." Heidi overall is much happier doing something **she loves she trains her dog, Stormi**. She has even got a certificate for her training of Stormi who overall is a very energetic dog. **Stormi also helps her walk around** to get movement for her injury. She also has a very close support system of family and friends who support her through the process of adapting to her life without dance. *Story and page design by Kristen Kadrlik.*

"I get to train my puppy who is my entire life, I get to run. Sure I may be on crutches a lot, but I am much happier with my life after getting out of dance and taking care of myself."

Heidi and Stormi after completing their beginner obidience class. Stormi came out in the top 3 out of 10 in the class.

Owen Cary
Cade Casey
Allison Cate
Dalton Cate
Jagger Chalicn
Ella Chambers

Samuel Charlesworth
Gail Chea
Isabella Christensen
Matthew Christenson
Robert Cilke
Mckenzie Clark

Emma Cliff
Jackson Collins
Dawson Colvin
Joseph Cook
Adeline
Copeland-Spivey

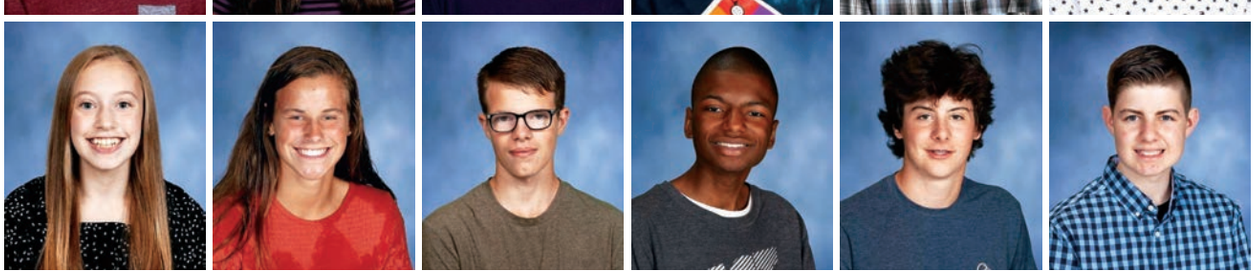
Abigail Cornell
Talimailelagi Cornillez
Olivia Correll
Lauren Couture
Gabrielle Cramer
Liam Culhane

Joshua Curry
Matthew Dehmer
Roman Dehmer
Taetum Dehn
Rachel Delong
Sarah Dematteis

Ethan Desmarais
Max Detlefsen
Nicholas Dewey
Austin Dietrich
Katie Dinius
Brooklyn Dixon

Adam Dodge
Abigail Dolan
Ryan Dornfeld
Jaiden Downing
Luke Doyle
Jeffrey Dubel

Breanna Duerr
Emma Duerr
Porter Duncombe
Jermaine Dupart
Jack Dwinnell
David Ebert



Andrew Egbert
Samuel Eicher
Collin Eide
Emily Ekman
Zooalfokar Elarab
Morgan Elken

Riley Ellingson
Dylan Elliott
Jenna Ellis
Brayden Emerson
Cassandra Emerson
Jorie Emerson

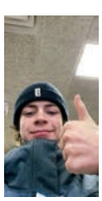
Jacki Emery
Hendrick England
Hailey Enos
Bryan Erickson
Jack Erickson
Josephine Erickson

Ryan Erickson
Ethan Esnough
Zachary Ewer
Ayman Ezzaid
Alyssa Farden
Lucas Feigum

Cadence Feld
Evan Feldick
Hamilton Felling
Samuel Felling
Sophia Femrite
Jordan Ferry

Zodiac Signs

Out of 273 Students



"I agree with all of the stereotypes of my zodiac sign, **taurus**."
-Eli Potts

"I agree with most stereotypes of being an **aquarius**, especially with being extremely genuine!"
- Rachel DeLong

"I agree with my zodiac sign because people tell me all the time that they "see the **gemini** side in me."
-Ashley Tillemans

Designed by Taylor Leshovsky

Aries- 8.7%
Aries are ambitious and love a good challenge.

Taurus- 5.2%
Taurus are calm and love to relax.

Gemini- 11%
Geminis can be unpridictable but are optomisic about life.

Cancer- 6.1%
Cancers are intuitive and can esaily pick up on peoples energies.

Leo- 7.8%
Leos are passionate and love the spotlight.

Virgo- 9.5%
Virgos are practical and are perfectionists at heart.

Libra- 9.6%
Libras are obssed with creating an equilibrium in all aspects of life.

Scorpio- 12%
Scorpios are determind and are confident about their future.

Sagittarius- 6.9%
Sagittarius are honest and have a good work ethic.

Capricorn- 6%
Capricorns are very inteligent and stick to their goals.

Aquarius- 7.8%
Aquarius' are dependable and like to be independent.

Pisces- 8.6%
Pisces are generous and pasionate about their goals.

Ryan Fette
Caleb Fetzer
Chloe Finnerty
Ryan Fischer
Ellie Fisher
Nathan Fitch

Carolyn Fix
Isaac Fladung
Olivia Flaten
Gabrielle Florey
Chloe Florip
Benjamin Ford

Carter Formo
Sawyer Forsberg
Easton Fowler
Charles Fox
Anna Frandsen
Hayden Frank

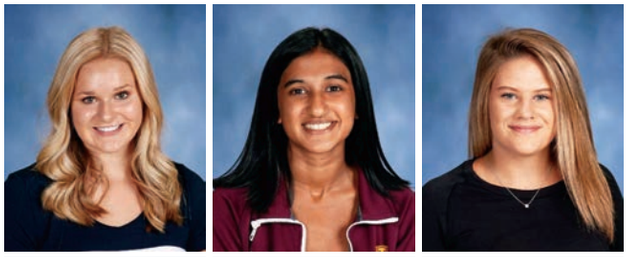
Kelsey Frederick
Garett Fredrichs
Kenadi Fredrichs
Casey Fredrickson
Mya Fryckman
Rebecca Gapinski

Maia Garcia
Ryan Geissler
Mitchell Giese
Alanna Gifford
Autumn Goetsch
Kailey Goins

Jason Goodin
Aaron Goodman
Eric Goodman
Jade Goth
Eva Grahl
Paige Graziano

Theo Grotberg
Makayla Gruidl
Kristina Gunderson
Amelia Guntren
Ella Gustafson
Hillary Gustafson

Gavin Gutzwiller
Jamie Gweh
Lauren Haas
Levi Hahn
Isabella Hall
Ian Halvorson



Brenna Hamann
Trinity Hanif
Emma Hansen

Ben Harken
Ananda Hart
John Hartnett

Zander Hasher
Cadynce Hassall
Parker Hawkinson

Mackenzie Hegg
James Heil
Dominik Heise

Kailey Hemish
Cynphany Henderson
Hannah Henschell

FRIENDS since when?

2009

Chloe Finnerty, Ali Weimer, & Jenna Kyono

2011

Ben Ford & Mason Schepers

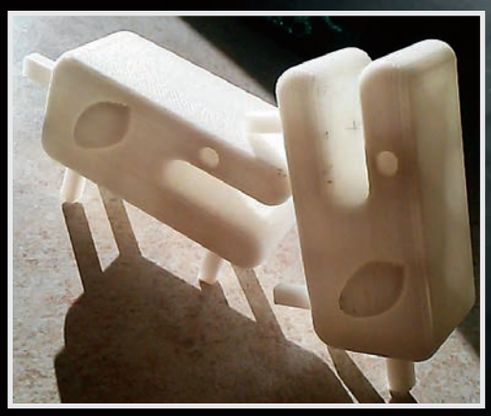
designed by Jessica Immer

Adam Herbst
Payton Hernandez
Abigail Heuer
Tyler Hildesheim
Michael Hilleren
Megan Hilstrom

Carter Hiltner
Claire Hinrichs
William Hirsch
Zachary Hlinsky
Jacob Hochstatter
Nicholas Hoefener

Ashlyn Hoffman
Hannah Hoglund
Gavin Hoivik
Paige Holm
Micah Holt
Carter Hoyt

"I'll find stuff online that interests me and I'll print, but there are other things I've designed myself."



ALL WORK. Midwest Rubs has hired Luis to create 3D cutouts like this one of their logo.
SOME PLAY. Friends of Luis will ask him to create shapes. Luis creates a 3D cutout of this dog.

3D In The Making

Sophomore, Luis Bheling, turns graphic design hobby into money making career.

Merging art design with technology, sophomore Luis Behling, creates 3D products at home and has already established a partnership with local company Midwest Rub. Behling explains 3D printing basics: " 3D Printing is just when you can use 3D software to print out objects, and then you can send it to this machine that will use plastic to then print out the object from a simple code that you use in a computer and then make it into an actual object that you can handle." Behling was already interested in 3D printing and was given the opportunity in eighth grade to take a class that helped guide him. Behling started with printing objects for friends. One of Behling's first creations was a 3D dog that his friend had hand drawn. From there, Behling became a young entrepeneur selling 3D products to his friends and entering himself into online contests. He is also proud of a unique twenty-sided dice that he created to be used when playing Dungeons and Dragons. This hobby has opened new doors for Behling: " Along with 3D Printing I do Graphic Design as a job where I'll design labels and advertisements for local company Midwest Rubs, and I'll design the labels on their products that will sell in house or for other companies." Depending on the comlexity of the objects, some products can take a few days up to two weeks to make. Conclusion sentence about where Luis hopes to take this hobby in the next few years. *Story and page designed by Lauren Levens.*

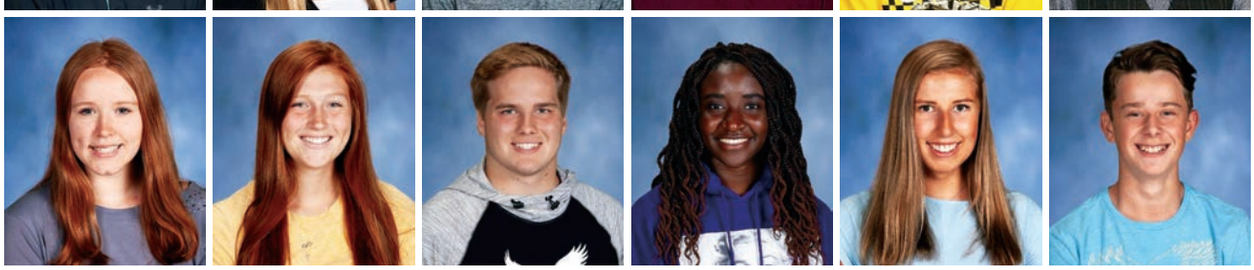
Hannah Hughes
Avery Husting
Hanna Hynes
Caleb Iddings
Jack Ingleman
Ryan Ingleman

Julia Intrieri
Madeleine Iverson
Allison Jaeger
Paige Jernberg
Preston Jeske
Lleyton Jocelyn

James Jochim
Isabelle Johnshoy
Abby Johnson
Alex Johnson
Amelia Johnson
Analiyah Johnson

Jace Johnson
Jenna Johnson
Noah Johnson
Titus Johnson
Cameron Jolly
Theron Jones

Lillian Jugasek
Sophia Juntunen
Dylan Jurmu
Malitta Jusu
Avery Kaliszewski
Thomas Kammann



Benjamin Kanthak
Adela Karic
Cameron Karolevitz
Durvanie Kawallram
Maximus Keefer
Neal Kennedy

Kash Kindgren
Owen Kinney
Shylahana Kirscher
Treyton Klepsa-Orrey
Hayden Klevann
Jaricha Klinkner

Blake Koehler
Brinna Koivisto
Thomas Kolker
Megan Kono
Kaisa Korpi
Rebecca Kosey

Karlee Kottke
Catherine Kowalke
Paige Krueger
Mya Krystosek
Tye Kuechle
Wesley Kuechle

Ashley Kuehn
Hayden Kuiper
Margaret Kunzman
Jenna Kyono
Avery Laitinen
Kassandra Lake

Liam Langer
Logan Larose
Benjamin Larsen
Jamie Larson
Audrey Laumann
Casy Laylin

Makayla Leckie
Jamie Lee
Paige Lehrman
Ava Lenneman
Peyton Lenz
Elizabeth Leonard

Michelle Leonard
Savanna Levoir
Brant Lewis
Tate Lidberg
Lila Lindemann
Faith Lindenfelser

Kristy Lindenfelser
Kaelee Lindgren
Allie Lombardi
Maggie Lombardi
Natasha Lozano
Hunter Lucas

Olivia Luebben
Daniela Luis Ramirez
Camryn Lukkar
Felicia Lutz
Matthew Malkowiak
Gavin Manson

Alexander Markgraf
Hunter Markley
Andrew Markson
John Marquette
Lenaya Marschel
Abigail Marshall

Maggie Martin
Pricilla Martinez
Brooke Mattson
Dylan Maulik
Rylan Maynard
Emma Mcalpine

Kaitlyn Mccormick
Katelyn Mckimmy
Charles Meehan
Angelika Mehes
Isabella Mejorada
Aryn Mercado

Brody Merila
Jacob Mews
Lauren Mialkowski
Michael Michenfelder
Sadie Mickelson
Alexis Mihajlov

Ashton Mihajlov
Emma Miller
Luke Miller
Matthew Miller
Brenna Milless
Brayden Mogard

Samuel Monseth
Casey Moon
Jackson Moorman
Isabel Moormann
Brian Morales
Chase Mork

Lynzie Moseng
Justin Mourning
Blazden Mueller
Marcus Mueller
Olivia Munger
Scott Munson

CLICK!

Untitled. Photography I student Mason Blake ('22) captures Jacob Mew ('22) in black and white.

Adeley Murkins
Alec Myhre
Riley Nelson
Drew Nerison
Owen Neros
Alexander Nesenson

Rowan Nevala
Akilah Nguyen
Niklaus Nielsen
Caden Nordberg
Wyatt Notch
Brooks O'brien

Addison O'rourke
Heidi Odenbrett
Moses Ogaya
Hayden Olson
Johnathan Olson
Ryan Olson

Tyler Olson
Isaac Ophoven
Tessa Opiola
Dylan Ortiz
Riley Ortman
Maxwell Otte

Hunter Palmer
Claire Parendo
Eliyonnah Parker
Alaina Pederson
Caitlin Pederson
Christopher Pederson

Robert Peiler
Xavier Peltoma
Aiden Pennoyer
Oscar Peraza
Dylan Perron
Kendall Petersen

Sydney Petersen
Lydia Peterson
Alexis Phillips
Weston Pink
Emily Pipp
Morgan Pokorny

Alexis Polfliet
Ashlyn Pomerleau
Eli Potts
Jaxon Price
Livia Proudlock
Uriah Purcell

Jasmine Purnell
Carson Radke
Trinity Raltchevsky
Lauren Ras
Caleb Reames
Carissa Reine

Austin Remer
Ethan Rens
Madyson Resech
Andrew Ricke
Kally Riley
Ethan Ritter

Gavin Robeck
Andrew Robins
Chad Robinson
Alexandra Roemer
Sydney Rogers
Riley Rohrer

Sierra Rollins
Zachary Romans
Kyle Ross
Haley Roth
Ashtin Rux-Anderson
Liam Ryan

Maria Rydberg
Megan Salas
Will Sarkinen
Mia Satre
Evan Saunders
Hannah Saxe

Metabelle Schaben
Julia Scheelk
Mason Schepers
Brendan Scheurer
Ellianah Schmitz
Brittney Schoen

Daniel Sculthorp
William Sederberg
Payton Sellner
Rachael Shedlov
Evan Sherk
Doran Shinder

Ella Shonka
Kevin Shull
Trevor Shull
Ella Shultz
Katie Sigerud
Reven Simat

Tiffany Simon
Rachel Simonovich
Cameron Sims
Cecilia Sipple
Martin Skare
Breanne Sklors

Boston Slettum
Kari Smelter
Karmaseh Smith
Lexi Smith
Ryan Smith
Gavin Smithers

Joseph Smyth
Hannah Spalding
Malaina Spiekermeier
Grace Spitalnick
Jake Springer
Brianna Stacherski

Kenneth Stahl
Max Steffens
Marygrace Steffl
Reagan Steichen
Danielle Steinke
Joseph Stepp

Hunter Sterk
Ashley Stern
Aidan Stevenson
Rosella Stewart
Kemry Stich
Evan Strand

Logan Strickland
Ian Strusz
Tyler Suchla
Raelin Sustacek
Trey Sybrant
Janelle Sylvester

Sean Tadych
Nathan Talley
Owen Tangen
Lauren Tatro
Johnny Tennyson
Hannah Theissen

Emily Thell
Caleb Thoennes
Eleanor Thompson-Witt
Trevor Thorp
Jackson Thour
Nolan Throndset

Ashley Tillemans
Emma Tobey
Alexa Toensing
Greta Topel
Joshua Tourville
Asa Tracewell

Tommie Treptau
Gabriel Trotter
Christopher Tuttle
Mason Ulferts
Jordan Urbanski
Benjamin Vajhmoob

Marah Van Vooren
James Vaughn
Mikayla Verdich
Emma Videen
Emma Vike
Madeline Vitzthum

Erin Vlasak
Lilly Vollmer
Nathan Von Ruden
Serena Wadhawan
Hailey Waldman
Halaina Walker

Alec Waller
Brady Wallin
Kylee Walsh
Bjorn Walters
Addison Walz
Julia Weigle

Alexandra Weimer
Jake Wiegers
Cora Williams
Landen Williams
Valerie Williams
Luke Williamson

Anthony Willis
Joel Wilmot
Haiden Wilson
Mayson Wiome
Jack Woitalla
Megan Woitalla

Mason Woller
Tatianna Woods
Zachary Worms
Jesiah Wright
Kailiah Yang
Ethan Yantes

Pavel Yukhimchuk
Ella Zanetti
Tayler Zingelman
Ava Zoellmer
Natalie Zuidema

Not Pictured:
Mariana Davis
Anthony Ellinghuysen
Kaiden Erickson
Tyler Langer
Natalia Rodriguez
Karleigh Sakpeider
Anna Schmidt

WAVING OUR FLAGS HIGH

How do you feel Performing off-season?

Featuring Jorie Emerson

During the off season of Marching Band, Colorguard is still asked to preform in front of people at football games and other events. Jorie Emerson ('22) explained, "I'm always nervous to perform in any scenario, but I push through to do what I love. I perform because it gives me this sense of joy seeing people's faces while they are watching. "Jim Carrey once said, "You might as well take a chance on doing what you love."

Designed by Kristen Kadlik.

"If I could relive one moment from the pepfest, it would be the moment our Drumline marched into the gym. The entire set of cadences seemed to rush over me, and the next thing I knew, I couldn't stop smiling as I'm facing the entire student body."

-Kassie McKeown ('23)

ONE BAND. ONE SOUND. Debuting in her first homecoming pepfest, Kassie McKeown, performs "Jungle Love" with the dumline. *Photo by Mia Rooker.*

FRESHMEN

Cailey Aandal
Tyler Aberwald
Dallon Adams
Isabella Adamyan
Nora Ahlman
Ayda Al-Mutawa

Natalie Alwin
Emily Aman
Rocco Amente
Mackenzie Amoako
Graham Anderberg
Brandon Anderson

Gabe Asleson
Hannah Augustine
Madelyn Aulwes
Brian Avendano
Belinda Aydt
Ashlynn Badenoch

Lily Bakker
Lukanu Banzeba
Jamal Barfour
Reid Barnard
Lilia Barrett
Tanner Barth

Ethan Beaudry
McKinley Beaumont
Reece Beck
Olivia Becker
Alexander Behrens
Mackenzie Berg

Maria Berning
Emma Berres
Thomas Bezanson
Grace Bielke
Mason Biniek
Sawyer Blakstvedt

Tyler Blount
Jaxson Boe
Chloe Boettcher
Charles Boldenow
Alexander Boltz
Tanner Booker

Adam Boston
Jackson Bouressa
Nicole Braun
Cameron Brett
Gavin Bristlin
Jacob Brommer

Marina Brutskaya
Micah Bunnell
Andrew Burke
Drew Bushard
Ethan Buskey
Andrew Butkowski

Paige Butler
Jackson Byboth
Emma Caballero
Jaxon Cagle
Carter Campbell
Myana Carey

Briana Carlson
Hayden Carlson
Piper Carlson
Abigail Carroll
Avery Caza
Hannah Cedergren

Chloe Chapman
Philip Charmoli
Jade Cheng
Evan Child
Kaitlin Christensen
Hannah
Christenson

Ethan Christian
Holly Christman
Jordyn Clapp
Brady Clausen
Natalie Cocking
Christian Collins

Vincent Colotti
Joshua Cooper
William Cooper
Jack Cornell
Kayla Cornell
Bennett Cotterman

Lucas Cross
Gracie Crowell
Ross Cruickshank
Hunter Czech
Gabe Dahlheimer
Lane Dahlheimer

Autumn Daleiden
Baba Danso
Muhamed Danso
Jack Davies
Chloe Davis
Connor Davis

This is WHO WE ARE

Boldface and strong students of all sorts of cultures walk down the halls of STMA. Many unique and beautiful cultures are glanced over on a day to day basis. Without much thought or consideration, many people at STMA may not realize just how amazing the cultures are. "To me, culture means family, in Kuwait on every single Friday, my whole family gets together and just enjoy the time we are given together, to me as an Arab, family is something I cherish because **without family you have nothing,**" said freshman Ayda Al-Mutawa For some students: "Being a part of a minority, one of the biggest struggles for a teen is not completely aligning with American culture, especially by looks. **Over time, I've learned to love myself while embracing American norms as with my own**," explains freshman Jubilee Hue. In many cultures family is important. Freshman Praise Hanson, a Liberian student, had said, " the coolest thing about my culture is that we are very family-oriented and **we accept everyone anybody from any background**." Many cultures throughout STMA have different traditions and customs they stand for and different things they celebrate and value. Many may not realize how far different cultures have come noted by Jubilee Hue, "**The coolest thing about the Hmong people is that my ancestors have been able to survive and adapt to their surroundings**, whether living in the wild jungle or modern American society." Kofi Annan a Ghanaian diplomat who served as a seventh secretary-general and 2001 Nobel Peace Prize winner once said, "We may have different religions, different languages, different colored skin, but **we all belong to one human race.**"

"Being a part of a minority, one of the biggest struggles for a teen is not completely aligning with American culture, especially by looks."
- Jubilee Hue

Eli Davis
Tyler Davis
Myles Dehmer
Colton Demarais
Olivia Dembouski
Kayden Denne-Brown

Kaylynn Denny
Riley Devine
Theodore Devries
Mikaylee Dickie
Lauren Dinh
Evan Dombeck

Emma Donndelinger
Das' Janae Douglas
Samuel Drake
Kaiden Dreis
Emma Duncombe
Braedon Dupaul

John Dupay
Julia Dupay
Alexis Dupont
Serenity Durre
Daniel Eberhart
Gabriella Eicher

Kaden Eicher
Lindsey Ek
Sauvy Bryon Ellah Nernyuy
Kailyn Ellinghuysen
Vanessa Ellis
Andrew Emerson

Nathan Engman
Julian Escher
Zaya Esterberg
Ethan Evenson
Jarrett Faue
Lydia Feder

Delaney Feld
Katie Felizzi
Dylan Fischer
Paige Fischer
Luke Fisher
Ruby Fisher

Teagan Fisher
Leo Fofana
Brenna Folven
Kylee Formo
Nathan Foss
Ellsie Frauendienst

Grayson Fredrichs
Avery Freeland
Andrew Furcht
Samantha Gagne
Madilyn Gartner
Brittany Gertzen

Kaden Gertzen
Tanner Getty
Dylan Gfroerer
Lillian Gillespie
Destiny Girtz
Maura Gjesvold

Dillon Glass
Aedan Glimsdale
Breanna Glirbas
Julian Godlewski
Devin Goede
Megan Gohl

Jasmine Gray
Nathaniel Gremmels
Ashtyn Groves
William Gulden
Nicholas Gustafson
Ebbisa Habib

Richard Hackenmueller
Alexis Halgrimson
Carter Halvorson
Austin Hansen
Samuel Hansen
Tyler Hansen

Aidan Hanson
Harrison Hanson
Praise Hanson
Spencer Hanson
Sofia Haraseth
Brittney Harris

Rylee Harrison
Taten Harrison
Erin Hartnett
Salena Hasan
Kayla Hass
Jackson Hautala

Abigail Hauxwell
Owen Hecksel
Mary Hegrenes
Carson Heibel
Isabella Heieie
Zachary Heitkamp

It Runs In The Family

The Tennyson siblings have a strong bond, not only because they grew up with each other, but because they share the same passion. Basketball has always been a part of the Tennyson home which motivated them to get into it. Johnny ('22) explained, **"My Dad influenced me to play basketball. We would always watch basketball games together and I wanted to be just like them."** Their family came to STMA in 2015 from Rogers, so they naturally decided to go out for our schools basketball team. All three have been playing basketball since they were just 6 years old, and have been practicing ever since. For some, the days might get long, but for these siblings the passion only grows stronger. Being able to learn something new every day and taking part in competition is what keeps them going. Lily ('20) says, **"I like being apart of a team and working towards a common goal. I have been able to meet many of my friends through basketball, and it's fun to be able to represent the STMA community with them. There is nothing like making a shot and having your teammates right there to celebrate with you."** There have been a few setbacks for the siblings such as broken bones and an injured achilles, but nothing that could hold them back from following their dreams. These setbacks just make them work even harder to get back to where they are now. Competition has always been in the family. They enjoy going to the gym and scrimmaging each other. Even with a little competition, they still come together in the end and cheer eachother on. The Tennyson siblings see themselves continuing their basketball careers after high school. It has been a goal for the family for them to continue their dreams. Some advice from the siblings to anyone who is interesting in trying out basketball is to work on the fundamentals and try to find a way to get better everyday. Annie ('23) added, **"Go to the gym and practice shooting as much as you can."** The Tennyson siblings are a great example for the basketball community. Page designed by *Taylor Leshovsky*.

Get Your Head In The Game

The Tennysons' Pump-up Songs

ALL ME Drake

"This song is my pump-up song because we always listen to it before games in the locker room."

CHAMPIONS Kayne West

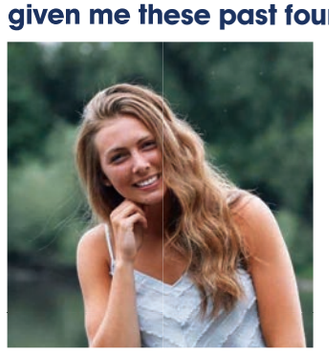
"I chose this song because it has a good beat."

WIN Jay Rock

"This song was the high school team's run out song last year, and I really liked it."

Time Flies

The 2019-2020 basketball season is the last season of senior Lily Tennyson's high school basketball career. She has been on varsity since her junior year and plans on continuing her basketball career at Minnesota State University-Moorhead. Lily explains, **"The coaching staff and atmosphere on campus made me feel really comfortable and excited about taking the next step in my basketball career."** She has been a role model to younger basketball players especially her younger siblings Johnny and Annie. Lily is excited for her future, but high school basketball will always have a place in her heart. She says, **"It's crazy to think that it's already over. I've been so lucky to play with such talented girls, and I'm going to miss playing with them so much. This program has helped me grow as a person and as a player. I am so thankful for all of the opportunities my coaches and teammates have given me these past four years."**



William Heitman
Brooke Helm
Ethan Helm
Samuel Helm
Olivia Henry
Tyson Hentges

Gwen Herbst
Emma Herfel
Jubilee Rose Heu
Brenden Hirsch
Riley Hirschey
Aliya Hjelle

Hope Hochstedler
Hayden Hodge
Miriama Honzl
Lauren Hoselton
Ella Hoy
Nolan Hoyne

Taylor Hoyt
Hunter Hrebal
Samuel Huber
Holly Hultman
Ellie Hunsley
Kailee Hustoft

Rebecca Immer
Tyler Ingebrigtson
Braden Intrieri
Avery Jackson
Luke James
Logan Jans

Parker Janssen
Jocelyn Jaroscak
Taylor Jeffery
Jay Jenkins
Chloe Jensrud
Tyler Jette

Khendal Johnson
Matthew Johnson
McKenna Johnson
Michael Johnson
Olivia Johnson
Reese Johnson

Tessa Johnson
Julia Johnston
Tyler Jordan
Ryan Jossart
Angie Jusu
Benjamin Juusola

Joely Kasel
Nicole Kasper
Miles Kay
Brody Kelly
Emma Kelly
Makiah Kelly

Lexi Kemmetmueller
Samantha Kemp
Carter Kephart
Katya Kirscher
Kyle Kisling
Madison Klein

Kaleb Klinkhammer
Olivia Kloss
Eleanor Klym
Raymond Koch
Kameron Krist
Carter Krohn

Leo Krueger
Jake Krumenauer
Matthew Kruse
Tilly Kue
Cheyenne Kuehn
Jason Kukowski

Logan Kunz
Megan Kurth
Jocelyn Kutz
Hannah Kvant
Tyler LaFond
Michael Lambert

Bradyn Lane
Norah Langager
Owen Larsen
Nicholas Larson
Erika LaTour
Dylan Layton

Ethan Lazar
Alexandra Lazer
Tam Le
Conner Leach
Blaine Leckie
Jessica Lee

Payton Lee
Kurtis Lekatz
Mylin Lemke
Nicholas Lenneman
Aidan Leonard
Arthur Leonard

Brynn Leshovsky
Alexander Lester
Asher Ley
Cameron Libby
Caden Lilledahl
Magdalene Lindeman

Adam Lindenfelser
Trevor Loebertmann
Elliott Loftus
Lourdes LopezRaigoza
Arianna Lovegreen
Charlie Lund

Madelyn Lundeen
Conner Luongvan
Ryan Luster
Jonah Lyke
Emma Mace
Robert Madore

Kaeley Malmon
Barbara Mancilla
Johnathan Mapanao
Ashlyn Marble
Katelyn Marchand
Ava Marquette

Isaac Marschel
Colin Marshall
Mia Marthaler
Alexander Martin
Joseph Martin
Kaitlyn Martin

Madison Martin
Mikayla Mastellar
Lake Mastro
Alex Mattson
Rainer Mauersberger
Matthew Maulik

McKenna Maus
Riley Mavencamp
Carson Mccann
Erin McDowell
Kasandra McKeown
Morgan McKinley

Justin McSorley
Hailey Meredith
Gavin Miller
Maxwell Miller
Shae Miller
Mason Mills

Wyatt Mills
Emilynn Molesky
Cooper Monsrud
Sheldon Monte
Tyler Moreland
Justin Morneau

Emily Mueller
Elijah Muhammad
Kimberly Mundahl
Teagan
Murack-Miller
Natalia Muras
Alison Murphy

Emily Muyale
Jordan Myers
Taylor Myhrer
Alyssa Nehring
Edie Nelson
Sydney Nemeth

Nicholas Neutgens
Brady Nichols
Tamaira Nix
Andrew Nolan
Ariona Noonan
Braden Norman

Bryan Norseth
Joseph Novelli
Jonathan Nygaard
Keegan Nygard
Avery O'Rourke
Ryan O'Rourke

Emily Obermaier
Brody Odland
Alexa Ohlander
Evan Ojeda
Emily Olin
Olivia Oscarson

Joseph Palchizaca
Chimborazo
Carlie Pankonin
Matthew Papp
Zoe Parker
Bennett Patterson
Olivia Peal

Owen Pedersen
Zachary Pedersen
Therin Pederson
Jadyn Pelowski
Cole Peterson
Connor Peterson

Haily Peterson
Sophia Petite
Madisen Petranek
Peyton Peyerl
Khoi Phan
Tyrese Phengdouangdeth

Carson Popelka
Lauren Pouliot
Daniel Powell
Teagan Poye
Hugo Preciado
Mikayla Preston

Ava Prigge
Nathan Provost
Lucas Przybylski
Anna Puent
Leyton Punton
Alan Purcell

Kyra Purrier
Faith Ramsay
Madison Rankin
Joseph Rathman
Karson Raymond
Olivia Reggin

Jacob Reineck
Paige Reineke
Donovan Reiners
Anna Reiter
Kylie Renner
Molly Reynolds

Isabella Rice
Piper Richardson
Ethan Ricks-Wesseh
Grant Riedel
Ani Ringat
Julia Ripplinger

JayLynn Robeck
Riley Roberts
Roman Robison
Nevaeh Rodriguez
Anika Rogers
Jacob Rokala

Jack Ronyak
Kathryn Rooker
Brett Roos
Halle Rothman
Megan Rowe
Mitchell Rowe

Molly Ruhland
Ryan Sandhoefner
Riley Sandin
Ethan Sargent
Cole Sarkinen
Charles Schefers

Ava Schendt
Josie Schmidt
MaKenna Schmidt
Thomas Schmidt
Noah Schneider
Natalie Schuller-Hary

Kyra Schumacher
Sarah Schuster
Sarah Schwab
Caitlyn Seaver
Devlin Sederberg
Joshua Segler

Lauren Sexton
Madilyn Sharpe
Jozie Shepherd
Mason Sherk
Michael Sieber
Elise Sime

Elliot Simon
David Simonovich
Mason Sinclair
Josef Sinkule
Owen Sjoberg
Madison Skogsberg

Shawn Skrip

Not Pictured:
Ashanti Blahut
Tyshawn Morgan
Camryn Pauly
Ashley Triplett
Sandra Weekley

School Morning Routines

designed by Emma Turpin

Ethan Wesseh ('23) wakes up everyday at 5:30, brushes his teeth, eats breakfast, and heads to school at 6:30 to workout before school starts. After a workout, he showers and usually gets done around 8:20 and then goes to homeroom.

Paige Krueger ('22) wakes up everyday at 7:00, eats breakfast, then goes back to bed. After a while, she then brushes her teeth, does her makeup, and gets dressed. She quickly makes her lunch and then heads to the bus stop at 7:30 and arrives at school at 7:40. Once at school, she walks around until it's time to go to homeroom.

FRESHMAN VS. SOPHOMORE

Alyssa Smith
Kyla Smith
Travis Smith
Evan Snyder
Vivian Sommer
Talia Sorensen

Alexis Stark
Landon Stevenson
Abigail Storey
Elizabeth Strehlow
Jacob Studer
Morris Suah

Grant Suess
Ty Sundell
Savannah Supper
Andrew Swanson
Alex Swiatkiewicz
Ashton Szymanski

Caden Taege
Nicholas Talley
Leah Taszarek
Sean Tatge
Annie Tennyson
Jackson Thering

Evan Thiner
Alaina Thompson
Gabrielle Thompson
Laylani Thongsavanh
William Thunder
Javery Tiedeken

Joseph Torgesen
Logan Torkelson
Tyrone Trader
Cole Tranby
Madison Trant
Fred Tuffour

Payton Turpin
Christopher Tveitbakk
Cowin Underwood
Brianna Unruh
Alyssa Urbanski
Jacob Vaerst

Jakob Vagts
Bill Vajhmoob
Skyler Valley
Owen VanDeRiet
Connor VanderVeen
Abigail VanHeel

Maria VanKeuren
Josie VanKuyk
Ella VanOrden
Mason Varley
Olivia R Vetsch
Jonathan Vizcarra Moreno

Luke Vogel
Stephen Vogelpohl-Martinez
Gabrielle Voigt
Ryan Volkmann
Nicholas VonFelden
Alicia Vosberg

Anjali Wadhawan
Julia B Wagner
Maria J Waldoch
Aurora Walesch
Marlee Walker
Sean Walther

Audie Wandmacher
Evan Warner
Shayla Webb
Nathan Weber
Jadyn Weiser
Emelia Welborn

Eloise Westendorp
Mason Westerlund
Skylene Westling
Gavin Wetterhahn
Nathaniel Whitsel
Rosemary Wick

Benjamin Williams
David Williams
Hunter Williams
Christopher Wilson
Charles Winans
Emma Windingland

Zakary Wise
Calvin Wright
Carter Wurst
Isaac Yantes
Ava Young
James Zachman

Emily Zattoni
Grace Zecchin
Tyler Zenga
Guangzheng Zheng
Carson Zoellner
Anna Zwart

STAFF

Deanne Andersen
Jillian Anderson
Nicole Anderson
Kimberly Andres
Lorna Angstman
Eric Arlien

Raeann Arns
Joshua Ausman
Debrah Banas
Michael Bartunek
Heidi Bast
Lisa Becker

Lynell Becker
Dianne Bell
Abbey Benning
Kimberly Benson
Brandon Berger
Melissa Betts

STAFF STAFF STAFF

Kelly Bovee
Roger Bovee
Angela Bradt
Jamie Bury
Jodee Butkowski
Kimberly Campbell

Robert Christenson
Laurie Collings
Rena Collins
Keith Cornell
Tammy Cornillez
Ed Cox

Debra Craft
Lynn Dahring
Scott Danielson
Julie Davis
Melanie Devine
Darek Dewey

Amy Dorenbush
Linnea Downing
Lynk Downing
Anne Drager
Robert Driver
Mary Eggert

Amber Einerwold
Matthew Eller
Devonne Erickson
Jared Essler
Kinsey Essler
Ginger Fealy

Karin Feld
Jeanne Fisher
Robbin Fitch
Jennifer Fox
Susan Fox
Marisa Fraley

Joe Geiselman
Scott Giese
Joan Gindele
Kris Goodin
Gregg Greeno
Jan Griffin

Megan Gudmonson
Jesse Hackenmueller
Curtis Hahn
Kari Halker-Saathoff
Kaleigh Hamann
Jacob Hamlet

Mitchell Harmoning
Colleen Harrington
Sara Henrikson
Jolene Herfel
Tyler Hett
Jennifer Heuer

Nicole Hills
Jeremy Hoffman
Karly Holland
Katie Hoppe
Ashley Howden
Ann Huser

Andrew Hutter
Teresa James
Mark Jansen
Joann Jeffries
Kristen Jenkins
Derek Johnson

Joshua Joriman
Taylor Kainz
Sally Karolevitz
Jonathan Kemp
Shane Kern
Darlene Kolling

Liva Korf
Melinda Kragness
Mary Kriese
Sara Krogh
Keith Kuhn
Stephanie Lahr

Anna Lammo
Christie Larson
Lori Leathers
Heidi Leland
Jill Levin
Teesha
Lindenfelser

Ryan Loecken
Jane Lynch
Lisa Maas
Joshua Mann
Ellen Marschel
Jason Massmann

Carmen Mccallum
Cailyn Mccauley
Michael Mcgill
Jeff Meierhofer
Jox Metcalf
Kristi Metcalf

Jessica
Miller-Johnson
Katie Mitchell
Dan Monett
Gracious Msuya
Tate Nagengast
Angela Narducci

Kelly Negaard
Paige Nelles
Caroline Ness
Deden
Kate Noetzelman
Melanie Norton
Kathryn Nowell

Logan Olesen
Marc Olig
Robbyn Olson
Joseph Osowski
Zach Osowski
Katie Oswald

Joseph Peatrowsky
Ronald Peck
Lisa Perbix
Tiffany Peterson
Meghan Pettis
Rick Pool

Mary Poss
Katie Possone
Julie Read
Angie Reggin
Karla Rick
Julie Robinson

Matthew Rooker
Kristopher Rue
Carman Russell
Sarah Salo
Gordon Schlangen
Erika Schmieg

Shannon Schulzetenberg
Laura Schuster
Kaitlin Sebens
Mindi Sechser
Kellie Shumway
Joseph Siemieniak

Megan Siemieniak
Slade Simpson
Adam Sroka
Janelle Stange
Dana Stanton
Nicholas Steve

Angela Swanson
Jed Swensen
Kristina Tiedeken
Sophia Triplett
Sarah Vadnais
Amy Vander Heiden

Zach Voss
Stacy Wegleitner
Jamie Wiitala
Melissa Wildt
Valerie Williams
Paula Wurst

Matthew Young
Shawna Zachman
Anne Zahler
Daniel Zahler
Robert Zahler
Aileen Zhang

"If I could relive one moment of the season, I would choose the game against Minnetonka. As a team, we got off to a slow start, but when we got out first touchdown and got a few turnovers we found our momentum and showed we could play in the new conference."

-Boston Merila ('20)

UNDER THE FRIDAY NIGHT LIGHTS. Middle Linebacker Boston Merila reminisces in his senior season of varsity football. *Photo by Mia Rooker. Page Designed by Mia Rooker.*

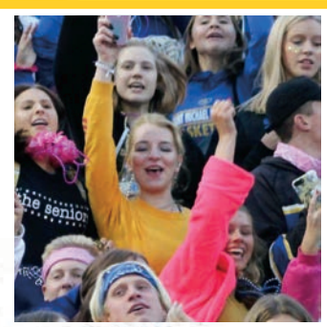
FALL

this is our HOUSE

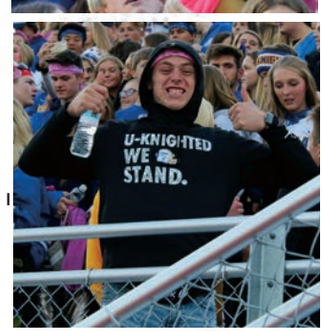
"I **love** walking into the statium **pregame** and **feeling** the crowds **energy rush** over me."

Performing her routine Gabby Haines ('21) tries to pump up the crowd.

