



Daily Bulletin

Friday, December 5th, 2025

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

 **Today is our Cougar Pride Spirit Day!** If you are showing your spirit by wearing **LOTS of RED or Carmel gear**, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear. **Head to the main quad today at lunch for our Fun Friday Activity and for your chance to earn Cougar Bucks.** If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. Each participant receives one Cougar Buck, and the winners receive two! **Go Cougars!**

 **Today is Day One of our Food Bank for Monterey County Money Battle!** Let's see if we can raise more than last year's total donation of \$5043.73. Remember, coins add points to your grade level, and cash or checks take away points from other grade levels. May the most strategic and creative grade level be named the champs and may all of us help our Monterey County residents in need.

CMS Cheer News:

 **Join us at Davendorf Park as CMS Cheer helps kick off the season at the annual Carmel Christmas Tree Lighting!** Our cheerleaders will be **Santa's Helpers**, handing out candy canes and showing off some festive stunts. Come support our team and enjoy this magical Carmel tradition!

 **Also, stop by the Carmel Plaza every weekend in December from 12 – 6pm and visit the CMS Cheer Gift Wrap Booth!** Bring your holiday gifts and we'll wrap them for donations – all at our very own storefront in the plaza. Come support CMS Cheer, spread some holiday spirit, and leave with beautifully wrapped gifts!

 **Spanish 1 and 2 students:** Stop by the library today to pick up your project. All unclaimed projects will be discarded at the end of the day. ¡Gracias!

 **Students: Would you like to participate in a Science Fair experiment?** If so, we have the opportunity for you! There are sign-up sheets in each of your Science classrooms – simply ask your teacher and about it and sign up! When it's your turn to participate, you'll receive an email from fellow student Carmel Rephaeli instructing you to head to Mr. Steely's Room with your laptop. Treats and possible Science Fair extra credit may be provided for your participation! So, sign up in your Science classroom today – this experiment is open to all grade levels. Did I mention that treats will be provided?

 **In the 7th grade Wiffle Ball Tournament of Donuts yesterday,** the **Abate MegaKnights** faced off against the **Hoffman Swamp Donkeys**. The game got off to a slow start with neither team scoring in the first inning. Then, the **Swamp Donkeys** seemed to have gotten stuck in the mud while the MegaKnights rode off into the sunset with 14 runs with the bats of Cody Padilla and Tevan Barca-Hall. The final score was 14-0. There will be no game today due to Fun Friday Activity. Play will resume on Monday in a match between the **Ishler/Wells Weshlers** and **Princess Loosley's Winning Willinghams**.

 **Today's Menus: Breakfast:** Ham, Egg, and Cheese Croissant Sandwich, Pan Dulce, and Cinnamon Toast Crunch
Lunch: Domino's Pizza, a Spicy Chicken Sandwich, Bean & Cheese Burrito, and Bosco Sticks.

 **Happy Birthday to _____ and _____ who will be celebrating over the weekend!!**