

Healers 2024-Clay Moock

Audio	Video
	White text on black screen This video contains graphic depictions of 3 rd degree burns that some may find difficult to view
[Clay] Everything was on fire, including us.	Man with dark hair, mustache and graying goatee, wearing a blue button up shirt. His face and neck are visibly scarred (Clay)
Two options I had were either to lay down and die or walk out.	Photo of large burned area with ash on ground, charred trees and a burned metal frame in the center
That was an easy choice.	Clay on camera
[Music]	An Evening for Healers logo over purplish moving starfield. Text: celebrating heroes, healers, and hope
[Clay] I worked for a pipeline company transporting hydrocarbons across multiple states.	Photo of pre-accident Clay standing in the woods
My position at the company was environmental specialist, and my responsibility was to assess environmental spills or releases	Clay on camera Text: Clay Moock Patient
and then determine the proper way to get them cleaned up.	Photo of Clay before the accident holding a small dog
[Trisha] That morning, I was getting ready and just like any normal morning for work. And I remember Clay coming to tell me goodbye,	Photos of Clay & Trisha posing at their wedding and one of them older, smiling at each other
and he tapped me on my left shoulder. And I remember turning, giving him a kiss goodbye and telling him I loved him.	Woman with shoulder length straight brown hair wearing black framed glasses and a black sweater Text: Trisha Moock Clay's wife
[Jody] I got a text from one of the field guys showing me what the spill was,	Aerial shot of grass track running through the middle of the woods

Audio	Video
I essentially called Clay and say hey, you know, I'm sorry, I'm wrapped up here at the house. Would you mind going to respond to this?	Man with short greying hair with short cropped grey beard, wearing square framed glasses and a dark blue button up shirt Text: Jody Thiemann Clay's Coworker
[Clay] I packed up my bag and I jumped in the work truck, and I headed to the location, which was on the east side of Barksdale Air Force Base. I arrived near the location and met some field operations hands who had his side by side. Two of us, a coworker and I rode the side by side to go inspect the release.	Montage of driving down dirt road, hands on wheel of truck, moving across grass track in the woods, small all terrain vehicle driving through woods
I was under the impression that the site was secure. We had no reason to believe there was any danger associated with the site.	Clay on camera
As we approached the release, the last thing I remember was seeing liquid hydrocarbons on the ground. Had we known that was the case, we would certainly not have been riding a side by side through them.	Montage of open grass track in the middle of the woods
So no sooner than I noticed these liquids did we hear a loud whoosh.	Clay on camera
[Sound of explosion]	Fireball exploding
[Clay] Everything was on fire, including us. I immediately jumped out the passenger side of the side by side and started running for, something that wasn't on fire. Beating flames with my hands as I went, trying to smother the fire.	Photo of firemen running toward the burning frame of an ATV in the woods
As soon as I got to an area that wasn't on fire, I just immediately hit the ground and rolled and kept rolling until the flames were put out. I ended up in some thorn bushes laying on my back.	Low shots of grassy area in woods and sky through the trees
Just been screaming, God no, not like this.	Clay on camera
I heard fire approaching, crackling through the grass, and that motivated me to get up.	Camera staggering through woods

Audio	Video
<p>So I got up, started walking, calling out for my coworker who I eventually found. He was unable to walk. And so I began walking towards the road. I'm not sure how far I got a couple of hundred feet. And then I saw a work truck with some of our employees coming towards us. So I stopped and waited.</p> <p>You know, I don't really know what allowed me to get up and walk.</p> <p>I'm stubborn. I don't like to be defeated. I didn't have much choice. What else was I going to do? Well, the two options I had were either to lay down and die or walk out and, that was an easy choice.</p>	<p>Clay on camera. Fade to black and back up between sentences</p>
<p>[Low rumbly music]</p>	<p>Purpleish background with starfield effect Text: Life Air Rescue's air ambulance was called to the scene</p>
<p>[Maranda] I remember lifting, and I just see this plume of smoke over towards the Barksdale base.</p>	<p>Helicopter in the air from beneath</p>
<p>We understood that there were two patients. We understood that one was taken off scene in route by ground.</p>	<p>Woman with long straight dark hair with magenta tips, wearing a white Air Med polo shirt. She has a full tattoo sleeve on her left arm. Text: Maranda Granger, R N Flight Nurse</p>
<p>As I make my way, I can see that I'm fixing to deal with a severely burned patient.</p>	<p>Helicopter lowering for landing</p>
<p>He was a very charred individual. It was very hard to discern any identifying human characteristics.</p>	<p>Maranda on camera</p>
<p>Everything in my assessment is telling me that we have to go. There are life saving measures that have to happen immediately.</p>	<p>Air ambulance on ground with rotors spinning</p>