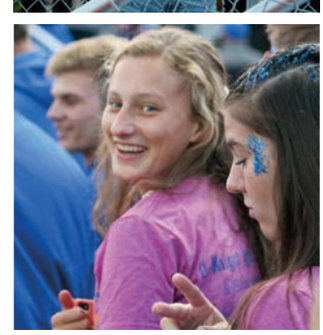
Page sponsored by
COBORN'S
Employee Owned • www.coborns.com



GET LOUD. Carly Joslyn '20



GET ROUDY. Iain Harken '20



GET GLAD. Grace Christensen '21

Knights defend their home defeating Edina two years in a row

On the eveing of September 27th came the long awaited game of the Knights Vs. the Hornets. Last season, in the playoffs, the Knights scored 29 points in the last six minutes and thirty seconds winning the game 29-28. Both teams were eager to play each other again especially the returning varsity players. Throughout the game both teams fought for the lead with great offence and defense from both teams. Junior **Eric Fouquette** explained, "The feeling of playing in front of the town every Friday night is incredible, but the experience on homecoming is 10 times better. You have a lot more eyes on you expecting you to play well. We ended up with the dub against a really good Edina team. The feelings after a win feel so good, but a win on homecoming, it's even better." Senior **Brandon Langdok** scored two touchdowns along with juniors **David Collins**, scoring two touchdowns, and junior **Jack Hulting**, scoring one touchdown. Hulting stated, "Scoring a touchdown at homecoming was a dream come true. Coming off the field listening to the town cheer, is something that I'll never forget but it never could've happened without the entire offence doing their job." The home crowd was as loud as ever cheering on the players throughout the game. Junior **Ren Hamann** said, "There's honestly no better feeling than hearing your whole entire town cheering your team on." For some of the other players, it was their last homecoming football game. Senior **Wyatt Craft** explained, "I was sad knowing that I'd never play another homecoming for STMA again, but at the same time it was great knowing I got to play my last one with my brothers," said Craft. With the students and the parents section cheering the football team on, the boys in blue won the game 34-29. *Spread design and photos by Alex Dehmer.*

98 tackles

92 rushing yards

34 points

5 touchdowns

4 field goals

1 WIN

OUR HOUSE. Junior Ren Hamann walks off the field after team huddle, ready for the game.

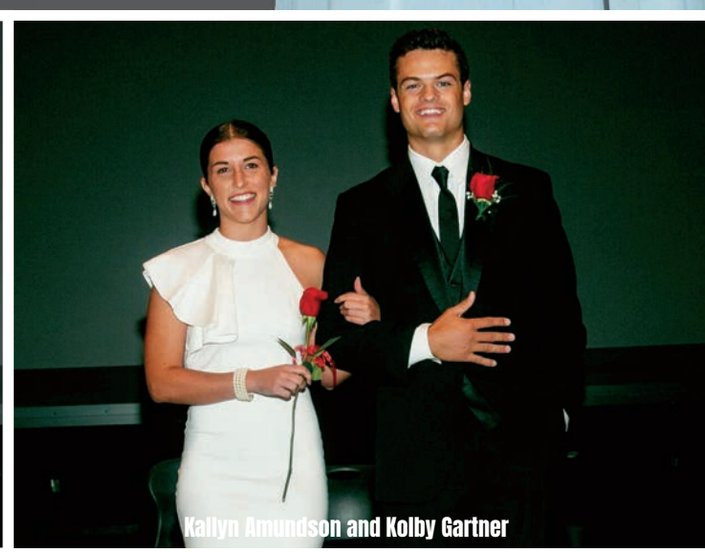
FAN OF THE GAME. Cheering loudly, Abby Anderson ('20), raises her hands in the air to support the boys on the field, she was named fan of the game.

ANOTHER CINDERELLA STORY

Royality runs in the family. Simat crowned Homecoming Queen.

Aliyah Simat ('20) stands next to her Prince Charming, Brandon Langdok ('20), after being crowned homecoming king and queen. After the coronation, Simat stated, "I really wanted him to win so bad." When standing on the stage, Aliyah remembered an experience her parents shred with her from when they were in high school "Both of my parents were homecoming king and queen in high school."

Lily Tennyson and Jackson Bursch



Kallyn Amundson and Kolby Gartner

Candidates react to outrageous wake up calls from Student

One of the most memorable parts of being a homecoming candidate is the early morning wake up. The candidates are woken up around 5:30 in the morning by numerous people from Student Council. The Student Council members go into the candidates room and the council members make many different loud noises including banging on pots and pans to wake the candidates up. Some of the cadidates expected to become a homecoming cadidate including **Charlie Michaelson**. Wwhen asked if he thought he would bne a homecoming cadidate, he said, "Not freshman year, but I kind of thought it last year because all of the boys said they would do it as a joke." Other cadidates had no idea they would be voted to become a homecoming candidate. When being woken up, there are many things that could be going through ones head. Some of the candidates were mad, scared, or surprised. Homecoming queen **Alyah Simat** ('20) said, "I thought someone was in my room trying to kill me and I was really crabby the rest of the day." After being woken up the candidates have a limited tme to get ready and head to the school to make their homecoming posters that are hung on the cafeteria wall. Homecoming cadidates also have to make their campaign videos. The campaign videos are unique for every candidate but some of the information is consistent such as the candidates name and what activities they are involved in. *Page designed by Kylie Elert. Photos by Tim Bykowski.*

Olivia Peltz and Charlie Michaelson

Megan Copeland and Noah Kunz

Words of Wisdom

"Keep leveling up and keep chasing perfection, you will continuously strive to be the best version of yourself- there is always more."
-Kolby Gartner
Kolby Gartner #7

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure."
-Colin Powell
Jack Drobinski #17

"It ain't about how hard you hit, it's about how hard you can get hit and keep moving forward."
-Sylvester Stallone
Max Keefer #44

The Knights started their season with a 27-6 win against Maple Grove. In the first quarter both teams started off slow scoring zero points. The Knights started to gain momentum, scoring the first touchdown of the game making the score 7-0. Maple Grove scored the second touchdown and attempted a two point conversion that fell. The final score of the second quarter was 7-6 with the Knights in the lead. In the third quarter **David Collins** ('21) completed a run of 43 yards. When asked about the mindset it takes to run the ball, Collins commented, "Be patient and run the ball as hard as you can every down."

The third quarter ended with the Knights in the lead 7-6. There were no points scored in the fourth quarter until **Kale Hoselton** recovered a tipped pass and returned it for a touchdown making the score 13-6. Two touchdowns were scored in the last two minutes of the game as well as a successful two point conversion. The Knights won the game against Maple Grove 27-6.

When asked about how scoring first impacts the rest of the game, starting quarterback, **Kolby Gartner** ('20) stated, "Every time we score first it gives us momentum." Collins (pictured right) finished the game with a total of 140 yards, 120 of them being rushing yards.

Collins finished the season with a total of 36 points and 939 yards. The Knights ended with a record of 5-4. *Page designed by Kylie Elert. Photos by Tim Bykowski.*

Tackle Technicalities

With 51 solo tackles, outside linebacker Kale Hoselton ('20) explains how he executes a perfect tackle.

Spot the runningback

Wrap him up

"In practice we do shimmy drills to keep control of your feet and gain ground on your opponent."

Run your feet

"Drive your feet and take your opponent to the ground."

Follow through

Page sponsored by
WILLY McCOYS

Knights win their first game of the season against Maple Grove

WIN the DAY

HUDDLE. The Knights huddle up to talk about their pre-game plan against Edina. Wyatt Craft ('20) talks about his pre-game plan: "I only listen to Meek Mill to get me into that beast mode mentality. I also make sure to eat something healthy like a salad or a sandwhich."

Ben Fiedler's Season Standouts

"The edina game stood out because we just had to find a way. That was kinda the theme of our season, we just needed to **find a way to win.**"

"When I was a part of a tackle that was with the whole defense, it was the best feeling. Just knowing **we dominated the play** made it feel special."

"Everyday at practice there was always a joke or a laugh being shared which **made the season special.**"

fashion

voted on by the students of STMA

hoco/pink out

Anna LaRose ('20)

Colton Schmoyer ('20)

ANNA	COLTON
40%	60%

hitting the slopes

Megan Copeland ('20)

Aidan Badenoch ('20)

MEGAN	AIDAN
72%	28%

hippie

Lauren Pomerleau ('20)

Carter Pauly ('20)

LAUREN	CARTER
49%	51%

COLTON	MEG
34%	66%

MEGAN	CARTER
36%	64%

CARTER
46%

JORDAN MLSNA

"School **Spirit** to me is SHOWING **Pride** WITH MY **PEERS** and having a sense of **Belonging,** celebrating WHAT WE **Love**"

JORDAN
54%

JORDAN 55% | ALIYAH & FRIENDS 45%

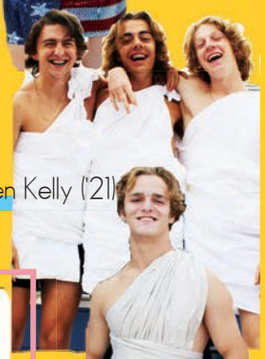
JORDAN 51% | CARL 49%

Ashton Antil ('20)

USA

ASHTON 43% | JORDAN 57%

Jordan Mlsna ('21)



Aaron Loch ('21), Joey Driver ('21) Caden Kelly ('21)

greek gods/goddesses

JEOY, AARON, CADEN 43% | CARL 57%

Carl Leuer ('20)

Maddy Sawyer ('20)

beach

MADDY 45% | ALIYAH & FRIENDS 55%

Aliyah Simat ('20), Julia Denius ('20), Caylyn Kolbilka ('20), Kiki Barr ('20), Kayla Apelt ('20)

face off

football themes edition

spread designed by Olivia Schepers

EYES WIDE OPEN

1. #47 Jarrett Bennett ('22) Is the cornerback for the 10A team. He ended his sophomore season with 1 pick and 15 tackles.

2. #33 Reid Barbeln ('22) Doubles as half back and cornerback for the 10B team.

3. #9 Rylan Maynard ('22) Is the wide reciever for the 10A team. Finished the season with 13 catches and 2 touchdowns.

Underclassmen push through tough practices to show Lake Conference: We Belong.

Entering its second year in the Lake Conference, the JV, 10A, and 10B teams set their sights on a succesful season proving to schools previously unfirmiiar with STMA that they are real competitors. **Coach Arlien** commented, "I would say we are definitely keeping up with the competition." The pre-season training was vital to coming out of the gate strong. Junior Varsity Quarterback, **Jack Drobinski** ('21), said, "In the winter I participate in the Speed and Agility program in the dome. During the summer, I workout with my teammates every morning at 7am in the Strength and Conditioning program. Both programs are run by great coaches, and the team benefits a lot from them." Coaches pushed their players to make each practice purposeful. Defensive back, **Dameon Simmons** ('21), said, "To stay motivated during practice I think about how my effort impacts the team. I want to give 100% everyday because my effort plays a role in how the rest of the team plays." Captains supported underclassmen by giving guidance and setting high expectaions. 10A Running back, **Max Keefer** ('22), said, "Being a younger player on the team, I really look up to the other players on the team who set a good example for me. They treat me with the same respect and kindness as they do with the older guys." The 10A team finished their season with 5 wins-2 losses. The 10B team finished with 3 wins-4 losses. *Spread design and photos by Julia Walters.*

SENIOR. Mitch Meilahn ('20) finished his senior season, as a captain this year, strong.

RUB SOME DIRT ON IT. Leo Leuer('21) was not afraid to get a little muddy during the section meet.

MEMORIES. Aiden Peters said, "My favorite part about cross country is all the friends and memories that I've made throughout the years."

coach O

"It was special coaching the boys cross country team this year. It's gratifying to be their coach"

Coach Greeno motivated the varsity team before the Anoka meet.

VARSITY CONFRENCE RUNNERS

"It was an **amazing feeling** to have SO MANY PEOPLE **supporting us** at **the STATE MEET**" -Kyle Swenson ('20)

FIGHT TO THE FINISH

In a close finish between Joey Driver ('21) and a competitor, Joey finished the race strong by fighting to the finish line.

After a successful 2018 season, returning varsity runners were challenged to fill the shoes of previously graduated seniors. Current seniors and captions, **Alex McAloon**, **Mitch Meilahn,** and **Kyle Swenson** were tasked with helping lead and rebuild the team. McAloon explained what is was like to be a captian, "It was incredibly fun to be captain this year and work together with all the great runners. We worked hard throughout the season and are proud of how we did." Swenson explained their team's goals for the season, "This year our goal was to try and fill the gap with young talent and be a solid team. While working to become a better team, we still made sure to have fun along the way." The boys team's hard work throughout the season paid off at the section meet on October 24th. Sophomore **Caden Nordberg** placed 13th at the section meet earning his first individual bid to the state meet. Just missing state qualification, junior **Joey Driver** placed 31st with a time of 17:12 at the section meet. Returning to state for the 3rd time, Kyle Swenson placed 119th at the meet on November 2nd with a time of 17:03. Swenson descibed the meet, "I was grateful for the opportunity to run at the state meet one last time and pleased to see all my hardwork pay off. It was tough knowing that the state meet would be my last cross country race in a blue and gold uniform, but the enegry and support of people at the meet made the experience unforgettable." The boys cross country team is lead by head **coach Gregg Greeno**. He explained what's special about coaching the boys team, "We graduated a lot of talent off of last year's team, but despite that, the boys competed very well this season. It was great being their coach because they are humble, hard working, and overall, fun to be around." *Photos by Amy Lyke & Jamie Swenson. Page by Jessica Immer.*

freshman Zak Wise

race prep

James Lyke ('21) mentally prepared for a race by staying loose and listening to music. James said, "Before every race, I have to put on chapstick."

work hard DREAM BIG

Girls Cross Country's motto motivates team throughout season

The team's motto 'Work hard, dream big' not only motivated the team, but encouraged each individual runner to push themselves throughout the season. Head **coach Heather Strait** came up with the motto at the beginning of the season. She said, "I liked that it was simple and defined how our team already operated." **Avery O'rourke** ('23) explained what it means to her, "To have a goal that is going to challenge you, and then working hard to achieve it." **Emma Wingdingland** ('23) said, "If you put in the work, you can pursue your big dreams." The section meet was an important meet for the girls cross country team. It was a chance for the team to not only qualify for the state meet, but to show all the hard work they had put in. Winning the race with a time of 17:49, **Ali Weimer** ('22) said, "When I started the race, I tried to go out with a positive mindset. My motivation for the race was to run a good time and boost my confidence going into state." At the section meet, the entire team's hard work paid off, earning them a first place finish and a team bid to state. **Jessica Immer** ('21) who had a season PR and placed 14th at sections said, "I was able to go into the race with more confidence because I knew we had worked hard leading up to it." Going into the state meet, the team had confidence in themselves and their ability to achieve their goals. Senior captain **Anna Belair** ssaid, "We knew we were capable of great things, but it came down to the work we were willing to put into the race to make that dream a reality." On the morning of November 2, the girls cross country team did nothing but work hard during the state meet. The girls team placed 3rd earning them a podium finish for the 3rd year in a row. Coach Strait said, "We never lost sight of the dream big with our podium finish."

"Without hard work, a dream is just that, a dream."

Katie Sigerud with a top 10 finish of 9th place and a time of 18:24 at state said, "I was very happy to achieve my personal goal of placing top 10." Senior captian **Paige McAloon** who placed 39th at state said, "I used the motto to push myself and achieve a goal that I knew I had worked hard for." The girls cross country team had big dreams at the beginning of the season, worked hard throughout the season, and proved themselves at the end of the season.

Photos by: Shannon Immer & Gayle Wingdingland

Page by: Jessica Immer

senior captain Anna Belair

senior captain Paige McAloon
Emma Wingdingland ('23)

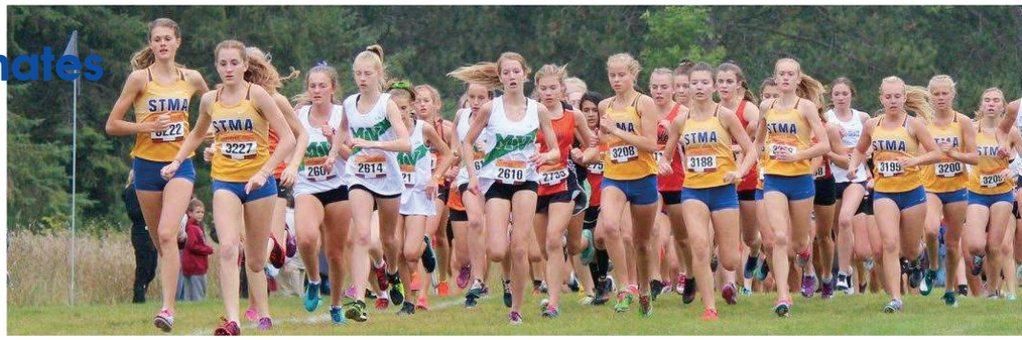
Katie Sigerud ('22)
Ali Weimer ('22)

Avery O'rourke ('23)

TEAM HUDDLE jv team huddles up before a meet to motivate each other

Photo by Jessica Immer

9 teammates 1 family



All nine members of the varsity team refer to their close-knit team as a family. Before every race, they say the same team cheer, "Family on three! One! Two! Three! Family!"

FOCUSED FRESHMAN. Faith Ramsay ('23) has improved drastically since the beginning of her freshman season. She says, "Practicing everyday and doing harder workouts," has helped her improve.

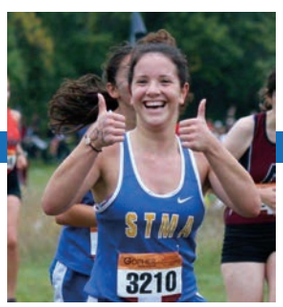
THUMBS UP. Jordan Mlsna ('21) smiles during her race and says, "I believe smiling is not only good for myself, but the small act of kindness and encourgement can go a long way."

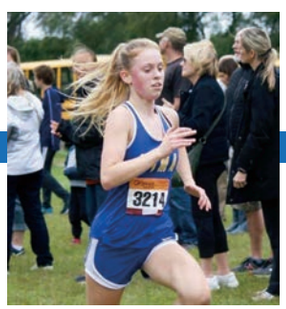
SENIOR. Missy Papp ('20) has been running for 6 years and says, "I enjoy cross country becuase I love the people in it."

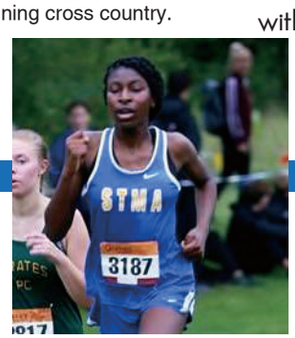
TEAM. Lukanu Banzeba ('23) says, "Running with her teammates," is her favorite part of running cross country.

"Making **a goal** FOR MYSELFF **that I know I can** accomplish **hard work** and **determination**"

Sydney Aandal ('21) on what 'work hard dream big' means to her



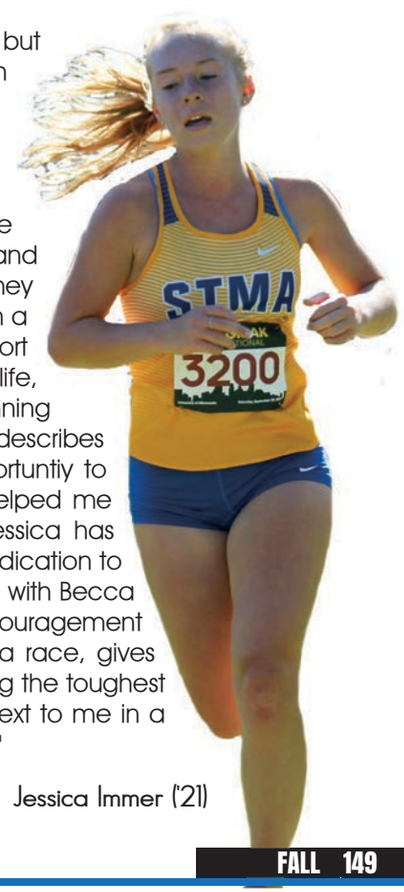




sib ling RIVALRY

Becca Immer ('23)

Some could call it sibling rivalry, but these sisters call it having each others backs. Jessica ('21) and Becca Immer ('23) are both cross country runners racing on the varsity team. They are unique in the fact that they are not only on the same team, but they race together and push each other to the best they can be. Running has always been a family affair. Learning to love the sport from their dad who has ran his entire life, Jessica and Becca have been running together since they were kids. Becca describes running with her sister, "Having the opportuntiy to be on the same team as Jessica, has helped me become a better runner." Becca says, "Jessica has always been a role model to me, and her dedication to running is inspiring." Jessica explains how racing with Becca helps her, "I get the strongest support and encouragement from my sister. Having her alongside me during a race, gives me that support and encouragement I need during the toughest parts of a race." Jessica says, "Even if Becca isn't next to me in a race, I think about her encouraging me to do my best."



Jessica Immer ('21)

COUNT ON IT

Krumenauer helps lead Knights to 2-1 victory over Royals.

Completely surrounded, Alex Krumenauer ('20) breaks away from a sea of opponents. On October 7th, STMA kicked off with a lead of 1-0 against Hopkins. The Royals then tied the score, but the Knights were deadset on winning. The draw went into overtime and 4-year Varisty veteran Alex Krumeanauer sealed the victory with a goal settling the score at 2-1. Krumenauer, STMA's renowned striker, was honored with an all-state player award after last year's season.

The 2019 fall season for STMA boys' soccer was an exciting introduction to the Lake Conference finishing above expectations. Being introduced to the Lake Conference, the highest level of boys' high school soccer in the state, all four levels played phenomenal soccer going toe to toe with the besst of the best and getting some huge wins. Varsity outpaced expectations with an overall record of 5-9-3 finishing 4th in our conference.

We will miss all of our seniors as they made us proud with their leadership, guidance, and resilience on and off the pitch. *Page by Mia Rooker.*

DYNAMIC DUO

Coaches Eric Selchow and Tomás Rodriguez have been coaching STMA Varsity boy's soccer for a combined total of 7 years. Head Coach Tomás played Division I soccer for the University of Kentucky and spent several years playing for the Portland Timbers in a semi-professional league. Tomás has been coaching professional soccer since 2006. Coach Selchow has also been around the game his entire life. He played for Buffalo High School, and later had the opportunity to play Division II soccer at Upper Iowa University as a keeper. The coaches are prized by the community and the team. They hope to help guide their players on and off the field. Tomás' main philosophy is to help develop young men by fostering skills, teamwork and character building.

UNSTOPABLE. Completely surrounded Alex Krumenauer ('20) breaks away from a sea of opponents. *Photo by Olivia Peltz.*

PONYTAIL

Rachel Sustacek ('20)

TWO BRAIDS

Olivia Peal ('23)

ONE BRAID

Amanda Rokala ('21)

New challenges, present new opportunties

Keep pushing, never give up. The Lady Knights came into this season knowing there was going to be new challenges to face. Being in the Lake Conferenec for the first time pushed them to become a better more focused team. The Ladys Knights first section game was against Brainerd. The Lady Knights won against Brainerd, Taylor Dixon scored two goals that game and gave some insight on how it felt. "It felt really good to score against Brainerd, we tied them earlier this season. This was a section game so I knew we had to win or else our season would be done. It felt amazing to score in sections not once but twice, the feeling was amazing"said Taylor Dixon ('20). They made it through round two of sections in a shoot out against Rogers. Goalie Meriel Orham ('21) said, "It was a very good game for everyone and we came out on top and it felt really good to be apart of that game". Round three didn't go as well as the first two. After over time was played, the Lady Knights lost to a shoot out against Maple Grove. It was a very emotional loss for everyone on that team. Many said they couldn't believe their season was over. The Lady Knights took home second place in there sections. The Lady Knights ended their season with fourteen wins, four ties, and four losses. Overall, the team stayed strong throughout the season and they are excited to return next year. *Spread design and photos by Olivia Peltz.*

Top 3 Funniest Moments

1. "Going to Brainerd and having our bus explode with red liquid that was leaking everwhere and having to get a new bus" -Abby Buckmeier ('21)

2. "I would say when we taught Leland what 'saucey' and 'lowkey' meant, and then she started to use them in every sentence" -Chloe Steinke ('21)

3. "Abe being a "little too saucy" and getting multiple yellow cards throughout the season." -Rachel Sustacek ('20)

Page sponsored by BALANCE NUTRITION Healthy Living

KEEP PUSHING

IN BOUNDS. Fighting to keep the ball in play, Emma Strait ('21) slides past her opponent. the Knights beat wayzata, 1-0 in overtime on September 21st. *Photo by Olivia Peltz.*

LOUDEST CHEERIER

MOST AGGRESSIVE PLAYER

TEAM MOM

MOST LIKEY TO FORGET HER EQUIPMENT

Photos by Tim Bykowski

What is it like being apart of the team?

-"It's a super fun enviroment and you feeel proud to call those girls your teamates. You meet amazing new people each season. You create friendships and memories that will last a lifetime" **-Maddie Gaulrapp ('20)**

-"It is a great enviroment and team to be a part of.. everyone is constantly encouraging each other not only on the field, but off the field as well.. it's cool when we can all come together and work hard for each other every day, with the same goal in mind #winning!!" **-Gab Madore ('21)**

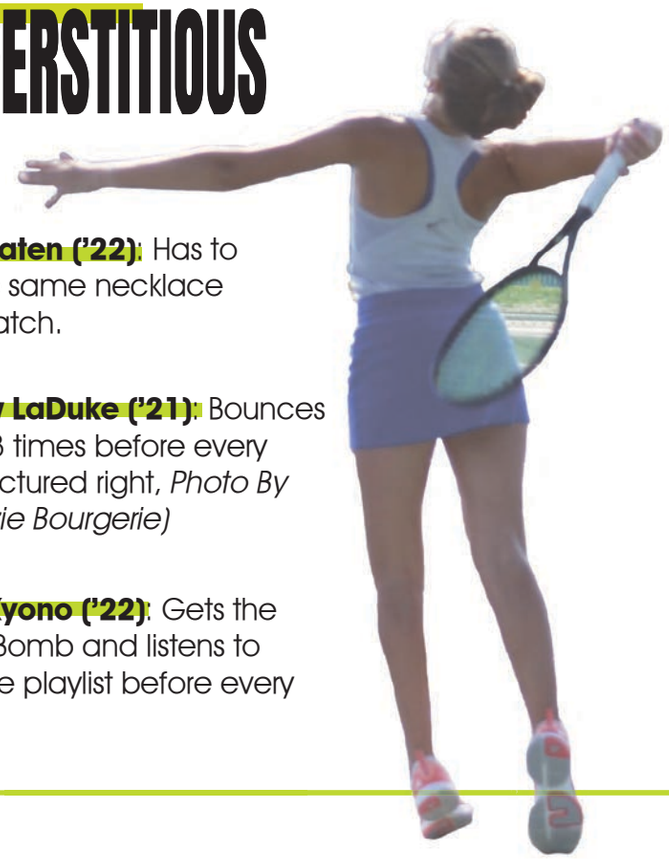
ACE. Elle Potts ('20) places her serve perfect in her match againsrt Buffalo. Elle says "The sereve gets the point going and determines how the rally will be played out, if your serve doesn't go in, you can't win the point." *Photo By Mackenzie Bourgerie.*

serving up PERFECTION

BACK HAND. Focused on returning the ball, Hailey Peterson ('21) stirs up a powerful back hand. *Photo By Bill Halldin.*

DREAM BIG. After a succesful season, the junior duo, Meadow LaDuke and Emma Thole, made their debute representing the knights at state. *Photo By Bill Halldin.*

being SUPERSTITIOUS



Olivia Flaten ('22): Has to wear the same necklace every match.

Meadow LaDuke ('21): Bounces the ball 3 times before every serve. (pictured right, *Photo By Mackenzie Bourgerie)*

Jenna Kyono ('22): Gets the same T-Bomb and listens to the same playlist before every match.

Girls' tennis focuses season on building up talent pool

Tennis is a very unique sport. Just like any sport, it takes focus, determination, and practice. The team consists of many athletes who compete in either a singles or doubles competition. This season had many highlights throughout. Notably, was this year's victory against Buffalo. As a team, it has been a few years of defeats coming. This year, they won 5-2. Senior, **Gabby Olsen** stated, "As a senior, it meant a lot to me because beating Buffalo has always been one of my goals. That win showed us how much we grew as a team in the off season and it made all the hard work worth it." Another monumental moment during the season was having a duo make it to state. First time apperance from Junior **Meadow LaDuke** left a big mark on her: "It was crazy to have the opportunity to make it to state with my best friend. A lot of emotions were present in the moment first hearing we had made it." Although they didn't get exactly the outcome they had wished for, it was still an experience they will never forget. Senior **Elle Potts** gives advice, "Extra camps help more than you think, just work hard if you want to get a lot out of it." Junior **Emma Thole** on the season as a whole and the little things that made it successful: "Our tennis team is full of hardworking girls that love to compete. Our team is super close and we all love to support each other. *Page designed and story by Kenzie Bourgerie.*

Our tennis team is full of hardworking girls that love to compete. Our team is super close & we all love to support each other.

STMA VARSITY TENNIS
Back Row: Meadow LaDuke, Elle Potts, Abigail Peterson, Isabella Heuanphommavong, Gabby Olsen, Emma Thole, Brooke Beck. Front Row: Hailey Peterson, Isabel Berning, Ellie Breuer, Claire Haakenson, Olivia Flaten. *Photo By Bill Halldin.*

Page sponsored by
Accorde ORTHODONTISTS

3 Top Strokes

Swimming the 200 yard freestyle Ella Gustufson ('23) takes 3rd place with a time of 2:09.49

Ella Chambers ('22) pulls ahead in the 500 yard breaststroke placing 3rd finishing with a time of 6:31.04

Placing 4th in the 400 yeard backstroke relay JayLynn Robeck ('23) finishes with a time of 4.46.68

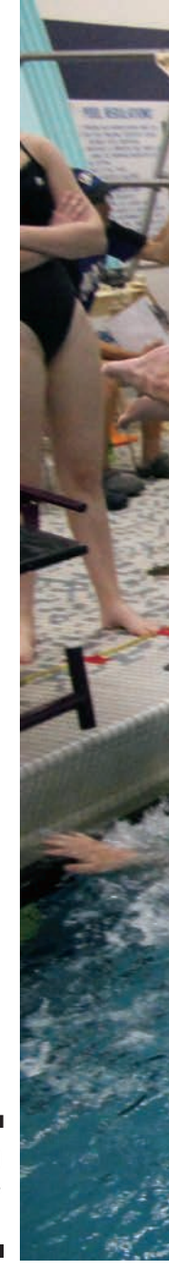
Taking a break from strenous practices, STMA challenges Buffalo in a unconvential swim meet.

On October 22nd at the Buffalo Swim meet, STMA dove off the blocks racing to beat Buffalo and Rogers. To some of the swimmers this meet was considered more of a "fun meet." **Maddy Vitzthem** ('22) said, " It gives us time to just relax and have fun during the meet and have fun with the other teams instead of focusing on beating our tmes."

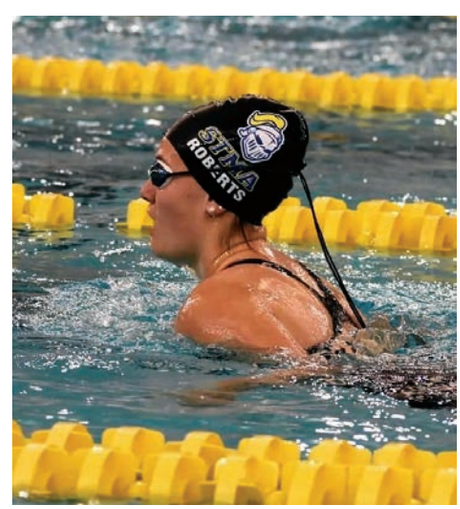
At this meet there were different strokes and relay races. Two of the fun relays: the t-shirt race and the corkscrew. In the t-shirt race the girls had to dive into the water with a t-shirt and then swim 50 yards down and back and then switch with shirts with the next swimmer. In the corkscrew, the swimmer must be spinning as they swim down and back. **Abbylee Maeder** ('21) said, "These meets are fun because they remind us of how fun swimming is and why we keep swimming."

Fun meets help the swimmers to let loose and keep doing what they love to do. It may have been a fun meet but **Natalie Schullar Hary** ('23) said, "I always tell myself I can do this and how amazing I'm going to do." These fun meets are great for the girls to be able try new things and be more confident in themselves for the meets to come.

Page designed and photos by Emily Cin.



Natalie Schuller Hary ('23) dives into the water at the Buffalo swim meet.



STATE STANDINGS

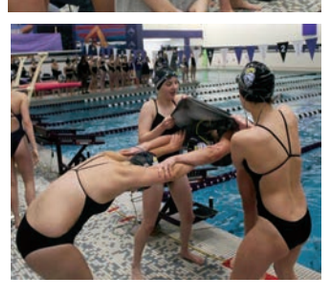
BUTTERFLY. Maggie Lombardi ('22) swimming the 100 yard butterfly with a time of 1:00.13. **DIVE IN.** In the 200 yard medly relay Kelsey Kocon ('20), Hailey Riley ('25), Maggie Lombardi ('22), and Faye Roberts ('21) finsish with a time of 1:49.12 taking 4th place in state. **WARM UP.** Faye Roberts in warm-ups preparing for her big race and swimming the 400 free relay placing 17th place in state.

off the BLOCKS

The girls' swim and dive team together after the Minnetonka meet.

soaking it up

ALL SMILES. Piper Richardson ('23) minutes before diving into the water at the Buffalo meet.

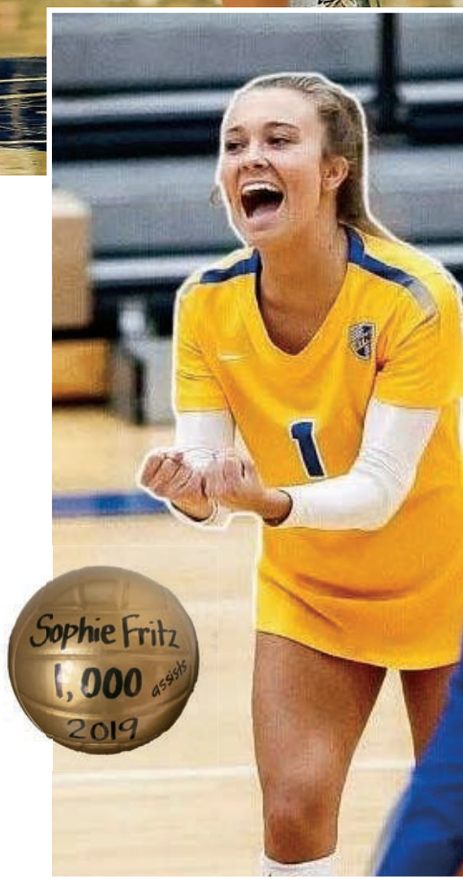


RELAY FUN. Jaden James ('20), Abbylee Maeder ('21), Maddy Vitzthem ('22), and Piper Richardson ('23) switching the shirt in the t-shirt relay race.

DREAM TEAM

Knights fight back to win in huge upset against Rebels

On October 29th, the STMA Knights jumped for joy as middle blocker **Emma VanHeel** blocked the ball to seal the win for the Knights against the Chmaplin Park Rebels in the Class 5AAA semifinal section match. The team fell short in the first 2 sets with scores: 10-25 and 26-28 but the Knights didn't let that stop their drive to keep playing the game. "We started the game with a slow start but the ability for our team to come together and win the next 3 sets in such an important game is something I'll never forget." said senior libero #6 **Megan Kruchke**. The team picked up wins in the thrid and fourth sets with scores, 25-21 and 27-25, to bring the match into a 5 set thriller. The knights took an early lead in the 5th set and didnt let up. On match point junior middle blocker, Emma VanHeel put the ball down concealing the win for the STMA knights scoring 15-10. Her teammate **Mikala Henderson** #10 said, "It felt insane coming back from being down two sets and winning the game." *Page by Jessica Immer and Megan Kruchke. Main photo by Mark Hvidsten.*



DIG IT. Senior captain Sam Palmer gets down low to dig a ball. *Photo by Bill Halldin.*

JUMP HIGH. Junior GK Lemonds swings through a double block to put the ball down and score a point for the Knights. *Photo by Bill Halldin.*

SERVE IT UP. Senior Kailey Glunz serves the ball into the play.

SENIOR SETTER. Sophie Fritz cheers for a side out againt the Moorhead spuds. Sophie has led the STMA Knights to many victoys with her 4 years on Varsity as a setter. She accomplished a huge acheivment her senior year by reaching 1,000 assists throughout her highschool career. On Octobor 12th she was rewarded the "golden ball".

Cyn Henderson ('22)

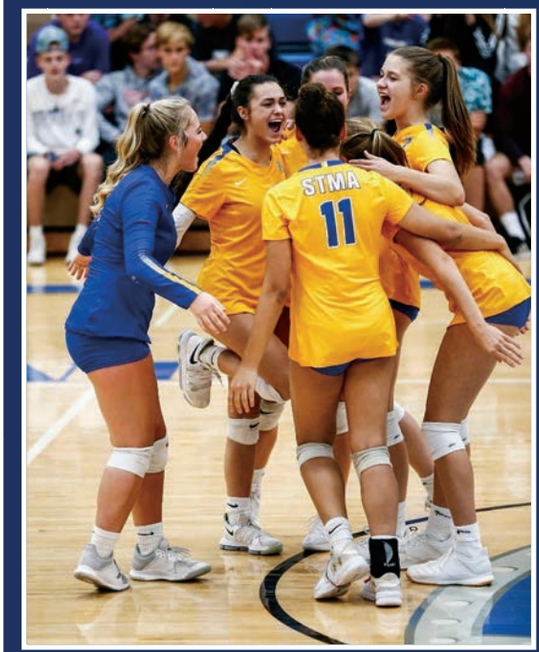
EMMA VANHEEL

junior middle hitter #9

213 KILLS

71 BLOCKS

22 DIGS



CELEBRATE THE BLOCK. Junior middle hitter #9 Emma Vanheel contributed a huge difference for the STMA Knights this season. The team celebrated a great block by Vanheel.

THE MANY FACES OF CHEER

St. Michael, MN. The year stated off at home cheering for their favorite team, the Knights!

London, UK. Next stop was a trip to London for a cheer competition. **"It was a trip of a lifetime with my best friends and the sport I love! I felt truly blessed,"** said **Antoria Glass ('20).**

Orlando, FL. The last stop for the STMA Cheer team was Orlando to compete in nationals where they made it to the semi-finals.

Savannah Supper ('23)

The sisterhood of the traveling Pom-Poms

Page sponsored by the Peak

Not pictured: Caitlynn Book ('21), Mckenzie Clark ('22), Olivia Correll ('22), Abbi Dolan ('22), Kylee Formo ('23), Gabriella Haines ('23), Molly Hanke ('21), Victoria Hayward ('21), Hanna Hynes ('22), Angelika Menes ('22), Emmy Obermaier ('23), Caitlin Pederson ('22), Kylie Renner ('23), Savannah Supper ('23), Emily Thell ('22), Alicia Vosberg ('23), Sky Wrestling ('23), Ella Zanetti ('23)

MEET THE TEAM

Emma Gordley ('21)

Maddy Petanek ('23)

Kendyl Burg ('21)

Evie Kastner ('21)

Antoria Glass ('20)

Lexie Kemmetueller ('23)

Brittney Harris ('23)

Ashley Cushman ('21)

Allie Lombardi ('22)

Felicia Lutz ('22)

Avery Jackson ('23)

Kaylee Schumacher ('21)

FACES BEHIND OZZY

The Scout

"Being a scout is about having genuine conversations with the other teams and to learn about them and make connections"

Nadia Barnes

Class of '21

The Mascot

"Being the mascot is about being the physical embodiment of our spirit and being estatic every minute"

Braedon Kummer

Class of '21

The Operator

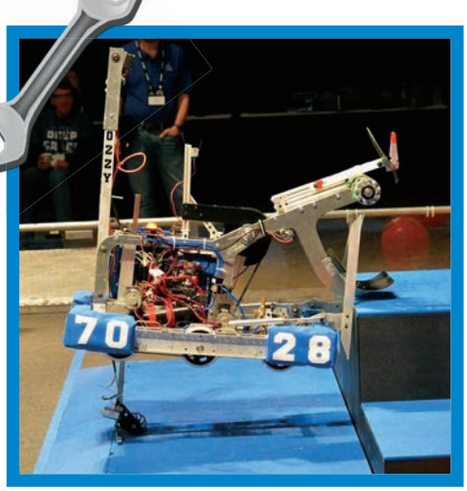
"I keep track of the time, watching the camera and communicating information to the driver, at the end of a match I perform the climb which is a pivitol part of the scoring"

Hunter Jans

Class of '20

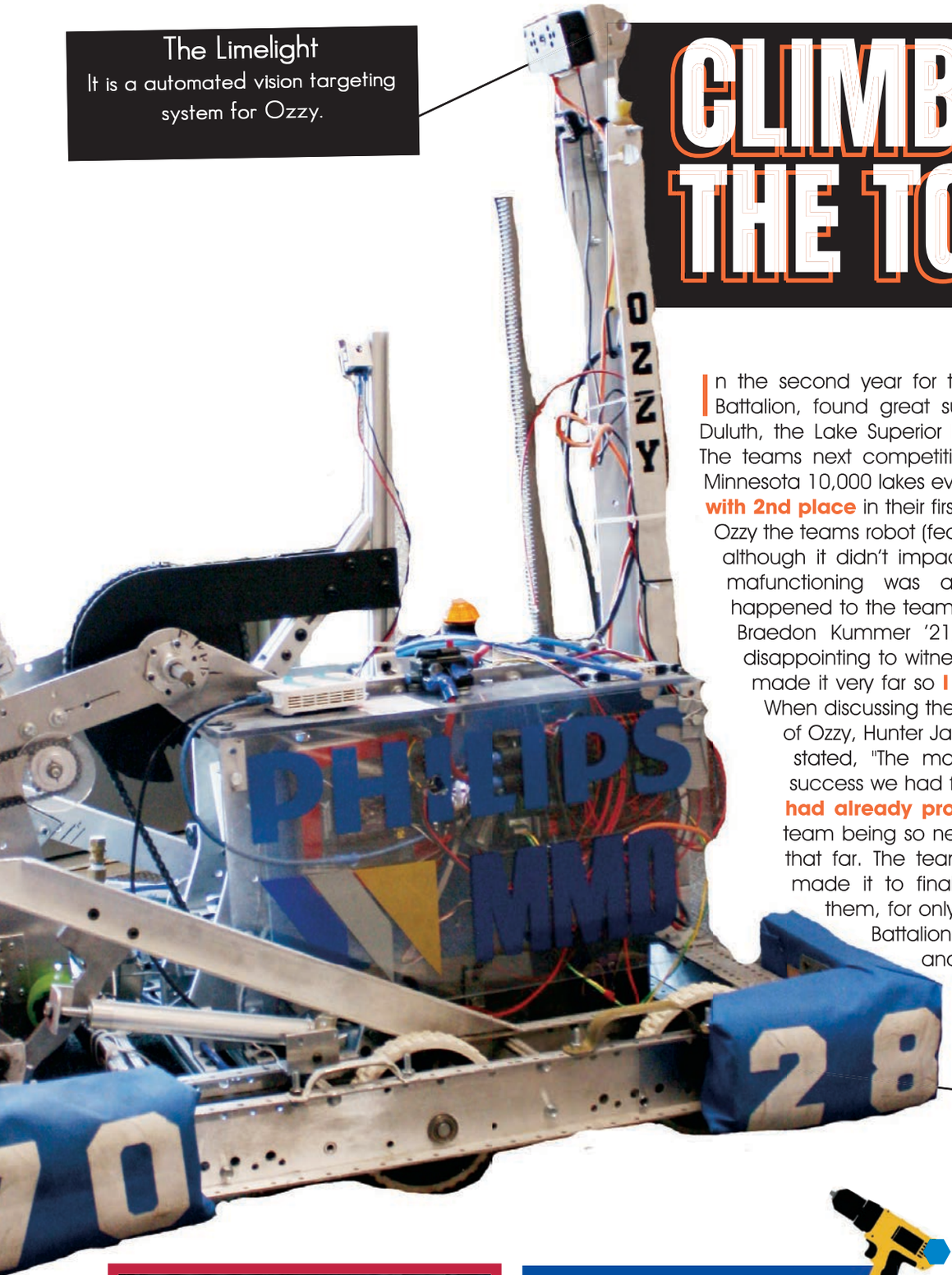
The Cargo
A ball to score points.

