



Changing Perspectives

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SEL Curriculum

SEL Lessons

At the elementary and middle school levels the school counselors are providing SEL lessons. At the elementary level they do their best to provide lessons in every class at each grade level monthly or bi-monthly. At the 7th & 8th Grade Academy they are delivered in Health classes.

They are currently choosing topics based on common issues that arise in their schools. They are doing their best to develop lessons and activities, but are not currently following any curriculum.

Changing Perspectives SEL Curriculum

Changing Perspectives is a national nonprofit organization that began developing and providing curriculum to schools in 2013. This organization creates curriculum resources that focus on social-emotional learning, disability awareness, and equity, which are delivered to schools through online portals and can be customized by educators.

What is Social-Emotional Learning

SEL is a framework for helping students develop the skills to interact with others, manage their emotions and behaviors, and grow into confident, productive, and empathetic individuals. At its core, SEL is organized around five fundamental competencies, each playing a pivotal role in shaping emotionally intelligent and resilient people. It recognizes the interconnectedness of emotions, behavior, and academic performance. Applying SEL equips students with the tools needed to navigate the complexities of life successfully. The five core competencies are **Self-Awareness**, **Self-Management**, **Social Awareness**, **Relationship Skills**, and **Responsible Decision-Making**.

Why is Social-Emotional Learning Important?

Social-emotional learning, or SEL, is an essential component of every child's growth. Once considered a “soft” skill set, SEL is now recognized as an integral factor in academic, career, and life success. SEL positions students for overall well-being and supports them in developing the resiliency, collaborative skills, and confidence needed to engage meaningfully in our increasingly diverse communities.

Schools that prioritize SEL see higher test scores, greater personal academic achievement, less bullying and isolation, and a stronger sense of community.

Changing Perspectives SEL Curriculum

The curriculum is web-based, covers Pre-K through High School, and is designed for educator customization. It comes with a variety of resources and materials for all learning styles. The resources and materials include lesson plans, book discussions, videos with discussion questions, and reflection activities. The lessons are not sequential and can be delivered in any order. Although Changing Perspectives does not supply the books for the discussions, the majority of the books are available for free on YouTube. The curriculum is provided in both English and Spanish. Lastly, the curriculum is updated annually for the beginning of each school year.

https://www.youtube.com/watch?v=aoNV27_grL0

Navigating the SEL Curriculum

Changing Perspectives SEL curriculum is easy to navigate:

https://www.google.com/search?q=changing+perspectives+sel+curriculum+demo+video&safe=active&ssui=on#fpstate=ive&vld=cid:d769cdea,vid:UtyIebM_o0Y,st:0

Changing Perspectives SEL Curriculum Costs

Curriculum subscriptions are granted individually and last for 365 days. The cost is \$130 per subscription. For our six elementary and middle school counselors to each have their own subscription, the total cost would be \$780 for the year.

Other SEL curriculum providers, such as Common Sense and Empowering Education, offer similar platforms but charge flat rates of over \$2,000 per subscription.

Frequently Asked Questions

What does the curriculum subscription include? 365 days of complete access to the Pre-K through high school curriculum. This includes hundreds of lessons, book discussions, video discussions, assessments, educator implementation guides, and more.

How frequently is the curriculum updated? Changing perspectives collaborates with a variety of educators and experts to develop new content and resources annually, with new content being added in early August.

Does Changing Perspectives offer ongoing support? Changing Perspectives offers hourly virtual coaching as well as half and full day workshops for additional costs.