

THE RESILIENCY TOOLKIT: A DIGITAL ACCESS HUB

A comprehensive hub of resources, easily downloadable and specific to your family's needs.

Our online library includes resources for:

1. Mental Health Conditions
2. Behavioral Health Treatment Options
3. Social Services and Community Services
4. Continuously Updated with New Resources!

To access our resource hub, visit:

<https://redcap.link/Northwellresources>

Or scan the QR Code below:



Important Numbers to Know

RVC Behavioral Health Center (516) 927-1630

Mineola Behavioral Health Center (516) 321-5770

Commack Behavioral Health Center (631) 775-3280

South Oaks Hospital Admissions (631) 608-5885

Cohen Pediatric Behavioral Urgent Care (718) 470-3148

Cohen Pediatric Emergency Dept (718) 470-3768

Long Island Crisis Center (516) 679-1111

Center for Hope (516) 216-5194

National Suicide Prevention Lifeline

Call or Text 988