Page sponosred by
ACE of Albertville



CLIMBING TO THE TOP

Ozzy rolls strong into battle



The Limelight
It is a automated vision targeting system for Ozzy.

The Bumpers
Absorbs the impact of walls and other robots.

In the second year for the STMA robotics team, the Binary Battalion, found great success. At their first competition in Duluth, the Lake Superior Regional, they placed 11th overall. The teams next competition, they placed 5th overall at the Minnesota 10,000 lakes event. **They ended the season strong with 2nd place** in their first appearance at State. During state, Ozzy the teams robot (featured to the left), had a malfunction although it didn't impact the competition too much. Ozzy mafunctioning was a very **heartbreaking** thing that happened to the team; with all of the work that was put in. Braedon Kummer '21, the team mascot, said. "It was disappointing to witness Ozzy have a malfunction, but we made it very far so **I was proud of the team and Ozzy**" When discussing the robot as well I went to the Operator of Ozzy, Hunter Jans '20, who was the operator of Ozzy stated, "The malfunction did little to degrade the success we had found that season , **by that time we had already proven ourselves** as a team." For this team being so new it is very impressive to have gone that far. The team stated that the fact they almost made it to finals was a huge acomplishment for them, for only being their second year. The Binary Battalion had a very sucessful season overall and the team is looking forward to their upcoming season.

Ozzy making a level three climb, Hunter Jans '20 stated "In a low scoring match getting twelve points from the level three climb can make the difference of a win or a loss."

Rest of team watching match cheering in the stands Marah Van Vooren '22 said about the importance "Cheering in the stands is important because it helps encourage the drive team and let them know that the team has their backs.

Jorge Mancilla '21 the driver of Ozzy waiting for the match to start. He told me about his experience "Before a competition I keep my composure, I have no reason to worry."

The Arena where the matches will take place this specific one is in Minneapolis in the Williams Arena.

The pit stand to prepare to between matches and make repairs, Audie Wandmacher '23 said about the pit "When working on the robot In the pit you have to work fast to get fixes done before your next match and have to work with limited materials and resources. Which can make the pit chaotic and stressful but it pays off when you see the robot you built on the field running and winning.

Ava Prigge's complete guide to a perfect

DANCER NEEDLEPOINT

POINTED TOE

"Different feet strengthening skills are very helpful."

FLEXIBILITY

Stretching before a workout is crucial. "I do lots of different back stretches. Stretching at the beginning of practice is very important."

BALANCE

Working on muscle strength is key."I need to do lots of core workouts."

Meet the Captains

Captains Hunsley ('20) and Amundson ('20) have been on the team for 5 years. Their all time favorite dance they performed is Mulan Rouge.

Kallyn Amundson ('20)
Brooke Hunsley ('20)

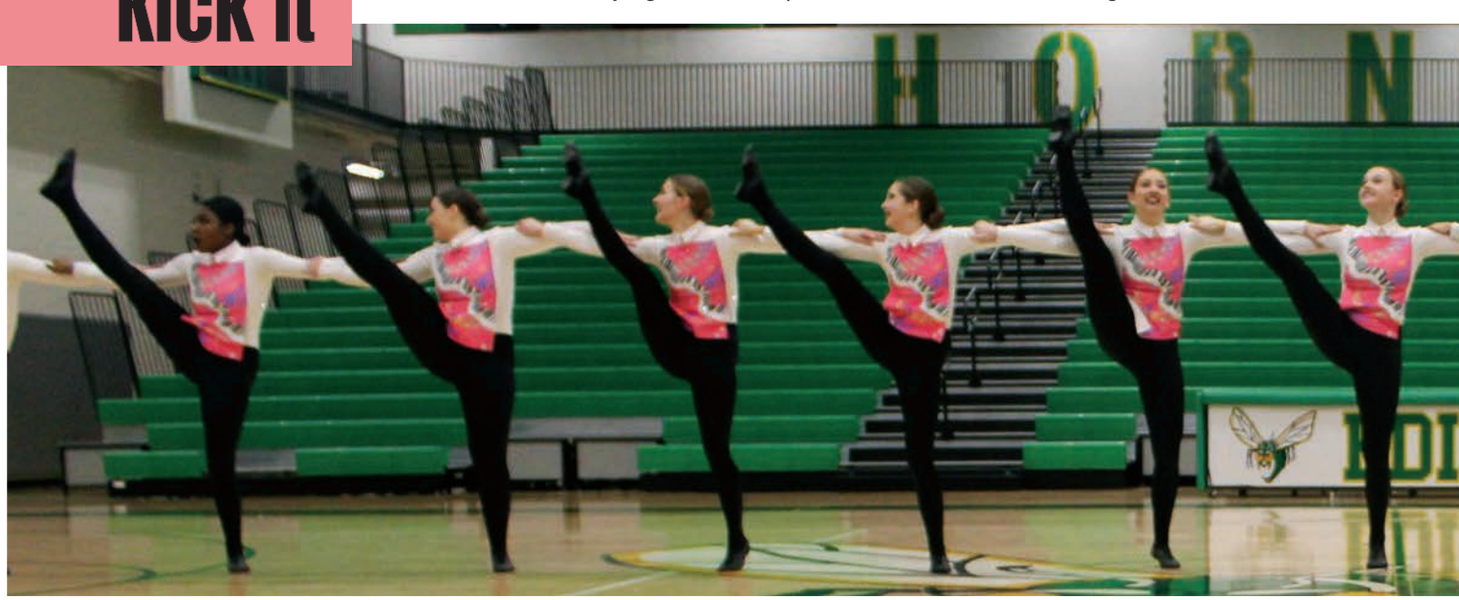
Captains Krueger ('21) and Windel ('21) look forward to pasta feeds at coach Jens house every year. They have been on the team for 5 years.

Alyssa Krueger ('21)
Ava Windel ('21)

This is the first year for the Knights Dance Team in the Lake Conference. They competed against previous state comptetors, Wayzata and Edina, along with the other four teams in the conference. Each and every girl poured their hearts out into this season. Make "IT" Happen was the team motto this year. As a team, this meant that they will be able to accomplish anything that they put their minds to. The team did not make it to state this year, but three of the dancers made it to the All-State Teams. Captain Brooke Hunsley ('20) was selected for the kick team. Captain Alyssa Krueger ('21) and dancer Kenna Vorgert ('21) were selected for the jazz team. This is Hunsley's second year being selected for the All-State Kick Team. This season was definitely a challenge, but the girls gave it their all and will be back even stronger next year.

Let's Kick It

This year the Knights Dance Team kicked off their first kick meet at Edina. Each girl danced their heart out and left it all on the floor. They took sixth place in the meet with a score of 334. The girs wowed the fans and the judges with their piano theme and costume change mid dance.



LEAP

KDT takes on the Lake Conference

Emma Mcalpine ('22)

BEAUTY GURU

Another program that a lot of the beauty gurus go to is Cosmetology. The students participate in training with hair, skin, and nail care. The students in the Cosmetology program learn new things every day. " I love meeting new people and learning new things," said Kassidy Winslow ('20). Winslow goes to Wright Tech for Cosmetology along with her twin sister Kellsey Winslow. Both sisters are at Wright Tech in order to get a job for Cosmetology in the near future. " I want to go to a beauty school either after highschool, or after college, and become an Esthetician," Winslow added

BOOK WORM

The students in Early Childhood have a lot of hands-on experiences on learning about childhood development. The students get to interact with children on a day-to-day basis learning and studying childhood behavior. " I love that Wright Tech gives me the opportunity to learn by combining both a classroom and hands-on experience into one course. I especially love in the Early Childhood program that I get to volunteer my time in a Head Start classroom," said Morgan Fischer.

Page sponsored by

arcas technology, inc

DOING THINGS THE WRIGHT WAY

Students get a head start to pursue their dream careers.

Chris Paul ('20) welding pieces of metal together.

The Wright Technological center is known for providing students with different career and technical program choices to meet their needs, skills and career interests. One course that a lot of students take is the welding technology program. Even though a lot of students take this course to prepare themselves for the real world, some students just take it for a hobby interest. Chris Paul is one of these students taking this course as a hobby interest. " I love learning how to blueprint and weld stuff," said Paul ('20).

In The Welding Program at Wright Tech, Scott Glewwe is the instructor for the class and gives us more insight on what welding is. "In the In this industry it is expected to have the skills to use the welding machines as well as the technology that they operate on, which these days is very advanced," said Glewwe. The welding machines have over 400 settings and up to 15 control parameters to adjust them more precisely. There are times where we rely on tried and true oxy-acetlyene systems and others where we utilize CNC plasma cutting equipment which is an automated machine to cut out beautiful designs and high volume products. "We strive to expose students to all aspects of the industry because you can never know enough," said Glewwe.
Page and story by Lauren Levens.

CANINE CLASSMATES. The student's attending Wright Tech did not expect to meet Isis (who is named after the Egyptian Goddess who heals children) and her adorable sister Rosie. These lovable pooches are therapy dogs who love to greet the students as they walk through the doors. "When I see them in the morning it just makes my day ten times better, and the happiness that they give off just makes everyone's day better I feel like," said Bella Heuanphommavong ('20).

"The biggest challenge of taking on my role is having to create a character who is a part of the Jewish religion because the Jewish people especially in the show they have always been persecuted since the very begginning of time."
- Nolan Montcalm ('21)

" The hardest challenge for me is trying to find gratitude and not thinking that it's enough for other people."
- Leo Krueger ('23)

" We were pretending to be in a bar drinking and talking to make the scene lively and exciting as it leads into *To Life*".
- Garrick Martin ('20).

" Shprintze is not alot like me, but I know she's very grounded in her religion and her family life and I am also very family oriented."
- Lauren Fantro ('22).

" What I love about being my character is being the bad guy for once I'm usually the good guy and I never get to play the bad guy parts, and I love the way that they get to act and scaring and showing that power that was used in Anatevka if it was a real place, but I just love playing a Russian Guard."
- Nate Weber ('23)

FIDDLER ON THE ROOF

Talley Delivers Strong Performace Staring As The Fiddler

After walking out of the Performing Arts Center, patrons were visibly touched by the humor and serious themes in this year's production of Fiddler on the Roof. The production is set in a little village of Anatevka, the story is centered on a poor milkman Tevye, and his five daughters. At the beginning of practicing Fiddler on the Roof, the cast had to portray the prejudice in the Jewish community of Anatevka. Throughout the show we see Tevye and the rest of the village trying to cope with the Russians hoping no more discrimination against their people would not continue. With the cast portraying this we get a glimpse of what life was like for Jewish Communities. Discrimination and Prejudice still exists in America today as well as a small community as our own. And even though this play is set in the 1900's, these themes are still being portrayed to today's way of life. Injustice and tradition are the two themes that the characters of the play struggle with the most. Tevye must decide whether his children are more important, or his traditions. The Fiddler is a character who represents his internal struggles and the changes of the village. **Tiffany Talley** who plays as the Fiddler said, "My character is a metaphorical being of the change of Anatevka, so whenever there is a change in the Jewish culture that's when I usually went on stage to represent that change happening," said Tiffany Talley ('20). The Fiddler also represents the internal struggle of Tevye's decisions. Tiffany Talley also said,"I'm basically a figment of Tevye's brain so whenever he thinks of those things he's allowing these things to happen within his family, so him and I are sort of connected almost. So sometimes I'm invisible to the people in the town and sometimes I'm not because I'm just a regular Musician, but I'm also in certain scenes visible to Tevye," said Tiffany Talley ('20). As the cast started practicing for the play more and more, the cast find themselves to be a bit overwhelmed keeping balance between acting and academics. Espescially for those who play big roles such as Tevye. **Josh Kainz** who plays Tevye said, "It's hard balancing school life academically and also being in the play and having lots of lines to memorize, but I think I've pretty much pulled it off," said Josh Kainz ('20). And he did pull it off with a stunning performance putting the audience in shock and amazement. *Published Story and Photos By Lauren Levens. Main Photo By Zahler Photography*

freshmen

Kassie McKeown

LUNGS

Riley Mavencamp

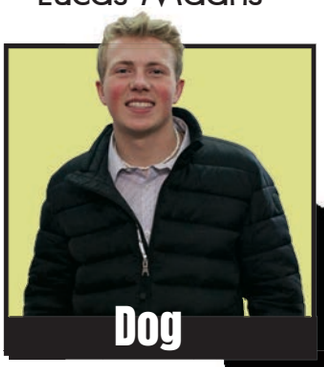
BUTTERFLY

juniors

Stephanie Joyce

Elephant

Lucas Maahs

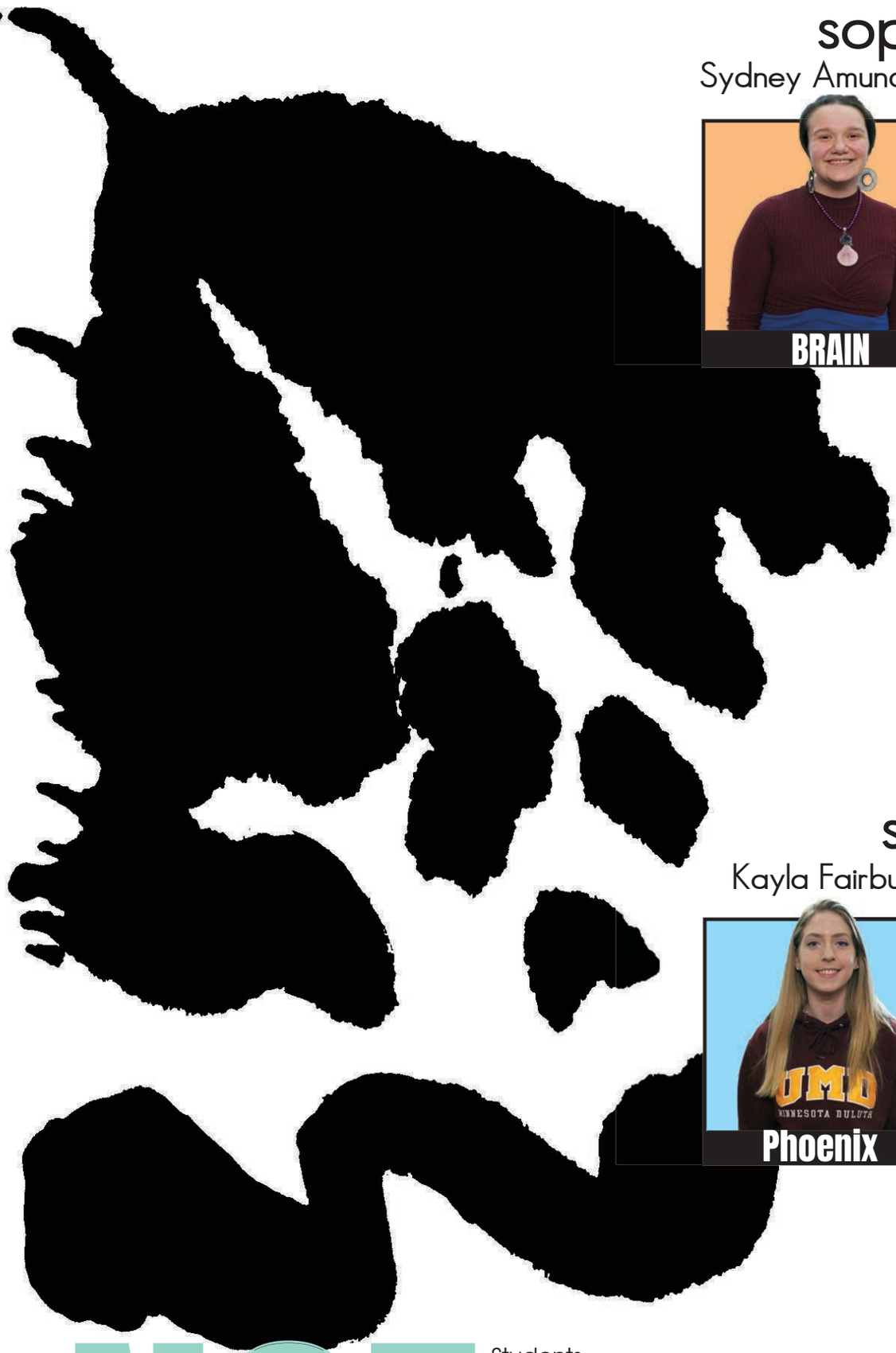


Dog

at first GLA

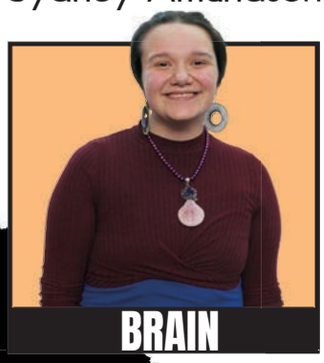
Page sponsored by

Andy's HOMETOWNE PIZZA



sophomores

Sydney Amundson



BRAIN

Jackson Collins

TWO BEARS

seniors

Kayla Fairburn

Phoenix

Blaine Johnson

Butterfly

NCE

Students participated in a Rorschach test by stating what they see in the image above.

Page Designed by Kylie Elert.

from beyond the Grave and onto the Stage

Actors and actresses reveal the extensive process of getting into character behind the scenes

9 ft tall

Sydney Rogers ('21) had a very tall order to fill when she received her role in STMA's production of *Fiddler on the Roof*, Sydney was given the task of walking on stilts for the **"Dream Scene".** Towering over everyone else when she had the stilts on, **Sydney measured out to be a 9'3" demon.** She was actually specifically picked for the role of the stilts walker demon because of her entertainment background. "My dad is a children's entertainer, so I've always been around that environment and I've always thought it was so interesting! I did a couple of camps that taught me the basics of things like trapeze, stilts, tightrope, juggling, and things like that" Sydney's special skill set opens up doors for her in the theatrical world, allowing her to obtain specific rolls like the demon. Director, **Joshua Mann,** gives a little bit of freedom to the actors/actresses to interpret each character in their own way. Since Sydney was the only one with experience on stilts, she got a little bit more freedom than others. But with freedom comes practice, even with her entertainment background. "While training with the choreography, it got difficult. I had to adapt to the dances to things within my ability, I couldn't turn, jump, or run like the people on the ground but it was fun to have a little bit more freedom with my character." Height changes the actions of a person, like the way a person walks and watches out for. Sydney explained how different it is being on stilts when on stage compared to when she was backstage.

"Being on stage was completely different than being in the green room, I didn't have to worry about hitting my head, and I was just really able to dive into my character."

The audience was amazed by Sydney's talent and interpretation of the very tall Grim Reaper look-alike.

the butcher's dear, darling, Departed wife

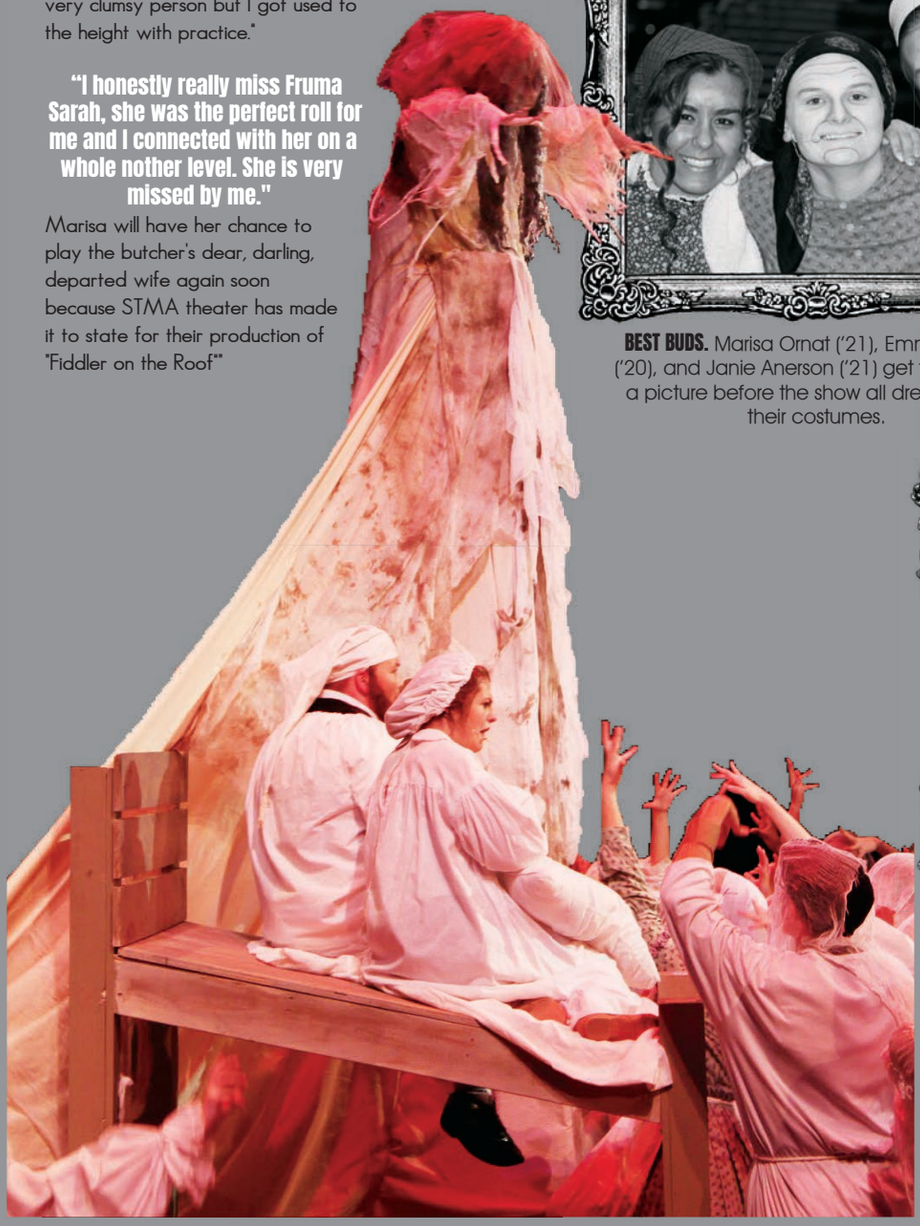
There was a scene in this years musical, *Fiddler on the Roof*, that looked like it came from a nightmare. It is known as the "**Dream Scene"** and is filled with the creepiest ghosts beyond imagine and **junior Marisa Ornat** was the star of the scary scene. Marisa played the infamous character "Fruma Sarah," where she had to dress in a costume that was terrifyingly amazing. The costume was only one part of her eerie look, her makeup was very "ghostly like" and competed the look. "The ghostly makeup took about 15 mins each show because we were in such a rush." Masisa had some help with her makeup from a fellow cast member, **Nolan Montcalm ('21),** who loved the character more than Marisa did. "Nolan was so excited I had gotten the part of Fruma Sarah, he loves this musical and it's his favorite character in the whole show." Marisa said Nolan would sprint from stage to the dressing room and yell "Get your butt in that chair!" just to get her "show ready" in time for the Dream Scene" The final part of her costume was a tall ladder covered in cheese cloth to give it the creepy look. Marisa had to climb to the top of the ladder every night and get rolled out onto the stage. "I was so worried about the tall ladder at first because I am a very clumsy person but I got used to the height with practice."

"I honestly really miss Fruma Sarah, she was the perfect roll for me and I connected with her on a whole nother level. She is very missed by me."

Marisa will have her chance to play the butcher's dear, darling, departed wife again soon because STMA theater has made it to state for their production of "Fiddler on the Roof"

BEST BUDS. Marisa Ornat ('21), Emma Erickon ('20), and Janie Anerson ('21) get together for a picture before the show all dressed up in their costumes.

SHOW READY. Josh Kainz ('20) poses with his fake beard on, ready to bring the part of Tevye to life.

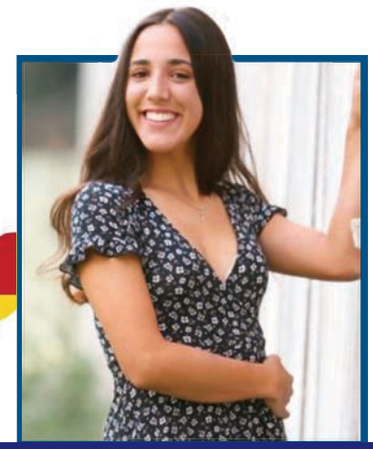


Picture Perfect. Garrik Martin ('20), Hannah Christman ('20), Presilyn Hanson ('20), Haley Roth ('22), and Kristy Lindenfelser ('22) huddle together for a picture in their village costumes and make up backstage.

around the WORLD

foreign exchange students at STMA

Spain



Claudia Cucart Ramos

Q: What is one thing that you think is unique about the US?
A: The US has pretty much the same things as we do in Spain, but bigger. You celebrate the same things, but make them even more special.

What is your FAVORITE FOOD that you've tried in the US?

Thanyaphon: **Cheeseburgers**

Claudia: **S'mores**

Bangpann: **Motzarella sticks**

Baiboon: **Chocolate cake**

 page by Jessica Immer

Thailand

Pabhaspong Yospol (Bangpann)

Q: What's the biggest difference between here and Thailand?
A: I'd say the weather. It is much colder here than there.

Baiboon Jantassi

Q: What's a new activity you are involved in here?
A: I joined BellaVoce Choir and Fiddler on the Roof musical

Thanyaphon Khwanngam

Q: What do you think of the weather in Minnesota?
A: It's very cold, but I love the snow falling!

B TEAM

VARSITY/JV

No	Name	Ht	Wt	Gr	Pos
1	Davis Moseng	5'9"	160	12	DB
2	Garrett Peterson	5'11"	160	12	DB
3	Samuel Caron	5'11"	140	11	WR
3	Jack Hulting	6'2"	170	11	WR
4	Boden Sperr	5'9"	180	12	LB
5	Jackson Newman	5'8"	170	11	LB
5	Kemry Stitch	5'10"	175	10	RB
6	Ben Fiedler	6'0"	195	12	DE
7	Kolby Gartner	6'2"	195	12	QB
7	Mason Maynard	6'1"	170	11	WR
8	Ty Songstad	6'0"	210	12	RB
9	Jack Denne	6'0"	180	11	LB/K
10	David Collins	5'8"	170	11	RB
11	Keagan Mann	6'3"	200	12	WR
12	Tyler Beckstrom	6'3"	175	11	WR
13	Brandon Langdok	5'10"	165	12	WR
14	Jordan Krupke	5'9"	160	12	DB
15	Ryan Supper	5'9"	145	11	WR
16	Grant Shipman	6'1"	160	11	WR
17	Jack Drobinski	6'1"	195	11	QB
18	Andrew Zattoni	5'10"	175	11	DL
19	Sam Sovis	6'0"	150	11	CB
20	Riley Purcell	5'11"	150	10	WR/K
20	Opie Johnson	5'7"	140	11	RB
21	Nick Eicher	5'8"	160	12	RB
22	Jacob Larson	5'6"	140	11	RB
23	Eric Fouquette	5'11"	160	11	LB
23	Jake Springer	5'9"	165	10	LB
24	Ian Barthel	5'9"	145	11	DB
25	Dameon Simmons	5'8"	145	11	DB
26	Jacob Dinkel	5'8	145	11	DB
27	Brendon Gorynski	6'0"	210	12	RB/DE
28	Boston Merila	5'10"	185	12	LB
28	Reven Simat	6'1"	165	10	LB
30	Evan Bright	5'6"	150	12	RB
31	Harley Bauer	5'8"	150	11	RB
32	Ben Huberty	5'8"	150	11	DB
33	Max Meilahn	5'11"	170	11	RB
34	Tyler Wolkerstorfer	5'11"	185	12	LB
35	Noah Ness	5'8"	175	12	LB
36	Owen Vike	6'1"	175	11	DB
37	Tyler Yantes	5'11"	180	12	LB
38	Titus Johnson	6'2'	190	10	LB
39	Reynold Hamann	5'9"	165	11	DB
40	Max Keefer	5'11"	170	10	LB
41	Harrison Wright	5'11"	200	12	LB
42	Luke Johnson	6'5"	200	11	DE
43	Kale Hoselton	6'4"	200	12	WR/DB
45	Ryan Buhl	5'8"	160	11	LB
46	Jarrett Bennett	5'10"	160	10	CB
50	Tommy Schaupp	5'11"	175	11	DE
52	Marcus Mueller	5'11"	205	10	DE
54	Ian McEachran	5'10"	160	11	LB
57	Tanner Kemp	6'4"	195	11	OL
58	Justin Anderson	5'8	230	11	DL
61	Sam Peterson	5'10	155	11	DL
64	Porter O'Brien	6'3"	230	11	OL
65	Cole Erickson	6'0"	230	12	OL
66	Andrew Nietfeld	6'0"	250	12	OL
67	Noah Simon	5'9"	245	11	OL
68	Alex Markgraf	5'11"	245	10	OL
70	Cole Torkelson	6'2"	265	12	OL/DL
71	Luke Browning	6'2"	270	12	OL
72	Leo Peterson	6'2"	240	12	OL/DL
73	Everett Sunvold	6'1"	250	11	OL/DL
74	Owen Barthel	6'3"	225	10	OL
76	Chase Olson	6'2"	186	12	OL
77	Xavier Peltoma	6'1"	255	10	OL
79	Christopher Weidenbach	6'1"	195	11	DL
80	Nick Seurer	6'3"	191	12	TE
81	Isaiah Johnson	6'0"	205	12	DE
82	Thomas Litwiller	6'0"	170	12	WR
83	Morgan Culhane	6'5"	205	12	WR
84	Ryan Kucera	6'0"	150	11	WR
85	Michael Malkowiak	5'11"	165	12	WR
86	Henry Russell	6'2"	155	11	WR
87	Chuck Wagner	6'5"	235	11	TE
89	Derek Zahler	6'5"	185	11	TE/WR
90	Caleb Warren	6'2"	250	11	DL/RB
91	Nathan Lee	6'3"	170	11	DE
92	Wyatt Craft	6'0"	240	12	DL
93	Brooks O'Brien	6'2"	205	10	TE

Boys' Cross Country

Row 1: Abram Benker, Tom Bezanson, Jonathan Mapanao, Brady DuPaul, Gavin Gutzwiller, Adam Herbst, Bobby Cilke, Luke James, Zak Wise, Austin Hansen, Evan Warner, Hayden Hodge. **Row 2:** Aidan Sevenson, Caleb Reames, Jonah Lyke, Jacob Vagts, Aiden Peters, Mitch Meilahn, Caden Nordberg, Will Sarkinen, Finn Kastner, Joey Driver, Martin Skare, Lincoln Moehn, Tyler Zenga, Joe Torgesen. **Row 3:** Coach Dennis Kucera, Coach Jesse Hackenmueller, Jackson Collins, Elijah Muhammed, Holden Bursey, Alex McAloon, James Lyke, Calvin Bromley, Kyle Swenson, Eli Potts, Jack Davies, Devin Goede, Leyton Punton, Head Coach Gregg Greeno. **Row 4:** Owen VanDeRiet, Ethan Helm, John Hartnett, Kyle Mialkowski, Chris Nygard, Nick Dewey, Zach Dupay, Grant Bong, Logan Femrite, Sam Monseth, Zach Lanners, Nathan Pederson, Davis Krueger. **Row 5:** Trevor Loebertmann, Carter Wurst, Teagan Klepsa-Orrey, Sam Dierberger, Cole Davies, Leo Leuer, Owen Petersen, Cam Belair, Gavin Fredrichs, Gavin Larsen, Gavin Velander, Seth Ruberto.

Girls' Cross Country

Row 1: Drew Bushard, Rosella Stewart, Taylor Myhrer, Jamie Lee, Ella Herbst, Julia Ripplinger, Faith Ramsay, Maria Sylvester. **Row 2:** Megan Rowe, Taylor Ripplinger, Leah Taszarek, Missy Papp, Caylyn Kobilka, Jordan Mlsna, Lydia Peterson, Karlee Brannan, Claudia Cucart **Row 3:** Avery O'Rourke, Becca Immer, Emma Windingland, Ashlyn McClintock, Katie Sigerud, Paige McAloon, Anna Belair, Ali Weimer, Jessica Immer. **Row 4:** Claire Sunsten, Katie Bakker, Ella Shultz, Alycia Haus, Rose Kunzman, Brinna Koivisto, Natalie Cocking, Lydia Lamey, Mary Herbst. **Row 5:** Sydney Aandal, Sarah Antoine, Cailey Aandal, Hannah Christman, Emma Thorp, Lukanu Banzeba, Holly Christman, Hannah Greeno, Abby Anderson

Girls' Varsity Soccer

Row 1: Rheana Zerna, Samantha Och, Bridget Johnson, Gabrielle Madore, Alexis Phillips, Liana Carriker, Maddie Gaulrapp. **Row 2:** Mackenzie Bergen, Erin Hamilton, Emma Strait, Olivia Peal, Chloe Steinke, Abby Buckmeier, Meriel Orham. **Row 3:** Coach Leland, Chloe Jensen, Amanda Rokala, Taylor Beeler, Rachel Sustacek, Taylor Dixon, Zaya Esterberg, Coach Johnson.

Girls' JV Soccer

Row 1: Paige Kruger, Hannah Hoglund, Makayla Gruidl. **Row 2:** Cora Williams, Emily Zattoni, Grace Christensen, Hannah Kvant, Chloe Finnerty, Maddie Iverson. **Row 3:** Coach McCauley, Kaitlin Braun, Niki Braun, Jenna Johnson, Casey Fredrickson, Ava Zoellmer, Sophia Femrite.

Girls' B-Squad Soccer

Row 1: Megan McDowell, Carly Lanners, Emily Brown, Juulia Weigle, Addison O'Rourke. **Row 2:** Eleanor Thompson-Witt, Ava Lenneman, Brianna Bergen, Janelle Sylvester, Sydney Petersen, Brenna Milless, Lauren Couture. **Row 3:** Coach Downing, Gabrielle Cramer, Brooklyn Dixon, Raelin Sustacek, Emma Duerr, Adalyn Pederson, Isabel Moormann, Samantha Matheson.

Girls' 9A Soccer Team

Row 1: Julia Dupay, Madison Rankin, Erin McDowell, Chloe Davis. **Row 2:** Gracie Crowell, Ani Ringate, Taylor Jeffery, Josie VanKuyk, Emily Muyale, Kaitlin Christensen. **Row 3:** Coach Henrickson, Edie Nelson, Ashlyn Marble, Maggie Lindeman, Jaydn Weiser, Mackenzie Berg, Paige Butler. Not pictured: Ava Schendt.

Girls' Varsity Volleyball

Row 1: Megan Kruschke, Mckenzie Mills, Samantha Palmer.
Row 2: Mya Krystosek, Mckenzie Kelly, Mikala Henderson, Sophie Fritz, Paige Holm, Cynphany Henderson.
Row 3: Head Coach Tammy Cornillez, Coach Paige Nelles, Coach Catherine Hermes, GK LeMonds, Olivia Carel, Kailey Glunz, Emma VanHeel, Coach KP (Kelly Peniata), Manager Tyren Cornillez

Girls' JV Volleyball

Row 1: Faith Valen, Maddie Hanson, Paige Lehrman, Paige Holm, Khulyn Johnson. **Row 2:** Emma Hansen,Julia Intreri, Bailey Kelly, Elizabeth Frelich, Madi Gartner, Khendal Johnson

Girls' Volleyball B-Squad

Row 1: Coach Sara Krogh, Talimai Cornillez, Paige Jernberg, Kaelee Lindgren, Brenna Hamann, Ashley Kuehn, Brooke Mattson, Julia Wagner, Avery Kaliszewski, Olivia Brill, Ella Shonka, Hali Kamara, Lauren Ek

Girls' 9A Volleyball

Row 1: Coach Melia Cotter, Natalie Alwin, Brynn Leshovsky, Alaina Thompson, Ellie Klym, Molly Rhuland, Kiah Kelly, Gabby Thompson, and Lauren Pouliot. Not pictured: Tessa Johnson.

Girls' 9B Volleyball

Row 1: Coach Kristi Metcalf, Kassie McKeown, Kyla Smith, Jessica Lee, Jocelyn Kutz, Emily Olin, McKenna Maus, Samantha Gagne, Mikaylee Dickie, Praise Hanson, Kiley Mundahl.

Tennis

Row 1: Emma Duncombe, Ady Murkins, Megan Kurth, Anika Rogers, Ellie Hunsley, Jazlin Olsen, Alyssa Faust, Hilary Bursch, Anna Reiter. **Row 2:** Emily Watts, Olivia Henry, Erin Jensen, Mia Ryan, Lauren Ek, Megan Copeland, Lilly Gillespie, Madelyn Lundeen, Ashlynn Badenoch, Kallie Lehmann. **Row 3:** Coach Mashuga, Sydney Rogers, Cameron Libby, Maddy Sawyer, Jordan Pufahl, Kendall Petersen, Sophia Juntunen, Payton Lee, Kaytlin Zack, Gracelyn Riedel, Cecilia Sipple, Morgan Casey. **Row 4:** Kyra Purrier, Brinna Martin, Mya Decker, Hailey Enos, Olivia Aylor, Olivia Schepers, Ella Gigstead, Lynzi Emery, Anna LaRose, Tiffany Bounnakhom. **Row 5:** Abby Cornell, Tatum Birr, Miriama Honzl, Lily Tennyson, Bella Youngberg.

VARSITY FOOTBALL CHEERLEADERS

Row 1 (L to R): Evie Kastner, Kendyl Burg, Brittney Harris, Ashley Cushman, Antoria Glass, Gabby Haines, Emma Gordley, Allie Lombardi.
Row 2 (L to R): Maddy Petranek, Kaylee Schumacher, Savannah Supper, Alicia Vosberg, Lexi Kemmetmueller, Coach Becky Stephens, Felicia Lutz, Ella Zanetti, Avery Jackson, Emily Thell, Kylee Formo.

BOYS' VARSITY SOCCER

ROW 1: Adam Buckmeier, Tom Butkowski, Griffin Roberts, Alex Krumenauer, Jack Lezalla, Cole Johnson, and Dominic Pizano. **ROW 2:** Oscar Peraza, Dylan Maulik, Eric Affi, Dylan Anderson, Ben Loch, Jack Batchelor, Tyler Jordan, Owen Lindstrom. **ROW 3:** Coach Tomás Rodriguez, Ben Lefebvre, Aidan Badenoch, Drake Siens, Zach Hepper, Carter Wise, Coach Tyler Hett.

BOYS' JV SOCCER

ROW 1: Max Busch, Joe Spitalnick, Evan Sherk, Matt Andrews, Gavin Smeltzer. **ROW 2:** Riley Rohrer, Adam Kvant, Dylan Ortiz, Gus England, Sam Patton. **ROW 3:** Carston O'Connor, Ethan Geray, Coach Tyler Hett, Gabe Hjelle, Logan Kunz.

VARSITY SOCCER CHEERLEADERS

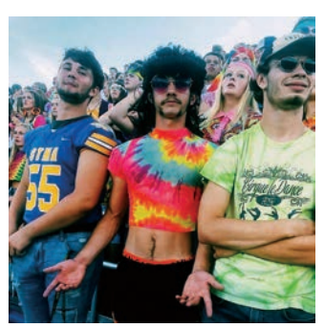
Row 1 (L to R): Sky Westling, McKenzie Clark, Hanna Hynes, Olivia Correll.
Row 2 (L to R): Emily Obermaier, Caitlynn Bock, Caitlin Pederson, Angelika Mehes.
Row 3 (L to R): Coach Becky Stephens, Victoria Hayward, Kylie Renner, Abigail Dolan, Molly Hanke.

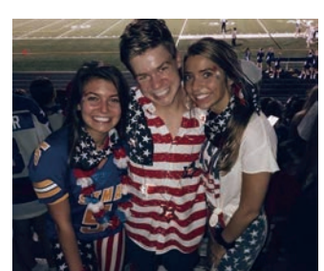
BOYS' B-Squad SOCCER

ROW 1: Nathan Schwartz, Weston Pink, Jack Braegelman, Riley Roberts, Ben Harken, Nathan Talley. **ROW 2:** Alex Johnson, Max McAlpine , Robert Madore, Jack Ingleman, Ryan Ingleman, Dylan Balken. **ROW 3:** Hayden Kuiper, Andrew Bot, Coach Fransisco 'Paco' Durrity, Ryan Smith, Jake Bakke.