Audio	Video
I think about it a lot. When you hear someone... When you hear someone ask you to please help them. Because of the state that they're in. It's it's very, Heartfelt. You realize that you still have your job to do, and you have to disassociate as much as you possibly can because that's the job at hand.	Maranda on camera. Her eyes are red with tears
LSU Ochsner here is a level one trauma center. They can handle pretty much everything. They have a burn unit. So we knew that that's where we would be heading.	Helicopter in air moving toward Shreveport
We gave him an estimate of 90% body surface area burn. We're talking third degree burns. There was already gross blistering. There was skin already starting to sluff off. Hence me having to humeral head drill for an IV access.	Maranda on camera
There was just no proper or normal body anatomy that is usually associated with burns. It was approximately 5 to 6 minute flight to landing at LSU and they had all hands on deck. They worked beautifully. We delivered Clay to trauma bay B, gave our report off to the trauma team, and we gather our things and we get out of the way.	Helicopter approaching landing pad and landing. Air med unload the patient and hospital staff rush him toward the entrance. Inside the ER staff works feverishly around the patient
[Trisha] My phone vibrated because I always kept it on silent at work.	Trauma bay staff work to stabilize Clay
I picked it up and I looked at it and I saw the name, which was one of Clay's coworkers, and I was like, well, that's weird. He never calls me. Why would he be calling me in the middle of my day?	Trisha on camera
He said, Trisha, I need you to get to Ochsner LSU. Clay is being airlifted because he's been in an accident.	Various shots as trauma bay staff work to stabilize Clay
I knew he was serious. I just fell on the floor.	Trisha on camera, crying
I remember walking over to him and he looked like my husband, but his face wasn't all wrapped up. I saw Clay and just told him that I loved him, and that I was never going to leave his side, and we were going to get through it together.	Montage of Clay in burn unit showing horrific injuries to his face, arms and hands

Audio	Video
<p>Dr. Sittig His chances of death were basically at 100%. When we calculate out the formula to determine someone's survivability,</p>	<p>Burn unit doors, Doctor at bedside in burn unit</p>
<p>it's the percentage of full thickness burns, meaning third degree burns and their age. When you add those up, you're well past 100% in Clay's case.</p>	<p>Man with short gray hair wearing glasses and a white doctor's coat Text: Keving Sittig, M D Professor of Surgery Director of the Regional Burn Center</p>
<p>My journey with Clay and his wife, Trisha was basically a daily, if not multiple times a day, meeting with his wife as his proxy.</p>	<p>Montage of Dr. Sittig bedside in burn unit with a bandaged patient in the bed</p>
<p>[Trisha] I did not leave the hospital. I believe it was the first three months.</p>	<p>Trisha on camera</p>
<p>[Dr. Sittig] The entire time he was there, basically, he was going into the operating room 3 to 4 times a week, and that continued for the four months stay. The surgical procedures are to remove any and all dead tissue that were thermally injured, and then the fatty tissues beneath it oftentimes have poor blood supply. So all of that tissue has to be removed as well.</p>	<p>Montage of operating room as Dr. Sittig and his team work to debride the burn injuries</p>
<p>He had such limited area to harvest skin from that we actually had to rely on a process of growing his own skin in a</p>	<p>Dr. Sittig on camera</p>
<p>laboratory in order to achieve coverage, artificial skin and all of the biological products that are out there, or only temporary cover just for a wound, you ultimately have to have the patient's own skin placed. With his situation,</p>	<p>Patches of artificial skin being rolled onto bandages. Patient being wrapped in the operating room</p>
<p>there were such a limited, limited donor site, we relied almost 100% on growing skin and culture in order to be able to start planning these graphs.</p>	<p>Dr. Sittig on camera</p>
<p>You know, a 50% burn, you can expect to be in the hospital five weeks, 60%, six weeks. But once you get to a 70 or 80% burn, the limited available donor sites then throw us into an exponential length of time of being in the hospital.</p>	<p>Montage of operating room as patient's wounds are wrapped</p>

