Lily House
URSULINE ACADEMY

NURSERY: A Day in the Life

MORNING

Arrival is between 7 a.m. and 8:30 a.m. and we start our day with breakfast. We then have diaper changes so everyone is fresh for circle time, singing our "good morning" and other fun songs. Our precious babies then dictate bottle feeding and naps as needed on demand.

MID-MORNING

Around 10:30 a.m. we get some fresh air by going for a walk outside and around campus. After a good 30 to 45 minutes of exercise, we head back inside for diaper changes and lunch. When our bellies are full, our older friends lie down for a two hour nap.

AFTERNOON

When everyone is awake and happy, we freshen up diapers to spend time together reading books. Some free exploration time includes tummy time, crawling, and encouraging our older friends to walk. We then follow our babies' schedules for bottle feeding and naps again. SAGE provides a yummy afternoon snack for our older friends, and we wave bye-bye to everyone from 3 p.m. to 5:30 p.m.

Learn more about our trailblazers at uanola.org!