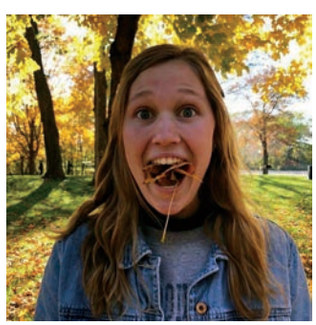
BOYS' 9TH GRADE SOCCER

ROW 1: Tyler LaFond, Sam Drake, Carson Popelka, Jake Krumenauer. **ROW 2:** Coach Barbara Araujo, Evan Thiner, Taten Harrison, Ebba Habib, Donivan Rieners. **ROW 3:** Jamal Barfour, Andrew Butkowski, Theron Petersen, Mackenzie Amko.





FALL MOMENTS



"If I could relive one moment of my hockey career, I would choose the section final against Brainerd. With two minutes left of the game we were down 2-3, and my line was fighting to put the puclk in the net. Although we lost 3-2, I'll never forget the energy of the game."

-Chloe Finnerty ('22)

PUSH BACK. STMA girls' hockey defender, Chloe Finnerty, shows off her Riverhawk colors. *Photo by Mia Rooker. Page designed by Mia Rooker.*

WINTER

Meet the Crew

Cora Benker ('20)

Jack Martin ('21)

Mya Fryckman ('22)

The KBNG team describes all of the different elements to create a sucessful broadcast

WE ARE KBNG

KBNG has many more elements to it than what you see on the screens every day. **KBNG** also makes short comedy clips and PSA's that are occasionally included in the beginning or end of a broadcast. They are made to either get their grade in the class or they make them for **fun**. KBNG has a **unique environment** compared to most classes. **Chris Pederson** ('21), featured to the right who is primarily an actor in short films and an anchor in the news, stated "**The freedom to make whatever I want without being judged**, that's one of the best parts of KBNG." **Cora Benker** '20 is mainly the stage manager for the broadcast. She said, "I joined this class and **I developed a passion for broadcasting**, like anchoring and the behind the scenes. It even helped me make my choice for college because they had a broadcasting club." KBNG has many different elements to it, you have anchors who tell you the news. There is someone who runs audio. There is a stage manager who watches over the broadcast. As well as other elements that bring the broadcast together. **Jack Martin** ('21) stated, "**KBNG is split into two main departments, the broadcasting department and the video creation department**. The broadcasting department is a department that creates the news. It is made up of the people who run the teleprompter, audio, make the script, the anchors, as well as other elements. The Video production department are the people who film side videos with recording editing editing scripts and acting. **Both elements are needed to make KBNG the dynamic class that it is**" as well as **Mya Fryckman** ('22) who mainly works with the teleprompter which is what shows the different cameras and what they see said "I like the environment of working in the control room. **The process behind making the news and seeing it all come together is spectacular**" KBNG is a very diverse class and has many different working parts to make a complete fully functioning broadcast happen.

The Splaash

Diving into the process of making the show

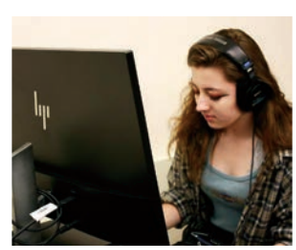
3... 2... 1...

GETTING READY. Testing video for quality before broadcast while Chris Pederson ('21) and Sam Dierberger ('20) wait for the signal to start.

"The Splaash" is a spinoff series of "The Phlaash" that premiered last year. **Noah Anderson** ('21) who played Aqua-lad, stated, "The Splaash is a way to show what we are capable of. What can be done with the software we have and the cameras that we have and with the **hundreds of hours of work that we put into the program each year**." **Jude Adams** ('21), main producer, stated "The Splaash is written by Jack Martin and me. I also direct the show, as well as being director of shot, this meaning I will set up the scene exactly how I need it for the shot. **I am the editor of The Splaash so I will edit the shots down and cut out bloopers.**" **Sam Dierberger** ('20), plays the main antagonist, "I was first approached back in September of 2019 when Jude came up to me about this idea and he needed the main antagonist for the spiritual sequel of The Phlaash. We were researching relatively unknown super-villains. One that came up was Angle-Man. We wanted someone who was ordered compared to chaotic character of The. **I thought the philosophical differences between the two characters were very dynamic and then was instantly attached to the project.**"

What's New?

20 STUDIO-QUALITY HEADPHONES	PROFESSIONAL MICROPHONES 20
1 COMPLETELY NEW ON AIR SIGN	CUSTOM-MADE COMPUTERS 20



Emily Thell ('22) stated, "The computers allow us to have fast editing as well as hear our audio well."

Jack Martin ('21) stated, "It's alot easier to have newer and faster equiptment for creating and editing the videos we make."

Albertville and St. Michael Royalty

around...

35 Parades

45 Royalty related events

35 Volunteer events

What is it like being royalty?

Royalty is a very special program that has given me so many amzing opportunities to serve our communities to serve our community, There is nothing quite like the feeling you get when you're able to make a little girl or boys day. **- Abby Anderson ('20)**

A service based program taht has given me oppportunities to represent myself and my community in a positive way. **- Olivia Peltz ('20)**

While being a royal gives you a beautiful crown and fancy dresses, it also has given me the chance to be role model to young girls and be able to meet many people in differnt communities. **- Gretta Becker (20)**

Royalty to me is an opportunity to not only represent and learn about our own community but also to connect with and meet peopleof out other nearby communites. Its a chance to expand your horizons and get to know so many amzing people. **- Cora Benker (20)**

Royalty had been one of the greatest experiences of my life.The connections I have been able to make not only in our community but with wonderful women from other communities through this program I will carry with me for the rest of my life. **- Kallyn Amundson (20)**

Introducing your 2019-2020 royalty...

Albertville Princess
Gretta Becker

Albertville Princess
Olivia Peltz

Miss Albertville
Kaylln Amundson

Miss St. Michael
Abby Anderson

St. Michael Princess
Rachel Kasper

St. Michael Princess
Cora Benker

Memories throughout the year

MORE THAN AN ACTIVITY

Gabby Fritz('21)

"Mock Trial is more than just an extracurricular activity because it ***creates bonds and knowledge that last a lifetime***," - **Callie Nordberg ('20).** Mock trial is an Extracurricular activity that has practices on Mondays, Tuesdays, and Thursdays. A mock trial is an act or imitation trial, or as student **Grace Harlan ('20)** explains, "We basically pretend to be a part of a court case. We practice for months, reading our cases and ***working with real-life attorneys*** so we can compete against schools doing the same. It's stressful, but it's so worth it!" Mock Trial is just like any other activity when it comes to pre-tournament nerves, "I always get nervous, always. However, ***stress typically pushes me to try harder***. I usually just drink some water and pass a post-it note to my co-counsel," - **Becca Kosey ('22).** Although the mock trial team may not always agree on everything one thing everyone is in agreement in is how mock trial is more than a team, it's a family. "My favorite thing about the mock trial team is the opportunity of friendships that you get to create," - **Chloe Benson ('21).** Mock trial has taught everyone in it some way to improve themselves whether that be public speaking, having more in-depth knowledge about the law, or how to work as a team. **Callie Nordberg ('20)**," It helps so much with public speaking skills It's such a good skill to have for the future and you really learn how to deliver presentations as well as get over the ***fear*** of talking in front of people." There is no doubt that there is an abundance of things to be learned from Mock Trial, but one important thing mock trial has taught student **Becca Kosey ('22)** to always remember is too, "Be confident. ***You are a lot smarter than you think you are***."

Attorney captain: Callie Nordberg ('20)

Left to right
Adam Buckmeier('21)
Luis Antonio behling('22)
Grace Harlan ('20)

Page designed by Lauren Levens and Nora Al-Mutawa

DON'T ARRIVE UNPREPARED

Trinity Hanif('21)

Tyler Olson('22)

Debate is a form of competition that involves discussing a topic. Students who compete in the Debate team get to pick the topics they would like to talk about and debate with their opponents. " The topic I like doing is Lincoln Douglas because the topics provided to debate are topics that are becoming points of debate in the real world. It also gives me the opportunity to grow as a speaker." - Tyler Olson ('22). Debate sets apart from many activities that students participate in. "One of the things that makes debate unique is how you end up making so many other personal connections with your team in ways that things like sports can't, and we are able to have a variety of talents in which you won't be cut from the team like you might be in sports if you weren't super great at first. "There's always room to improve and you can always find acceptance to rant about politics or other things in debate."- Talia Sorenson ('23). Although the Debate team enjoys being with their teammates most of them enjoy the thrill of being ahead of their opponents and finding loopholes in their argument. "Finding holes in your opponent's argument and pointing every one of them. It's even better when you stack every flaw on top of each other for a bigger impact," - Bill Vaj Hmoob ('23). Debate pushes students to be open thinkers and to broaden their ways of thinking, Student Casey Moon ('22) explains, " Engaging with new ideas and ways of thinking about things." Although debate is very personal in how you do things one thing all debate members can agree on is how amazing, "The team and everyone's improvements over the years." - Raelyn Hastings ('21) have been.

Far Left
Raelyn Hastings ('21)
Trinity Hanif ('22)
Far Right
Tarek Alduri('20)
Benjamin Vajhmoob ('23)

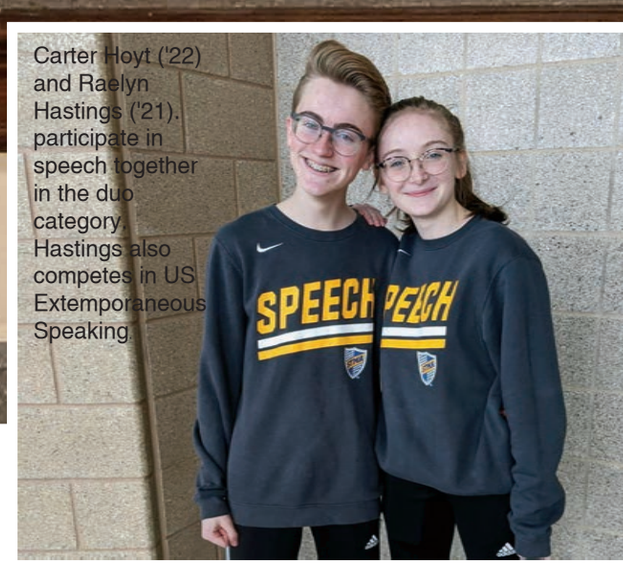
BEAT THE CLOCK

Speech brings home hardware from Duluth tournament

The speech team made their annual trip to Duluth in order to compete. During the Duluth tournament, the team members made some of their best memories outside of the speech competition. Some of the best memories came from the three hour bus ride, the overnight stay at the hotel, and eating dinner at Grandma's Saloon and Grill. Members of the speech team spent their time on the bus in many different ways. Some of the speechers slept, some listened to music, and others played games with other members of the speech team. While staying in the hotel the speechers are assigned rooms, but most of them spend the most time in the hotel lobby with the other members of the team. The lobby was filled with speechers practicing for the tournament ahead. Others chated about different topics and others played card games. The speech team took home 15 awards in total including double finalists, **Lillian Abrecht ('20)** who took home a 1st place award in Extemperaneous Speaking and a 2nd place award in Great Speeches and **Cobin Szymanski ('21)** who took 2nd in Extemperaneous Speaking and 3rd in Original Oratory. For the team as a whole the speech team took home a 4th place trophy. *Story and page designed by Kylie Elert. Photos by Ms. Vander Heiden and Kylie Elert.*

SCRUNCH TIME

WARM UP. Ryan Davis ('20) stretches her facial muscles with the rest of the speechers during team warm ups. Speechers need to make big, exaggerated facial expressions when they speak. This exercise is also a mental warm up to remind participants to make their face expressive when they compete.



Carter Hoyt ('22) and Raelyn Hastings ('21), participate in speech together in the duo category. Hastings also competes in US Extemporaneous Speaking.

Speechers celebrate all of the awards they won after competing in the highly competitive Duluth speech.

Garrik Martin ('20) and Abby Karker ('21) stick together when they are performing, each of them having their main focus as duo.

Alex Boltz ('23) and Casey Moon ('22) perform together in duo, but compete against each other in the discussion category.

DRAMATIC DUOS

THE TIME IS NOW

The Hawks defeat top five team after being defeated earlier in the season.

Huge Lake Conference Win! Having switched conferences this year, the Riverhawks were faced with a huge challenege. Early in the season, they faced the Minnetonka Skippers at home. It was a close game but unfortunately, the Hawks ended up falling short 4-3 in overtime. This loss made the Hawks work extremely hard the rest of the season. About a month later, they got a rematch against the Skippers. This time, in their barn. Minnetonka finished the first period scoring to take to lead 1-0, but the Hawks didn't back down. Later in the second period, the Hawks tied it up. The score going into the third period was 1-1. The third period was pretty even until Sophmore **Sydney Petersen** put one in the back of the net leading the Riverhawks to their victory. Petersen said, "It was an unexpected goal. There was a high shot and the goalie failed to catch it. She dropped the puck on the right side of the net and I slammed it into the net to score." Being the underdogs did not stop them from giving it their all and rewarding the hawks with the win. "Our girls went out and played their hearts out. They were strong in all zones of the ice that night and every player was playing their best. We wanted to go 500 in the Lake Conference and with that win we were 6-6," **Coach McCauley** said. This was one of the Hawks 17 victories this season. They finished the season with a record of 17 wins, 9 loses and 1 tie. Facing the challange of swithing conferences and sections this year only pushed this team to their full potential. *Story and page designed by Kenzie Bourgerie. Photos by Brianna Burnham, Jared Hines, and Anna Lindemann.*

GOALS:12 ASSISTS:14
FORWARD

GOALS:22 ASSISTS:23
FORWARD

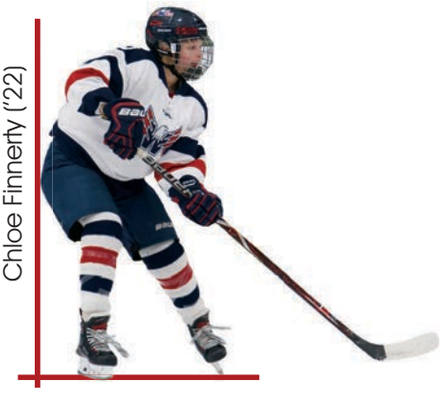
GOALS: 4 ASSISTS: 15
DEFENSE

SV%: .927 WINS: 17
GOALIE

FORWARD
Lilly Gilespe ('23)

DEFENSE
Jenna Kyono ('22)

DEFENSE
Chloe Finnerty ('22)



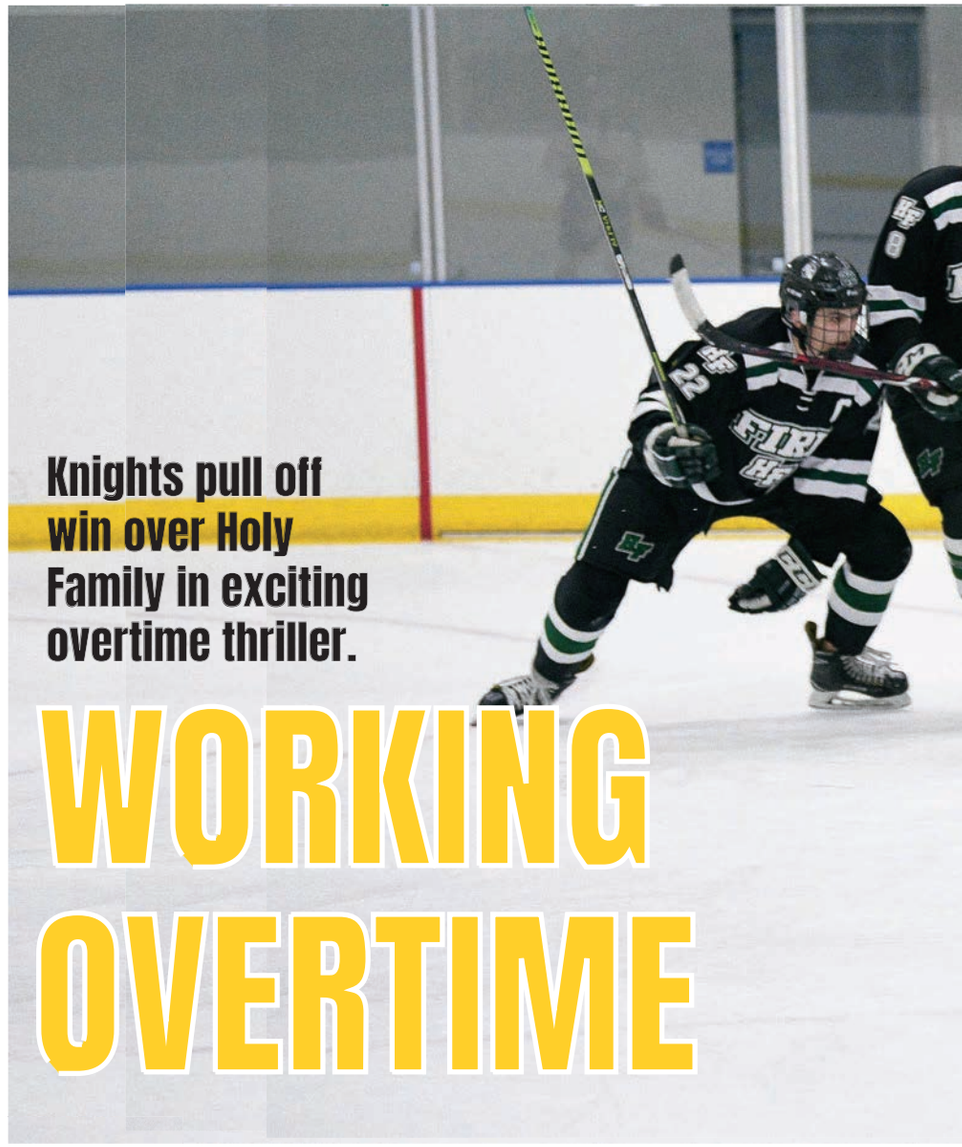
FIRST GRADUATING CLASS. Coach McCauley has been coaching the Riverhawks for the past five years. Her first year she started as an assistant to Coach Johnson. Once Johnson decided to step down as head coach, McCauley saw her chance. She has always known she wanted to be a coach ever since she was a kid. "This first graduating class is special to me. These girls were freshmen when I took over the program and now I am watching them graduate. They were an amazing group to coach and watch grow. They have helped develop a culture of togetherness and determination. It will be hard to see the class go."

RECOGNIZING GREATNESS

Senior captain Mackenzie Bourgerie was nominated as a Ms. Hockey semifinalist. This is an award given to the the top 10 best senior hockey players in Minnesota. Bourgerie explains her excietment: " I am so honored to be nominated as a semifinalist, being named a top 10 player is a dream come true because there are so many amazing players in this state."

Anna LaRose has been awarded the honor to not only be a finalist but became senior goalie of the year. This award is voted on by the Minnesota Coaches Association. Ten seniors are chosen to be nominated and from there they pick the five finialists and finally one winner. LaRose states, "Getting senior goalie of the year is such a great honor. To have my name along with goalies who have won it in the past is so speciaal to me. Without my teammates and coaches I would be nowhere. I am so blessed the state of Minnesota has recognized all of the hard work that I have put in to be the best I can be."

The boys hockey team fought a tough battle against the Holy Family Fire. In this exciting game, the Knights came out with three quick goals, with one from Senior Adam Flammang, and two from fellow Senior Luc Laylin. Within the next five minutes of the first period, the HF Fire responded with five goals, all on even strength. In the second period, the Knights pushed through with two goals, one coming from Junior Nick Lamere, "It was a huge adrenaline rush and it was so exciting because of how we turned the game around. I was really happy to get that goal because it got the team going again in the second period". Five minutes into the third period, JP Johnson put one in the net. With the Knights still trailing by one goal, Flammang was doing everything he could to tie it up, "It came down to the last minute of the game and we were in their zone. There was a scrum in front of the net, I shot the puck, it hit their defensemen, and it went in". The Knights tied the game 6-6 with one second left. Two minutes into overtime play, Senior Cody Kelly, found the back of the net and ended the game for the Knights."I was trying to do everything I could to help out the team and I just happened to be in the right place at the right time". The Knights finished off their season with 12 wins and 10 losses. *Spread by Julia Walters.*



Knights pull off win over Holy Family in exciting overtime thriller.

WORKING OVERTIME

-LOCH-IT-UP-

MN Hockey Hub Perfomer of the Week: January 20-25

49 GAMES PLAYED

768 SAVED GOALS

0.88 SAVE PERCENTAGE

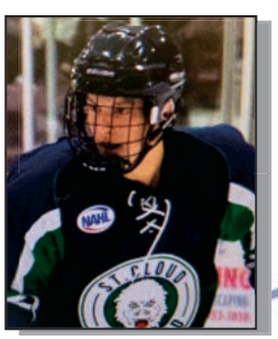
EYES ON THE PRIZE

Sophomore forward, JP Johnson scores in the third period against Holy Family, "It was a really thrilling game. It was only my third varsity game, and scoring in such a nerve-wracking game was exhilerating". *Photo by Brianna Burnham.*

NEVER GIVE UP

"It was really good for us to come back and win that game. It showed what we were capable of", says senior forward, Jake Roos. *Photo by Brianna Burnham.*

Senior Captain, Cody Kelly, crashes in towards the net and scores the game winning goal against Holy Family. The Knights won 7-6 in overtime.
Photo by Brianna Burnham.



St. Cloud Blizzard

Adam Flammang '20
Wing

St. Cloud Blizzard

Conner Couet '20
Defense

Minnesota Magicians

Luc Laylin '20
Center

The North American Hockey League is one of the best junior hockey leagues in the US. It is Tier 2 and acts as an alternative to the Tier 1 United States Hockey League (USHL). Seniors Adam Flammang, Conner Couet, and Luc Laylin were all drafted by NAHL teams.

OUTSIDE ICE TIME

"For me, it was just a lot faster pace, bigger guys, and you really had to play well every night or else you'd find yourself sitting in the stands," said Blizzard winger, **Adam Flammang.**

"I really liked how the NAHL felt more professional, and you are treated like a pro. Whatever you need, they would have someone there to get it for you," said Blizzard defenseman, **Conner Couet.**

"I went on a trip to Alaska, and I had a lot of fun bonding with the boys. There were really great crowds up there. It was overall a really great time," explained Magicians centerman, **Luc Laylin**.

make EVERY second count

Knights comeback to win section quarterfinal in last seconds of double overtime

While in a new conference, with tougher competition, the boys' basketball team focused on the same goals: work hard, improve skills, and play good basketball. Although the goals were simple, they motivated the players throughout the season. The team was faced with tougher games during the season, which resulted in some disappointing losses. Even during a nine game losing streak, the team did not let the losses defeat them. They came back to each game and made every second count. The team chose to work hard every second of every game no matter what.

On March 2, in upset against Rogers, the team excuted their goals and made every second of the game count. In the section quarterfinal game, the boys' basketball team won the game in double overtime with a score of 75-73. **Jack Carroll** ('20) dominated the score board with a team high of 19 points, followed by **Evan Wieker** with 17 points. **Jack Hulting**, not only scored 11 points for the team, but also scored the game winning three-pointer with 9 seconds left in double overtime.

" During the game, I try to stay engaged and block out all other distractions "

Evan Wieker ('20)

After the game, Hulting said, "It felt good to beat a team that was seeded higher than us, especially when it's a team rival like Rogers." Head Coach Johnson's game plan for the team going into the second overtime was to keep competeting and fighting. Johnson said, "We wanted to string together a few defensive stops to give ourselves an oppurtunity on the offensive side. Our team came through in the end." The win from this game gave the team a huge boost of confidence going into next section semifinal game.

Page by Jessica Immer and Olivia Peltz. Photos by Brianna Burnham.

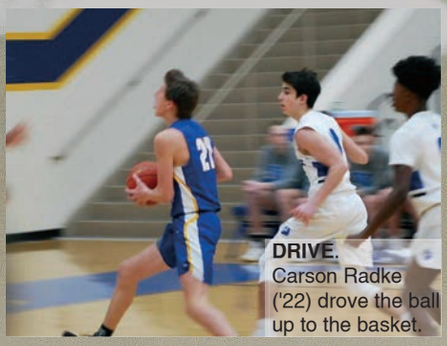
2020 SENIORS

Photos by Zahler Photography

#20 Mo Culhane | #15 Boston Merila | #32 Kale Hoselton | #33 Jack Carroll | #11 Joey Miller | #22 Colton Christopherson

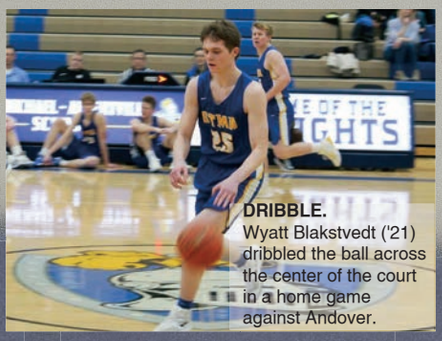
stay focused

Mo Culhane ('20) shoots a free throw in an away game against Hopkins.



DRIVE. Carson Radke ('22) drove the ball up to the basket.

FOCUS. Nick Olsen ('20) focused and looked ahead to pass the ball to a teammate.



DRIBBLE. Wyatt Blakstvedt ('21) dribbled the ball across the center of the court in a home game against Andover.

player NICKNAMES

Jack Carroll ('20)

"I was teased about how white I was and my grandpa began to think of what goes with white. The band 'white snake' came to mind. "

Mason Zingleman ('21)

"My baseball coach gave me the nickname because I wore #8 every single year for baseball, and ever since then I rarely hear the name 'Mason', instead I hear 'Ocho'. "

Johnny Tennyson ('22)

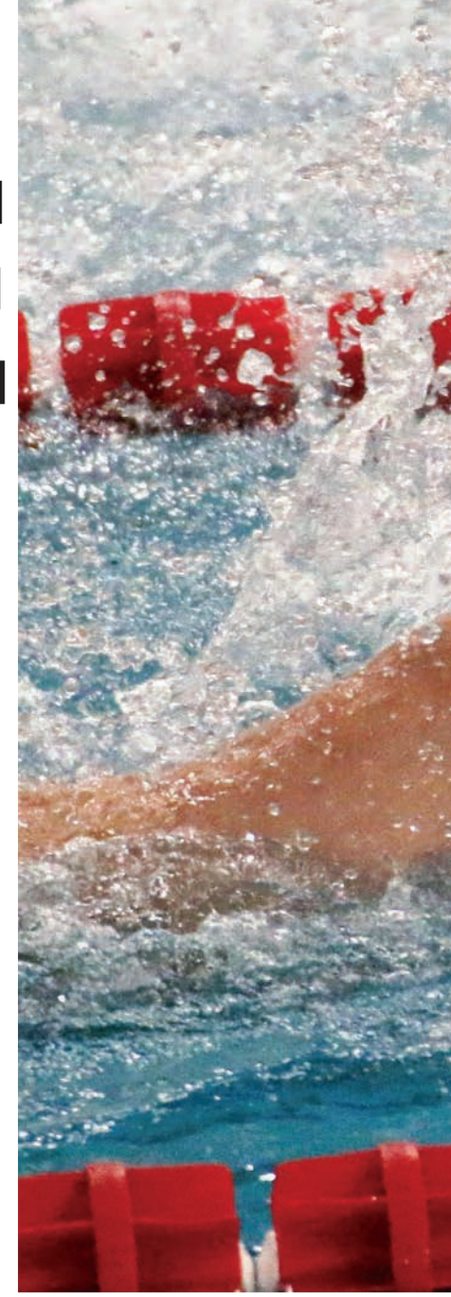
"Because my hair is curly, they call me curly."

#4 Evan Wieker | #50 Noah Kunz | #35 Zach Jans | #2 Nick Olsen | #30 Peyton McLean

SENIOR NIGHT SPOTLIGHT. During senior night home game against Eden Praire, senior **Peyton McLean** made an important basket. He had torn his ACL and meniscus in the beginning of the season and had been out the rest of the games. At the senior night game, even with his injury, Peyton played enough time to make a basket and score for the team. He said, "It was a really emotional moment for myself and many others. It was amzing to be given the opportunity to score one more time. It's a moment I got to share with my teammates, coaches, and families on a special night. "

Breaking records one race at a time

life in the FAST LANE

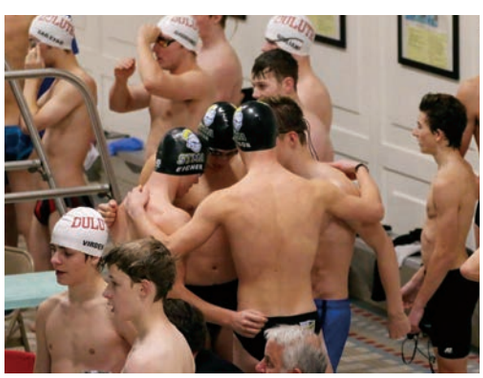


The STMA boys swimmers ended the 2020 season placing third overall at Sections and broke many personal and pool records throughout the season. At his last sections meet, Captain **Zach Bluhm** ('20) commented, "The last sections meet was like saying goodbye to so many amazing friendships, but I am really proud of all the work my teamates and I did to get there with me."

Junior **Ezra Dickerson** broke the pool record in the 100 backstroke at both Duluth East and True Team Sections. Dickerson states, "I would credit my success to my work ethic in and out of the pool, as well as my coaches and teammates. Without those people there to push me I don't think I would be able to do what I do." Dickerson placed 8th in state for the 100 backstroke.

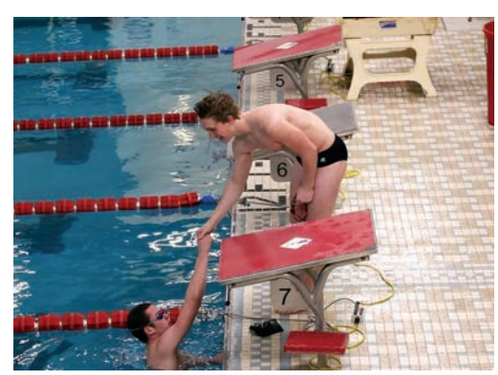
Junior, **Elijah Christenson**, broke the record in the 100m butterfly at STMA and Duluth East. At sections Christenson took first in the 200 meter freestyle and the 100 meter butterfly. At state, Christenson took 5th in the 100 backstroke and set the new school record. In the relay of Josh Dalluge ('20), Jaden Herman ('21), Christenson, and Dickerson

Page design and story by Alex Dehmer



CUTTING IT CLOSE. Nick Eicher ('20), Elijah Christenson ('21), Kyle Swenson ('20), and Liam Ryan ('20) preparing for the 200 meter relay at the Duluth Invintational. Senior Nick Eicher comments, "This was a great last seaon and my teammates made it even more worthwhile."

CELEBRATING SUCCESS. Junior James Lyke in the 200 meter relay at Hopkins swim meet on January 24th. "It's fun to be a part of a relay team because it allows you to celebrate your own success with your teammates."



HELPING HAND. Colten Gustafson and Ezra Dickerson at the Duluth Invintational on January 7th. Gustafson states, "As a team we always have to support each other whether we are in the pool or not."

FIGHT TO THE FINISH
Senior Josh Dalluge swims freestyle at Duluth Invintational.

happens in a **splash**

Freshman Jack Davies swimming the breaststroke at the Hopkins swim meet on January 24th.

"All I think about during the race is how I need to carry my weight for the team and always perform at my best."

COMMITTED *to the* FUTURE

LILY TENNYSON #24

College: Minnesota State University Moorhead
Years Played: 12

KARIS ZEZZA #21

College: St. Catherine University
Years Played: 12

VANESSA ALEXANDER #45

College: Winona State University
Years Played: 13

KENZIE KRAMER #1

College: Lehigh University
Years Played:13

Photos by Zahler Photography

LISTEN UP. Coach Hamre pulls the team in for a timeout in the 2nd half of the game against Hopkins on February 18th. The Knights fell short with a score of 81-93. *Photo by Kallie Lehmann*

DON'T COUNT US OUT

The girls basketball team ended the regular season with the record of (17-8-0), which is an impressive record for competing in the Lake Conference for the first time. Senior captain **Vanessa Alexander** reflects on the Lake Conference matchups, "The Lake Conference was a big change this season, but something that we were really looking forward to. This conference had us competing with higher level teams every week and it improved our game overall as the season progressed." The Knights ended third in the Lake Conference just behind Hopkins and Wayzata. They ended in front of Eden Prairie, Minnetonka, Edina, and Buffalo. This was a huge success for the Knights because they had some very close games along the way. One of the closest games they had all year was against Eden Prairie on January 28th. The game came down to a buzzer beater and the Knights won 67-65. Freshman **Tessa Johnson** shot the winning basket to end the game. Another one of the Knights best games this year was against Hopkins on January 24th. It was a close game until the end. Hopkins (ranked #1) scored to end it as an 80-88 loss for the Knights. The Knights went into Section Playoffs ranked first in Section 8AAAA. *Story and page designed by Kallie Lehmann*

TESSA JOHNSON

FRESHMAN GUARD

#4

465 points

"Before games I always end my prayer with **'I do all things through Christ'** for good luck"

1.

2.

3.

1. Sophomore Emma Miller controls the ball in the offensive end of the court versus Chaska. *Photo by Brianna Burnham*

2. Looking for an open teammate, Kendall Cox ('21) gets ready to pass the ball into play. *Photo by Kallie Lehmann*

3. Senior captain Lily Tennyson dribbles past an opponent from Hopkins. *Photo by Kallie Lehmann*

don't be SHOCKED

Junior diver makes third apperance at state competition

Since last year the boys and girls' diving teams have been moving forward. This year the diving teams entered the new Lakes confrence. Meaning that the divers are having to work twice as hard. This year is a new beginning for the Stma divers. Last season, junior **Tyler Barrett** took 3rd in the state. This year Barrettt broke both the pool and school records for six different dives this season and made his third apperiance at the State competition. Barrett took 9th in state this year. When Barrett was asked how it felt to make it to State for the third year in a row, he said, "I felt a little intimidated and nervous because everyone expects something bigger and better every year, but if I do what I know how to do, I'm sure I'll be just fine". In his first season, **Hayden Hodge** ('23) improved exponentially and got to compete at sections as a freshman. This year was Hadyen's first year competing, and first apperance at sections. For the boys season they did well at sections taking 3th. The boys had a lot of peronal bests during this season. For the girl divers senior **Bella Baldwin** made her apperiace at the State competition as well. When asked how it felt to make it to state her senior year, Baldwin said, "Going to state not only my senior year, but also my junior year was surreal. I loved every exciting moment. It was so surreal becauseas it is, it's so challenging to make it to state as an indiviual, but I managed to push myself hard enough to get there." The girls had a great season at sections they played 2th as a team. Sophomore **Becca Kosey** hit a new personal best by 30 points When Kosey was asked how it felt to beat her personal best, she said, "I was so happy when I saw I got a new best score. I remember getting out of the water and seeing the score on the board. I was in shock. It was the greatest feeling ever since I worked so hard to get there." The divers pushed themselves harder this year and their hard work paid off. *Page and photos by Emily Cin.*

TWIST. Eva Gralh ('22) attemps to complete her back dive half twist.

BACK TUCK. Hayden Hodge ('23) does a reverse 1/2 somersault tuck dive. "This dive is different than other dives because you have to jump off the board foward while you rotate your body backwards making it more difficult to do"

BACKBEND. Katie McKimmy ('22) does a back somersault straight. "During this dive I think about going up first, keeping my body and legs straight and then keeping my arms down when I land."

MID AIR. Kate Meyer ('21) does a inwards somersault. "This dive is difficult because when you stand backwards you want to jump back but you have to go forward."

"While I'm diving I try and process each individual part of the dive"

Tyler Barrett ('21)

BALDWIN'S STEP-BY-STEP DIVE

STEP 1	STEP 2	STEP 3	STEP 4
Get your head in the game, do your approach to get you to the end of the board, and then take off.	Explode off the board with intense power and tightness so you can wrap the twist as quick as you can and then have time to come out of the dive quicker.	Start to aim where your "spotting point" is so you'll be able to enter the water with minimal splash and as straight as you can.	Once you've found your spotting point, come out of the dive squeezing your body so that you'll be able to go into the water as straight/clean as possible.

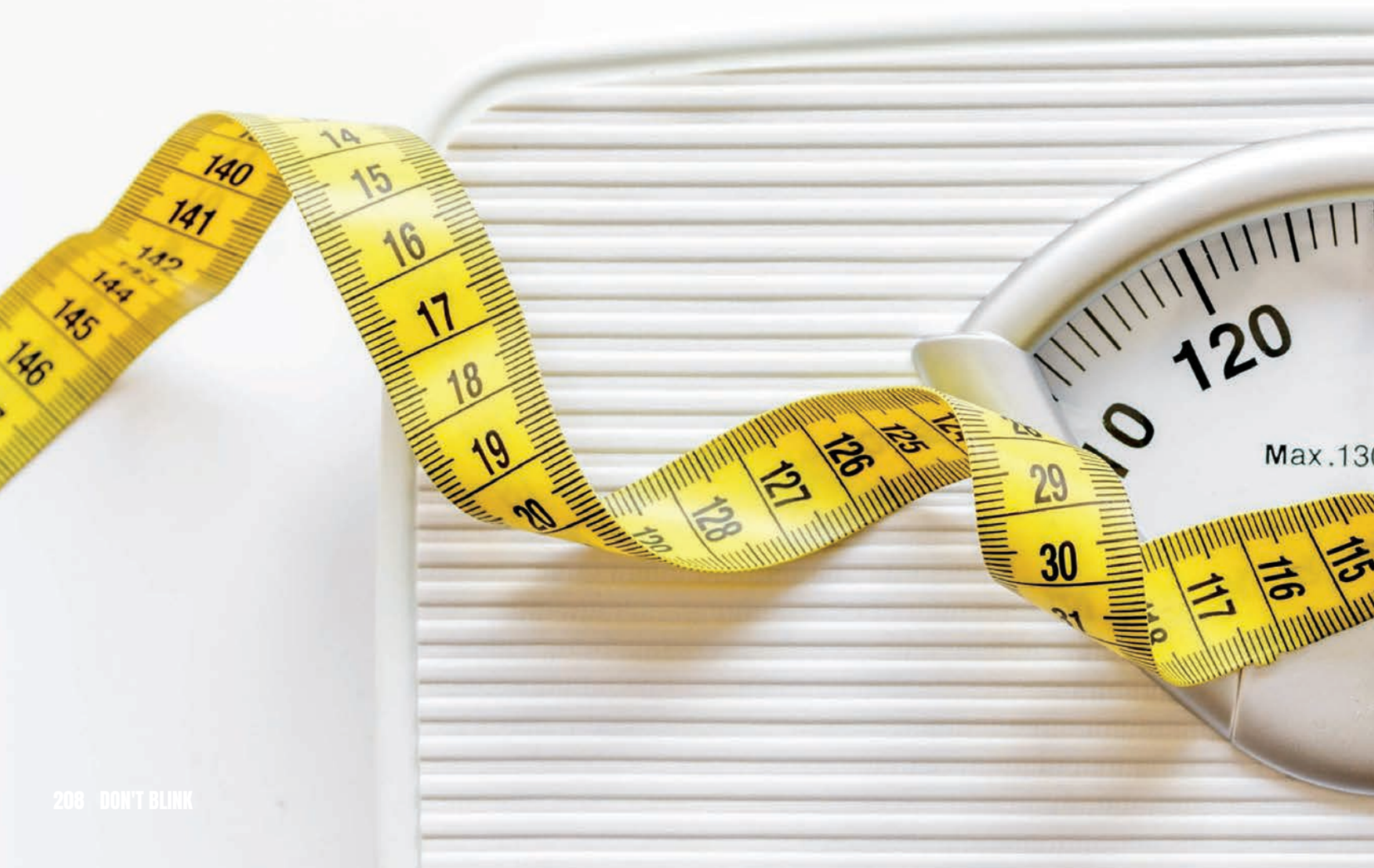
WORTH the WEIGHT

A wrestler's guide to safe weight loss amidst common dangerous practices.

Hayden Lemonds
WEIGHT CLASS 160

Wyatt Lidberg
WEIGHT CLASS 182

Carl Leuer
WEIGHT CLASS 170



A special diet ensures STMA wrestlers healthy bodies which results in peak performances. "Developing lean body mass through disciplined exercise and nutrition, wrestlers are able to compete at a lower weight class that could potentially lead to advantage in size over their opponents," explains **Coach Joriman**. An unfirmilar practice to most atheltes, vetran wrestlers explain that there is a right and a wrong way of cutting weight. Senior **Carl Leuer** explains, "The right way to cut weight would be to eat less and workout more. Don't deprive yourself of water." A high protein and low-sugar diet is key for lean muscle gain and optimal body definition. Leuer stresses the quality of nutrition over the quantity of the food. "Fuel your body with good foods. My mom would make chicken and steak with broccoli or peapods."

The STMA coaches and captains make sure that our wrestlers are not cutting weight in unhealthy ways. Senior **Wyatt Lidberg** shares some of the dangerous practices that other wrestlers may take and STMA coaches warn against: "Taking laxatives and sitting in the sauna wearing a plastic suit is unhealthy and illegal for wrestling." This is an extremely dangerous practice that can lead to injury. Lidberg continues, "That's where you hear about dudes passing out in the sauna."

In the days leading up to getting on the scale, wrestlers start dropping weight. Starving yourself just to lose weight is an unhealthy way of doing it, working out more and still eating and drinking a lot of water is healthier for your body.