Audio	Video
Clay had lots and lots of infectious complications that resulted in pretty much every complication that I've ever seen in caring for burn patients in my 40 year career.	Dr. Sittig on camera
[Music]	Purplish starfield background with text: After multiple rounds of antibiotics, Clay developed a life-threatening infection.
Dr. Malek He was severely ill. He was on machines to keep his breathing. He was on mechanical ventilation. He was on medication to maintain his blood pressure.	Man with short dark hair wearing a dark suit coat and blue polka dot tie Text: Alexandre Malek, M D Assistant Professor of Clinical Internal Medicine Research Director for the Division of Infectious Disease
And he was on renal replacement therapy because his kidney at some point was shut down due to the illness. And the severity of the infection, definitely was a deadly infection. We reached that level. No treatment will work against this bacteria. And luckily, there was a phase three trial just finished a few months prior to that date, but it wasn't, FDA approved yet. That was the only hope remain at that point.	Montage of photos of Clay in hospital bed with Trisha and his children by his side
[Music]	Purplish starfield background with text: The FDA's Compassionate Use program allows patients with serious or life-threatening conditions to access investigational treatments when no other options are available Text: As an academic health center, our faculty are actively engaged in research and clinical trials, so we stand ready for situations just like Clay's
[Dr. Malik] Within a few days, we got a shipment of the medication, and we start the treatment on that Saturday.	Photo of Clay in hospital bed awake, with a nurse standing beside him
It was like, something change was within 24 hours, 36 hours. And we started having this glimmer of hope that	Dr. Malik on camera
Clay going to make it.	Photo of Clay in hospital bed attached to load of equipment

Audio	Video
<p>[Dr. Zaunbrecher] These patients are fighting a tremendous battle. And the last thing people think about are the eyes.</p>	<p>Young doctor with dark hair and close cropped beard Text: Nicolas Zaunbrecher, M D Ophthalmology Resident</p>
<p>Any ocular burn patient who has burns on the eyelids, they're in a real risk zone as far as if nothing is done, they could lose vision. The first time I saw him, he had had at least one suture in each eyelid. They always get worse before they get better. So he started to contract some. The sutures were holding for the most part. A couple times he'd break them because patients is very irritating.</p>	<p>Montage of photos of Clay in burn unit bed</p>
<p>So I actually had to redo a couple of his tarsoraphies. I think he got 3 in 1 eye and two in the other, which is, you know, it's an awake procedure we do at bedside.</p>	<p>Dr. Zaunbrecher on camera</p>
<p>We do give them pain medication before we do numb up the eyelids, you know, before as well. But just the thought of someone sewing on your eyelids is not the most comfortable.</p>	<p>Photo of Clay alert with staff posing with him</p>
<p>[Music]</p>	<p>Purplish starfield background with text: Clay continued to improve over his 4 month stay at Ochsner LSU Health Shreveport</p>
<p>[Clay] I remember the first time the physical therapist sat me up on the side of the bed.</p>	<p>Clay seated on side of bed as therapists hold him up</p>
<p>[Trisha] And I was able to walk over to him and give him a kiss for the first time, with him standing up, facing me. And that was a big step of knowing that he was strong and that we were going to get through it.</p>	<p>Trisha on camera, holding back tears</p>
<p>Clay I think it's a great day.</p>	<p>Clay seated on bed as therapists prepare to stand him up as he speaks.</p>
<p>And then the next big step was standing up. Could I stand up?</p>	<p>Video continues</p>
<p>When I realized how excited they were that I was able to stand for 1 or 2 minutes,</p>	<p>Clay on camera</p>

