

Wellness Committee - Winter 2025

Wednesday, December 3rd, 3:30-4:00pm - Business Office

~ [Review Wellness Policy](#)

- Revised on 9/16/24 and was updated in the SCSD Board Policies

~ Mental Health and the Zen Den

~ Health office updates/information

- Annual DOH Immunization report to be submitted to the Department of Health this month
- Screenings - See to Succeed scheduled for January 9th (3 students currently signed up to participate); Mobile Dentist scheduled for March 5th and 6th (37 students already signed up)

~ Any additional comments/suggestions/discussions

- Locker rooms/showers/laundry facilities
- Wellness Center - weights/exercise - extension of Zen Den
- Next meeting date to be determined in May 2026

Member Sign-In:

1. Liz Matis
2. Piper Heller
3. Amanda Cook
4. Kim Legg
5. Brent Soden
6. John Rushefski
7. Joe Adornato
8. Kirk Fallon
- 9.
- 10.