Wrestlers make sure to count every calorie they intake and ensure they are getting all the nutrients they need to stay healthy. It is also important to refuel after weigh ins. Small amounts of quick carbs are best for getting your energy levels back up. "I've seen people eat candy and chocolate milk right after weigh ins. You'll go out there and hit a brick wall," said Leuer.

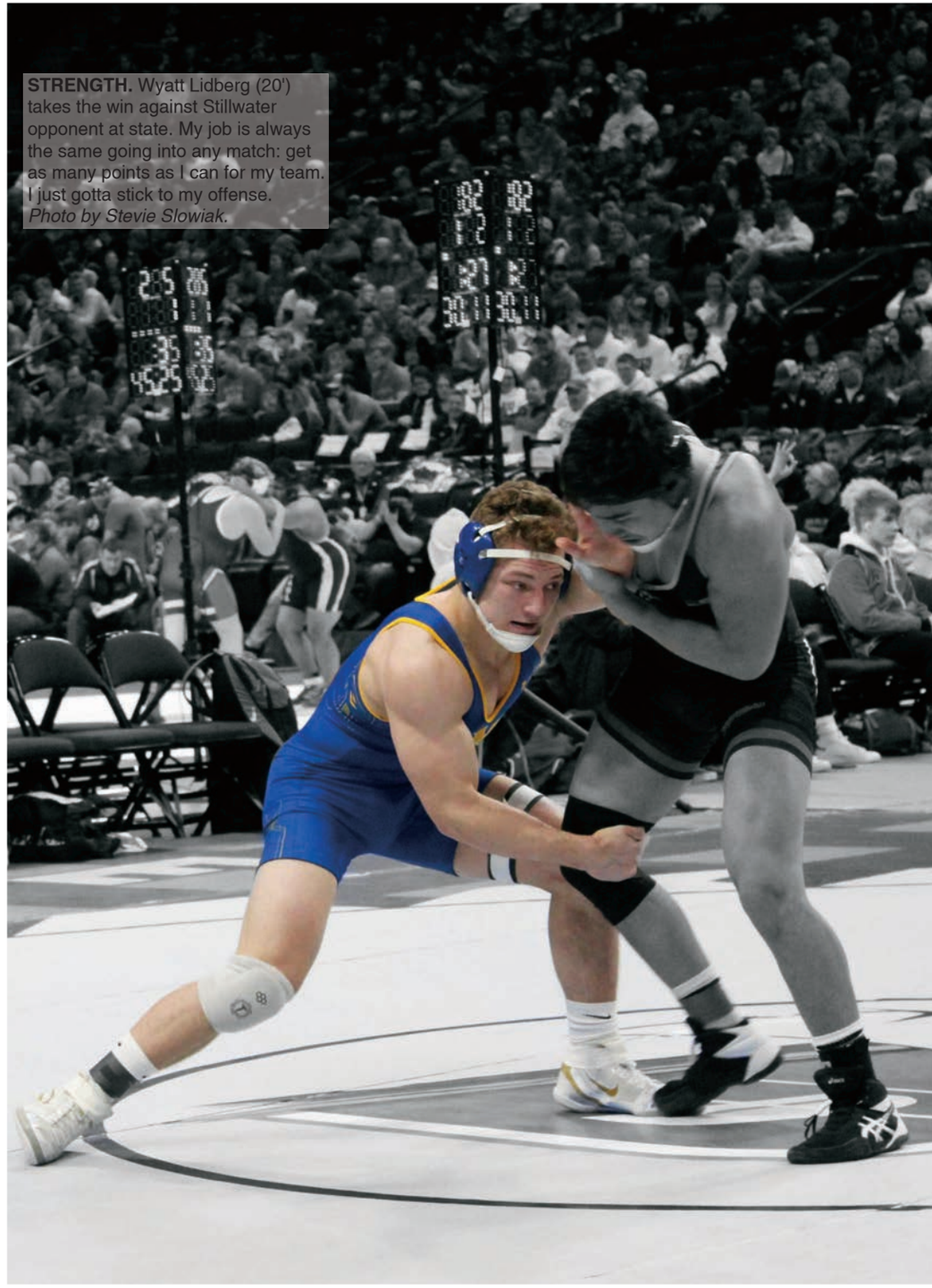
In many sports, athletes struggle with putting on weight or shedding pounds. For some, the stress is not worth sacraficing the love of the sport. For senior **Hayden Lemonds**, his love for wrestling outweighs his disapproving scale numbers. Lemond is trying to make a personal change. "My weight class is 160 and I'm moving up to 170. I'm sick of cutting weight," said Lemonds. "Cutting weight takes a little bit of the joy out of the sport. You go to practice and enjoy it and work on getting better without having to worry about making weight."

Even with the challenges that come with wrestling and making a desired weight class, a solid support system will always be available to STMA athletes. Lidberg continues, "We have knowledgeable coaches that give us great information." *Story and design by Stevie Slowak.*

SUCCESS IS NOT A RANDOM EVENT

Knights make 22nd straight apperance at State competition.

The STMA Varsity wresling team competed at the state tournament for the 22nd year in a row. The team places 3rd and multiple wrestlers podiumed. Senior captain **Wyatt Lidberg** came in 3rd for individuals. "This year is bitter sweet because it's my senior year of wrestling. Also because this team is a special group of guys. Some advise I would tell younger wrestlers is that there are a lot of highs and lows to this sport and they should enjoy every bit of it." Sophomore **Cole Becker** ended up coming in 3rd for the 138lb weight class and freshman **Parker Janssen** came in 4th at the 113lb wieght class along with many other STMA wins. STMA has appereared at the State tournament for 22 years in a row, coach Joriman shares, "This team was unique from their brotherhood, it was more of a close knit team with a tight bond amongst all teammates. From our youngest and lightest wrestlers to our oldest and heaviest wrestlers they worked incredibly hard, sacrificed comforts, and held each other to a higher standard." Joriman continues, "Each year making it to the state tournament is a special accomplishment, no year is guaranteed. Each year, every team writes their own chapter in the history books of the program, good or bad, this year went down as a great year where guys had strong work ethics, great leadership, and a close brotherhood." *Story and page design by Stevie Slowiak.*



STRENGTH. Wyatt Lidberg (20') takes the win against Stillwater opponent at state. My job is always the same going into any match: get as many points as I can for my team. I just gotta stick to my offense. *Photo by Stevie Slowiak.*

Boden Sperr ('20)

Eli Davis ('23)

Jake Springer ('22)

PIN IT TO WIN IT

The STMA wrestling team continued their winning streak against Lake Conference competition as they defeated Hopkins with a score of 78-3. Senior Boden Sperr shares, "It was a tough match against a conference opponent, we wrestled well together and beat a solid hopkins team." STMA improved their conference dual meet record to 3-0 (win-loss) and overall dual meet record to 19-1 after this meet. Sophomore Jake Springer shares, "I felt really confident going into that match. I didnt know if I would win, but I did know I was going to do everything I could to go for it. You dont spend hours training to let someone put you on your back." *Photos by Brianna Burnham.*

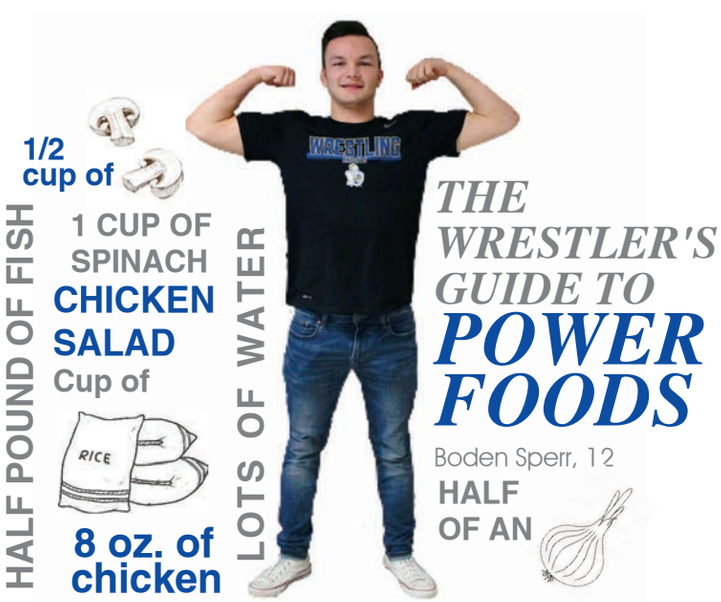
Page sponsored by
Accorde Orthodontists

OUT ON TOP. Ater taking the win against his Osseo opponent, the refere acknowledges Cole Becker. Becker is a first year wreslter in the 138 weight class. "It's not about the size of the dog in the fight, it's about the size of the fight in the dog," said Becker.

TOUGHEST SIX MINUTES THERE IS. After winning against his Osseo opponent, Luke Browning was aknowledged to the crowd. Browning is a first year wreslter in the 285 weight class. "The more you seek the uncomforable, the more comfortable you become in the uncomfortable," said Browning.

ROCK SOLID. After defeating his Osseo opponent, the refere acknowledges Jonah Hayes to the crowd. Hayes is a first year wreslter in the 152 weight class. "My match went into overtime and I pinned my opponent in overtime. It just felt very rewarding because I put so much work into making weight that morning just to wrestle that match," said Hayes. *Photos by Bill Halldin.*

Taking CONTROL



Senior Carl Leuer on his 125th win, "It was pretty sweet getting my 125th win on senior night, but wins and losses have never been a big factor to me. I live for going out and giving my best effort." Leuer finished the season with a 3rd place win at the State tounament in the 160 lb weight class. "I tell myself im the best wrestler going into every match. You need to believe in yourself to succeed what you want to do." *Photo by Brianna Burnham.*

Leuer takes his 125th win

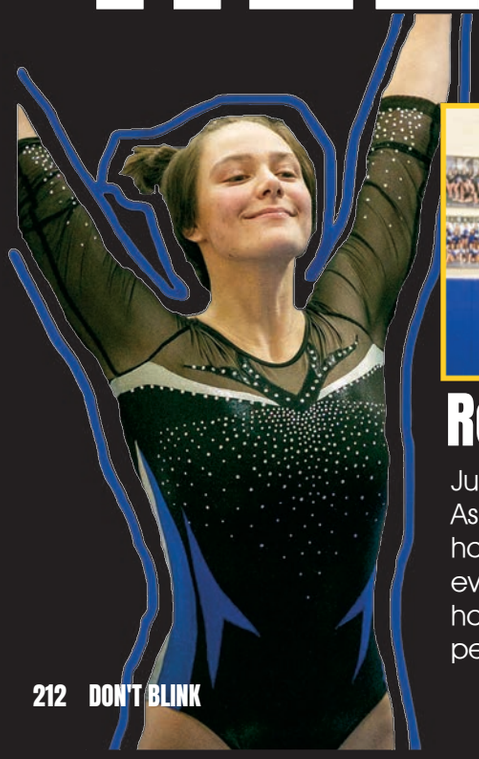
Cadynce Hassle ('22) competes on floor showcasing her back tuck.

Page designed by Dawson Pink.
Photos by Tim Bykowski.

HEAD OVER HEELS

DON'T MISS IT.

STMA Gymnastics is breaking records.



Record Breaking Rockstar

Junior, Livia Dombeck ('21), is one of many strong competetors part of the team. As a captian, shes a leader and role model for girls on the team. Dombeck has had a very successful season and recently broke the school recod on all four events. Dombeck said,"Breaking the records at the meet felt amazing. I was so happy I could contribute to the highest team score ever as well. It was also a personal victory."

SUPPORT. Gabby Delgado ('24), finishes on the beam and celebrates her success with her teamates.

Ella Hurbst ('20)

Livia Dombeck ('21)

Cassandra Emerson ('21)

Regan Miller ('21)

Eiley Koivisto ('20)

MEET THE CAPTAINS

A NIGHT OF SUCCESS

The Knights traveled to Edina January 23rd and experienced a monumental night for STMA gymnastics. Varsity broke the team score record by scoring a 142.40. The Knights also had many personal successes and stuck 9 beam routines. Overall, it was a victorious night for the girls' gymnastics team.

MOTHER DAUGHTER DUO. Kassie McKeown ('23), has the unique experience of being coached by her mom. She said, "I definitely have a different trust with my mom than most peple do. We have a good relationship at home and in the gym. I know she will always be there to catch me when I fall."

Page sponosred by

Tin's Tailor Alteration Shop

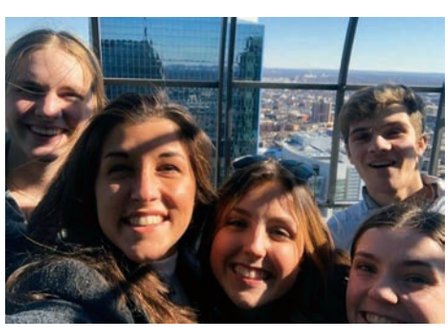
SAWYER AT STATE

Saywer Serves as a Minnesota BPA Officer

Senior Maddy Sawyer was elected as one of only six state officers for Minnesota Business Professionals of America in Ocotober at the State Fall Leadership Conference. When asked about her duties, Maddy said, "As a state officer, my job is to serve the members within Minnesota to any capacity, run the various social media platforms, serve as the "face" of MN BPA, and conduct monthly reports to the executive board. Basically, it is my job to provide leadership and guidance to all members of BPA and represent their views. It is also within my duty to plan the State Leadership Conference in which members from all around the state come to compete."

One of Maddy's favorite things that she experienced as a state officer included going to the state capitol to speak with representatives and advocate for Career and Technical Student Organizations. The SLC was specifically her favorite because she got to network with members from all around the state. Being a state officer also meant that she had to speak in front of over 1,300 people which was very exciting for Maddy. Overall Maddy loved her experience as a state officer and the many opportunites it has given her.

ALL WORK AND SOME PLAY. Seniors Maddy Sawyer and Grace Sinkule posing for a photo on the stage at the Grand Awards Ceremony at the state competition, the Spring Leadership Conference.



LIFE AT STATE

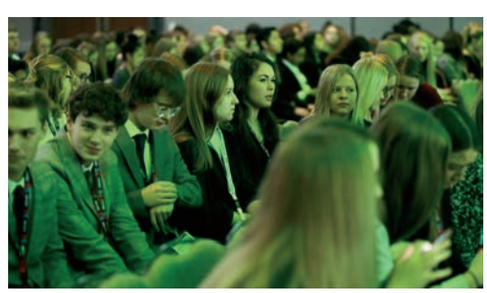
TOP OF THE TOWER. Outside of the competition piece at the State Leadership Conference, members have a chance to spend time with their fellow BPA members. Kenna Vorgert, Kallyn Amundson, Ava Windel, Kallie Lehman and Griffin Roberts are pictured at the top of the Foshay tower in Minneapolis. **CITY TIME.** Bridget Johnson, Mason Maynard, and friends spent their free time at state exploring the city. "One thing I loved about state was not only getting to compete in business-related events but also getting to spend time in the city with other members of BPA. BPA is really the only club that I can think of that has this opportunity," states Bridget Johnson. **ICE CREAM NIGHT.** Seniors Olivia Sorensen, Bella Youngberg, and Olivia Peltz, found some icream to enjoy while playing bingo on game night.

DYNAMIC DUO. Seniors Kallyn Amundson and Kolby Gartner at the State Leadership Conference.

DREAM TEAM. Juniors Dominic Pizano, Ashlyn McClintock, Sydney Aandal, and Maddie Hanson after qualifying for the National Leadership Conference at state competition.

POWERFUL PAIR. Juniors Alix Bushard and Abbylee Maeder moments before competition.

CLASS OF 2022



A RUN AT REGIONS. This year STMA Business Professionals of America had over eighty members compete at regional competition with over fifty members qualifying for the State Leadership Conference. After the awards ceremony for the regional competition, members show off their certificates and plaques.

GRAND AWARDS CEREMONY. Members of STMA BPA anxiously waiting for the Grand Awards Ceremony at state to begin. The Grands Award Ceremony will reveal the results of compeitition and whether or not members will move on to the National Leadership Conference.

BPA Seattle Learning Experience

TAKING ON SEATTLE

Space Needle

"I felt as if I was on top of the world," said Olivia Aylor as she posed for a photo next to Maddy Sawyer

"There is nothing like seeing the city of Seattle from the top of the pace needle, it's absolutely breathtaking" -Olivia Schepers

Nataile Mazurek, Lauren Welle, and Sydney Bice posed for a picture with the Seattle skyline as their background.

Every year the head advisor of STMA's BPA program, Mrs. Carlson, takes a few students on what she calls a Learning Experience, this year the trip was based in Seattle. During the trip, students get to tour big corporations and listen to people who are high up in the company talk about their career experience, "The learning experience is an authentic learning opportunity that inspires students to learn about the vase variety of careers available after graduation. Students realize all careers have a business component," says Mrs. Carlson.

Seattle has lots to offer when it comes to exploring the business world. The students got to visit companies like Amazon, Starbucks, and Costco, as well as many more.

As much as Seattle has to offer in business, the city also had plenty of places for fun too. The students enjoyed places such as the Seattle Great Ferris Wheel, lots of coffee shops, and the Space Needle.

Grange Farr explained what it meant for him, and many other students, to go on this trip, "This Trip was once in a lifetime, I got to meet some really cool people while hearing some inspiring stories from individuals who were just like me a few years ago." Mrs. Carlson gives the students an amazing opportunity when she brings them on these trips to better themselves in the business world.

Seattle is the best of both worlds when it comes to the enviorment around it. It has a huge city in the center where the business world resides but has thick forests surounding it.

Pictured: Olivia Schepers, '20, (Left), Michael Malkowiak, '20, Dominic Pizano, '21, and Grange Farr, '20 (Middle) Claire Fredrickson, '20, and Olivia Aylor, '20 (Right)

Fish Philosophy

The Pike Place Fish Market is a tradition for Mrs. Carlson and her students to visit when in seattle. When asked why she brings her students to the fish market, **Mrs. Carlson** excitedly explained the Fish Philosophy, "The Fish Philosophy is a business term modeled after the Pike Place Fish Market, it is a technique which is aimed at creating happy individuals in the workplace. Its central four ideas, which have been adopted in some schools and companies, choose your attitude, play, make someone's day, and be there." Mrs. Carlson tries to teach her students this philosophy in BPA. By bringing the students to the Pike Place Fish Market, they get to see the four central ideas in action and even get to use the ideas themselves.The students were grouped up with workers and got to help set up the fish display for the day. The students got to experience just what the Fish Philosophy means, while playing with some fish.

SEATTLE

GUM WALL. Another famous place the students visited in Seattle is the Gum Wall. Tourists line the wall with chewed up gum to as a way of showing Seattle they were here. **Claire Haakenson, Ava Windel, and Maddie Hanson** took pictures after they all stuck their gum on the famous wall while some others decided to keep their distance from the chewy mess.

chew on this!

Seattle Great Wheel

"I felt so at peace seeing Seattle from so high up!" - **Claire Hawkenson ('21)**

(Claire Haakenson, '21, Maddie Hanson, '21, and Nataile Mazurek, '21)

"I loved seeing Seattle from so high up, it feels like you're flying!" **- Sydney Bice ('21)**

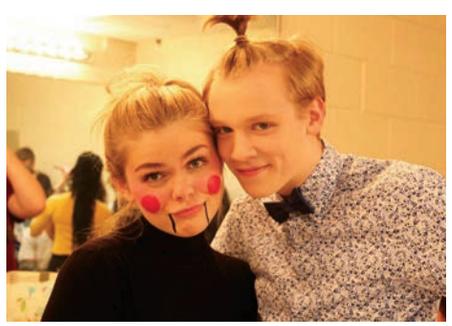
(Sydney Bice, '21, and Sydney Aandal, '21)

for ONE night & one night ONLY

One act, two very different plays

This year, STMA put on two plays to compete in the One Act competition. One was "Goldilocks on Trial" and the other was "Every Woman." The two plays were surprisingly different from each other; "Goldilocks on Trial" is exactly what it sounds like, Goldie Locks is on trial for breaking into the Three Bears' house. It is a very family friendly production with lots of comedy incorporated into the script. There are also some familiar storybook characters that make an appearance in the show, including one of the "Three Little Pigs" and "Pinochio". The other play, "Every Woman," was very different, however. That play is about how only "good deeds" will follow you to the grave. STMA theater production definity put a unique spin on it by using giant, colorful puppets to show the different characters. The students put a lot of effort into each play and have bonded with each other to create lifelong friendships. **Emery Bell ('20)** explains the relationships that have been created, "The bonds that have been made in these two shows are unbreakable. I have made so many friends that I know I will have for a long time." "Goldilocks on Trial" got stopped at the first round but "Every Woman" tied for first in sections. Mr. Mann said it was the best result they could have hoped for. The only reason why "Every Women" couldn't perform at state is because of something called "judges preference," which just means the judges picked the other team to perform at the state level. Better luck next year STMA performers! *Page design and photos by Olivia Schepers.*

(Left to right) Emma Erickson ('20), Avery Roisen ('21) & Zachariah Becker ('21), Nolan Montcalm ('21).



getting ready

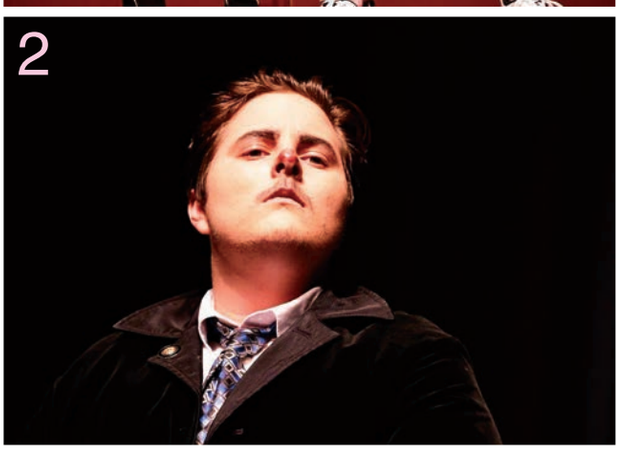
This year, both teams for one act had to cake their faces to the nines to get into character. Most characters in "Every Woman" were puppets or an infinite being, so most of the actors had to put on bright colors to match the being or puppet they were playing. The actors/actress' in "Goldilocks on Trial" gotta put their own twist on the classic storybook characters when it came to make up. **"I really don't have anything to go off of when it comes to make up for my character, "Discretion." I kind of just blend a ton of colors together and contour with them, I look like an inverse Kim Kardashion!" said Emma Erickson ('20).** Even though the STMA theater program provides make up for the student's to use, most buy their own make up and then share it with others, "Everyone has different skin types and different reactions to make up, so having a couple of community make up wheels isn't ideal. Most of us combine the school provided makeup wheel and our own make up to create our looks." The audience was wowed by the bright colored faces and talented acting up on stage.

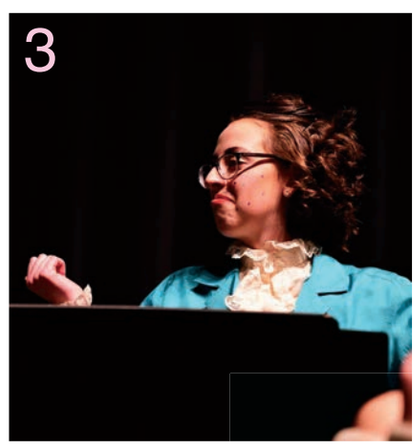
Goldilocks on Trial

1. To the left, Sydney Rogers ('21) and Zachariah Becker ('21) laugh on stage together. Sydney played the role of "Goldilocks" and Zachariah had the role of the "Big Bad Wolf' '. **"In the play, the Big Bad Wolf is 'dating' Goldilocks, so throughout rehearsals, I called Zachariah my 'stage boyfriend'. It was just a little joke between us and our castmates."** said Sydney. *Photography by Brianna Burnham.*

2. Nate Webber ('21) was caught in a very serious moment as his character "Felix Wombat" defended Goldilocks in the crime of breaking into The Three Bears' house. *Photography by Brianna Burnham.*

3. Katherine Bradt ('22) played "Wally Muffinhead" in the case of bringing Goldilocks to justice for breaking into The Three Bears' House. *Photography by Brianna Burnham.*





every woman

a BEARY happy family

Zoe Parker ('21), Mckenzie Barth ('21), Patrick O'Sullivan ('21) played The Three Bears in "Goldilocks on Trial". Zoe played "Baby Bear", aka "Tiffany" , Mckenzie played "Mama Bear", and Patrick played "Papa Bear". The three students portrayed a happy bear family.

Keeping it in the family

A sweet surprise for Mr. Mann as his wife and two daughters surprised him before the show. His 3 year old daughter got a tour of the stage and green room as everyone gushed over the little tike. Mr. Mann explained his hopes for his daughter. **"She played with the props and got into some of the make up, I hope she will turn out to be a theater geek like me."**

-Mr. Mann

DANCING THROUGH TIME

Jamie Lee ('22), Halania Walker ('22), Emily Brown ('22) pose for a picture against "The 2000's" poster.

Hunter Jans ('20), Nick Polfliet ('20), John Fritzke ('21), Jack Erickson ('22), and Ethan Esnough ('22) carry Jeffrey (Trey) Dubel ('22) for a picture.

Chloe Jennie ('23), Olivia Henry ('23), McKenna Maus ('23), Anika Rogers ('23), Emilynn Molesky ('23), take a picture at their first Snowball dance.

Snow Week coronation is a special part of the STMA traditions. The coronation is special because Sophomores, Juniors, and Seniors are nominated and crowned as part of the Snow Week court. Recognizing people from multiple grades is a big part of what makes Snow Week special for all involved. Snow Week is similar to homecoming in the ways that the candidates have to make campaign videos to start the voting process. **Ava Windel ('21)** stated, **"Filming the video was a little bit stressful, I was not very prepared and ended up forgetting everything I was planning on saying."**

Snow Week is different than homecoming in multiple ways including; the nominees are chosen by their classmates and they are crowned during the pep fest. There were three female candidates for the sophomore and junior class as well as three male candidates. There were four female candidates for the senior class and four male candidates. The sophomore winners were **Max Keefer** and **Katie Dinius.** The juniors who were crowned were Ava Windel and **James Cheye**. Windel was all smiles when she found out she was the winner, **"I was happy and very surprised, I definitely didn't think it would be me."**

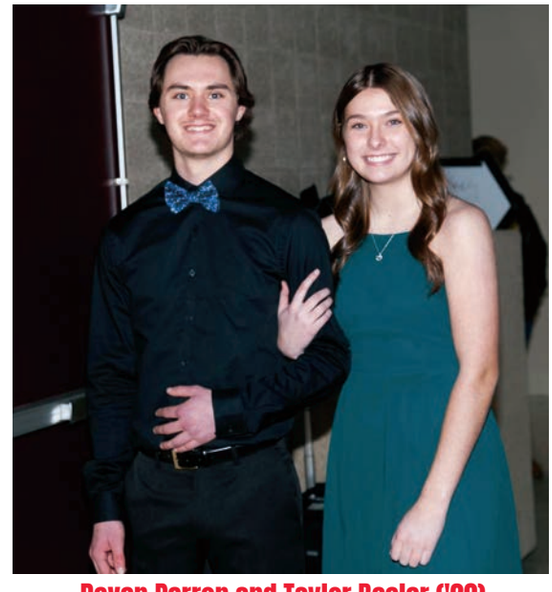
The Senior Snow week king and queen were **Anna LaRose** and **Josh Eull**. LaRose said, "When I heard my name called all I could do was smile." Page designed by *Kylie Elert and Olivia Schepers and photos by Zahler Photography.*

CROWNING MOMENT

DON'T MISS THE

ALL SMILES. Meriel Orham ('21) congratulated the newly crowned princess, Ava Windel ('21).

James Cheye and Chloe Altenhofen ('21)



Deven Perron and Taylor Beeler ('20)

Josh Eull and Anna LaRose ('20)
King and Queen of Snowball

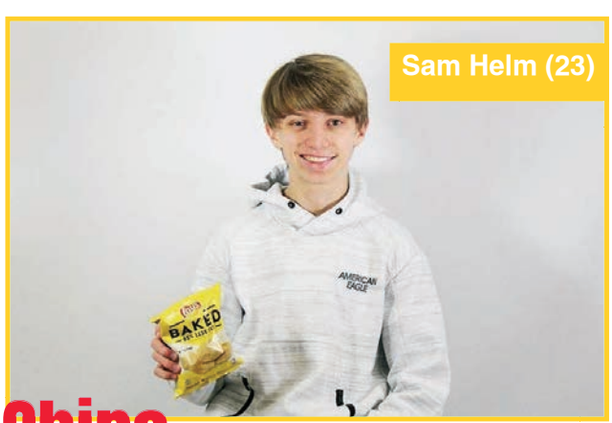
WHAT'S YOUR STUDY SNACK?

Photos by Olivia Peltz Spread designed by Olivia Peltz.

Cheese stick

Goldfish

Nesquik



Chips

Fruit snacks

Cheddar CHEEZ-IT'S

Strawberries

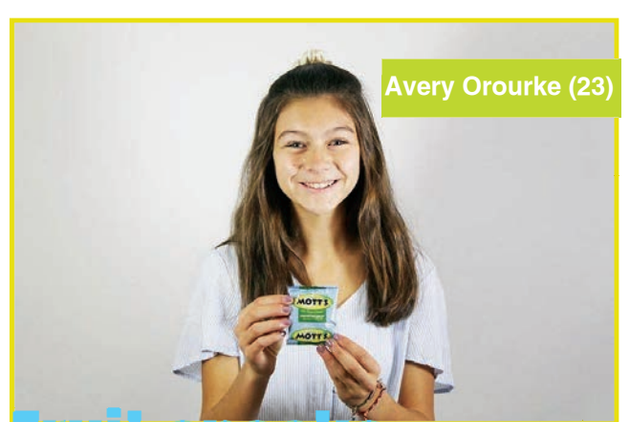
Granola bars

Goldfish

Pickles

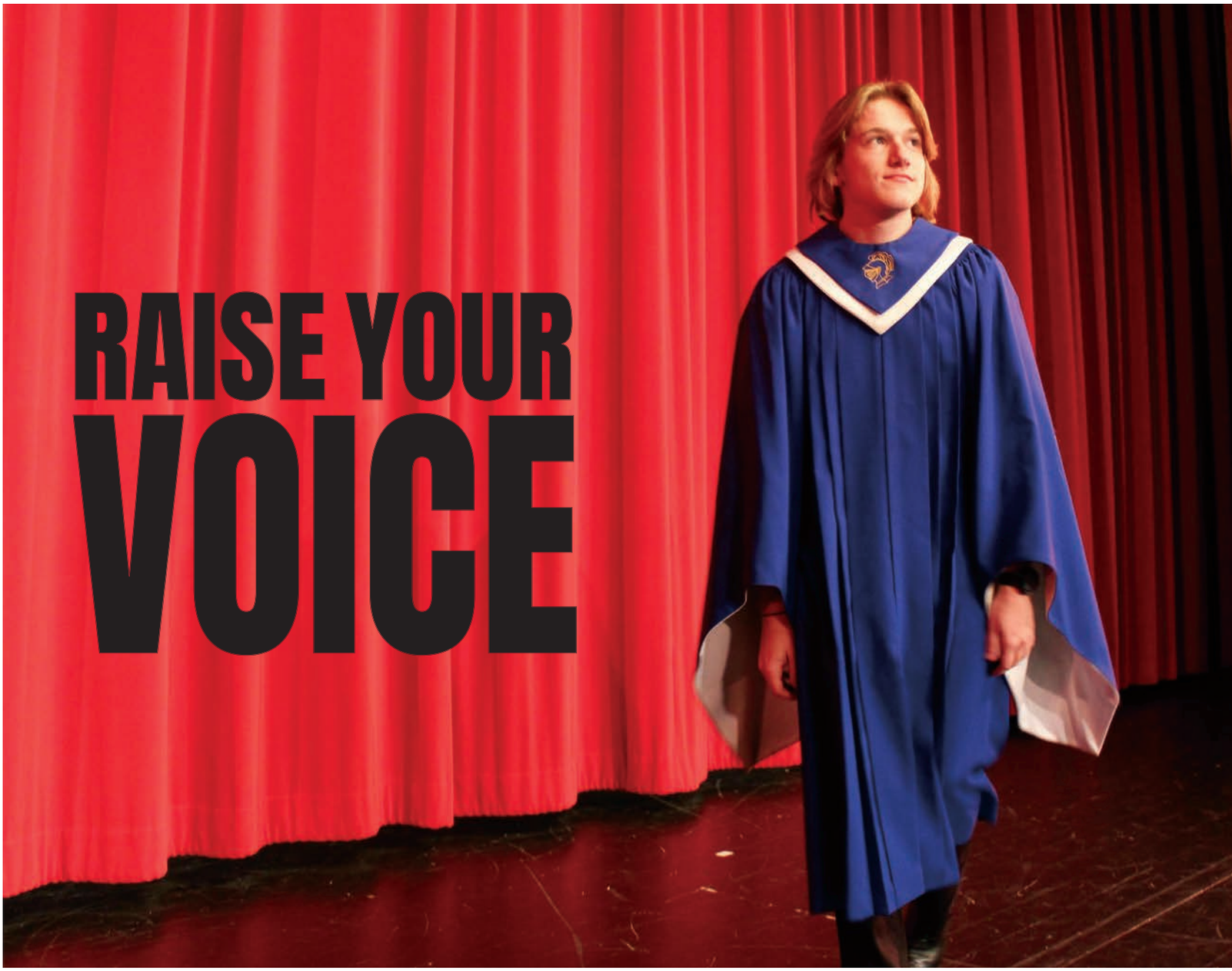
Air heads

Cheddar CHEEZ-IT'S



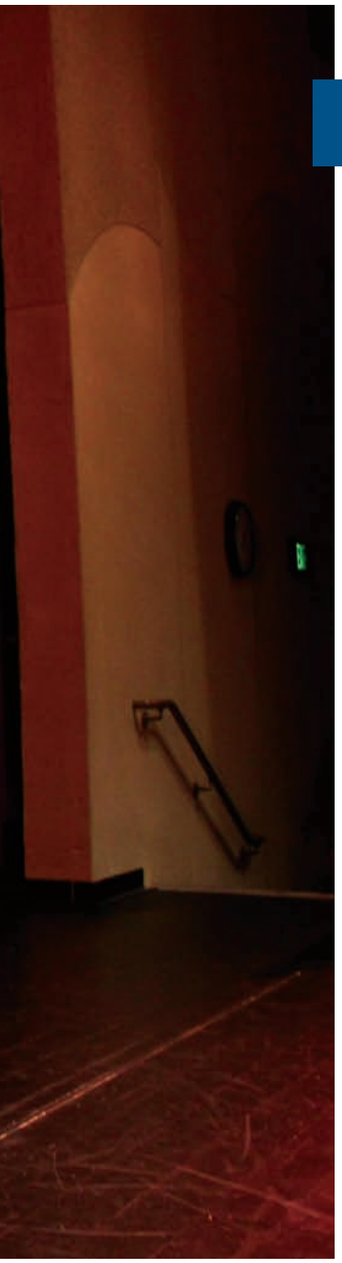
Fruit snacks

RAISE YOUR VOICE



This is where friends are made

MIXED CHOIR. Before the Holiday Concert, Adeline Leon ('20) and Lindsey Cook ('20) take a picture. **OMNI VOICE.** Ready to take the stage, Amanda Bissen ('20) and Olivia Grochow ('20) pose for a photo. **CANABILE.** Showing their excitement for their first High School Holiday Concert, Ava Young (´22) and Savannah Supper (´22) take a picture.



Holiday Choir Concert Sells Out

Choir is a great way for students to express themselves through music. Directors Oswoski and Burger have an eye for young talent and that is proven through the amazing recognition that they have gotten for their choirs. The holiday concert is a great representation of that success. The 51st holiday concert sold out with 1,450 people in attendance. While preparing for this big night **Mitch Mylon** said, ¨Choir has taught me there is no space for fear and that there is an utter demand of excellence in our program. The message we create and perform has changed my life and many others. I encourage all to join choir to experience the beauty and unity in music.¨Even with all the stress of this big night it is shown that everyone apart of the choir program is grateful to be apart of something so big. Like all people its easy to be stressed on these big nights. Even for four year member **Emma Erickson** said, ¨the more concerts you do the less, you know, you´ll have left.¨ She´s found that after doing this for so long it gets easier and you become a lot less nervous. Emma is a very active member of choir with being the President of the all woman touring choir Vivace. ¨Choir is amazing for two reasons: first because it gives me a chance to sing good music with good people, and second you get to share your message with others. You dont know who needs to hear it," added Erickson. *Page designed by Mallory Maynard.*

ON STAGE. Concert choir member, Mitch Mylon ('20), mentally prepares for his fourth Holiday concert performance.

ON STAGE. Vivace choir member, Emma Ericksen ('20), poses for a photo before the conert. Ericksen sang The Seal Lullaby by Eric Whitacre.

A MESSAGE TO OUR SENIORS

Words from Mr. Burger, ¨Even though our time was cut short I would like to say thank you. Each of you has given so much to our choir program, and we wouldnt be able to do the things we do without you all. I am so grateful to have gotten to know you all during your time in the choir program and I wish you the best of luck in whatever direction life takes you next. If you find yourself in this situation I also would encourage you to keep singing. Bring joy into the world through your song, and always be prepared to change lives with your music.¨

Words from Mr. Osowski ¨I've been thinking a lot about our senior class and the opportunities missed such as our choir tours, contest performances and the pops concert. With the challenges that Covid-19 has made us face, I am confident that our seniors will forever use this as a catalyst to help persever through future hardships. This is a specail class that has left STMA in a better place than when they arrived here and for that I will be forever grateful.¨

VOCES 8 CONCERT

Voces8, one of the premier vocal ensembles in the entire world, spent an incredibly memorable evening with the STMA Choir Program on February 19th. Coaches and singers from over 10 schools in Minnesota joined on this night to participate in master classes held by Voces8. Ater a long day of learning, Voces8 and the choirs performed a concert in the beautiful St. Micheal Catholic Church. This event was a sold out success, bringing in over 1,500 people to watch this amazing performance. This definitely was a highlight for a lot of choir students!

REMEMBER THIS MOMENT. Choir memebers Louis Godlewski, Griffin Roberts, Rylan Maynard, Babe Hjelle, Luke Johnson, Josh Kainz and Riley Roher pose with Voces8 members Blake Morgan, Christopher Moore and Euan Williamso feeling good after a long day of hard work.

Symphonic Band

Wind Ensemble

Concert Band

Marching Knights

STMA Dance Team

Super Mileage Team Roster

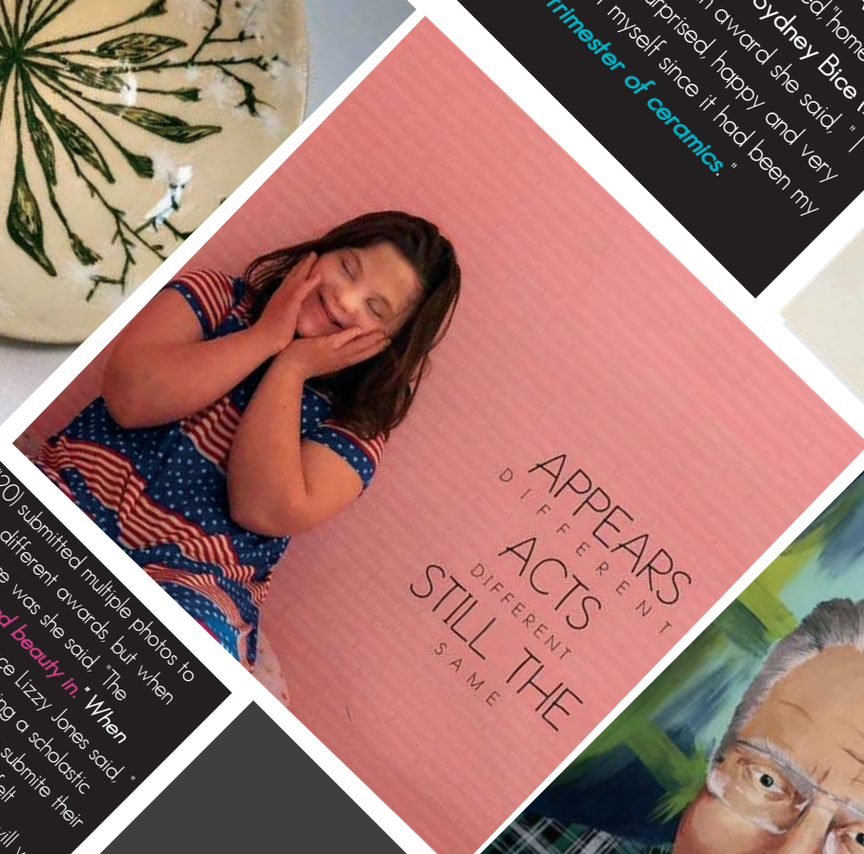
Andrew Schuster
Braeden Kummer
Brendon Hirsch
Jordyn Lane
Nathan Pederson
Owen Larson

Scholastic Awards

Amazing Piece of Art

The scholastic awards are held each year, and can be a big deal for many students considering you can win ***money as a prize***, and for the simple fact that winning an award can be a big deal on things like ***future ressumes*** to showcase a student's talent.

Student **Sydney Bice (21)** won an American vision award this years scholatic competition for her vase called, "wrapped in rose. (left) This being a big deal since only five of these awards are handed out each year and she and **Esma Ali** recieved one for her piece called,"home. " (right) When asked how **Sydney Bice (21)** felt recieving an award she said, " I was very surprised, happy and very proud of myself since it had been my ***first trimester of ceramics***."



Senior Lizzy Jones (20) submitted multiple photos to scholastic and won seven different awards, but when asked what her favortie piece was she said, "The portraid of my grandpa that***I find beauty in***. " **When** asked why this was her favorite piece Lizzy Jones said, " To show how I see my grandpa. " Winning a scholastic award is a big deal to many students who submite their art work and when asked how Jones felt, " I felt rewarded, not every piece you submit you think will win but when you at least get a pat on the back everything is a reward."