Audio	Video
I realized how bad of shape I had been in, how bad of shape I was still in. But seeing their happiness	Therapist attach Clay to mechanical lifting device
at my progress, just doing something so simple, it gave me some hope that, hey, maybe I'm doing better than I should be. Maybe I can get back to what I used to be.	Clay on camera
[Music]	Purplish starfield background with Text: Clay went to rehab in Houston. He finally returned home on May 21, 2023.
[Trisha] We were greeted by the Bossier Sheriff's Office around the Louisiana state line.	News footage of police escorting Clay's car through the streets near his home
They escorted us home the whole way.	Trisha on camera
As we drove into our neighborhood. We had lots of friends and family on the side with posters and cheering and able to greet us on our way to our home.	News footage of crowds of people with welcome home signs lining the roads as his car passes
[Clay] Once I came home from Houston, pretty much immediately began outpatient rehab.	Clay on camera
[Sarah] When he came to us, he still had some wound care needs left, so that was why I was seeing him.	Woman with blonde, shoulder length hair wearing a maroon shirt and black blazer Text: Sarah Murnane, D P T Clinical Assistant Professor of Physical Therapy Certified Wound Specialist
He really had a lot of restrictions with some of his scar tissue that had already developed, being able to fully bend his knees or his arm, and then strength issues as well, because he had been in a hospital setting and then in a rehab setting for quite a long time. So just building up that strength took a long time.	Montage of Clay working in physical therapy clinic on stretching his body and on driving simulator
[Clay] I still have some skin wounds that need attention. She helps me and keeps an eye on that to make sure that things are headed in the right direction.	Clay being having his wounds treated in a clinic

Audio	Video
<p>[Music]</p>	<p>Purplish starfield background with text: The Burn Center sees more than 2,500 patients per year in the outpatient clinic and performs about 200 surgeries per year to care for patients with severe burns. Text: The center includes a specialized intensive-care unit for patients with severe burns, as well as a dedicated operating and recovery rooms and a research laboratory.</p>
<p>Dr. Sittig There's no greater satisfaction. I was able to formulate a plan. The team was able to deliver,</p>	<p>Exteriors of L S U H S campus, hospital, and Physical Therapy clinic</p>
<p>and everybody did everything that they were capable of doing,</p>	<p>Dr. Sittig on campus</p>
<p>in order to make this happen.</p>	<p>Montage of E R Staff working and burn unit staff</p>
<p>[Maranda] You have to be able to know that you did your best, and you leave it on the field, per se, and you're able to lay your head down at night,</p>	<p>Helicopter taking off and flying over I 20</p>
<p>because there's always that next call, right?</p>	<p>Maranda on camera</p>
<p>[Trisha] I am so very thankful for this hospital. I love the people that cared for him.</p>	<p>Trisha and Clay relaxing at home on the couch and talking in the kitchen</p>
<p>They don't know how much I love them for helping to care for him, but care for me. And my family.</p>	<p>Trisha on camera, struggling to hold back tears</p>
<p>[Clay] My life's changed for sure. I have daily struggles with mobility. I have daily struggles with heat tolerance. I get stronger every day. I gain more stamina. I'm not letting</p>	<p>Clay getting into a white sports car and driving down the road</p>
<p>any of these limitations keep me from living life, but there are certainly limitations still.</p>	<p>Clay on camera</p>
<p>Tomorrow will come right? The sun will rise on New Day and life goes on and look for the best in it. Appreciate it because it can be taken away in an instant.</p>	<p>Clay and Trisha holding hands, walking down the sidewalk in near their church</p>

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[Music]	An Evening for Healers logo over purplish moving starfield. Text: celebrating heroes, healers, and hope