



6th Grade Remote Learning Schedule

SUGGESTED TIME OF DAY	DURATION	ACTIVITY
8:00 am – 8:20 am	20 minutes	Breakfast and attendance
8:20 am – 9:00 am	40 minutes	Core 1 (login to Canvas)
9:05 am – 9:45 am	40 minutes	Core 2 (login to Canvas)
9:45 am – 10:00 am	15 minutes	Physical Activity
10:00 am – 10:25 am	25 minutes	Encore 1 (login to Canvas)
10:30 am – 11:30 am	60 minutes	Lunch
11:30 am – 11:55 am	25 minutes	Encore 2 (login to Canvas)
12:00 pm – 12:40 pm	40 minutes	Core 3 (login to Canvas)
12:45 pm – 1:25 pm	40 minutes	Core 4 (login to Canvas)
1:30 pm – 2:15 pm	45 minutes	Check-in with teacher discussion boards and complete assignments



7th Grade Remote Learning Schedule

SUGGESTED TIME OF DAY	DURATION	ACTIVITY
8:00 am – 8:20 am	20 minutes	Breakfast and attendance
8:20 am – 9:00 am	40 minutes	Core 1 (login to Canvas)
9:05 am – 9:30 am	25 minutes	Encore 1 (login to Canvas)
09:35 am – 10:00 am	25 minutes	Encore 2 (login to Canvas)
10:00 am – 10:15 am	15 minutes	Physical Activity
10:15 am – 10:30 am	15 minutes	Core 2 (login to Canvas)
10:30 am – 11:30 pm	60 minutes	Lunch
11:30 am – 11:55 am	25 minutes	Core 2 (login to Canvas)
12:00 pm – 12:40	40 minutes	Core 3 (login to Canvas)
12:45 pm – 1:25 pm	40 minutes	Core 4 (login to Canvas)
1:30 pm – 2:15 pm	45 minutes	Check-in with teacher discussion boards and complete assignments



EASTERN GUILFORD
WILDCATS
MIDDLE SCHOOL

8th Grade Remote Learning Schedule

SUGGESTED TIME OF DAY	DURATION	ACTIVITY
8:00 am – 8:20 am	20 minutes	Breakfast and attendance
8:20 am – 9:00 am	40 minutes	Core 1 (login to Canvas)
9:05 am – 9:45 am	40 minutes	Core 2 (login to Canvas)
9:50 am – 10:30 am	40 minutes	Core 3 (login to Canvas)
10:30 – 11:30 pm	60 minutes	Lunch
11:30 am – 12:10 pm	40 minutes	Core 4 (login to Canvas)
12:15 pm – 12:30 pm	15 minutes	Physical Activity
12:30 pm – 12:55 pm	25 minutes	Encore 1 (login to Canvas)
1:00 pm – 1:25 pm	25 minutes	Encore 2 (login to Canvas)
1:30 pm – 2:15 pm	45 minutes	Check-in with teacher discussion boards and complete assignments