This year ***STMA won 135 awards***. STMA recieved the most awards for a school in the state of Minnesota.

Spread featuring art from:
Lizzy Jones,Joshua Eull, Anna Belair, Tarik Auldri, Esma Ali, Livia Proudlock, Gavin Velander, Sydney Bice, Jade Resner, Emily Markgraf, Veronica Jacques, Valerie Laberge.

GAZING: Junior, Mallory Maynard, poses for a photo taken by her twin brother Mason Maynard ('21) for his Photography 2 class.

INVISION A MASTERPIECE

page designed by Taylor Leshovsky

Work In Progress

FOCUSED: Zach Moen ('21) looks closly for small details in his pottery.

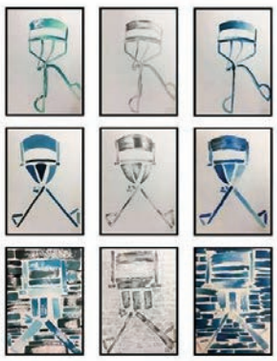
SECOND PAIR OF EYES: Mrs. Henrikson helps Lincolin Moehn ('21) with his photography project.

FINAL TOUCHES: Oil pastel drawing carfully designed by Brinna Martin ('20).

Student Artworks

TWISTED DARKNESS:
Owen Escher ('21)

A GARDEN ADVENTURE:
Elizabeth Lish ('21)



LET'S GET CURLING:
Barbara Mancilla ('23)

SELECTIVE INDIFFERENCE:
Teagan Fisher ('23)

THE INSIDE JOB:
Alexis Dupont ('23)

KARMA: This fluffy pup was photographed by her owner, Karis Zezza ('20), "I thought my dog was cute and would work perfect for my photography one project."

LITTLE RIPPER: Mary Heil ('20) took an action shot of her younger brother. "My brother was biking and I thought it would be a perfect photo opportunity."

Varsity/JV Boys' Basketball

Row 1: Evan Wieker, Kale Hoselton, Chuck Wagner, Luke Johnson, Morgan Culhane, Evan Hoy, Jack Carroll, Noah Kunz. **Row 2:** Nathan Coulson, Carson Radke, Uriah Purcell, Coach Curtis Hahn, Coach Jeff Oseth, Coach Derek Johnson, Coach Nick Steve, Boston Merila, Nick Olson, Joey Miller. **Row 3:** Peyton McLean, Zachary Jans, Colton Christopherson, Wyatt Blaksvedt, Jack Hulting, Johnny Tennyson, Dawson Noska, Mason Maynard, Mason Zingleman.

10th Grade Boys' Basketball

Row 1: Wesley Keuchle, Brooks O'Brien, Liam Culhane, Joe Sauer, Sawyer Forsberg. **Row 2:** Jeff Oseth, Kyle Ross, Jagger Chalich, Xavier Peltoma, Rylan Maynard, MJ Miller, Ben Kanthak.

9th Grade Boys' Basketball

Row 1: Grant Reidel, Aiden Hansen, Logan Kunz, Kaleb Klinkhammer, Coltan Demaris, Alex Swiatkiewicz, Logan Jans. **Row 2:** Coach Matt Young, Olivia Peal, Owen Hecksel, Charlie Winans, Matthew Maulik, Ethan Christian, Kaylynn Denny, Coach Darek Dewey. **Row 3:** Jacob Vagts, Josh Segler, Ryan Luster, Ethan Buskey, Sawyer Blaksvedt, Zach Heitkamp, Lane Dahlheimer, Connor Loungvan, Michael Johnson.

Girls' Varsity Basketball

Row 1: Maddie Johnshoy, Chloe Stineke. **Row 2:** Alycia Haus, Tatum Birr, Lily Tennyson, Vanessa Alexander, Tessa Johnson, Erin Hamilton. **Row 3:** Emma Miller, Shannon Walters, Andy Cleveland, Kent Hamre, Jeff Bebo, Steph Lahr, Meriel Orham. **Row 4:** Karis Zezza, Kendal Cox, Lauren Hoselton, Piper Carlson, Mackenzie Kramer, Amanda Rokala, Kaylie Cox.

Girls' JV Basketball

Row 1: Mylin Lemke, Jordan Pufahl, Morgan Elken. **Row 2:** Alycia Haus, Gabby Voigt, Julia Wagner, Elizabeth Frelich, Kaitlyn Braun, Mackenzie Berg. **Row 3:** Meriel Orham, Kaylie Cox, Andy Cleveland, Jeff Bebo, Shannon Walters, Holly Carlson, Emma Hamilton. **Row 4:** Zaya Esterberg, Amanda Rokala, Lauren Hoselton, Piper Carlson, Grace Sime, Maggie Lindeman, Jasmine Purnell.

Girls' 9th Grade Basketball

Row 1: Nikki Braun, Ella Hoy, Annie Tennyson, Molly Ruhland.
Row 2: Emma Donndelinger, Avery Freeland, Sam Kemp, Hannah Kvant, Drew Bushard, Shannon Walters.

Math League

Row 1: Amelia Relopez, Ashley Peters, Bella Youngberg, Gracelyn Riedel, Lauren Welle, Natalie Mazurek. **Row 2:** Jadyn Weiser, Holly Christman, Olivia Dembouski, Kaitlyn Christensen, Tyler Olson, Tyler Glass, Eric Gao, Kaiden Dreis, Janelle Sylvester. **Row 3:** Nathan Engman, Carter Kephart. Not pictured: Johnny Helm, Adalyn Peterson, Kaitlyn Braun, Paige McAloon, Eli Davis, Benjamin Juusola, Olivia Sorensen.

Mock Trial

Row 1: Grace Harlan, Rebecca Kosey, Chloe Benson, Ai-Quynh Bui, Paige Graziano, Olivia Sorensen, Maria Sylvester.
Row 2: Jozie Shepherd, Luke Doyle, Gabrielle Fritz, Luis Behling, Danielle Steinke, Grant Bong, Laylani Thongsavanh, Brendan Scheurer, Callie Nordberg, Adam Buckmeier.

Speech Team

Row 1: Paige Fischer, Olivia Hirschey, Aisha Almansir, Dylan Rich, Sydney Amundson, Lisa Peters. **Row 2:** Kylie Elert, Ella Olson, Mathew Abraham, Ryan Davis, Carolyn Fix, Julian Escher, Sudi Hussein. **Row 3:** Noah Langager, Margot Bromley, Anne Wettschreck, Tanvi Abraham, Raelyn Hastings, Grace Olson, Abby Hauxwell, Talia Sorenson. **Row 4:** Neemah Kiarie, Madison Mehlhoff, Emma Cliff, Lillian Albrecht, Alex Boltz, Colin Rude, Abby Karger, Sydney Rogers, Carter Loebertmann, Carter Hoyt. **Row 5:** Abbey Benning, Amy Vander Heiden, Casey Moon, Cobin Szymanski, Janie Anderson, Garrik Martin, Azah Nde, Molly Schleicher, Matt Amundson.

Alpine Ski Team

Rachael Boesen & Ellie Hunsley (pictured above) from the 2019-2020 Alpine ski team.

2020 marked Rachael Boesen's final year on the Alpine ski team. As a 2020 Senior, Rachael held the Captain position as both a Jr. and Senior. Rachael has been Alpine ski racing since she was about 6 years old.

Adapted Floor Hockey

Back Row: Lexi Georges, Frannie Pearson (Assistant Coach), Justin Garaghty, Timothy Horan (Head Coach), Derek Vetsch, Ruth Clarke (Assistant Coach), Jordan Ragone.
Middle Row: Brenden Garaghty, Hannah Strom, Megan Garaghty, Logan Sinclair, Peter Roelike.
Front Row: Abby Cervantes, Grace Lamprecht, Kyle Kaufmann, Mackenzie Davis.
Not pictured: Managers Amanda Bissen and Garrick Martin.

Page sponsor

ALBERTVILLE PLAZA
Kremer's
TOY AND HOBBY

Row 1: Olivia Dembouski, JayLynn Robeck, Erin Hartnett, Natalie Shuller Hary, Ava Young, Molly Reynolds, Lily Van Heel, Hailey Riley, Didi Christenson. **Row 2:** Malaina Spiekermeier, Nora Ahlman, Teagan Miller, Katy Martin, Piper Richardson, Emma Herfel, Ava Marquette, Carlie Pankonin, Emma Molesky, Ella Gustafson. **Row 3:** Eva Grahl, Maddy Vitzhum, Emma Cliff, Ashley Stern, Jenna Ellis, Margot Bromley, Katie McKimmy, Rebecca Kosey, Julia Scheelk, Ella Chambers, Maggie Lombardi, Kally Riley. **Row 4:** Ellie Fisher, Grace Spitalnick, Abby Karger, Kate Meyer, Eryn Pfeifer, Abbylee Maeder, CHloe Benson, Lilly Radintz, Alexis Peyerl, Olivia Neros, Faye Roberts, Grace Olson, Liam Ryan. **Row 5:** Coach John Gebell, Kelsey Kocon, Callie Nordberg, Indigo Rowland, Maddie Patterson, Jaden James, Bella Baldwin, Coach Sarah Salo, Coach Gabby Ross. Not Pictured: Coach Tia Volkers. (Fall sport.)

Girls' Swim & Dive

Knights Hockey

Row 1 (Managers): Alyssa Maciey, Charlie Michaelson, Hailey Olson, Jaden James, Not pictured Hunter Sauer. **Row 2:** Austin Dietrich, Andrew Zattoni, Gavin Robeck, Jack Woitalla, Adam Flammang, Cody Kelly, Luc Laylin, Aaron Loch, Will Anderson, Caden Kelly, Owen Ollhoff. **Row 3:** Jack Dwinnell, Kash Kindgren, Nick Dewey, Bo Bitzer, Joey Robinson, Jake Roos, Karson Raymond, Joe Driver, Hayden Olson, JP Johnson, Zach Ingebrigtson, Casy Laylin. **Row 4:** Alec Waller, Hayden Huber, Jonah Vrkljan, Evan Saunders, Conner Couet, Tyler Beckstrom, Brayden Mogard, Dylan Blount, Blake Esterberg, Alec Schee, Zach Miller, Nick Lamere, Jadon Wise. Not pictured: Jackson Thour.

Gymnastics

Row 1: Caydence Hassel, Addy Miller, KaSandra McKeown, Anna Schmeltzer, Regan Miller, Molly Davison, Katie McKimmy. **Row 2:** Jada Dalheimer, Juslene Chea, Vivian Sommer, Livia Dombeck, Abby Johnson, Taylor Zingelman, Jackie Bergeron, Gabi Delgado, Sophia Dehmer. **Row 3:** Cassandra Emerson, Ella Herbst, Erin Vlasak, Briella Maeder, Morgan McKinley, Abigail Dolan, Gwen Herbst, Emma Molesky. **Row 4:** (coaches) Bri fowler, Kristi mckeown, (manager) Eiley Koivisto, (coaches) Heather Dietrich Feigum, John Gebell. Not pictured: Dakota Colvin (manager).

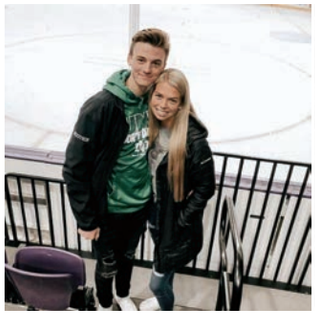
River Hawks Hockey

Row1 (Managers): Emma Ostrowski, Olivia Estep, Lauren Ras, Anna Lindemann. **Row 2:** Ella Chambers, Halle Dahlheimer, Bailey Hoffman, Megan Copeland, Anna LaRose, Erin Jensen, Tessa Opiola, Tawny Dahlheimer, Lacey Mader. **Row 3:** Izzy Christensen , Selena Delgado, Kallie Lehmann, Blair Boutet, Mackenzie Bourgerie, Kallie Christenson, Jenna Kyono, Claire Chambers
Row 4: Savannah Sibley, Julia Walters, Sydney Lemke, Mya VanKuyk, Maddy Gundberg. **Row 5:** Brinna Martin, Maddy Skelton, Lily Gilespie, Brooke Brown, Chloe Finnerty, McKenna Wilson, Sydney Petersen, Mackenzie Dunn.

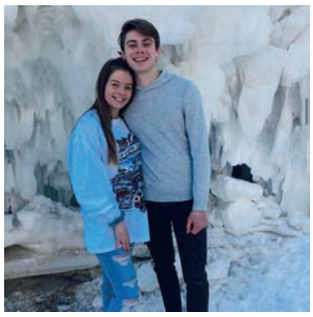
Boys' Swim & Dive

Row 1: Brady Lindstrom, Landon Prepodnik, Jack Byboth, Conner Smith, Matthew Papp, Gavin Gutzwiller, Nolan Spiekermeier, Will McKeown, Mathias Westermeyer. **Row 2:**Jordan Liew, Rocco Amente,Owen Anderberg, Lucas Miller, Payton Turpin, Jake Green, Luke Bennet, Hayden Hodge,Will Dorfsman, Josh Cooper. **Row 3:** Hayden Snyder, Caden Jurkovski, Caden Nordberg, Alex Martin,Will Sarkinen, Jake Wiegers,Tyler Hecksel, Colton Gustafson, Nick Eicher,Tyler Barrett, Jack Davies.
Row 4: Andrew Beack, Joe Spitalnick, John Hartnett, David Ebert, Korebin Beutner, Calvin Bromley, Tommy Gonsior, Jake Bluhm, Liam Ryan, James Lyke, Casey Johnsen, Gavin Myers. **Row 5:** Andrew Grabowski, Carter Wurst,Kyle Swenson, Ezra Dickerson, Josh Dalluge, Clayton Follett, Cole Sarkinen, Jaden Herman, Elijah Christenson, Zach Bluhm.

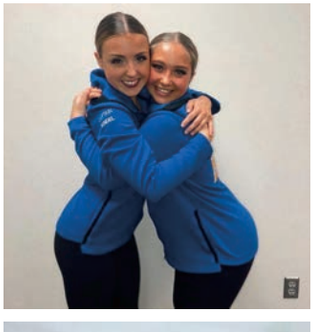
THE ADDAMS FAMILY
OCTOBER
me n my
besties

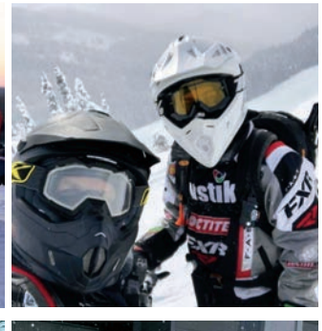
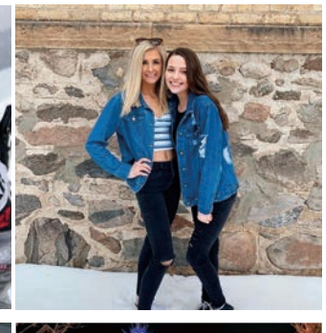


MINNESOTA AXE



WINTER MOMENTS



STATE of EMERGENCY

Cut It Down

Federal Reserve Chairman Jerome Powell explains the emergency interest rate cut established March 3. In a rare emergency move, the Federal Reserve cut rates a full percentage point to reach 0.25%. This was in response to increased threats to the economy and financial markets.

Watching the Market

A trader on the floor of the New York Stock Exchange tracks a historic nosedive caused by COVID-19 fears. The fallout from COVID-19 led to a wild ride on the stock market, including the Dow's nosedives on March 12 and March 16 that triggered a temporary halt in trading. The federal government quickly moved to implement economic stimulus programs. Additionally, the trading floor was closed, and traders worked remotely starting March 23.

Solutions for Relief

- Student loan interest waived
- 90 day federal tax deferment
- Paid sick leave/family time
- Stimulus checks

Walsworth yearbooks

Federal Response

President Donald Trump and Vice President Mike Pence walk from the Oval Office to the White House Rose Garden to declare a national emergency on March 13. The decision freed up $50 billion in federal resources to use to combat COVID-19. President Trump also announced he was waiving interest on student loans and purchasing more crude oil for the U.S. strategic reserve.

Plan of Action

Senator Cory Booker listens as Senator Kamala Harris shares their plans for legislation to ensure paid sick leave to deal with COVID-19. Several impactful pieces of legislation were proposed in the wake of the pandemic, including stimulus checks to Americans.

Staying Positive

Married celebrities Tom Hanks and Rita Wilson were among the first public figures diagnosed with COVID-19. During their quarantine in Australia, Hanks shared uplifting messages via social media like, "Thanks to the Helpers. Let's take care of ourselves and each other."

Other public figures to contract the virus:

- Actor Idris Elba and Frozen II actress Rachel Matthews
- Sophie Grégoire Trudeau, wife of Canadian Prime Minister Justin Trudeau
- Utah Jazz players Rudy Gobert and Donovan Mitchell
- U.S. Senator Rand Paul

Testing Shortage

Richard Drurant waits in his car as medical staff run tests for COVID-19 at a drive-up facility in West Palm Beach, Florida. Testing availability varied depending on time and placement, and the United States initially faced a shortage of testing kits. In areas hard-hit by the virus, drive-up testing was used as a means for diagnosing COVID-19 while minimizing its spread.

Travel Bans

International travelers arrive at Los Angeles International Airport. Starting in January, President Trump restricted U.S. entry of foreign nationals who had recently traveled to China, where the virus originated. Travel restrictions were expanded to include Europe on March 13 and the U.K. and Ireland on March 16.

Photo credits: Newscom

IMPACT in the STATES

COVID-19 affected nearly every facet of Americans' lives, resulting in school closures from coast to coast and the cancellation of many major events.

WASHINGTON - Jan. 20, 2020

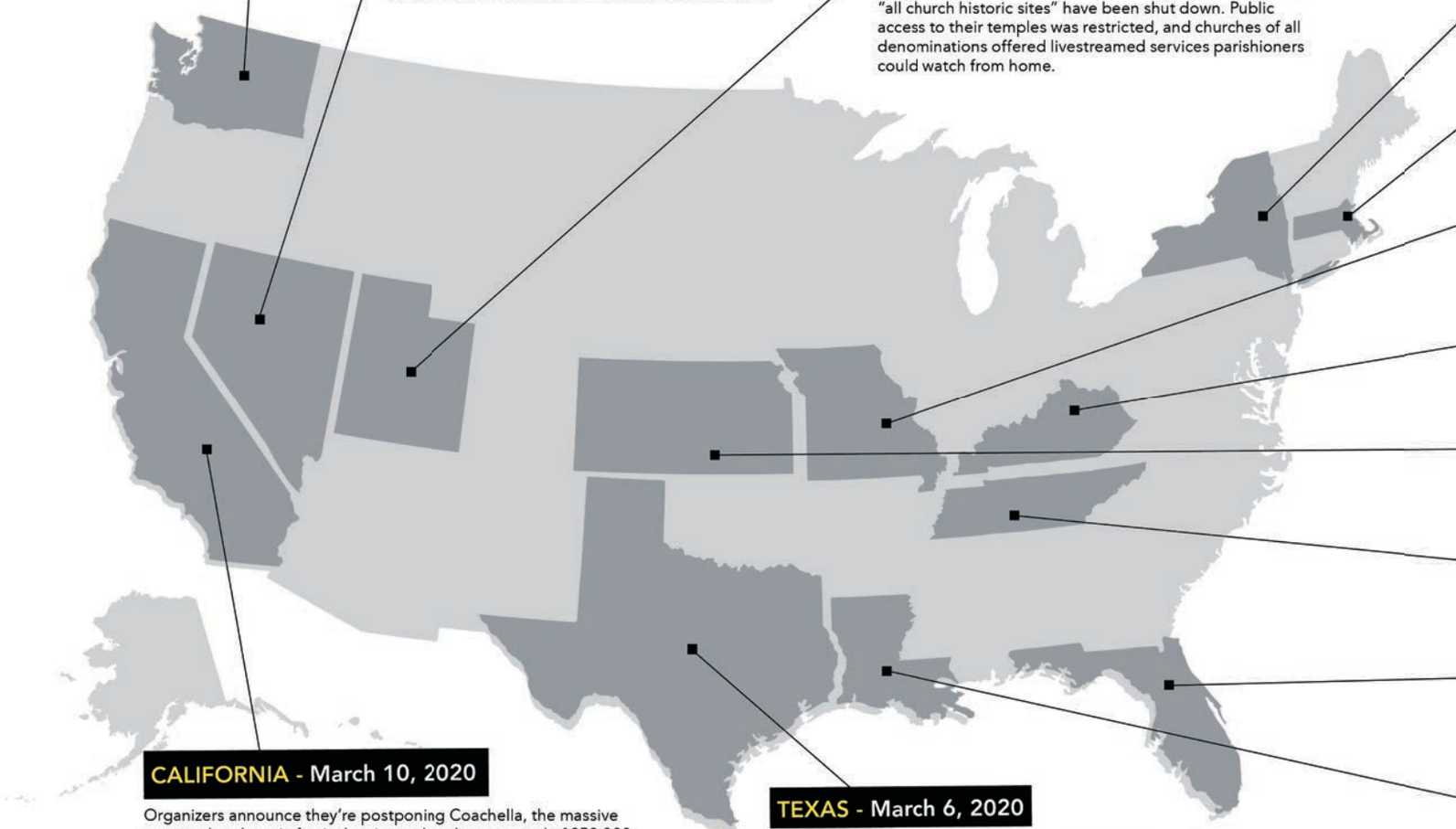
The first known case of COVID-19 is reported in the United States in a 35-year-old man who had recently traveled to Wuhan, China.

NEVADA - March 18, 2020

Nevada Governor Steve Sisolak orders a monthlong freeze on gambling, causing the Las Vegas strip to close for the first time since the JFK assassination in 1963.

UTAH - March 16, 2020

The Church of Jesus Christ of Latter-day Saints announces "all church historic sites" have been shut down. Public access to their temples was restricted, and churches of all denominations offered livestreamed services parishioners could watch from home.



CALIFORNIA - March 10, 2020

Organizers announce they're postponing Coachella, the massive two-weekend music festival estimated :o draw a crowd of 250,000.

March 19: The entire state of California is ordered to stay home as the pandemic death toll climbs in the state.

TEXAS - March 6, 2020

South by Southwest, the annual tech, film and music conference based in Austin, Texas, announces it's canceling the events scheduled to take place from March 13 to March 22.

COVID-19 Pandemic Timeline

JANUARY

DEC. 31 First case of flu-like illness detected in Wuhan, China.

JAN. 7 Chinese authorities identify the virus, later named COVID-19, a part of the coronavirus family, which includes the common cold, SARS and MERS.

JAN. 11 First death linked to COVID-19 is reported.

JAN. 20 First U.S. case confirmed in Washington state.

JAN. 22 Over 500 people are infected, and 17 people die. Airports screen passengers coming from Wuhan.

JAN. 25 Airports Council International (ACI) issues guidelines for airports worldwide to adopt.

JAN. 31 Death toll reaches 213, and the number of infections increases to 9,776. WHO emergency committee declares a public health emergency of international concern.

FEBRUARY

FEB. 1 U.S. denies entry to foreign nationals who have visited China in the last two weeks.

FEB. 7 Death toll is 724, with 34,881 confirmed cases. Most cases are still in mainland China.

FEB. 8 First known death of a U.S. national due to COVID-19.

FEB. 11 The WHO officially names the disease caused by the coronavirus "COVID-19."

FEB. 14 Facebook and IBM cancel conference plans over COVID-19 fears.

Crisis Around the World

MINNESOTA - April 23, 2020

Govenor Tim Walz issued Executive Order 20-41, ordering all school buildings in Minnesota remain closed through the 2019-2020 school year.

NEW YORK - March 12, 2020

New York governor Andrew Cuomo bans gatherings of 500 or more people, causing many of the nation's most popular tourist attractions, including Broadway theaters, to shut their doors.

MASSACHUSETTS - March 9, 2020

City officials in Boston cancel the upcoming St. Patrick's Day parade, and cities around the nation soon do the same. After initial resistance, the Boston Athletic Association announced March 13 they would reschedule the Boston Marathon from April 20 to Sept. 14.

MISSOURI - March 12, 2020

The NCAA announces the immediate suspension of all Conference championships, resulting in the cancellation of the Big 12 Basketball Championships in Kansas City, Missouri. The organization had already barred fans from attending games.

KENTUCKY - March 17, 2020

The Kentucky Derby is rescheduled from May 2 to Sept. 5, the first time since 1945 that America's longest continuously held sports event won't occur on the traditional first Saturday in May.

KANSAS - March 17, 2020

Kansas Governor Laura Kelly closes all K-12 schoo buildings for the remainder of the school year, ordering districts to implement remote learning for students.

TENNESSEE - March 13, 2020

The Grand Ole Opry closes to the public but continues to provide livestreamed concerts free of charge, a nod to its origins as a live radio broadcast.

FLORIDA - March 12, 2020

Disney and Universal Studios announce plans to close their North American theme parks, plus Disney's park in Paris, France. Walt Disney World in Orlando, Florida, and Disneyland in Anaheim, California, announced they would donate all excess food to local food banks.

LOUISIANA - March 13, 2020

Louisiana officials announce they're rescheduling the state's presidential primary vote from April 4 to May 19. Louisiana was the first state to announce a delay in voting but was soon followed by several more states, including Georgia and Ohio.

China

A barber offers Doctor Liu Zhiping a free haircut at the medical team residence of Hankou Hospital in Wuhan on Feb. 24 to celebrate Longtaitou Day, all while taking extra precautions for his health. The Chinese considered it good luck to have their hair cut on that day, so over 100 barbers volunteered their time and gave nearly 4,000 medical workers a haircut that week. Though the devastating outbreak started in China, their preventative measures slowed the spread of the virus.

Italy

Seven-year-old Pier Paolo refuses to let the quarantine in Rome steal his joy, choosing to play his trumpet for neighbors. Musical flash mobs erupted in neighborhoods affected by the lockdown as a way to spread cheer during the COVID-19 pandemic. Italy was one of the hardest hit nations, and their death toll surpassed China.

France

France becomes the first nation to close all of its schools. The aggressive measure was implemented as a way to flatten the curves of the outbreak; however, many parents were left with few options for childcare without school. As the effects of the virus worsened, France and other European nations took additional steps to stem the tide and assist residents impacted.

South Korea

Medical staff test for COVID-19 at a drive-through check post in Daegu, South Korea. The Asian country was initially one of the world's most affected countries, but the high numbers may have been due to the high rate of testing. The country's Centers for Disease Control and Prevention reported more than 100 facilities were available for testing, which was free to anyone referred by a doctor.

Photo credits: Newscom

MARCH

FEB. 27 Australia's prime minister says a pandemic is inevitable.

FEB. 29 The U.S. increases travel restrictions for South Korea, Iran and Italy. There are 85,000 confirmed cases worldwide.

MARCH 5 Congress passes an $8.3 billion emergency spending bill. Virus spreads to at least 14 states. Maryland is first state to declare state of emergency. California and Oregon waive cost-sharing for COVID-19 testing.

MARCH 11 U.S. restricts travel from Europe, except Britain and Ireland.

MARCH 13 U.S. declares a state of emergency. Seattle and Ohio close schools. Urgent care clinics in Hawaii offer drive-through testing.

MARCH 14 House of Representatives passes the Families First Coronavirus Response Act (FFCRA) guaranteeing free coronavirus testing, paid sick leave and boosting unemployment insurance and food safety programs.

MARCH 16 Schools in 39 states are closed temporarily. Kansas is first to announce all K-12 schools will not return to the classroom this school year.

MARCH 17 Total cases reach 198,000 with death toll at 7,900. U.S. has 4,660 confirmed cases and 85 deaths. All 50 states report having COVID-19. The White House urges citizens to avoid gatherings of more than 10 people and calls for the closure of bars, gyms, restaurants and other venues. Government proposes stimulus checks to be sent to each American. Shelter in place order issued in San Francisco Bay area, and New York promises to do the same.

MARCH 18 Border between U.S. and Canada closes.

WHAT WE DIDN'T SEE COMING

COVID-19 unexpectedly derails the school year.

Travel Turmoil

Halted Trips

All major cruise lines around the world suspend their operations in response to the COVID-19 outbreak. Attractions closed, and travelers called off their trips.

Airports experienced overcrowding as passengers were screened returning from spring break trips.

No Games

After initially planning to continue without spectators, sports from the major leagues to collegiate and high school teams cancel or postpone events for public safety. The N.B.A., M.L.S., N.H.L., M.L.B., N.C.A.A., The Masters and PGA golf tours, Formula One and NASCAR, The Miami Open and virtually all high school spring sports joined in the decision. The Tokyo summer Olympics also announced they would postpone.

PANDEMIC. Students who were looking forward to returning to school to begin trimester 3 classes were shocked to find out that STMA HS would be closed due to the COVID-19 virus outbreak. Staff members packed up students' belongings carefully to return them to their owners.

PREPARING THE KNIGHT WAY

Staff organize curbside pick up in anticipation for distant learning.

After Govenor Tim Walz's announcement of school closures in Minnesota, the STMA high school admin team began preparing a plan for students to retrieve their locker belongings and trimester 3 course materials in an efficient and safe manner.

On Monday, March 23rd and Tuesday, March 24th, an oragized distribution plan was set into motion. Pick up times were announced online and students were organized by last names. Parents and students drove to the high school to find their third trimester class books and materials ready for them when they arrived. With the help of the many staff members and the well-planned execution, families were able to pick up belongings quickly and safely.

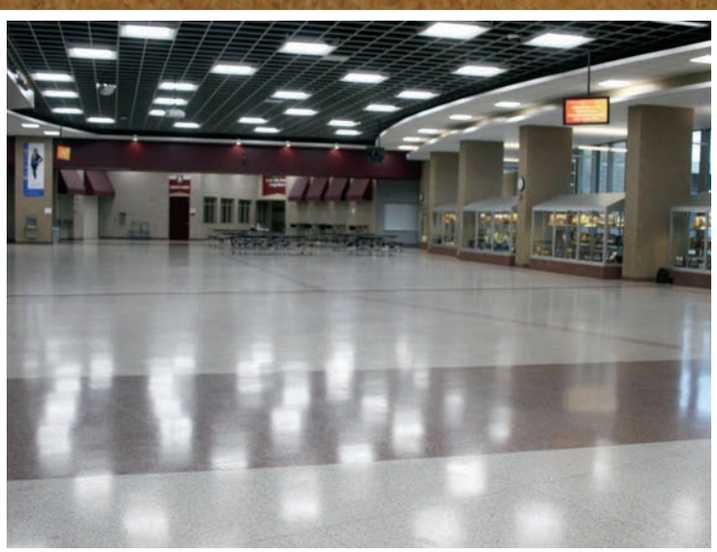
"It was quite disappointing when I heard that we weren't able to return back to school after the second trimester because that means I wouldn't be able to see all of my friends and do school activities, but I knew it was the best solution for what is going on right now in the world."

Presilyn Hanson - Senior

"I drove to pick up my belongings and it felt odd, it was really nice to see some of my favorite teachers again but it didnt feel the same, it felt more sad in a way knowing you might not go back to finish the year off."

Ben Kloss - Senior

NO
PARKING
FIRE
LANE

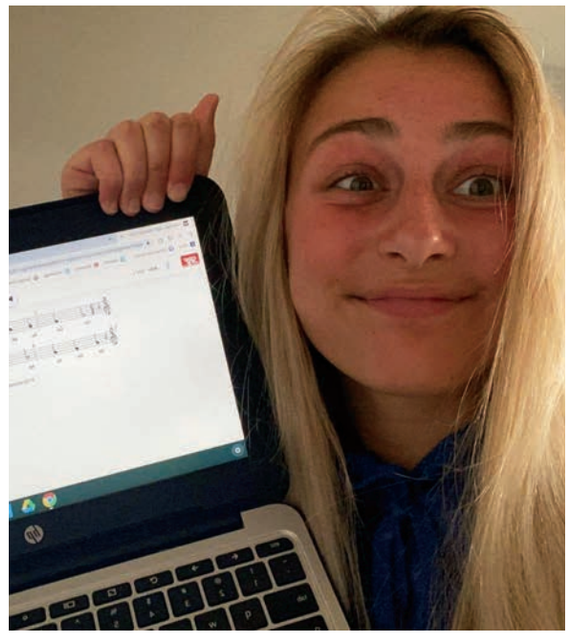


SING. Vivace choir member, Mia Grabau ('21) reads and signs her sight-reading music assignment. "Distant learning for choir is a lot different than it was in school. It has made me realize how much I miss it," said Grabau.

GETTING CREATIVE. Jack Denne ('21) gets creative staying active by doing yardwork for his power volleyball class. "Being home from school, I have to get a little creative for my workouts. Sometimes it's running, yoga, or even landscaping," said Denne

GET FIT AT HOME. Carter HIiltner ('22) does a core strengthening exercise for PE10. "I really like the flexability to choose my own workouts while also getting recommendations from teachers. The self responsibility aspect is cool too," said Hiltner.

It was **amazing** TO SEE THE **SHIFT** to **ONLINE** and **DISTANT LEARNING**



ART ART ART ART

CLAY & MORE CLAY

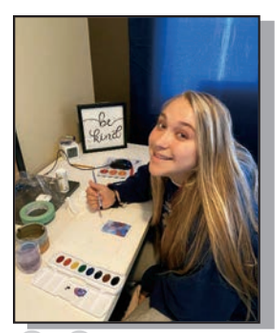
"Ceramics at home is almost the same at school but it's just hand-building. It has given me something to do during quarintine."

Taylor Leshovsky, Senoir

BUILDING AT HOME

"Online woodshop class sounds like it would be impossible to do, but the TechEd teachers have been doing a great job to give us the best experience."

Ian Barthel, Junior



HOME STUDIO

"Studio art at home is made possible by the video instructions and materials given by teachers. It is my favorite part of the day. I get to relax and do art."

Gabby Thompson, Freshman

MAKING IT WORK

STMA students make the best of distant learning.

SIX STRINGS. Junior, Faye Roberts, learns to play guitar at home on her own.

As students adapt to a new way of learning, there are many new challenges and emotions. Junior, **Mason Maynard**, said, "A challange I face with distant learning is not being able to ask teachers questions and get that face-to-face help in class. What I miss most about not being in school is not being able to see all of my classmates and teachers." For seniors, it has been especially hard. Senior, **Julia Dinius** explains how she feels about not being able to finish her last year of highschool: "I am very bummed about not having any closure. We didn't necessarily have the chance to say our goodbyes, and thank you's to both the staff and our peers." Seniors are missing out on their last days of highschool, but freshmen are missing out on their first. Freshman, **Ariana Lovegreen**, said, "A challenge I've faced as a freshman is trying to learn at my best ability and be at my absolute best without being in person and working through the assignments one-on-one with them. I miss interateracting with not just my friends, but also my teachers and the staff. I feel like I'm missing out on my first year of high school." It's not only difficult for one age group. Everyone has had difficulties and challenges as we go through a new way of learning. As said in High School Musical, "We're all in this together." *Page by Sophia Bloomstrand.*

EYE CATCHING GLASSES

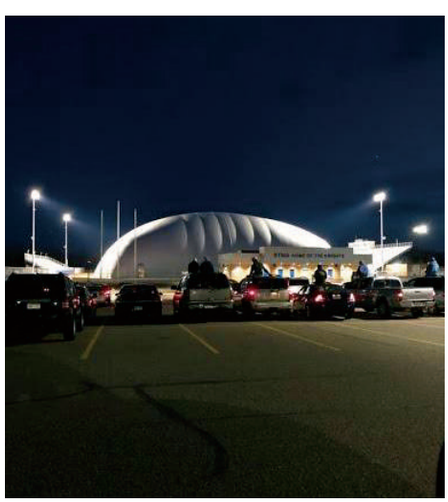
Blue light glasses are the new fashionable accesory that has everybody wanting to buy a pair. Junior, Morgan Loftus, wears blue light glasses to help her headaches and reduce bright lights. According to the Cleveland Clinic, "Blue light glasses have specifically crafted lenses that are said to block and filter our blue light given off from digital screens. They protect your eyes from the glare and can help reduce potential damage to your retina from exposure to blue light." Helpful or just Hype? Hop on the bandwagon to find out for yourself!

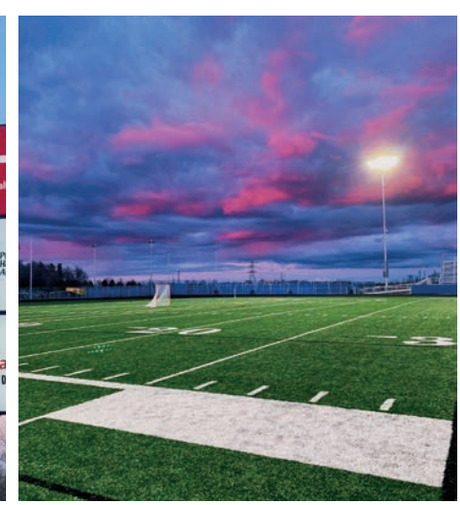
Spreading Sunshine

The STMA Community Rallies Together during the uncertainty of COVID-19

The spirit of STMA High School is felt all over the community. Through various food drives and support for local struggling families and even just positive sidewalk chalk, everyone is doing their best to spread positivity. The photos on the left represent a nationwide movement where a Facebook group called "A WOrld of Hearts." People all over the country in quarantine are decorating their doors and windows with hearts and positive messages. Senior, Amanda Bissen decorated her window. Bissen said "I chose to decorate the window in my house to show people support in our community and neighborhood at this time and that we will get through this together." Local businesses are offering meals for students or even discounts for front line workers. THis is truely a time to be proud of our community and all we have done in the current situation. STMA also lit up the stadiums at both the high school and Middle School West to shed some light on our current times and provide a beacon of hope for students. The community has truley come together while remaining socially distant.

Drone shot of the field lit up for #BethelightSTMA event. Photo by Mr. Bovee





Turn the Lights On

STMA took part in a nationwude movement with a message of "Be the Light" to inspire the community. "Seeing the field lit up made me both happy and sad. I was sad knowing that I was supposed to be out on the field, but I was also happy to have memories of good times with my teammates brought back," said senior lacrosse player, Anna Larose.

BE THE LIGHT

IMPACTFUL. STMA staple, Impact Nutrition, continues to serve the community through their tea bombs and positivity. Senior, Abby Anderson said, "It is nice just to get out of the house and see people, this is the only place I can really go." (Pictured right) Seniors, Abby Anderson and Rachel Sustacek in walk-up window with Impact owner, Renee Burns.

DOING MORE. The STMA boys' Baseball team collected over 1,600 items from the community for the Hanover food shelf.

LENDING A HELPING HAND. Seniors Jack Sander, Jordan Krupke, and John Gerads holding the donated food.

Dear Corona,

Over the last three years of playing for the highschool team we have never had a tighter, more promising group of men. It is a real shame to see our season taken away by something of this manner but I can speak for all the seniors when I say that it was fun while it lasted. The memories that were made this year and the years past will stay with me for the rest of my life. I'm glad that I got to be a part of the team starting freshman year, being able to experience the different dynamics that each year had to bring and I believe that it grew as a player but more importantly grew me as a person. Having supportive captains and a strong coaching staff that turned the adversity of the team into fuel that would drive us harder and harder drove me to always work hard even when it doesn't seem necessary. I would like to thank all players and coaches for giving me the opportunity to be a part of the family that was our team.

-Maxx Bedell

Starting lacrosse for me was one of the biggest leaps I have ever taken. I started playing lacrosse my sophomore year and I had no idea what I was doing and had never held a lacrosse stick in my life. I didn't think I was going to be any good, not knowing the game at all and not knowing how to do anything. My first year playing I started varsity and had so much pressure on me, but I completely fell in love with playing. I stayed after practice to get better and learn the game and it all paid off. I always had fun playing with the girls, singing on the bus, getting ice cream after a good win, laughing at practice. Looking forward to playing my senior year and wanting it to be my best year of them all, then it was taken away. This made me really realize what I'm missing out on, getting to play and see my friends and teammates everyday, and getting on that field was such a blessing. I always loved being out there and having my name called out every game was something that I will forever miss and will always look back on.

-Lizzy Jones

Lacrosse has always been something extremely important to me. Focusing on school and lacrosse kept me busy and helped me learn many new skills that will stay with me forever. One thing I'd wish to tell younger athletes, is act like any practice or game is your last and leave absolutely everything you got on the field. For me I lost my junior season due to injury and now this season. The worst part is I never would've guessed that my sophomore year would be my last. Next year, I'm planning on playing at the next level. I don't exactly know where quite yet but missing out on this year has motivated me more than anything to keep playing. What's most heartbreaking about this situation is that our lacrosse team is a family. No matter your age or skill everyone stays together and fights together and with that we achieve great things. I will miss my team, coaches, the great laughs we had and even team yoga at 8 in the morning. One thing I can take into the future from this is that you never know what's gonna happen so live in the moment and enjoy what you have.

-Tristan Wilson

I will be attending UW Stout in the fall to pursue a degree in Marketing and Business Education.I really miss playing lacrosse. I have been playing lacrosse for 8 years and I am very sad to see my career end like this. My advice to younger players would be to have fun and work hard at every game and practice. Be a good teammate, make many friends and make the most of every opportunity that you are given. Sports have taught me many lessons that I will take with me into the future. I have learned how to be a good teammate and hard worker. I have learned how to hold my head high through good times and the bad, always stay positive and supportive, and to respect others and they will respect you. Finally I am going to miss highschool, sports and activities but I will forever be grateful for the time that I had as an STMA Knight and the memories and friends that I have made along the way!

-Megan Copeland

Scan this QR code to see more from the lacrosse teams.

