



New Trier Health Services - Class of 2030

Every 9th grade student must present a complete [Certificate of Child Health Examination](#) (school physical with immunizations) before starting any academic or athletic activity at New Trier Township High School.

Submit health documents **before** any activity at NTHS:

- * **Summer School and Summer Sports: before May 1st, 2026**
- * **Regular School year: before July 17th, 2026**
- * **Fall Athletics Try-outs: before July 17th, 2026**

Guidelines for the school physical (The IHSA/Sports form will not be accepted):

- 1- Dated on or after August 19, 2025
- 2- Include all required immunizations
- 3- **Parents: complete and sign** the Health History (top section of the form)
 - ***Include:** 1) allergies, medications, and chronic medical conditions
 - 2) *Emergency action plan* for allergies, asthma, seizures, and diabetes

October 15th, 2026 is **EXCLUSION DAY** for students who have not turned in their school physical with proof of all the required immunizations

Health forms are available at: [Student Health Services Forms](#)

[Certificate of Child Health Examination](#): The Illinois State Board of Education (ISBE) requires this form for all students entering 9th grade. Parents: note any health conditions, disabilities and medications taken on a regular basis.

[School Dental Examination Form](#): ISBE requires all students in 9th grade to show proof of a School Dental Examination by May 15th of the school year. **Form due on May 15th, 2027.** The dental examination must have taken place after November 15th, 2025.

[New Trier Medication Authorization Form](#): Per New Trier Board Policy and the IL School Code, students can only self-carry rescue medications. All students needing medications during school hours are required to have a signed New Trier Medication Authorization Form on file. **A medical provider and a parent/guardian must sign the form.** Acetaminophen, Ibuprofen, and Diphenhydramine are stocked in Health Services and can be administered with this written consent.

Please visit [Student Health Services](#) for up-to-date information about submitting health forms.

Submitting Health Forms - Freshman

- **PowerSchool Parents Portal => [PowerSchool Upload Physical Form Guidelines](#)**
- **Email: NorthfieldHealth@nthsh.net**
- **Fax: 847-784-3113**
- **Postal Mail** ○ Northfield Health Services

7 Happ Rd., Office D105, Northfield, IL 60093