SCAN ME

Sincerely,
Knights

Dear Corona,

I am continuing my education and trapshooting career at the University of Minnesota Crookston. Even though the virus has taken a lot from me I am thankful to still be able to go out and shoot some clays daily. What I miss the most from being out of school is not seeing my friends everyday and always laughing. What I miss the most about trapshooting, is shooting at state and making new personal bests to celebrate with family and friends. My advice to any new shooter is that practice makes perfect. You are going to have good and bad days that you will learn from. What motivates me is knowing that I have a supportive family behind my back that is always pushing me to do better. I would say the biggest challenge I came across in trapshooting, was being able to learn from the bad days and not see them as all negative. My strengths as an athlete and a person are that I am able to push myself to work harder and accept help from others. I know that this virus has taken a lot from us, but we need to stay positive. There are good things awaiting us, we just need to wait.

-Hailey Olson

After high school I plan on attending the University of Wisconsin Stout and majoring in mechanical engineering. I'm definitely going to practice my sport after high school. One of my favorite parts of trapshooting is that almost anyone can do it which allows for me to be able to do it with people like my grandpa and my dad. The thing I'm missing most about school right now is seeing my friends and having a set schedule everyday. Not being in my activity this spring I'm going to miss all the shoots with my friends that I made through trapshooting and not being able to compete in state and nationals as both an individual and as a team. If I were to give any advice to younger participants on the trap team I would tell them that consistency is key in this sport. Some of the best life lessons that trapshooting has taught me is that you always have to keep a positive mindset if you want to succeed and that your attitude also greatly affects others around you. One of the biggest obstacles in trapshooting that every great shooter has to get over is how to deal with their frustration in the sport whether it be from your performance or from others performance and I truly believe that how you handle this frustration makes or breaks not only a good shooter but a good teammate. What motivates me the most in this sport is honestly being able to shoot at the level my friends in this sport are. I feel that my strengths in this activity wasn't as much so my ability to shoot well but the bonds that me and my teammates made through shooting together that really made this sport so much fun for me to participate in.

-Nathan Notch

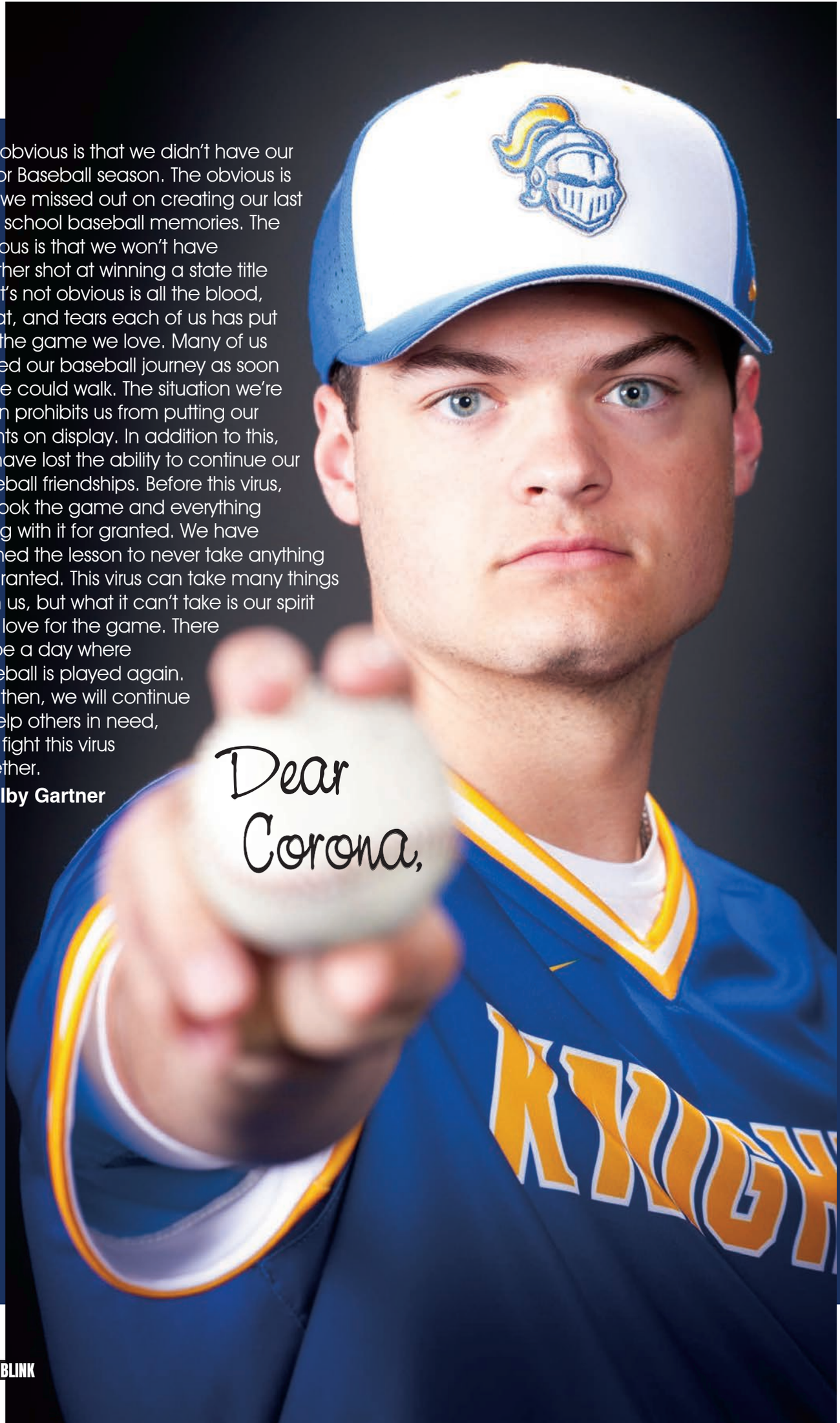
Not being able to compete this year with the team is something no one thought would happen. We were ready to really take the next step this season towards winning the section. The team has been looking foward to growing together and working towards that goal. The seniors on our team were definitely helping to lead the way. They were always offering to help the younger kids and continuing to be positive. I feel horrible for those guys who have given everything to this sport and won't be able to finish that journey. As a team, we now will focus towards next year and what we can do now to prepare.

-Ezra Dickerson

Scan here to see more from the boys' tennis team and trapshooting team.

SCAN ME

Sincerely, Knights



Dear Corona,

The obvious is that we didn't have our senior Baseball season. The obvious is that we missed out on creating our last high school baseball memories. The obvious is that we won't have another shot at winning a state title What's not obvious is all the blood, sweat, and tears each of us has put into the game we love. Many of us started our baseball journey as soon as we could walk. The situation we're put in prohibits us from putting our talents on display. In addition to this, we have lost the ability to continue our baseball friendships. Before this virus, we took the game and everything along with it for granted. We have learned the lesson to never take anything for granted. This virus can take many things from us, but what it can't take is our spirit and love for the game. There will be a day where baseball is played again. Until then, we will continue to help others in need, and fight this virus together.

-Kolby Gartner

The Coronavirus has taken away what I have been looking forward to since 8th grade, a senior season. I'm missing out on one more year of memories I could've had with great friends. What I'm most upset about though, is what we could have done this season. We were coming off of a great season where we made it to state and placed, and nothing was in our way to do it again this year. Our preseason ranking was 6th in the state, and I was also a preseason nomination for Miss Softball, but now we will never know. I'm lucky that I will get to continue playing in college but I feel really sorry for the people who don't get to play another season. They never got an end to their story. I want to thank Coach Shumway, Coach Devine, Coach Dewey, Mr. Cornell, and everyone else at STMA that supports us.

-Elle Potts

Our senior season was cut short by something that we can't control. We ended last year thinking we had one more opportunity to be with our best friends playing the game we love, but that just isn't the case. We train hard all off-season, just for it to be taken away from us in the blink of an eye. This virus has unfairly ended many people's sporting careers and took away our last chance to be with the people we've grown up with our whole lives. The one thing that can't be taken away are the memories that we made playing the game we love. We have built friendships that will last a lifetime and have found people we can lean on when times get tough. We will no longer take for granted the opportunity to be with our friends and family because we know how easily that can be taken away.

-Cody Kelly

It's taken me a long time to accept all of the changes that have happened. I'm no longer able to have the senior season of my dreams. All year, we've been anxiously waiting to relive our State dreams, but now it's been cut short. Although I won't ever get to step out on the high school field again, I still cherish all of the memories I've made and the girls Ive become friends with. Now, I know there are people who are losing so much more than playing softball, and my heart goes out to them and their families. I understand that my problems aren't nearly as extreme. I'm incredibly thankful for everything STMA softball has given me. I'd give anything to play another game on our home field. Underclassmen, never take anything for granted and always give everything you've got. You never know if it will be your last.

-Elise Weinzierl

Scan this QR code to see more from the baseball and softball teams.

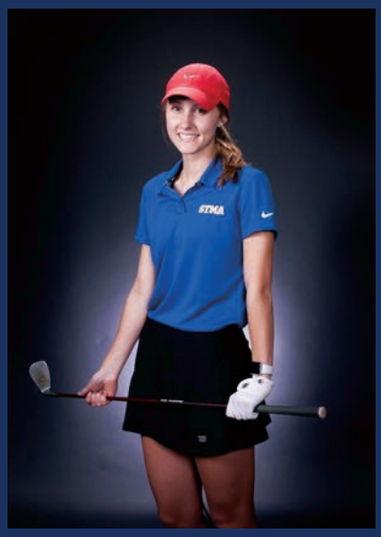
SCAN ME

Sincerely, Knights

Dear Corona,

There are a lot of things I'm going to miss about high school golf: the team practices, team bonding, and most of all competing and cheering the other players on my team. It was a fantastic experience to see the ups and downs of STMA golf, and to watch the growth and development of not only myself but my friends--no, family--as well. It was extremely heartbreaking that I had to miss my final year of these experiences in such an unexpected manner. I will be playing golf at Brown University in the future, and I know that I will also have some of these things as well, I'll still never forget when I first learned what it really meant to join a team. STMA Golf will always hold a special place in my mind, as I took away hard work and tenacity from its experiences, ever since I was a seventh grader. To the young ones playing golf, I just want to say don't be intimidated by good players; watch and learn from them. And if you're feeling unmotivated, remember, to be the best, you have to beat the best.

-Christian Labrador



"Hardships often prepare ordinary people for an extraordinary destiny"- C.S. Lewis. I miss my friends, laughing with my teammates, and my teachers. I would give anything for one more day at STMA and one last golf meet. Corona has affected every aspect of our lives in this moment, but I know we will come out of this stronger on the other side. I will be attending the University of St. Thomas next fall to study Neuroscience and Spanish in the Aquinas Scholars Honors program. Golf is a lifelong sport, and I plan on playing leisurely throughout college and in the future. Golf is a lot like life; you need patience, a growth mindset, and a positive attitude to be successful. I hope to grow in my golf game and these qualities as I enter my future. The advice I'd give it to a golfer or anyone . . . you're going to fail at some point. You will have a bad shot, a 3-putt, or tee off into the water, but how you react to failure is what determines your success.

-Gracelyn Riedel

Such a great journey comes to a tough end. I have enjoyed so much throughout my high school experience and am sad it comes to an end. I have enjoyed every second playing sports and meeting new people. I will always remember the fun bus rides to golf meets and sharing fun moments with teammates. But as one journey comes to an end another starts. I will be attending Concordia St. Paul to play on the golf team as well as major in business finance and minor in management. I can't wait to meet new people and create new memories in college especially with the golf team. I am most excited to compete on the college level and to be chasing NCAA titles in my next journey. Thank you STMA for giving me a great foundation.

-Grange Farr

The End- It's a strange thing that happens when you put on that uniform and do the work together. That work that gives you rewards like winning and pride and at the same time it binds you together. High school golf seasons, the time together might seem small...until you find out it's over. I don't know what others gained from golf, but I learned tenacity, patience and integrity. I know we will never have the answers for what our senior year could have brought, but I really wish we did. I will always remember my high school teammates. In the fall, I will be attending Minnesota State University Mankato to major in Dental Hygiene with a minor in Graphic Design. I'm sure I'll find a course or two down at Mankato and I'm sure I'll play golf leisurely for the rest of my life. To the underclassmen, remember your sense of humor. there's enough stress in life to let one bad hole ruin a game you love.

-Olivia Peltz

Scan this QR code to see more from the golf teams.

SCAN ME

Sincerely,
Knights

Dear Corona,

Track has taught me a lot throughout the years. It's helped me to grow as a teammate but also as an athlete and an individual. Track was a space for all types of athletes to come together and grow as a team. Each individual member was an asset to the team and was necessary for the team's success. The connections I made with not only the other throwers, but with the sprinters, jumpers, pole vaulters, long distance runners, and hurdlers are some connections that I'll carry with me throughout the next steps in my life. When I think about all I'm missing out on, it really puts things into perspective. I'm going to miss the opportunity to compete with my teammates and grow closer as a team. The endless laughs and memories we will all be losing due to the coronavirus just isn't fair. The chance to grow as a competitor and athlete is no longer a reality. I can't believe it's happening to us, but through it all we must stay strong. I was always taught to lead with positivity and to work through the pain. I wouldn't be where I am today without the support of many friends, coaches, and teachers. I am forever thankful for their advice and constant pushing to make me a better person and athlete. Even when I didn't believe in myself, my coaches, teammates, and parents were there to show me that everything is possible if you put your mind to it. It isn't easy to accept the fact that everything I've worked so hard for has come to an end. However, the endless hours of footwork, form, and lifting haven't gone to waste because they've helped me to become a stronger individual and allow me to continue on into the next step of my athletic career in college athletics. I can't fathom everything that's going on around us, but I know that we will all be able to fight through it and grow to be better friends, students, and athletes as a result.

-Samantha Duerr

I was really looking forward to Pole-vaulting this season along with seniors all over the country who were looking forward to their final high school sport. It was the year to be the captain, the leader--the year to end on a high note. It seems as though I have been preparing for this season for my entire life. I did camps, battled injuries, and dedicated countless hours to the sport. I came within 6 inches of the school record, so close, but now it's impossible to ever achieve. "There's always next year," is no longer a reality with high school sports. Even though I will be competing next year at the University of St Thomas, it's still not the same. Time really flies and senior athletes all over the country are realizing there is no next year for them through high-school sports. I miss training, competing, and just talking with the people that I have become so close to over the past few years. Through this sport, I have learned countless life skills including perseverance, confidence, sportsmanship, dedication, passion, and many more. Finally, to those younger athletes out there: don't take it for granted. Treat every second like your last; you never know when it might very well be your last. And enjoy it--every single second of it.

-Nick Eicher

This year would have been my senior year of a sport that I owe everything to. I've never been amazingly coordinated or had great ball control, but I could run. As a wee freshman, I was welcomed into a team of great athletes, some of which I still consider family. Not only do I owe track for introducing me to a wonderful group of people, it also gave me the opportunity to push my limits beyond what I thought possible. What I love about my sport is that I don't fall into a single track event, like most, and I'm constantly learning what events I am capable of. I've bounced from event to event competing in the long jump, running the 200m, the 400m, and eventually to the 800m, and on a few occasions the mile. Though I can say I do prefer specific events over each other, there's never been a race more eye-opening than the 400m. The last 100m feels as though you have an entire 5,000lbs truck strapped to your back as you crawl to the finish line. Though, once you cross that line, you feel invincible. Times spent at the track goofing around are worth the entire 60 seconds of pure death of a race. If I were at practice today, I would most likely be getting dragged to Hahn's "Promise Land" for a marathon of mid-distance repeats, as Hahn watches from afar with a crooked smile yelling, "TURN IT OVER!". Well today, I'm turning the page. Thank you for everything STMA.

-Mia Rooker

Track season was something I looked forward to every year. The bond between the track team was always something unlike anything else. The mix of interests and talents are what brings everyone together as one. The workouts sometimes would make me so tired that thinking of doing the same thing over and over again was unbearable. However, the thing that kept me coming back was my teammates because it's easier to do difficult tasks with like minded people. I wouldn't be where I am today as a person or athlete without the support of my teammates. I can't wait to see where the STMA track program (and other programs) go in the future with all the talented young athletes we have.

Through the years I've learned many things from track and other sports, but nothing has taught me more than this year. One thing I would tell a younger student is to make the most of every second you have to do the things you love. I will take what I've learned from STMA to Drake University where I'll continue my education and athletic career. I will forever be grateful for what STMA has given me, and I can't wait to see where our school goes. ROLL KNIGHTS.

-Brandon Langdok

Scan this QR code to see more from the track teams.

SCAN ME

Sincerely, Knights

Dear Corona,

| miss my theatre family. I miss performing, rehearsing, and spending countless hours with them. Out of all my years in theatre, this past year was one where I felt we were truly one big happy family. We applauded every person involved in making a show come to life and included each individual in all of the activities. I am so proud of everything our family accomplished this year, and even though it was cut short I know that we will come out of this stronger than ever. I cannot wait to see all of the amazing things that will happen next year, and I hope that the theatre program will continue on with open hearts and minds. STMA theatre's devotion to keep spirits alive during this hard time has encouraged me to strive for my goals. This fall I will be attending the University of Wisconsin-Madison and double majoring in Criminal Justice and Psychology. Although I will not be continuing theatre my freshmen year, I hope to in the future. One thing I would like to leave behind for the underclassmen is to always love and support one another. The little acts of kindness and encouragement can go a long way and can change a person's life. It takes every single person to put on an incredible show, so dedicate enough time and effort to each other and create your lasting legacy. Goodbye for now Anatevka, you'll forever be in my heart.

-Tiffany Talley

I am so sad to miss this last play. I was so excited to be a character in the awesome adventure of the Three Musketeers. I'm going to be attending the U of M Twin Cities to study History and Political Science. I am not going to participate in Theater but I'm going to try to continue singing in choir. I am going to miss hanging out with friends and spending time with choir and theater friends. I am going to miss all of the rehearsals and all of the shows and just the overall theater experience because of the Coronavirus but you have to make the best out of the situation you're given.

-Brooks Parkin

Although it has been hard to countinue learning and practicing without seeing my friends and teachers, Ive found a new sense of determination. Im faced with a challange, to make the rest of the year great during this pandemic. In a way this is like theater. The cast is required to make the best show possible out of what they are given. That being said , I will strive to accomplish what I set out to do before we all were quarentined. Next fall, I will be attending Concordia College in Moorhea Minnesota to study International Business and Spanish. For the future theater classmates please take nothing for granted and live in the now. As Andy Bernard once said in The Office, "I wish there was a way to know youre in the good old days before youve actually left them."

-Emery Bell

One of the many activities I have taken part in is theater and it became something very near and dear to my heart. I was co-stage manager with Emily Markgraf for our musical Fiddler on the Roof and was supposed to continue this position for the play The Three Musketeers, but it had to be canceled because of the pandemic that has swept across the world. When I was younger, I was never really interested in the theater scene. I am no actor! But one day a friend of mine asked if I'd like to help out with the set and I just kept going back. I worked my way up from Set builder/Painter all the way to Stage Manager! Over the years I have had many amazing experiences that are all thanks to the Theater Department. I also gained a new wonderful group of friends that I like to think of as my second family. I can't believe how much this department has grown. When I first joined theater there were clear cliques of students, but now when I look around at this family there are no clear cliques everyone is important and loved by one another. I hope this can continue on in the future and I have very high hopes for the underclassmen and wish them all the best as they continue throughout their high school career. After high school, I will be attending UW-Stout For Art Education and Graphic Design. I hope to continue being involved in the theater at Stout, but I will never forget the wonderful people and experiences of STMA Theater.

-Josh Eull

Scan here to see more from the Theater Department

SCAN ME

Sincerely, Knights

YEARBOOK

WE WON'T LET YOU MISS IT

Sophia Bloomstrand

Kenzie Bourgerie

Chelsey Groves

Brooke Isaacson

Kallie Lehmann

Mallory Maynard

Natalie Mazurek

Ngum Nde

Emma Turpin

Nora Al-Mutaawa

Emily Cin

Alex Dehmer

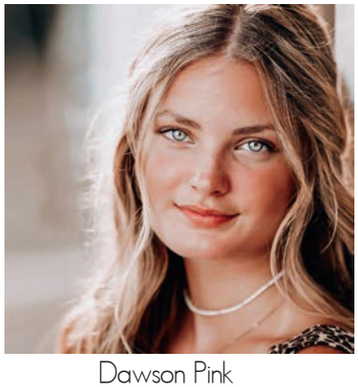
Kylie Elert

Kristen Kadrlik

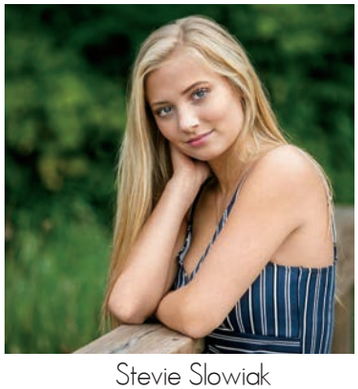
Taylor Leshovsky

Lauren Levens

Olivia Peltz


Dawson Pink

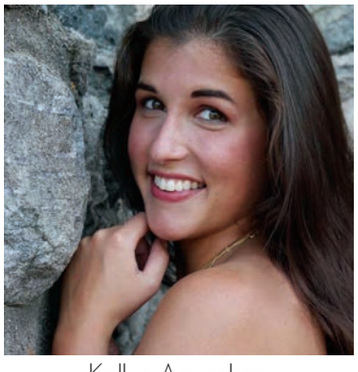
Mia Rooker


Stevie Slowiak

Olivia Schepers

ybk
staff

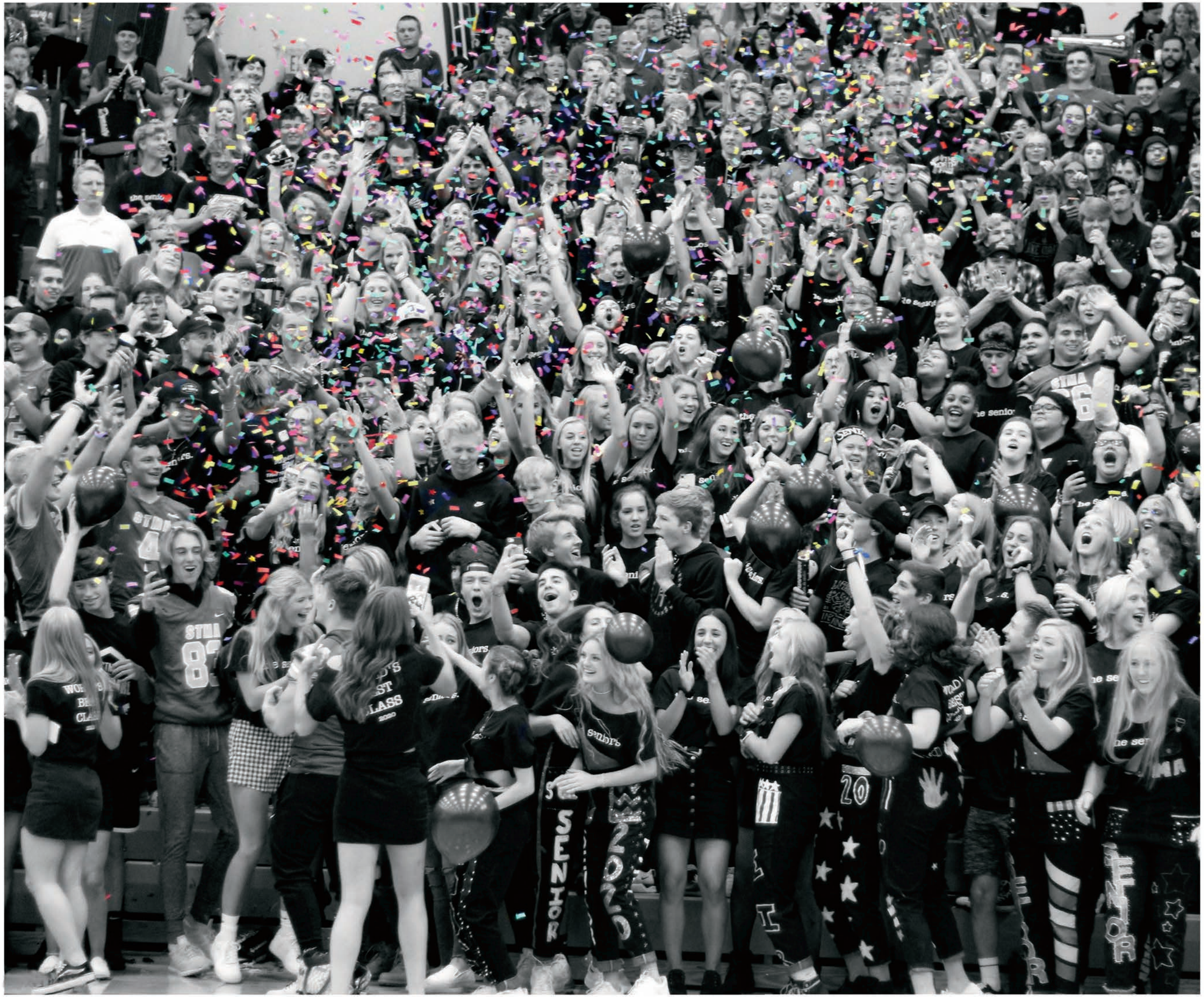
Juliia Walters


Kallyn Amundson

Lauren Welle

Jessica Immer

DON'T YOU FORGET ABOUT ME...



DON'T BLINK

CONFETTI CANNONS. Celebrating the kick off of their final high school year, seniors shoot confetti into the air at the conclusion of the homecoming pepfest. *Photo by Olivia Peltz.*

Sydney R. Aandal · Jude W. Adams · Ryan M. Adkins · Sonia G. Alfaro · Chloe R. Altenhofen · Janie E. Anderson · Justin T. Anderson · Maxwell J. Anderson · Noah M. Anderson · Noah X. Anderson · Owen E. Anderson · Isabella R. Arel · Garrett E. Augello · Emily B. Augustine · Tarynn H. Babcock · Brady A. Bannick · Aidan R. Barnes · Nadia I. Barnes · Tyler J. Barrett · Mackenzie L. Barth · Chrystina M. Barthel · Ian M. Barthel · Harley W. Bauer · Briac J. Bean · Jalyssa M. Beaudry · Shaya T. Bebensee-Hansen · Zachariah P. Becker · Tyler L. Beckstrom · Tyler D. Behrens · Cameron J. Belair · Dylan M. Bennett · Chloe A. Benson · Trygve T. Berg · Mackenzie N. Bergen · Isabel K. Berning · D'Von T. Berry · Benjamin D. Beyer · Sydney R. Bice · Wyatt R. Blakstvedt · Sophia M. Bloomstrand · Myles T. Bongaarts Graham · Kendra L. Bonner · Uriah J. Book · Cornell F. Booker · Frederick O. Jr Booker · Sheryl M. Bosire · Ryan J. Boston · Kyle J. Brandberg · Luke E. Brandli · Kaitlyn A. Braun · Caden S. Brown · Jordan M. Brown · Jordan O. Brown · Alex P. Brutskiy · Abby L. Buckmeier · Adam R. Buckmeier · Ryan T. Buhl · Eliana P. Bunnell · Jacob D. Bunnell · Kendyl J. Burg · Holden F. Bursey · Alix R. Bushard · Jena V. Cano Ksiazyk · Olivia L. Carel · Mallory B. Carls · Ayva C. Carlson · Holly A. Carlson · Sydney R. Carlson · Samuel R. Caron · Liana M. Carriker · Eric E. Chartier · James D. Cheaye · Nathaniel N. Cheney · Grace C. Christensen · Samuel R. Christenson · Lauren R. Christian · Chase B. Cichos · Emily G. Cin · Colin J. Clair · Kayla M. Cokley-Weigelt · David C. Collins · Madison M. Collins · Dakota R. Colvin · Madeline S. Connelly · Kaylee A. Conrad · Joseph R. Cornell · Megan E. Cornell · Nathaniel C. Coulson · Ellsie A. Covert · Paige M. Cowan · Kendal L. Cox · Kai J. Cummings · Ashley M. Cushman · Justin M. Daher · Cole T. Dahlheimer · Joshua G. Damon · Angela A. Danger · Maia K. Davidson · Cole M. Davies · Molly M. Davison · Mya O. Decker · Raya E. Decker · Alexandra L. Dehmer · Cayden M. Dehmer · Selena M. Delgado · Amelia M. Delmonico · Madilynn J. Demo · Jack W. Denne · Taylor C. Dewey · Ezra C. Dickerson · Jacob C. Dinkel · Livia P. Dombeck · Tamaraudoubra F. Donbraye · Paige E. Donwen · Paige C. Dooley · Ginger Downey · Emma J. Drake · Josiah W. Driver · Jack S. Drobinski · Jacob A. Dumonceaux · Isaac D. Dupay · Isabelle M. Durre · Damaris C. Egan · Kylie K. Elert · Lydia M. Ellison · Lynzi K. Emery · Owen B. Escher · Savanna B. Fair · Curtis F. Ferrin · Natalia I. Figueroa · Madelyn E. Fischer · Chloe S. Fisher · Anah T. Fitzgerald · Nicholas J. Flakne · Brockton S. Florek · Clayton C. Follett · Nikolas A. Fomby · Aidan W. Foss · Eric C. Fouquette · Evan J. Freeland · Elizabeth L. Frelich · Ambrielle R. Fritz · Gabrielle L. Fritz · John M. Fritzke · Eric Gao · Alyssa N. Gardner · Brandon M. Gasser · Parker R. Gast · Taylor W. Gaunt · Ethan M. Geray · Tyler A. Getty · Ella E. Gigstead · Sterling A. Gjesvold · Tyler L. Glass · Louis A. Godlewski · Braydon L. Goede · Daniel R. Goede · Thomas P. Gonsior · Jared M. Goodin · Emma K. Gordley · Paige M. Gorynski · Alan J. Gower · Mia I. Grabau · Parker W. Grant · Hannah L. Greeno · Chelsey M. Groves · Madelyn G. Gundberg · Colten J. Gustafson · Claire E. Haakenson · Lexie J. Haglund · Gabriella L. Haines · Reynold R. Hamann · Emma L. Hamilton · Erin M. Hamilton · Molly L. Hanke · Carter O. Hanson · Madelynn K. Hanson · Shea E. Hassinger · Raelyn N. Hastings · Alycia M. Haus · Ethan B. Hawkinson · Victoria C. Hayward · Tyler W. Hecksel · Hannah N. Hedstrom · Bryce A. Hegge · Adam P. Hegrenes · Alec D. Heiber · Aaliyah M. Heine · Madylin R. Heitman · Jonathan A. Helm · Rogan H. Helm · Zachary L. Helman · Gavin R. Hemmer · Ashli C. Her · Mary C. Herbst · Jaden K. Herman · Megan M. Hester · Logan D. Heuanphommavong · Amy G. Highberg · Zachary T. Hill · Olivia A. Hirschey · Trevor C. Hochstedler · Hannah N. Hodge · Audrey R. Hoffman · Maiya J. Hofmeister · Brayden C. Hoivik · Austin N. Homstad · Joseph R. Houwman · Taylor M. Hove · Jackson P. Howard · Evan M. Hoy · Alexandra J. Hoyt · Hayden W. Huber · Benjamin L. Huberty · Julia M. Huetteman · Jack J. Hulting · Jessica A. Huser · Sagal A. Hussein · Kayla L. Hutton · Jessica J. Immer · Zachary J. Ingebrigtson · Justin A. Inthaly · Brooke A. Isaacson · Maycee M. Jahnke · Jenna R. Jenkins · Lauren J. Jenniges · Charlie D. Jerpseth · Casey S. Johnsen · Alayna M. Johnson · Bridget A. Johnson · Brooke A. Johnson · Emily K. Johnson · Kennedy J. Johnson · Khulyn K. Johnson · Luke J. Johnson · Oswald P. Johnson · Grant M. Johnston · Jonessa V. Jones · Rachel A. Jossart · Stephanie N. Joyce · Matthew L. Kaiser · Halimatu S. Kamara · Victoria A. Kangas · Abigail K. Karger · Rachel R. Kasper · Evelyn C. Kastner · Manisha Kawallram · Bailey A. Kelly · Caden M. Kelly · Abby L. Kemmetmueller · Tanner J. Kemp · Timothy A. JR King · Kyler W. Kitzberger · Taylor A. Klinkhammer · Avery R. Kneefe · Carlie J. Kobilka · Jacie L. Kolehmainen · Alyssa L. Krueger · Ryan J. Kucera · Mamifio Z. Kulee · Braeden M. Kummer · Adam J. Kvant · Meadow M. LaDuke · Devin J. Lambert · Nicholas L. LaMere · Lydia K. Lamey · Jordyn D. Lane ·

Brett A. Abel · Jaylen M. Abraham · Kaleb A. Aguirre · Esma S. Ali · Kaden L. Amundson · Sydney R. Amundson · Dylan R. Anderson · Emma G. Anderson · Kiley E. Anderson · William D. Anderson · Keagan J. Andrews · Matthew K. Andrews · Rachel E. Andrews · Justin C. Andrusko · Sarah K. Antoine · Brock M. Apold · Austin Y. Aquino · Madeleine R. Arro · Mason T. Auseth · Edwin Avendano · Jacob M. Avery · Nicholas T. Avery · Jacob C. Bakke · Dylan J. Balken · Johann O. Bando · Reid J. Barbeln · Helaina J. Barthel · Owen M. Barthel · Tatum S. Barthel · Matthew S. Bartos · Devon M. Bauer · Kazmer T. Beaudry · Aria R. Beaulieu-Flolo · Brooke E. Beck · Cole M. Becker · Nathan A. Beeler · Joseph M. Begin · Luis Antonio L. Behling · Abram D. Benker · Emma N. Bennett · Jarrett L. Bennett · Brianna E. Bergren · Justyss R. Bichler · Grace E. Bilicki · Carter G. Bitzan · Bo P. Bitzer · Kylie J. Bjork · Landon J. Bjork · Aiden J. Blaeser · Mason D. Blake · Parker L. Bluhm · Caitlynn A. Bock · Benjamin P. Boebel · Malikai D. Bogan · Carter X. Bolduc · Tirza A. Book · Charles K. Borchardt · Rosemary K. Bosire · Andrew D. Bot · Dylan L. Bottolfson · Alexander D. Bourget · Caleb C. Boyette · Blake G. Brabant · Esme E. Bradach · Katherine A. Bradt · John M. Braegelman · Karlee D. Brannan · Grady D. Breen · Ellie S. Breuer · Jacob K. Breuer · Emma M. Briggs · Olivia S. Brill · Margot J. Bromley · Augustus L. Brown · Brooke F. Brown · Emily M. Brown · Ai-Quynh V. Bui · Grace L. Bunnell · Kailey M. Burnham · Hilary M. Bursch · Dylan J. Byer · Isabella R. Carlson · Layton M. Carlson · Michael L. Cartney · Owen T. Cary · Cade M. Casey · Allison C. Cate · Dalton N. Cate · Jagger J. Chalich · Ella J. Chambers · Samuel J. Charlesworth · Gail Chea · Isabella M. Christensen · Matthew T. Jr Christenson · Robert G. Cilke · McKenzie M. Clark · Emma T. Cliff · Jackson D. Collins · Dawson O. Colvin · Joseph D. Cook · Adeline C. Copeland-Spivey · Trevor B. Cormier · Abigail F. Cornell · Talimailelagi K. Cornillez · Olivia R. Correll · Lauren E. Couture · Gabrielle M. Cramer · Liam A. Culhane · Joshua E. Curry · Matthew J. Dehmer · Roman N. Dehmer · Taetum P. Dehn · Rachel R. DeLong · Sarah C. DeMatteis · Ethan T. DesMarais · Max M. Detlefsen · Nicholas J. Dewey · Austin J. Dietrich · Katie M. Dinius · Brooklyn J. Dixon · Adam S. Dodge · Abigail M. Dolan · Ryan M. Dornfeld · Jaiden R. Downing · Luke E. Doyle · Jeffrey A. III Dubel · Breanna L. Duerr · Emma J. Duerr · Montee K. Dukuly · Porter M. Duncombe · Jermaine M. Jr DuPart · Jack T. Dwinnell · David S. Ebert · Andrew D. Egbert · Samuel D. Eicher · Collin D. Eide · Emily P. Ekman · ZooAlfokar H. Elarab · Morgan M. Elken · Anthony R. Ellinghuysen · Riley J. Ellingson · Dylan R. Elliott · Jenna R. Ellis · Brayden J. Emerson · Cassandra M. Emerson · Jorie L. Emerson · Jacki L. Emery · Hendrick O. England · Hailey G. Enos · Bryan D. Erickson · Jack W. Erickson · Josephine A. Erickson · Ryan D. Erickson · Ethan J. Esnough · Zachary R. Ewer · Ayman Ezzaid · Alyssa L. Farden · Lucas I. Feigum · Cadence M. Feld · Evan E. Feldick · Hamilton R. Felling · Samuel R. Felling · Sophia R. Femrite · Jordan D. Ferry · Ryan J. Fette · Caleb T. Fetzer · Chloe J. Finnerty · Ryan D. Fischer · Ellie R. Fisher · Nathan L. Fitch · Carolyn N. Fix · Isaac H. Fladung · Olivia M. Flaten · Gabrielle J. Florey · Chloe N. Florip · Benjamin J. Ford · Carter O. Formo · Sawyer D. Forsberg · Easton R. Fowler · Charles R. Fox · Anna M. Frandsen · Hayden P. Frank · Kelsey M. Frederick · Garett G. Fredrichs · Kenadi G. Fredrichs · Casey E. Fredrickson · Mya M. Fryckman · Rebecca T. Gapinski · Itzel F. Garcia · Maia E. Garcia · Ryan M. Geissler · Mitchell S. Giese · Alanna J. Gifford · Autumn E. Goetsch · Kailey R. Goins · Jason G. Goodin · Aaron J. Goodman · Eric J. Goodman · Jade L. Goth · Eva M. Grahl · Paige H. Graziano · Theo R. Grotberg · Makayla A. Gruidl · Kristina C. Gunderson · Amelia J. Guntren · Ella E. Gustafson · Hillary I. Gustafson · Gavin T. Gutzwiller · Jamie K. Gweh · Lauren R. Haas · Levi P. Hahn · Isabella J. Hall · Ian J. Halvorson · Brenna L. Hamann · Trinity N. Hanif · Emma D. Hansen · Ben L. Harken · Ananda V. Hart · John R. Hartnett · Zander S. Hasher · Cadynce O. Hassall · Parker T. Hawkinson · Mackenzie L. Hegg · James F. Heil · Dominik M. Heise · Kailey M. Hemish · Cynphany E. Henderson · Hannah M. Henschell · Adam P. Herbst · Payton S. Hernandez · Abigail J. Heuer · Tyler M. Hildesheim · Michael A. Hilleren · Megan M. Hilstrom · Carter J. Hiltner · Claire E. Hinrichs · William N. Hirsch · Zachary R. Hlinsky · Jacob P. Hochstatter · Nicholas K. Hoefener · Ashlyn M. Hoffman · Hannah N. Hoglund · Gavin I. Hoivik · Paige K. Holm · Micah G. Holt · Carter J. Hoyt · Hannah M. Hughes · Avery S. Husting · Hanna M. Hynes · Caleb L. Iddings · Jack R. Ingleman · Ryan J. Ingleman · Julia M. Intrieri · Madeleine R. Iverson · Allison M. Jaeger · Paige L. Jernberg · Preston P. Jeske · Lleyton B. Jocelyn · James L. Jochim · Isabelle M. Johnshoy · Abby E. Johnson · Alex E. Johnson · Amelia R. Johnson · Analiyah C. Johnson · Jace P. Johnson · Jenna M. Johnson · Noah R. Johnson · Titus B. Johnson · Cameron R. Jolly · Theron D. Jones · Lillian D. Jugasek · Sophia D. Juntunen · Dylan J. Jurmu · Malitta B. Jusu · Avery F. Kaliszewski · Thomas J. Kammann · Benjamin C. Kanthak · Adela Karic · Cameron J. Karolevitz · Durvanie Kawallram · Maximus T. Keefer · Neal J. Kennedy · Kash A. Kindgren · Owen J. Kinney · Treyton L. Klepsa-Orrey · Hayden E. Klevann · Jaricha N. Klinkner · Blake A. Koehler · Brinna C. Koivisto ·

Cailey L. Aandal · Tyler J. Aberwald · Dallon C. Adams · Isabella A. Adamyan · Nora M. Ahlman · Ayda Al-Mutawa · Natalie R. Alwin · Rocco Amente · Mackenzie K. Amoako · Graham T. Anderberg · Brandon S. Anderson · Gabe N. Asleson · Hannah G. Augustine · Madelyn L. Aulwes · Belinda K. Aydt · Ashlynn L. Badenoch · Lily A. Bakker · Lukanu E. Banzeba · Jamal A. Barfour · Reid T. Barnard · Lilia L. Barrett · Tanner G. Barth · Ethan B. Beaudry · McKinley L. Beaumont · Reece S. Beck · Olivia M. Becker · Alexander J. Behrens · Mackenzie N. Berg · Maria S. Berning · Emma R. Berres · Thomas R. Bezanson · Grace E. Bielke · Mason J. Biniek · Sawyer J. Blakstvedt · Tyler C. Blount · Jaxson D. Boe · Chloe M. Boettcher · Charles M. Boldenow · Alexander L. Boltz · Tanner R. Booker · Adam M. Boston · Jackson S. Bouressa · Nicole C. Braun · Cameron D. Brett · Gavin J. Bristlin · Jacob W. Brommer · Marina P. Brutskaya · Micah R. Bunnell · Andrew M. Burke · Drew E. Bushard · Ethan S. Buskey · Andrew F. Butkowski · Paige M. Butler · Jackson T. Byboth · Emma J. Caballero · Jaxon J. Cagle · Carter M. Campbell · Myana A. Carey · Briana C. Carlson · Hayden P. Carlson · Piper L. Carlson · Abigail K. Carroll · Avery P. Caza · Hannah L. Cedergren · Chloe A. Chapman · Philip R. Charmoli · Jade F. Cheng · Evan T. Child · Kaitlin E. Christensen · Hannah R. Christenson · Ethan J. Christian · Holly A. Christman · Jordyn A. Clapp · Brady R. Clausen · Natalie M. Cocking · Christian L. Collins · Vincent J. Colotti · Joshua M. Cooper · William T. Cooper · Jack R. Cornell · Kayla R. Cornell · Bennett K. Cotterman · Lucas A. Cross · Gracie M. Crowell · Ross H. Cruickshank · Hunter A. Czech · Gabe J. Dahlheimer · Lane W. Dahlheimer · Autumn M. Daleiden · Muhamed L. Danso · Jack H. Davies · Chloe M. Davis · Connor R. Davis · Eli R. Davis · Tyler D. Davis · Myles J. Dehmer · Colton J. Demarais · Olivia J. Dembouski · Kayden K. Denne-Brown · Kaylynn M. Denny · Riley J. DeVine · Theodore M. DeVries · Mikaylee J. Dickie · Lauren E. Dinh · Evan P. Dombeck · Emma E. Donndelinger · Das'Janae Douglas · Samuel G. Drake · Kaiden A. Dreis · Emma C. Duncombe · Braedon C. DuPaul · John Z. Dupay · Julia E. Dupay · Alexis G. Dupont · Serenity N. Durre · Daniel L. Eberhart · Gabriella L. Eicher · Kaden R. Eicher · Lindsey B. Ek · Sauvy Bryon Ellah Nernyuy · Kailyn J. Ellinghuysen · Vanessa L. Ellis · Andrew T. Emerson · Nathan P. Engman · Julian M. Escher · Zaya L. Esterberg · Ethan R. Evenson · Jarrett L. Faue · Lydia R. Feder · Delaney M. Feld · Katie Felizzi · Dylan D. Fischer · Paige M. Fischer · Luke D. Fisher · Ruby L. Fisher · Teagan R. Fisher · Leo L. Fofana · Brenna J. Folven · Kylee G. Formo · Nathan R. Foss · Ellsie L. Frauendienst · Grayson J. Fredrichs · Avery E. Freeland · Andrew J. Furcht · Samantha S. Gagne · Madilyn R. Gartner · Brittany L. Gertzen · Kaden C. Gertzen · Tanner J. Getty · Dylan J. Gfroerer · Josephine M. Gillach · Lillian M. Gillespie · Destiny J. Girtz · Maura E. Gjesvold · Dillon N. Glass · Aedan J. Glimsdale · Breanna J. Glirbas · Julian H. Godlewski · Devin A. Goede · Megan E. Gohl · Jasmine M. Gray · Nathaniel P. Gremmels · Ashlee J. Grotberg · Ashtyn T. Groves · William M. Gulden · Nicholas A. Gustafson · Ebbisa G. Habib · Richard J. Hackenmueller · Alexis S. Halgrimson · Carter B. Halvorson · Austin M. Hansen · Samuel L. Hansen · Tyler C. Hansen · Aidan J. Hanson · Harrison P. Hanson · Praise F. Hanson · Spencer G. Hanson · Sofia V. Haraseth · Brittney M. Harris · Rylee J. Harrison · Taten M. Harrison · Erin M. Hartnett · Salena Hasan · Kayla J. Hass · Jackson J. Hautala · Abigail R. Hauxwell · Owen J. Hecksel · Mary P. Hegrenes · Carson L. Heibel · Isabella F. Heieie · Zachary S. Heitkamp · William E. Heitman · Brooke M. Helm · Ethan M. Helm · Samuel J. Helm · Olivia G. Henry · Tyson B. Hentges · Gwen M. Herbst · Emma J. Herfel · Jubilee Rose H. Heu · Brenden M. Hirsch · Riley J. Hirschey · Aliya G. Hjelle · Hope R. Hochstedler · Hayden C. Hodge · Miriama P. Honzl · Lauren M. Hoselton · Ella D. Hoy · Nolan L. Hoyne · Taylor L. Hoyt · Hunter J. Hrebal · Samuel D. Huber · Holly J. Hultman · Ellie N. Hunsley · Kailee G. Hustoft · Rebecca L. Immer · Tyler M. Ingebrigtson · Braden W. Intrieri · Avery L. Jackson · Luke J. James · Logan N. Jans · Parker W. Janssen · Jocelyn V. Jaroscak · Taylor R. Jeffery · Jay W. Jenkins · Chloe M. Jensrud · Tyler W. Jette · Khendal L. Johnson · Matthew L. Johnson · McKenna K. Johnson · Michael O. Johnson · Olivia M. Johnson · Reese L. Johnson · Tessa K. Johnson · Julia P. Johnston · Tyler R. Jordan · Ryan H. Jossart · Angie Jusu · Benjamin P. Juusola · Joely S. Kasel · Nicole T. Kasper · Miles R. Kay · Brody J. Kelly · Emma L. Kelly · Makiah M. Kelly · Lexi M. Kemmetmueller · Samantha R. Kemp · Carter M. Kephart · Katya J. Kirscher · Kyle L. Kisling · Madison L. Klein · Kaleb S. Klinkhammer · Olivia R. Kloss · Eleanor A. Klym · Raymond A. Koch · Kameron L. Krist · Carter C. Krohn · Leo T. Krueger · Jake S. Krumenauer · Matthew D. Kruse · Tilly L. Kue · Cheyenne T. Kuehn · Jason R. Kukowski · Logan P. Kunz · Megan M. Kurth · Jocelyn M. Kutz · Hannah L. Kvant · Tyler L. LaFond · Michael K. Lambert · Bradyn J. Lane · Norah A. Langager · Owen D. Larsen · Nicholas J. Larson · Erika R. LaTour · Dylan M. Layton · Ethan E. Lazar · Alexandra E. Lazer · Tam T. Le · Conner G. Leach · Blaine D. Leckie · Jessica L. Lee · Payton E. Lee · Kurtis K. Lekatz · Mylin M. Lemke · Nicholas A. Lenneman · Aidan C. Leonard

Walsworth®

ST. MICHAEL-ALBERTVILLE HIGH SCHOOL VALOR 2020 VOLUME 23

DON'T BLINK

ST. MICHAEL-ALBERTVILLE HIGH SCHOOL VALOR 2020 VOLUME 23

DON'T BLINK

Walsworth®

ST. MICHAEL-ALBERTVILLE HIGH SCHOOL VALOR 2020 VOLUME 23

DON'T BLINK

Walsworth®

Ryan D. Aberwald · Tanvi Abraham · Eric Affi · Nora J. Al-Mutawa · Lillian K. Albrecht · Ivan A. Alcaraz · Tarik T. AlDuri · Vanessa M. Alexander · Kallyn Amundson · Abby E. Anderson · Cassidy J. Anderson · Dylan R. Anderson · Jacob B. Anderson · Ashton P. Antil · Kayla M. Apelt · Jacob L. Asleson · Carter D. Athman · Alex J. Avery · Lance R. Aydt · Olivia G. Aylor · Aidan M. Badenoch · Isabella R. Baldwin · Zachary R. Balken · Philip T. Bania · Baledi C. Banzeba · Jessica D. Barr · Jack R. Batchelor · oseph Beaudry · Gretta G. Becker · Cade J. Beckers · John M. Bedell · Taylor M. Beeler · Anna L. Belair · Emery A. Bell · Cora L. Benker · Carson L. Berglund · Kalley J. Berning · Matthew L. Berning · Sarah A. Berscheit · Korebin M. Beutner · Tatum M. Birr · Amanda E. Bissen · Brittney A. Blaeser · Dylan P. Blount · Jacob A. Bluhm · Zachary J. Bluhm · Rachael D. Boesen · Daniel C. Bollin · Grant J. Bong · Justin M. Bonner · Jacob D. Borer · Jordan O. Bothwell · Tiffany S. Bounnakhom · MacKenzie E. Bourgerie · Skyler H. Boushee · Quinn Bradley · Garrett L. Bradt · Brieanna L. Brennan · Evan W. Bright · Calvin R. Bromley · Samantha M. Brown · Luke R. Browning · Collin G. Brunet · Neal J. Buerman · Jackson J. Bursch · Matthew T. Bury · Maxemilion G. Busch · Thomas F. Butkowski · Dominik R. Butler · Madison R. Callais · Nicholas W. Camp · Kallie A. Campbell · Kelli J. Campbell · Hailey J. Cantwell · Nicolas J. Carlson · Jack H. Carroll · Ellie M. Cary · Morgan S. Casey · Carter B. Cate · Brenna R. Caza · Cole J. Chalich · Clare E. Chambers · Brianna M. Chatterton · Wenbin Chen · oseph Christense · Mariah D. Christensen · Hannah M. Christman · Colton D. Christopherson · Hunter C. Christopherson · Isaac R. Clark · Zachary T. Colemer · Lindsey M. Cook · Megan N. Copeland · Tyren P. Cornillez · Wyatt D. Craft · Abigail L. Cross · Claudia Cucart Ramos · Morgan F. Culhane · Nash P. Dahlheimer · Terra V. Dahlman · Joshua A. Dalluge · Kylie Daly · Grace M. Davis · Ryan T. Davis · Anahi De La Cerda · Danay M. Dehmer · Tobias M. Dehn · Jared E. Dick · Mitchell J. Dickie · Samuel J. Dierberger · Julia K. Dinius · Lillian R. Dishneau · Taylor A. Dixon · Jack R. Dodge · Noah Dolan · Samuel S. Draeger · Samantha J. Duerr · Gabriel J. Dulac · Alice M. Duncombe · Kelly R. Dupont · Toria G. Dyer · Maryann G. Earley · Olivia M. Egbert · Miguel M. Eguia · Nicholas A. Eicher · Lauren F. Ek · Andrew J. Elsnes · Augustus S. England · Joseph D. Ergen · Emma E. Ericksen · Ingrid S. Erickson · Nicholas L. Erickson · Christabel A. Eshun · Olivia B. Estep · Blake E. Esterberg · Joshua C. Eull · Jaeger J. Evans · Braxton S. Fair · Kayla E. Fairburn · Grange K. Farr · Alyssa A. Faust · Lauren A. Feldick · Logan M. Femrite · Hayden M. Feuerborn · Ben N. Fiedler · Morgan R. Fischer · Adam D. Flammang · Tyler J. Fleck · David A. Flores · Matthew K. Foltz · Natalie L. Francisco · Marina S. Frandsen · Paige H. Frank · Gavin T. Fredrichs · Claire L. Fredrickson · Sophie M. Fritz · Jordan P. Fuchs · Maddie I. Gagnon · Nicolas E. Garcia · Kolby J. Gartner · Madison A. Gaulrapp · Kyra L. Geiger · John J. Gerads · Carter J. Gilleland · Antoria M. Glass · Abigail M. Glirbas · Brendan I. Glirbas · Kailey M. Glunz · Erin M. Goepfert · Mitchell B. Gohl · Brendon S. Gorynski · Nykayla S. Greer · Olivia A. Grochow · Nolan J. Gustafson · Tyler Guzman · Alexandra R. Haas · Courtney F. Hahn · Benjamin F. Haliburton · Alexis K. Halvorson · Allison M. Hanson · Presilyn N. Hanson · Iain W. Harken · Grace N. Harlan · Phoebe J. Harmon · Reed J. Harrington · Jadyn Hassall · Jonah D. Hayes · Mary F. Heil · Mikala M. Henderson · Zachary A. Hepper · Aaliyah K. Her · Ella J. Herbst · Isabella S. Heuanphommavong · Abigail R. Hill · Gabriel M. Hjelle · Dennis J. Holbrook · Kale D. Hoselton · Benjamin J. Hughes · Brooke K. Hunsley · Sudi A. Hussein · Devin Hyde · Brooklyn N. Illies · Holly M. Illies · Veronica P. Jacques · Nolan M. Jaeger · Jaden N. James · Ryan T. Jann · Hunter D. Jans · Zachary S. Jans · Baiboon Jantassi · Chloe A. Jensen · Erin E. Jensen · Madison K. Johnshoy · Blaine M. Johnson · Claudia D. Johnson · Cole A. Johnson · Isaiah J. Johnson · Madalyn E. Johnson · Wynter M. Johnson · Elizabeth J. Jones · Jeremiah E. Jordan · Carly J. Joslyn · Dominic A. Jurmu · Laurie M. Juusola · Kristen E. Kadrlik · Joshua M. Kainz · Erna Karic · Abbigayle Karolevitz · Calvin L. Kasper · Finnegan M. Kastner · Steven E. Kazouh · Bryan M. Kelley · Cody J. Kelly · McKenzie C. Kelly · Sean P. Kennedy · Thanyaphon Khwanngam · Teagan J. Klepsa-Orrey · Benjamin E. Kloss · Easton H. Knealing · Caylyn A. Kobilka · Kelsey A. Kocon · Eiley E. Koivisto · Greta J. Korpi · Yauheniy Kotau · Clairice A. Kowalke · Mackenzie J. Kramer · Edward J. Krcma · Davis G. Krueger · Alexander J. Krumenauer · Jordan H. Krupke · Megan A. Kruschke · Noah R. Kunz · Valerie R. LaBerge · Christian J. Labrador · Skyler A. LaCoursiere · Grace M. Lamprecht · Brandon J. Langdok · Zachary J. Lanners · Michael C. Lappin · Anna L. LaRose · Baili M. LaValle · Luc C. Laylin · Gavin G. Layton · Kallie T. Lehmann · Kali K. Lekatz · Hayden J. LeMonds · Aaron J. Lenarz · Katie D. Lenneman · Hunter A. Lenz · Adeline A. Leon · Michael S. Leonard · Taylor R. Leshovsky · Carl R. Leuer · Lauren A. Levens · Wyatt J. Lidberg · Jacob Liddicoat · Carter Lilledahl · Anna C. Lindemann · Ty Lindenfelser · Thomas J. Litwiller · Patrick H. Livingston · Benjamin K. Lock · Preston Lockwood · Luke S. Logan · Joseph L. Lombardi · Alyssa A. Maciey · Michael W. Malkowiak · Keagan L. Mann · Brooklyn J. Marchand · Emily R. Markgraf · Gavin J. Markley · Abigail J. Marsolek · Brinna N. Martin · Garrik M. Martin · Jane E. Martin · Ivan A. Martinez · Jeffery A. Mason · Harmon M. Mauersberger · Samuel M. Maxwell · Alexander D. McAloon · Paige K. McAloon · Madison G. McCann · Cassidy M. McGee-Johnson · Jacob M. McIsaac · Jacob J. McKimmy · Madison G. McKinley · Peyton P. McLean · Karly J. McShane · Marli A. Meilahn · Mitchell R. Meilahn · Kiara N. Mendez · Hunter A. Meredith · Boston D. Merila · Kyle M. Mialkowski · Charles J. Michaelson · Joseph C. Miller · Lucy L. Miller · Raquel A. Mitchell · Sidney E. Mitchell · Jennifer Moreno Vizcarra · Jagger D. Mork · Davis R. Moseng · Kieren E. Mueller · Lauren D. Munson · Mitchell T. Murphy · Jonathon L. Nagovsky · Ashley Najarro · Ngum M. Nde · Inomusa M. Ndlovu · Bryn A. Nelson · Nathan B. Nelson · Noah J. Ness · Dominic T. Neutgens · Tiffany N. Nguyen · Andrew J. Nietfeld · Callie M. Nordberg · Noah D. Nordin · Nathan M. Notch · Thomas A. Nowak · Christopher P. Nygard · Luke A. O'Leary · Samantha M. Och · Amos Ogaya · Jordyn J. Ohlander · Olufunmilayo P. Ologunde · Gabriella G. Olsen · Jazlin A. Olsen · Ashley J. Olson · Chase M. Olson · Hailey M. Olson · Micah L. Olson · Nicholas J. Olson · Sydney M. Ophoven · Benjamin L. Oscarson · Jacob T. Pabst · Samantha L. Palmer · Tessa M. Palmer · Daniel L. Paluck · Marissa A. Papp · Jacob M. Parker · Molly E. Parker · Brooks W. Parkin · Haley E. Parnell · Madeline R. Patterson · Samuel J. Patton · Christopher B. Paul · Carter D. Pauly · Olivia D. Peltz · Alex B. Perepechkin · Olga E. Perepechkin · Deven J. Perron · Aiden J. Peters · Ashley S. Peters · Abigail E. Peterson · Garrett H. Peterson · Leo N. Peterson · Katharine E. Petit · Nga P. Phan · Dawson G. Pink · Isabella R. Pipenhagen · Nicholas J. Polfliet · Lauren R. Pomerleau · Elle M. Potts · Drisani V. Prashad · Kyleigh Probst · Thomas D. Raatz · Claire N. Rademacher · Tyson J. Radke · William C. Rahne · Hailey L. Rankin · Tierney O. Ras · Thomas J. Rathman · Trevor R. Reedy · Tala I. Reinbold · Amelia A. Relopez · Anna L. Relopez · Jade E. Resner · Gregory A. Rice · Luvenia Rice · Bryanna L. Rieber · Gracelyn A. Riedel · Taylor M. Ripplinger · Jordyn M. Robeck · Griffin F. Roberts · Joshua M. Roberts · Joseph R. Robinson · Kyle L. Robinson · Laura K. Rohr · Emma L. Ronyak · Amelia A. Rooker · Jake T. Roos · Nolan J. Ross · Nolan R. Ross · Indigo L. Rowland · Seth D. Ruberto · Mia S. Ryan · Kallie M. Salen · Owen D. Sand · Jack D. Sander · Kevin Sann · Jenna R. Sargent · Hunter D. Sauer · Madalyn R. Sawyer · Katherine M. Saxe · Ethan T. Scheelk · Olivia J. Schepers · Bailey J. Schlimme · Grant A. Schmidt · Valen E. Schmidt · Jane E. Schmitz · Colton M. Schmoyer · Matthew D. Schneider · John M. Schoberg · Kassandra E. Schoen · Marcus W. Schweisthal · Natalie J. Seiffert · Nicholas C. Seurer · Dylan J. Sexton · Gabrielle R. Shedlov · Bryce T. Sherman · Gabrielle H. Siegle · Drake A. Siens · Aliyah N. Simat · Spencer J. Simon · Colette A. Sinclair · Grace E. Sinkule · Graedon C. Sletten · Stevie M. Slowiak · Erik T. Snyder · Logan T. Sonenstahl · Ty E. Songstad · Olivia J. Sorensen · William D. Spalding · Boden J. Sperr · Adam J. Spetz · Maxwell C. Strege · Braden C. Suchy · Rachel M. Sustacek · Kyle J. Swenson · Maria P. Sylvester · Tiffany N. Talley · Lillian J. Tennyson · Jilliann R. Testa · Madison T. Teters · Koua Thao · Ethan A. Thomas · Emma R. Thorp · Annabell S. Tigue · Luke R. Tillemans · Abigail M. Timp · Rainah Toney · Tyler M. Torgesen · Cole W. Torkelson · Emma J. Turpin · Trevor J. Ulrick · Huashi Vajhmoob · Annika R. VanHeel · Ethan J. VanVooren · Abbie L. Vaughan · Alison S. Vetsch · Cody M. Vetsch · Derek A. Vetsch · Anthony P. Volkmann · Christopher R. Vrudny · Kaifang Vue · Jordan R. Waldorf · Julia A. Walters · Madelyn D. Walters · Faith A. Walther · Emily A. Watts · Theodore J. Weigle · Elise L. Weinzierl · Madalyn M. Wenner · Benjamin K. Wick · Jack E. Wiczek · Evan C. Wieker · Anna M. Williams · Jillian M. Williams · Samuel E. Williams · Tristan M. Wilson · Katelyn R. Windingland · Kassidy T. Winslow · Kellsey P. Winslow · Carter J. Wise · Tyler M. Wolkerstorfer · Harrison G. Wright · Katrina P. Wright · Jakob A. Wrobel · Charlie S. Yang · Tyler J. Yantes · Pabhaspong Yospol · Isabella M. Youngberg · Kaytlin M. Zack · Cody R. Zenanko · Karis R. Zezza · Miranda J. Zitzloff

Carly E. Lanners · Gavin M. Larsen · Elsa M. Larson · Jacob S. Larson · Dylan J. Lazar · Nam T. Le · Nathan M. Lee · Benjamin J. Lefebvre · Anna K. Leigh · Grace K. LeMonds · Kyle G. Lenneman · Hunter M. Leonard · Leopold K. Leuer · Celine M. Lewis · Annika R. Ley · Jack S. LeZalla · Jordan M. Liew · Juniper P. Lindberg-Collins · Owen J. Lindstrom · Cyrus J. Linzey · Elizabeth R. Lish · Aaron J. Loch · Karsten H. Locke · Kaden J. Loebertmann · Morgan C. Loftus · Jason V. Lopachuk · Angel J. Lopez Raygoza · Blake J. Lorentz · James H. Lyke · Lucas P. Maahs · Brian A. Macaluso · Tanner T. Mackie · Gabrielle J. Madore · Abbylee M. Maeder · Jorge Mancilla · Josh L. Manovich · Alyson N. Mapanao · Aliona N. Martin · Callie A. Martin · Jack R. Martin · Dirk Martinez · Sarah A. Marty · Brode M. Matheson · Christopher R. Matheson · Samantha A. Matheson · Alec J. May · Mallory D. Maynard · Mason A. Maynard · Natalie I. Mazurek · Maxwell A. McAlpine · Christina M. McCabe · Ashlyn R. McClintock · Tyler B. McDougall · Megan L. McDowell · Ian T. McEachran · Tyler R. McKenzie · MacKenzie M. McLellan · Brody C. McMahon · Maxwell G. Meilahn · Laura R. Meline · Adeline G. Meyer · Kate A. Meyer · Lucy M. Michenfelder · Ella G. Miller · Regan E. Miller · Zachary T. Miller · Alison E. Milless · Mackenzie M. Mills · Mikayla P. Mitchell · Isaiah T. Mlsna · Jonathan S. Mlsna · Jordan L. Mlsna · Brooke M. Moe · Lincoln J. Moehn · Zachary J. Moen · Nolan W. Montcalm · Kylie A. Moon · Savanna R. Mosher · Ryan W. Moter · Cassidy R. Mundahl · Dustin L. Murray · Michael W. Muyale · Jacob C. Myers · Isaiah L. Navarrette · Azah B. Nde · Lily K. Negaard · Mara A. Nehring · Austin S. Nelson · Olivia C. Neros · Fletcher C. Nesbit · Aidan A. Newman · Jackson J. Newman · Ava D. Nickel · Dawson J. Noska · Alexander A. Novelli · Matthew J. Nowell · Elum A. Nyabando · Jacob F. Nyhus · Porter J. O'Brien · Carsten K. O'Connor · Courtney M. Olin · Owen T. Ollhoff · Grace E. Olson · Ashley K. Omweri · Trent J. O'Neill · Meriel O. Orham · Marisa R. Ornat · Emma F. Ostrowski · Patrick J. O'Sullivan · Nathan J. Pedersen · Adalyn B. Pederson · Thomas C. Pederson · Dominic L. Perez · Lisa Peters · Owen M. Petersen · Alexander L. Peterson · Brooke G. Peterson · Hailey A. Peterson · Haley A. Peterson · Jordan B. Peterson · Kaitlyn M. Peterson · Rebecca K. Peterson · Samuel E. Peterson · Alexis L. Peyerl · Eryn C. Pfeifer · Jasmine L. Phengdouangdeth · Alinase S. Phiri · Zack J. Picard · Simon M. Pierce · Brandy E. Pierre · Colby A. Pitzenberger · Dominic C. Pizano · Success O. Popoola · Avery A. Poppen · Bennett D. Pouliot · Claire M. Presslein · Wesley A. Proehl · Hailey M. Pudlick · Jordan M. Pufahl · Bryce B. Purrier · Lilly C. Radintz · Lila H. Raltchevsky · Leah L. Renstrom · Avery R. Resner · Bryan Reynoso · Blake A. Richie · Anika G. Rickard · Miikenzie S. Ricks-Wesseh · Adam T. Riley · Evan D. Riley · Jakson O. Ringat · Faye M. Roberts · Daylon M. Roelike · Madelyn G. Roethler · Avery F. Roisen · Elizabeth M. Rojas-Beckers · Amanda G. Rokala · Martasia R. Roland · Autumn M. Rothweiler · Locke A. Rowland · Hannah J. Rupar · Henry W. III Russell · Austin P. Rux-Anderson · Mustafa M. Salem · Paige A. Sandberg · Hillary Sann · Landon D. Sauer · Chris S. Schaefer · Thomas A. Schaupp · Alec P. Schee · Anna J. Schmeltzer · Mikayla A. Schmidt · Paul W. Schmidt · Bethany R. Schmitz · Emily E. Schoon · Kaylee H. Schumacher · Andrew J. Schuster · Joseph T. Schwab · Riley J. Schwartz · Brianna J. Seaver · Chloe L. Shaw · Grant J. Shipman · Anthony C. Silver · Gracine H. Sime · Dameon L. Simmons · Noah W. Simon · Joseph H. Slaughter · Reagan F. Smaagaard · Alivia N. Smith · Colin B. Sorenson · Samuel E. Sovis · Joseph B. Spitalnick · Mackenzie R. Spurbeck · Austin J. Steffen · John M. Steffens · Chloe G. Steinke · Nicolas L. Stelter · Christopher A. Stifter · Madison J. Straight · Emma J. Strait · Samuel J. Struffert · Maxwell T. Stutelberg · Claire O. Sunsten · Everett M. Sunvold · Ryan J. Supper · Max A. Sutter · Makenna J. Swenson · Bryce A. Swiatkiewicz · Cobin G. Szymanski · Justin T. Thiner · Emma R. Thole · Ashley N. Thompson · Ellie G. Thompson · Gage W. Tietz · Maisie L. Tietz · Tanner R. Tindell · Eric C. Torgerson · Preston J. Toring · Benjamin M. Trenholm · Tate N. Trushenski · Tyson J. Trushenski · Benjamin O. Tuffour · Zachary W. Tupper · Michela R. Tymeson · Faith E. Valen · Emma E. VanHeel · Mya J. VanKuyk · Gavin M. Velander · Savannah M. Vetsch · Charles E. Vevea · Owen A. Vike · Justice H. Vollmer · Kenna N. Vorgert · Jonah M. Vrkljan · Charles S. Wagner · Nellie M. Wall · Caleb A. Warren · Jackson J. Watson · Jacob A. Watson · Mary L. Watts · Jorien M. Weber · Tyler D. Weber · Christopher S. Weidenbach · Paige E. Weiss · Lauren E. Welle · Olivia M. Wester · Anne M. Wettschreck · Bryan S. Whitsel · Dylan J. Whitsel · Parker S. Wiessinger · Brett R. Wilcox · Megan J. Williams · Travis J. Williams · Trevor R. Wincek · Ava E. Windel · Cameron M. Windelspecht · Paige K. Winters · Jadon J. Wise · Daniel P. Wray · Ethan B. Yackel · Cody B. Yaeger · David P. Yukhimchuk · Derek J. Zahler · Andrew W. Zattoni · Rheana Hope A. Zerna · Mason R. Zingelman

Thomas J. Kolker · Megan M. Kono · Kaisa M. Korpi · Rebecca C. Kosey · Karlee A. Kottke · Catherine L. Kowalke · Paige M. Krueger · Mya C. Krystosek · Tye D. Kuechle · Wesley J. Kuechle · Ashley M. Kuehn · Hayden R. Kuiper · Margaret R. Kunzman · Jenna E. Kyono · Avery L. Laitinen · Kassandra S. Lake · Liam F. Langer · Logan J. LaRose · Benjamin A. Larsen · Jamie L. Larson · Audrey L. Laumann · Casy J. Laylin · Makayla C. Leckie · Jamie E. Lee · Paige K. Lehrman · Ava G. Lenneman · Peyton E. Lenz · Elizabeth M. Leonard · Michelle L. Leonard · Savanna R. LeVoir · Brant A. Lewis · Tate T. Lidberg · Lila D. Lindemann · Faith T. Lindenfelser · Kristy D. Lindenfelser · Kaelee A. Lindgren · Allie L. Lombardi · Maggie J. Lombardi · Natasha I. Lozano · Hunter J. Lucas · Olivia R. Luebben · Daniela F. Luis Ramirez · Camryn H. Lukkar · Felicia L. Lutz · Matthew J. Malkowiak · Gavin D. Manson · Alexander R. Markgraf · Hunter J. Markley · Andrew P. Markson · John A. Marquette · Lenaya J. Marschel · Abigail J. Marshall · Maggie R. Martin · Pricilla E. Martinez · Brooke E. Mattson · Dylan J. Maulik · Rylan J. Maynard · Emma J. McAlpine · Kaitlyn R. McCormick · Katelyn A. McKimmy · Charles B. Meehan · Angelika D. Mehes · Isabella L. Mejorada · Aryn B. Mercado · Brody M. Merila · Jacob L. Mews · Lauren D. Mialkowski · Michael J. Michenfelder · Sadie K. Mickelson · Alexis A. Mihajlov · Ashton M. Mihajlov · Emma G. Miller · Luke J. Miller · Matthew J. Miller · Brenna C. Milless · Brayden L. Mogard · Samuel A. Monseth · Casey R. Moon · Jackson J. Moorman · Isabel R. Moormann · Brian Morales · Chase M. Mork · Lynzie A. Moseng · Justin D. Mourning · Blazden L. Mueller · Marcus J. Mueller · Olivia A. Munger · Scott M. Munson · Adeley J. Murkins · Alec K. Myhre · Riley M. Nelson · Drew K. Nerison · Owen M. Neros · Alexander M. Nesenson · Rowan C. Nevala · Akilah Nguyen · Niklaus J. Nielsen · Caden M. Nordberg · Wyatt L. Notch · Brooks H. O'Brien · Heidi M. Odenbrett · Moses M. Ogaya · Hayden M. Olson · Johnathan D. Olson · Ryan M. Olson · Tyler G. Olson · Isaac D. Ophoven · Tessa M. Opiola · Addison M. O'Rourke · Dylan J. Ortiz · Riley J. Ortman · Maxwell J. Otte · Hunter M. Palmer · Claire F. Parendo · Eliyonnah A. Parker · Alaina R. Pederson · Caitlin A. Pederson · Christopher K. Pederson · Robert C. Peiler · Xavier O. Peltoma · Aiden A. Pennoyer · Oscar M. Peraza · Dylan J. Perron · Kendall E. Petersen · Sydney A. Petersen · Lydia G. Peterson · Alexis J. Phillips · Weston J. Pink · Emily M. Pipp · Morgan E. Pokorny · Alexis K. Polfliet · Ashlyn L. Pomerleau · Eli R. Potts · Jaxon P. Price · Livia R. Proudlock · Uriah L. Purcell · Jasmine M. Purnell · Carson R. Radke · Trinity M. Raltchevsky · Lauren C. Ras · Caleb M. Reames · Carissa N. Reine · Austin T. Remer · Ethan B. Rens · Madyson N. Resech · Andrew N. Ricke · Kally A. Riley · Ethan E. Ritter · Gavin W. Robeck · Chad M. Robinson · Natalia T. Rodriguez · Alexandra N. Roemer · Sydney L. Rogers · Riley C. Rohrer · Sierra Rollins · Zachary E. Romans · Kyle H. Ross · Haley M. Roth · Ashtin J. Rux-Anderson · Liam S. Ryan · Maria G. Rydberg · Karleah N. Sakpeider · Megan L. Salas · Will A. Sarkinen · Mia R. Satre · Evan D. Saunders · Hannah R. Saxe · Metabelle B. Schaben · Julia M. Scheelk · Mason A. Schepers · Brendan D. Scheurer · ElliAnah J. Schmitz · Brittney K. Schoen · William R. Sederberg · Payton A. Sellner · Rachael E. Shedlov · Evan A. Sherk · Doran J. Shinder · Ella J. Shonka · Kevin A. Shull · Trevor D. Shull · Ella N. Shultz · Katie A. Sigerud · Reven D. Simat · Tiffany G. Simon · Rachel V. Simonovich · Cameron H. Sims · Cecilia M. Sipple · Martin R. Skare · Breanne D. Sklors · Boston A. Slettum · Kari E. Smelter · Karmaseh G. Smith · Lexi E. Smith · Ryan E. Smith · Gavin W. Smithers · Joseph M. Smyth · Hannah E. Spalding · Malaina G. Spiekermeier · Grace E. Spitalnick · Jake D. Springer · Brianna H. Stacherski · Kenneth J. Stahl · Max N. Steffens · MaryGrace E. Steffl · Reagan R. Steichen · Danielle R. Steinke · Joseph A. Stepp · Hunter N. Sterk · Ashley M. Stern · Aidan J. Stevenson · Rosella J. Stewart · Kemry T. Stich · Evan P. Strand · Logan D. Strickland · Ian L. Strusz · Tyler J. Suchla · Raelin M. Sustacek · Trey P. Sybrant · Janelle R. Sylvester · Sean D. Tadych · Nathan M. Talley · Owen A. Tangen · Lauren E. Tatro · Johnny T. Tennyson · Hannah C. Theissen · Emily L. Thell · Caleb J. Thoennes · Eleanor R. Thompson-Witt · Trevor C. Thorp · Jackson N. Thour · Nolan W. Throndset · Ashley A. Tillemans · Emma S. Tobey · Alexa M. Toensing · Greta L. Topel · Joshua D. Tourville · Asa R. Tracewell · Tommie M. Treptau · Gabriel A. Trotter · Christopher J. Tuttle · Mason C. Ulferts · Jordan Urbanski · Benjamin J. Vajhmoob · Marah I. VanVooren · James D. Jr Vaughn · Mikayla R. Verdich · Emma R. Videen · Emma C. Vike · Madeline J. Vitzthum · Erin J. Vlasak · Lilly J. Vollmer · Nathan R. Von Ruden · Serena Wadhawan · Hailey A. Waldman · Halaina R. Walker · Alec J. Waller · Brady J. Wallin · Kylee M. Walsh · Bjorn M. Walters · Addison J. Walz · Julia G. Weigle · Alexandra E. Weimer · Jake D. Wiegers · Cora J. Williams · Landen M. Williams · Valerie M. Williams · Luke A. Williamson · Anthony D. Willis · Joel F. Wilmot · Haiden W. Wilson · Mayson R. Wiome · Jack A. Woitalla · Megan G. Woitalla · Mason J. Woller · Tatianna C. Woods · Zachary T. Worms · Kailiah H. Yang · Ethan L. Yantes · Pavel P. Yukhimchuk · Ella L. Zanetti · Tayler A. Zingelman · Ava M. Zoellmer · Natalie F. Zuidema

Arthur J. Leonard · Brynn N. Leshovsky · Alexander J. Lester · Asher Z. Ley · Cameron A. Libby · Caden M. Lilledahl · Magdalene K. Lindeman · Adam L. Lindenfelser · Trevor B. Loebertmann · Elliott G. Loftus · Lourdes G. LopezRaigoza · Arianna R. Lovegreen · Charlie G. Lund · Madelyn A. Lundeen · Conner C. Luongvan · Ryan E. Luster · Jonah H. Lyke · Emma J. Mace · Robert A. Madore · Kaeley R. Malmon · Barbara M. Mancilla · Johnathan M. Mapanao · Ashlyn R. Marble · Katelyn S. Marchand · Ava T. Marquette · Isaac T. Marschel · Colin L. Marshall · Mia C. Marthaler · Alexander J. Martin · Joseph D. Martin · Kaitlyn M. Martin · Madison C. Martin · Mikayla L. Mastellar · Lake A. Mastro · Alex R. Mattson · Rainer D. Mauersberger · Matthew J. Maulik · McKenna H. Maus · Riley A. Mavencamp · Mac J. McCalister · Carson D. McCann · Erin R. McDowell · KaSandra C. McKeown · Morgan R. McKinley · Justin T. McSorley · Hailey A. Meredith · Gavin E. Miller · Maxwell L. Miller · Shae E. Miller · Mason T. Mills · Wyatt R. Mills · Emilynn A. Molesky · Cooper J. Monsrud · Sheldon S. Monte · Tyler V. Moreland · Tyshawn Morgan · Justin C. Morneau · Emily J. Mueller · Elijah I. Muhammad · Kimberly J. Mundahl · Teagan M. Murack-Miller · Natalia R. Muras · Alison M. Murphy · Emily L. Muyale · Jordan D. Myers · Taylor M. Myhrer · Alyssa M. Nehring · Edie I. Nelson · Sydney M. Nemeth · Nicholas A. Neutgens · Brady R. Nichols · Tamaira O. Nix · Andrew D. Nolan · Ariona M. Noonan · Braden T. Norman · Bryan C. Norseth · Joseph M. Novelli · Jonathan G. Nygaard · Keegan J. Nygard · Emily J. Obermaier · Brody G. Odland · Alexa J. Ohlander · Evan M. Ojeda · Emily K. Olin · Avery M. O'Rourke · Ryan M. O'Rourke · Olivia G. Oscarson · Joseph A. Palchizaca Chimborazo · Carlie L. Pankonin · Matthew J. Papp · Zoe E. Parker · Bennett A. Patterson · Camryn S. Pauly · Olivia C. Peal · Owen K. Pedersen · Zachary E. Pedersen · Therin T. Pederson · Jadyn M. Pelowski · Cole R. Peterson · Connor E. Peterson · Haily J. Peterson · Sophia L. Petite · Madisen S. Petranek · Peyton J. Peyerl · Khoi T. Phan · Tyrese K. Phengdouangdeth · Carson C. Popelka · Lauren P. Pouliot · Daniel A. Powell · Teagan E. Poye · Hugo D. Preciado · Mikayla A. Preston · Ava K. Prigge · Nathan K. Provost · Lucas E. Przybylski · Anna C. Puent · Leyton J. Punton · Alan J. Purcell · Kyra R. Purrier · Faith E. Ramsay · Madison J. Rankin · Joseph M. Rathman · Karson S. Raymond · Olivia J. Reggin · Jacob L. Reineck · Paige C. Reineke · Donovan R. Reiners · Anna L. Reiter · Kylie A. Renner · Molly E. Reynolds · Isabella N. Rice · Piper R. Richardson · Ethan X. Ricks-Wesseh · Grant R. Riedel · Ani M. Ringat · Julia K. Ripplinger · JayLynn J. Robeck · Riley P. Roberts · Roman G. Robison · Nevaeh L. Rodriguez · Anika F. Rogers · Jacob R. Rokala · Jack M. Ronyak · Kathryn D. Rooker · Brett R. Roos · Halle M. Rothman · Megan L. Rowe · Mitchell R. Rowe · Molly G. Ruhland · Ryan D. Sandhoefner · Riley M. Sandin · Ethan M. Sargent · Cole T. Sarkinen · Charles J. Schefers · Ava C. Schendt · Josie B. Schmidt · MaKenna M. Schmidt · Thomas A. Schmidt · Noah C. Schneider · Natalie M. Schuller-Hary · Kyra H. Schumacher · Sarah E. Schuster · Sarah J. Schwab · Caitlyn M. Seaver · Devlin L. Sederberg · Joshua J. Segler · Lauren R. Sexton · Madilyn G. Sharpe · Jozie R. Shepherd · Mason B. Sherk · Michael J. Sieber · Elise H. Sime · Elliot T. Simon · David S. Simonovich · Mason M. Sinclair · Josef M. Sinkule · Owen D. Sjoberg · Madison C. Skogsberg · Shawn H. Jr Skrip · Alyssa L. Smith · Kyla A. Smith · Travis E. Smith · Evan S. Snyder · Vivian E. Sommer · Talia G. Sorensen · Alexis J. Stark · Landon R. Stevenson · Abigail E. Storey · Elizabeth K. Strehlow · Jacob N. Studer · Morris E. Suah · Grant C. Suess · Ty D. Sundell · Savannah M. Supper · Andrew R. Swanson · Alex J. Swiatkiewicz · Ashton J. Szymanski · Caden M. Taege · Nicholas D. Talley · Leah F. Taszarek · Sean S. Tatge · Annie L. Tennyson · Jackson C. Thering · Evan C. Thiner · Alaina M. Thompson · Gabrielle C. Thompson · Laylani A. Thongsavanh · William P. Thunder · Javery Tiedeken · Joseph T. Torgesen · Logan E. Torkelson · Tyrone D. Trader · Cole B. Tranby · Madison J. Trant · Fred D. Tuffour · Payton J. Turpin · Christopher J. Tveitbakk · Cowin A. Underwood · Brianna J. Unruh · Alyssa J. Urbanski · Jacob L. Vaerst · Jakob J. Vagts · Bill X. Vajhmoob · Skyler A. Valley · Owen M. VanDeRiet · Connor K. VanderVeen · Abigail N. VanHeel · Maria G. VanKeuren · Josie K. VanKuyk · Ella M. VanOrden · Mason D. Varley · Olivia R. Vetsch · Jonathan Vizcarra Moreno · Luke S. Vogel · Stephen A. Vogelpohl-Martinez · Gabrielle M. Voigt · Ryan N. Volkmann · Nicholas H. VonFelden · Alicia S. Vosberg · Anjali S. Wadhawan · Julia B. Wagner · Maria J. Waldoch · Aurora L. Walesch · Marlee J. Walker · Sean A. Walther · Audie B. Wandmacher · Evan G. Warner · Shayla M. Webb · Nathan W. Weber · Jadyn M. Weiser · Emelia L. Welborn · Eloise R. Westendorp · Mason J. Westerlund · Skylene T. Westling · Gavin T. Wetterhahn · Nathaniel R. Whitsel · Rosemary L. Wick · Benjamin A. Williams · David R. Williams · Hunter W. Williams · Christopher B. Wilson · Charles W. Winans · Emma R. Windingland · Zakary W. Wise · Calvin M. Wright · Carter B. Wurst · Isaac W. Yantes · Ava C. Young · James D. Zachman · Emily M. Zattoni · Grace E. Zecchin · Tyler R. Zenga · Guangzheng H. Zheng · Carson R. Zoellner · Anna G. Zwart